



Atrium Health

COVID19-Safe for School Town Hall

Presented by: *Atrium Health*

Agenda

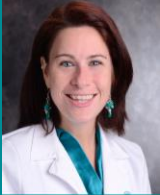
August 13, 2020



RUTH KRSTOPOLSKI, MBA

Senior Vice President, Population Health

Introduction



KATIE PASSARETTI, MD

Medical Director, Infection Prevention

COVID-19 Update and Mask Wearing



DIEP NGUYEN, MD, FAAP

Pediatrician, Levine Children's Perspective Health & Wellness

Back to School – Addressing Fears and Providing Support



ERIC WARREN, MD

Sports Medicine Physician

Athletic Team Considerations



SEBASTIEN GIRARD, MBA

Senior Vice President, Workforce Engagement

HR Considerations

Introduction

RUTH KRYSSTOPOLSKI, MBA
Senior Vice President, Population Health



**We're all
in this together.**

“

Atrium Health is committed to providing K-12 schools with the most up-to-date information.

”

“

The safety and wellbeing of teachers, staff and students are at the forefront of our efforts.

”

“

In addition to supporting the physical health of staff and families, we're also focusing on their emotional and social health.

”

COVID-19 Updates & Mask Wearing

KATIE PASSARETTI, MD

Medical Director, Infection Prevention

Wave 1 Peaked and is on the Decline

Increasing Cases as of 8/8/20

	Worldwide	United States	North Carolina	South Carolina	Georgia
Cases	19.4 million	4.96 million	134,766	98,743	209,004
Deaths	722,566	161,730	2,160	1,931	4,117

Hospitalizations

- Seem to have peaked in late July in NC
 - NC managing volumes currently
 - ICU/Ventilated patients have been stable, but seeing some creep after 4th of July
- SC starting to plateau

Mortality

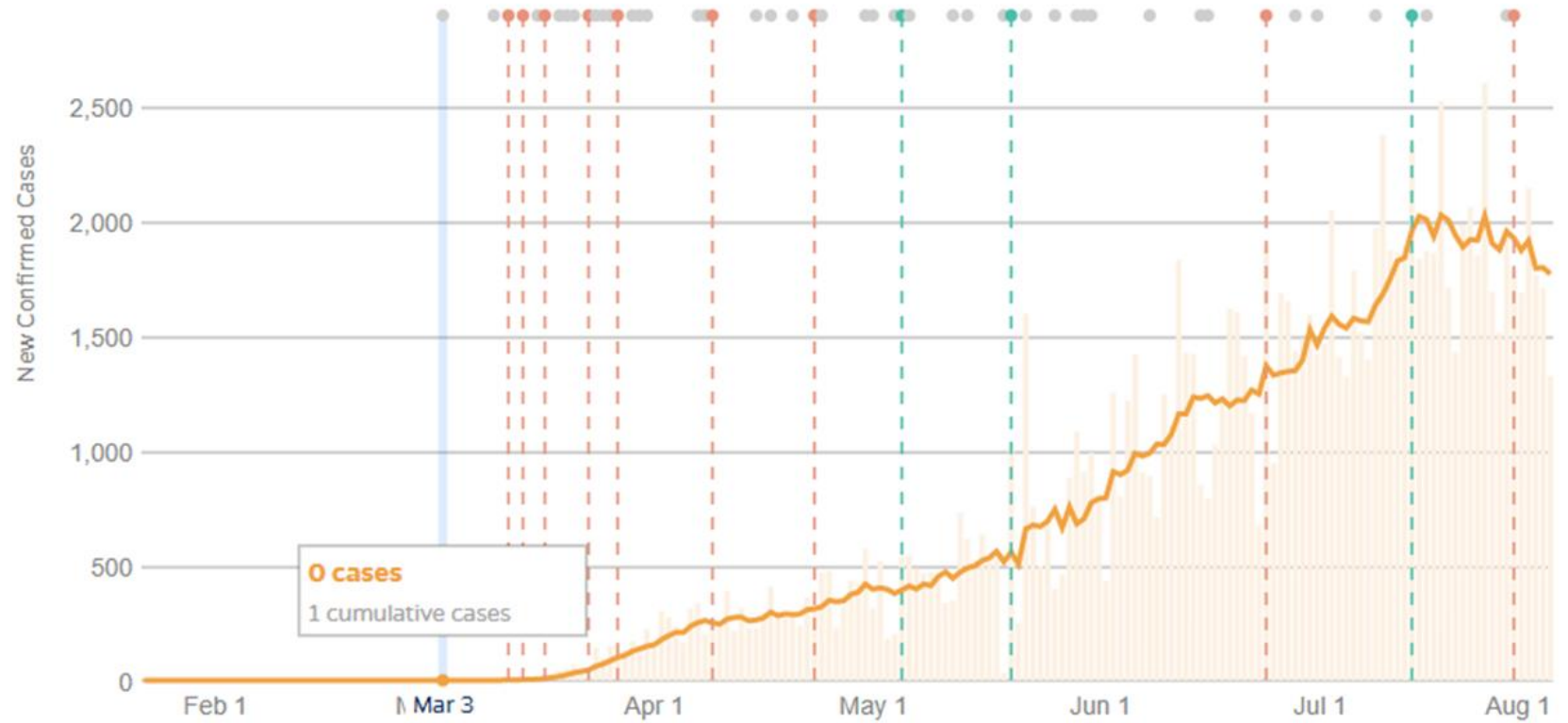
- Increased slightly in July after trending downward

