Childcare Guide

Stay-at-home
- Someone who stays home to raise her children and manage her household

Relative
- Relatives or friends sometimes take on the childcare responsibilities while parents work

Day Care
- Provide child care during standard work hours
- Half-day or full-day care for children
- Sometimes provide meals, as well as field trips

Au Pair
- Caregivers from another country
- Live with the families for whom they provide childcare
- Parents provide au pairs with room and board as well as a stipend

Nanny
- Provide individual in-home care for families
- Often commit to full-time hours and are employees of the family they work with

Pre-school
- For children 2 to 5 years old
- Provide age-appropriate learning environments for children

Mecklenburg Birthing Connections