

How to Prepare for Your COVID-19 Monoclonal Antibody (mAb) Infusion

Atrium Health has ordered your COVID-19 monoclonal antibody (mAb) infusion therapy.

We will call you to make an appointment and confirm that appointment by text.

Before your appointment

Be ready for a phone call to schedule your infusion.

If you miss the call, call back right away to make your appointment. It's important to get the treatment as soon as you can.

Drink extra fluids like water.

Staying hydrated (having enough water/fluids in your body) can help make your veins easier to get to. If you have to limit fluids due to another medical condition, talk to your healthcare provider before drinking more.

Please come alone.

To help prevent the spread of COVID-19, we're limiting the number of people in our locations. Come by yourself, unless you need a caregiver to help.

Infusion day tips*

Follow your usual routine.

You can eat the same foods and take the same medicines you do every day. You don't need to do anything special before your infusion.

Wear comfortable clothes.

Wear a shirt with short sleeves or sleeves that can be rolled up so we can reach your arm. Pack a sweater and socks in case you get chilly during the treatment.

Bring something to stay busy.

You'll be there for a couple of hours. A book, crossword puzzle or your phone will help you pass the time.

Wear a mask.

We require everyone to wear a mask over their nose and mouth while in our facilities.

*IMPORTANT

If you have any of the following symptoms, please seek care at your closest emergency room – do NOT come for your infusion appointment:

- Pain or pressure in the chest
- Feeling confused and not able to think clearly
- Trouble breathing
- Can't wake up or stay awake
- Bluish lips or face
- Swollen lips, face, or throat
- Wheezing (noisy breathing that may sound musical or like whistling)
- A reading of less than 92% on home oxygen monitor

Frequently asked questions

What is monoclonal antibody therapy?

Monoclonal antibody therapy, also called mAb therapy, is a treatment for COVID-19. It uses human-made proteins to help your body fight off the virus. It can help reduce life-threatening symptoms and keep you out of the hospital.

How do I receive treatment?

Monoclonal antibody therapy is a one-time treatment. It's given by intravenous (IV) infusion (an IV is a needle with a small plastic tube that's placed into your vein). If IV infusion isn't an option for you, some patients are given the antibody treatment through a series of injections during a single visit.

How long does the treatment take?

You should plan on about 2 and a half hours for your treatment. We'll need time to collect your vitals and review your health history. The infusion itself takes around 20 minutes. After the infusion, we'll watch you for 1 hour.

Will I need to quarantine after I receive treatment?

Yes, you can still spread COVID-19 to others. You'll want to make sure you continue to:

- Stay home.
- Wash your hands often.
- Wear a mask when around others.
- Social distance.
- Not share personal items with those in your household.
- Clean and disinfect "high-touch" surfaces.



Frequently asked questions (continued)

Does the treatment work?

Research studies have shown that getting monoclonal antibody therapy can lower your risk of getting really sick from COVID-19 and needing hospital care.

What are the side effects of this medicine?

Side effects are not common, but bruising and slight discomfort from the IV site can happen. They should go away within a few days.

What if I have a reaction during the treatment?

There are providers available who can check your reaction and treat any symptoms. After your treatment, you'll get guidance on signs and symptoms to look for and what to do.

Do I have to come in for other doses?

No, this is just one treatment.

How much will this treatment cost me?

Health insurance coverage and out-of-pocket costs may be different based on the type of monoclonal antibody product you receive.

Medicare and Medicaid fully cover the cost.

If you do not have health insurance, monoclonal antibody treatment is free.

When can I get the COVID-19 vaccine?

The CDC no longer requires patients to wait to receive the COVID-19 vaccine after the monoclonal antibody infusion. You can go to AtriumHealth.org/COVID19Vaccine to schedule your vaccine.

Can I bring food to eat while I'm there?

We ask that you do not eat while at your infusion appointment. You can bring bottled water to help keep you hydrated.

**For other questions, please
visit AtriumHealth.org/MAB**



Atrium Health

AtriumHealth.org/MAB