NC Reopening Trends

RECENT OPENING AND CLOSING POLICY DECISIONS

● Restriction/closing ● Opening ● Deferring decisions to county ● Other

← Previous 🔍 Next →



Mar 03, 2020

1 CUMULATIVE CASES | 0 CUMULATIVE DEATHS

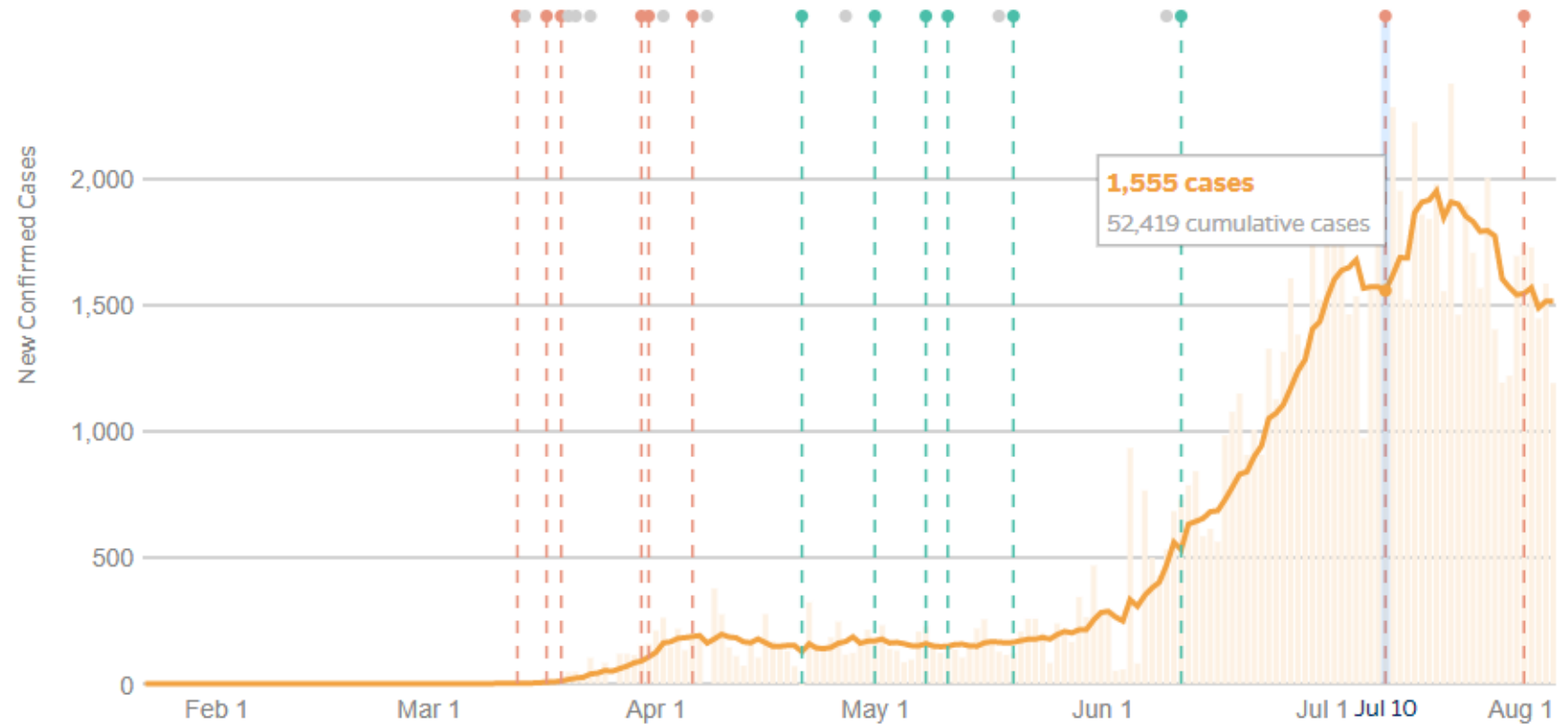
- The state is now allowing coronavirus testing at the NC State Laboratory of Public Health. These tests are coordinated through the Division of Public Health's Communicable Disease Branch.

