What you need to know about coronavirus (COVID-19)

At Atrium Health, we’re here to make sure you and your family are safe, cared for and informed. Here’s what you need to know right now.

Common symptoms of coronavirus

- Fever
- Fatigue
- Headache
- Cough
- Shaking or chills
- Sore throat
- Shortness of breath or difficulty breathing
- Muscle pain
- New loss of taste or smell
- Nausea or vomiting
- Diarrhea
- Congestion or runny nose

What to do if you feel sick

Stay home
Most people with COVID-19 have mild to moderate symptoms and can recover at home. Rest up and prevent germs from spreading by staying home and away from others for 10-14 days without testing depending on the quarantine requirements of local public health authorities.

Options for testing and care

- Schedule a test online at MyAtriumHealth.org
  Don’t have an account? Sign up for one now.
- Make an appointment with your primary care provider.
  Call their office or schedule online. Don’t have a doctor?
  Call 704-468-8888
- Go to Urgent Care.
  Walk in or reserve your spot at a location near you.

If your health problems are a threat to your life, call 911 right away.

Tips for staying healthy

- Get the COVID-19 vaccine
- Wear a mask or cloth face covering in public
- Wash your hands with soap and water
- Stay home if you have been exposed to COVID-19 or have symptoms
- Clean and disinfect surfaces and objects people touch often
- Keep a distance (6”) from anyone who doesn’t live in your household

Current as of August 25, 2021

Learn more by visiting AtriumHealth.org/Coronavirus