

OBGYN vs Doula vs Midwife.

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An Obstetrician-Gynecologist (OBGYN) is a physician that specializes in women's health. They will conduct prenatal check-ups, ultrasounds, blood work, etc in addition to consulting with the patient to create birth plans and discuss pain management.

2

A midwife does not go through medical school but there is specialty training and usually seen for an at-home birth where they care for the pregnant parent and their baby. Most insurances will cover midwifery or provide reimbursement for care.

3

A Doula serves as a patient advocate for pregnant mothers in the delivery room as well as check-ups in addition to providing guidance and emotional support for parents through labor and delivery. Doula's are not typically covered under insurance but some states will cover doula care through Medicaid.