SC Reopening Trends

RECENT OPENING AND CLOSING POLICY DECISIONS

● Restriction/closing ● Opening ● Deferring decisions to county ● Other

← Previous 🔍 Next →



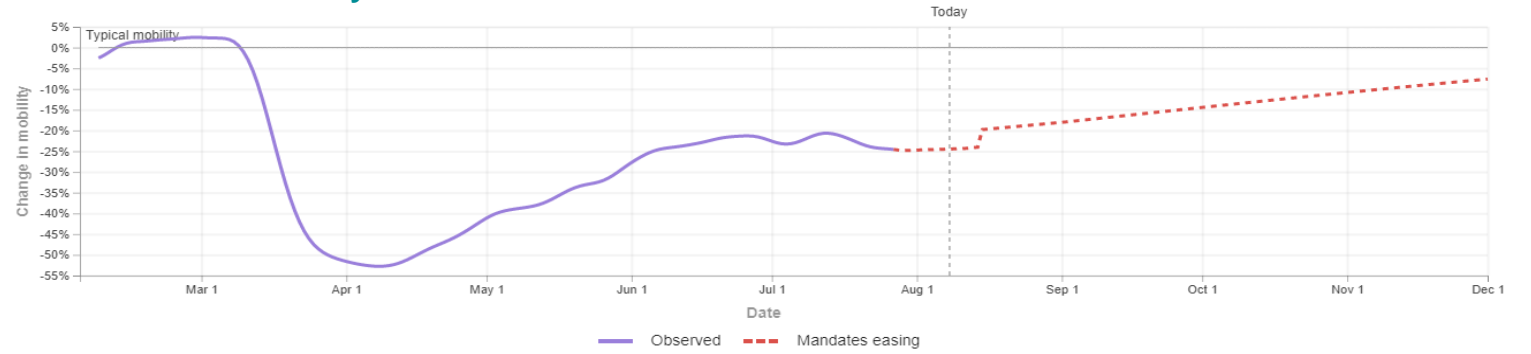
Jul 10, 2020

52,419 CUMULATIVE CASES | 929 CUMULATIVE DEATHS

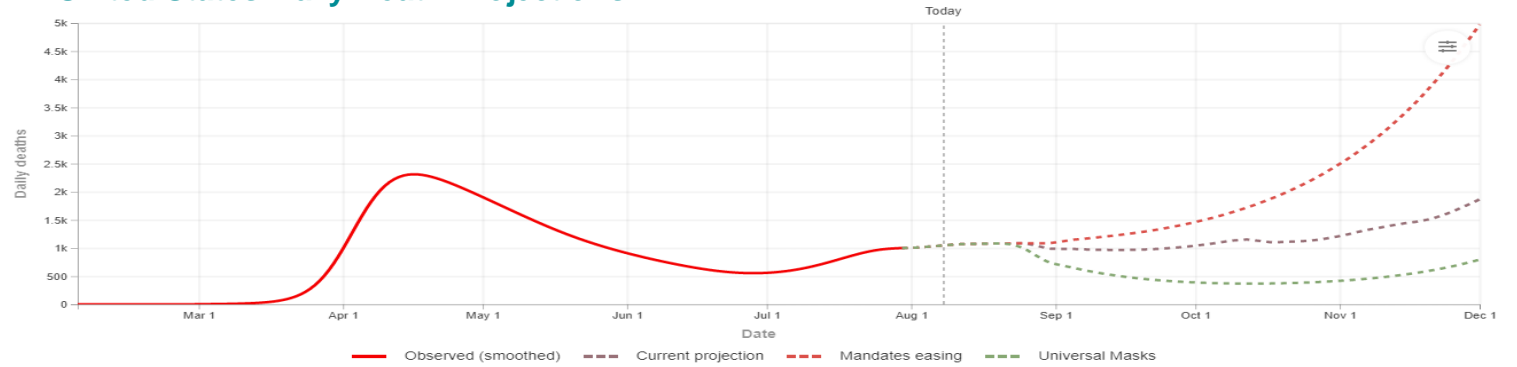
- The Governor announced that the sale of alcoholic beverages in all bars and restaurants throughout the state will be temporarily prohibited after 11:00 PM each night, beginning July 11.

