# Childcare Guide



## Stay-at-home

 Someone who stays home to raise her children and manage her household



#### Relative

 Relatives or friends sometimes take on the childcare responsibilities while parents work



#### **Day Care**

- Provide child care during standard work hours
- Half-day or full-day care for children
- Sometimes provide meals, as well as field trips



#### **Au Pair**

- Caregivers from another country
- Live with the families for whom they provide childcare
- Parents provide au pairs with room and board as well as a stipend



#### **Nanny**

- Provide individual in-home care for families
- Often commit to full-time hours and are employees of the family they work with



#### **Pre-school**

- For children 2 to 5 years old
- Provide age-appropriate learning environments for children

### **Mecklenburg Birthing Connections**