IHME Mobility, Death and Hospitalization Trends and Projections

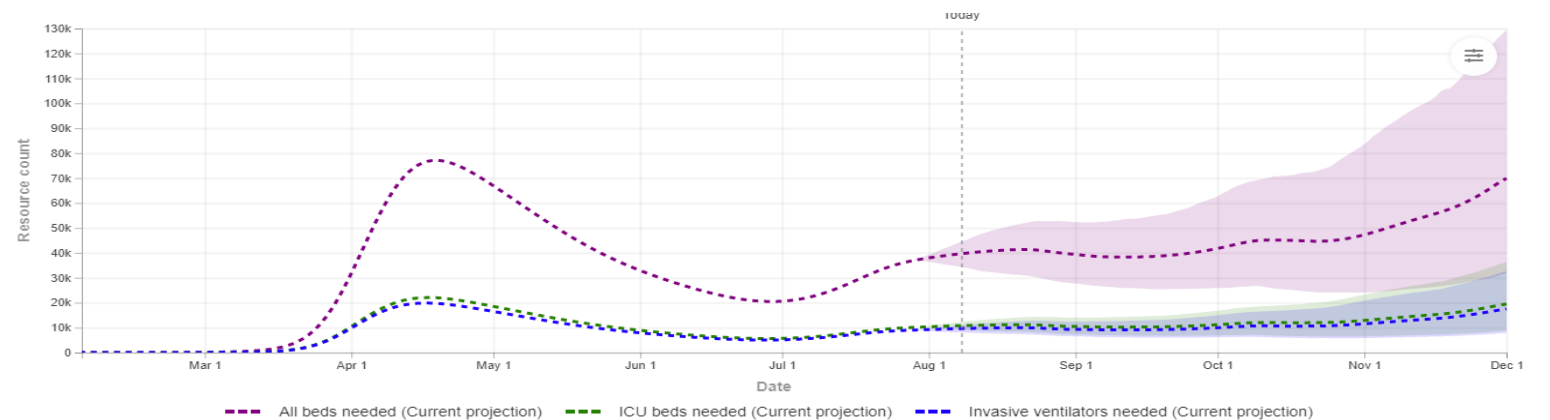
United States Mobility Trends



United States Daily Death Projections



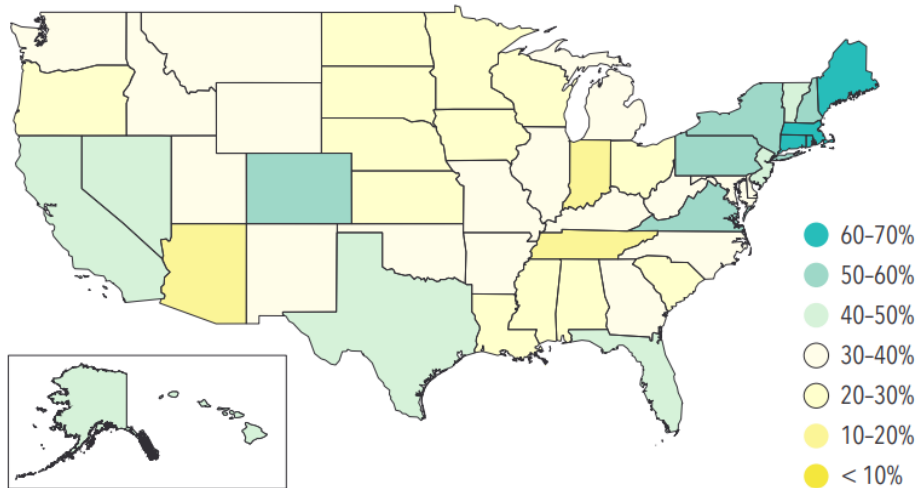
United States COVID Hospitalizations, ICU, Ventilator Projections



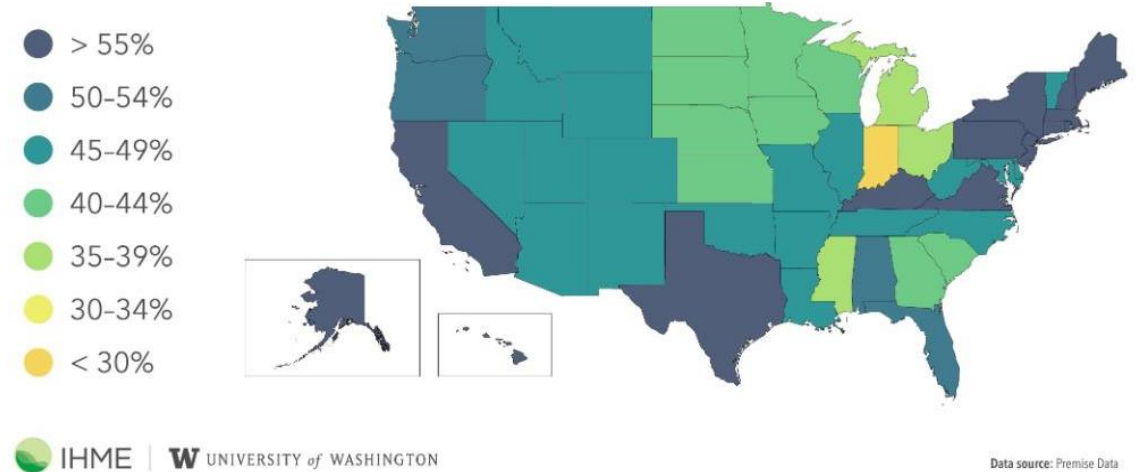
Mask Wearing Percentage

Percent of Population Who Report Always Wearing a Mask When They Go Out

June 13, 2020



July 24, 2020



Impact of Masking, Social Distancing and Eye Protection

Intervention



Physical distancing

For every meter further away in distancing, the relative effect might increase.



Face masks



Eye protection

Chance of infection or transmission

Without intervention

With intervention

Less than 1m distancing

1m or more distancing

12.8%

2.6%

Without masks or respirators

With masks or respirators

17.4%

3.1%

Without eye protection

With eye protection

16%

5.5%

Universal Masking Rationale

Protect those around you

- Role of asymptomatic individuals spreading infection in absence of symptoms
- Evidence viral load highest at time symptoms develop and 48 hours **BEFORE** individual knows they are sick
- Source control for unknowingly infected individuals

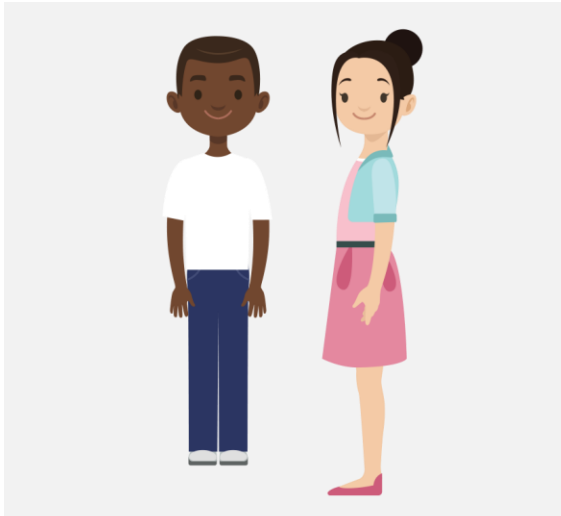
Protect yourself

- Mask decreases touching of mouth/nose/eyes in a recent study
- Barrier to virus entering your body

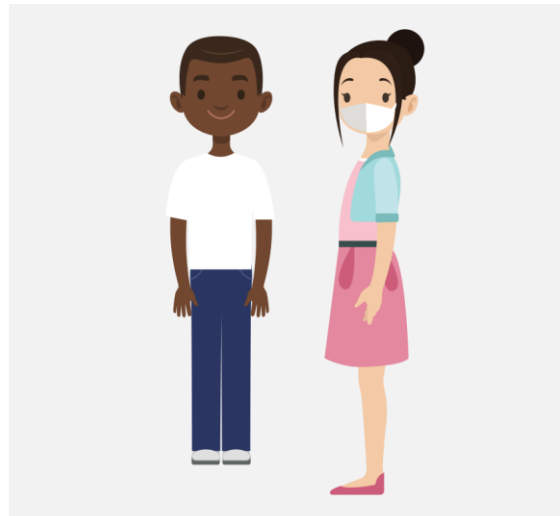


Universal Masking Rational

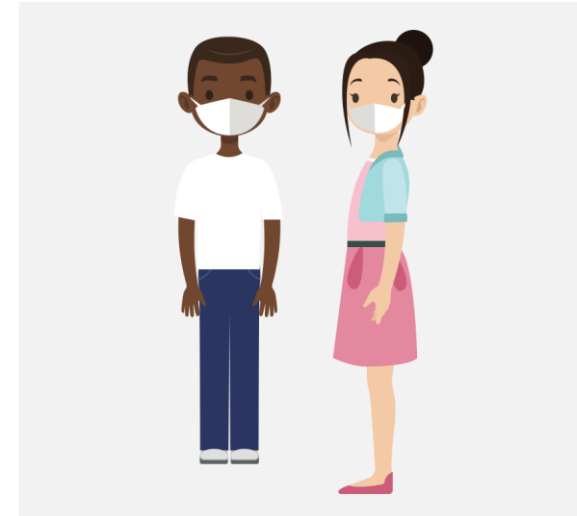
How masks protect us from spreading and catching coronavirus



HIGH RISK



MEDIUM RISK



LOW RISK

Dos and Don'ts of Mask Wearing



Tighten the loops or ties so it's snug around your face, without gaps.



Mask should cover from just under the bridge of your nose to under your chin.

Evolving Knowledge

New Understandings

- Evolution of treatment options
 - Atrium Health involvement in clinical treatment trials
- Ongoing impact of COVID-19 on underserved populations
 - Community
 - Individual
- Duration of transmissibility from infected patients
- Move away from retesting positives/conserving testing resources



Evolving Knowledge

Still Unknown

- Impact of school reopening (or not)
- Combined impact of respiratory viral season + COVID-19
- Optimal testing strategy
- Possibility for reinfection/immunity post-infection
- Vaccine efficacy, timing and availability



Back to School – Addressing Fears and Providing Support

DIEP NGUYEN, MD, FAAP

Pediatrician, Levine Children's Perspective Health & Wellness

Disclosures & Acknowledgements



“I am an Atrium Health Levine Children’s pediatrician.”



“I am also a mom.”



“My children will be attending a local independent school this fall.”

The material presented is a collaboration from varied sources.



Overview of Discussion

01

How to Ease the
Anxious Parent

02

Helping Children Cope
& Build Resiliency

How to Ease the Anxious Parent

01

Communication is Key

02

Be Transparent

03

Collaboration and Offer Resources

04

Empower our Families



How to Ease the Anxious Parent

Communication is Key

- Regular updates
- Scheduled communications
- Explain the WHY behind the WHAT

Be Transparent

- No ONE solution is perfect for the school year
- Okay to acknowledge our own fears and uncertainties
- Don't make up excuses-rely on facts when answering questions



How to Ease the Anxious Parent

Collaboration

- Ask for input from parents and students—drives creativity
- Understand what factors drive decisions made by others at the local and national level
- Offer resources

Empower our Families

- Knowledge is Power
- Atrium Health: world-class healthcare available nearby
 - COVID-19 testing capability
 - Virtual Hospital for COVID-19 positive patients
 - Virtual visits in ambulatory practices
 - On-Demand Virtual Care 24/7



Helping Our Children Cope & Build Resiliency

01 Address Children's Fears

02 Keep Healthy Routines

03 Mental Health Concerns



Helping Our Children Cope & Build Resiliency

Address Children's Fears – Tips from the American Academy of Pediatrics

- Answer questions simply and honestly
- Recognize their feelings
- Keep in touch with loved ones
- Model how to manage feelings; help them reframe
- Look forward
- Suggest a new hobby or activity
- Help with social isolation (scheduled fun time, “family pods”, social media, virtual visits with friends and family)



Helping Our Children Cope & Build Resiliency

Keep Healthy Routines

- 01 Structure the day
- 02 Eat balanced meals
- 03 Maintain healthy sleep routines
- 04 Stay up to date on vaccines and well visits



Helping Our Children Cope & Build Resiliency

Mental Health Concerns

- **Monitor for symptoms of depression and anxiety**
 - **Offer educational support and on-line resources**
 - **Free Apps available for smart phones**
 - Headspace
 - Stop, Breathe and Think
 - Stop Panic & Anxiety Self Help
-
- **Many local counselors and therapists are offering therapy virtually**
 - **Refer to a doctor/pediatrician**





Thank YOU for all you do for our children!
You all are our everyday HEROS!

DIEP NGUYEN, MD, FAAP

Levine Children's Perspective Health & Wellness

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Athletic Team Considerations

ERIC WARREN, MD
Sports Medicine Physician

Key Points

- 01 Follow and adhere to either NCHSAA, NCISAA or SCHSL guidelines
- 02 Please utilize your Medical Director/Athletic Trainer for additional guidance



Key Points of Emphasis



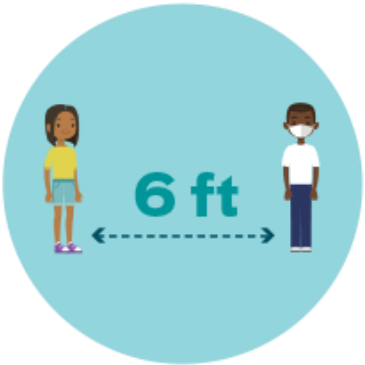
Wear appropriate PPE



Frequent, effective hand hygiene



Disinfect high-touch areas at your school's venues and facilities



Practice social distancing of at least 6 feet



Follow/adhere to gathering guidelines as recommended by Phase guidelines

HR Considerations

SEBASTIEN GIRARD, MBA

Senior Vice President, Workforce Engagement

Childcare

PTO Advancement

Leaders can give **up to 80 hours of PTO** to teammates who don't have hours to cover time off for reasons where the absence is documented by Teammate Health, a medical provider, daycare or school and is not covered by other time off benefits or workers' compensation.

Enhanced Dependent Back-Up Care

We offered an updated Dependent Back-Up Care benefit through LifeCare. As of June 1, the benefit includes the following:

- Eligible teammates may use up to **15 visits, or calendar days, per year**
- Access to **trained caregivers**
- **\$60 per day** reimbursement for Friends and Family

Resiliency

- Employee Assistance Program (EAP) is offering MyStress Tools at no cost to teammates.
- EAP will not count any sessions used during the COVID-19 crisis against teammates' annual limit.
- Offering free estate planning from MetLife for Atrium Health teammates until July 31.
- Teammate Emergency Care Fund, including Caregiver Heroes for COVID-19



Resiliency

- “We’re All in This Together Campaign”
 - To spread encouraging messages to all teammates, the [campaign](#) supported teammates with newly designed eCards, inspiring teammate stories, Yammer campaigns, resilience resources for personal well-being and creative ways to decompress.
- Built a full environmental guidelines, and creates a full campaign to reinforce our PPE policy/guidelines (including visuals, etc.)
- Courageous conversation toolkit



Return to School

Flexible, compassionate,
consistent campaign

Full FAQs covering all
potential scenarios

Tutors and resources
marketplace on Yammer



Higher Risk Conditions Teammate Guidelines

Teammate Guidelines

- Self-identifying survey
- Determine next steps depending on the situation
 - Change in assignment
 - Work From Home
 - Etc.



Resources and Wrap-Up

RUTH KRYSTOPOLSKI, MBA

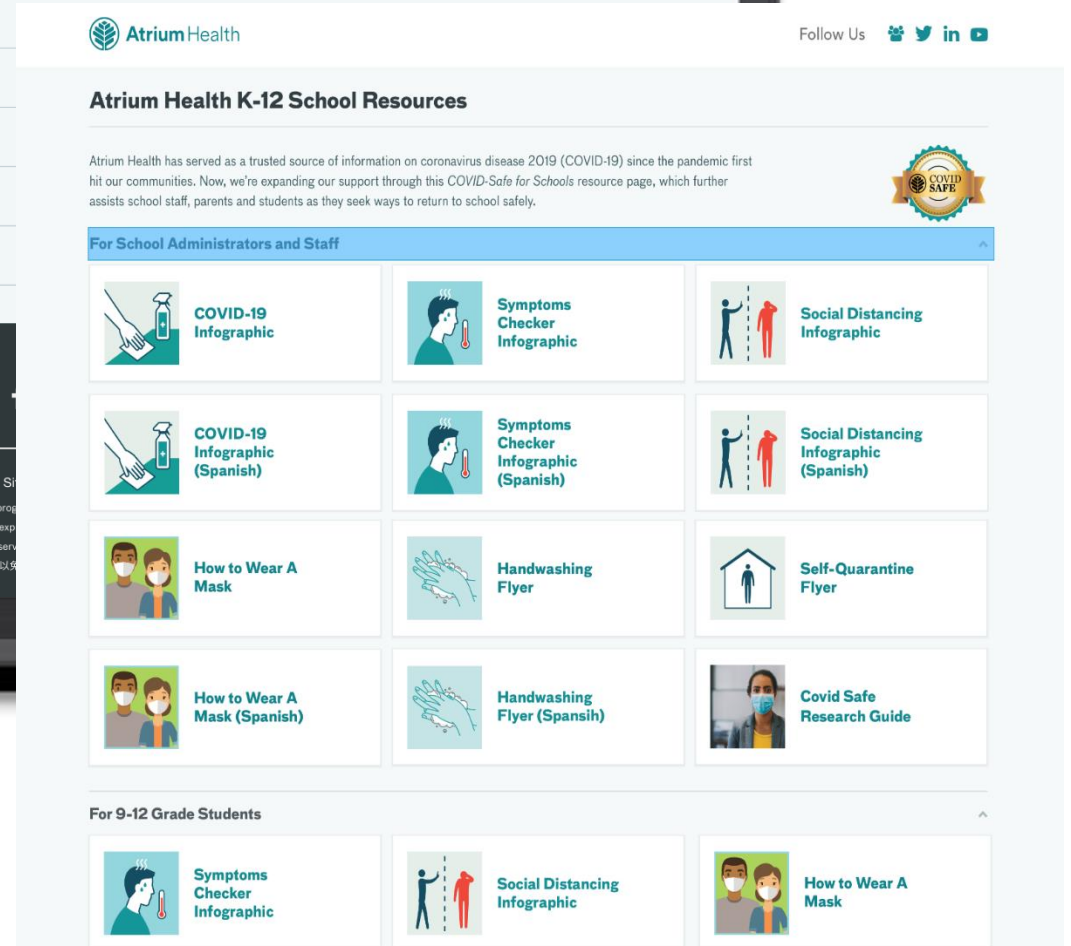
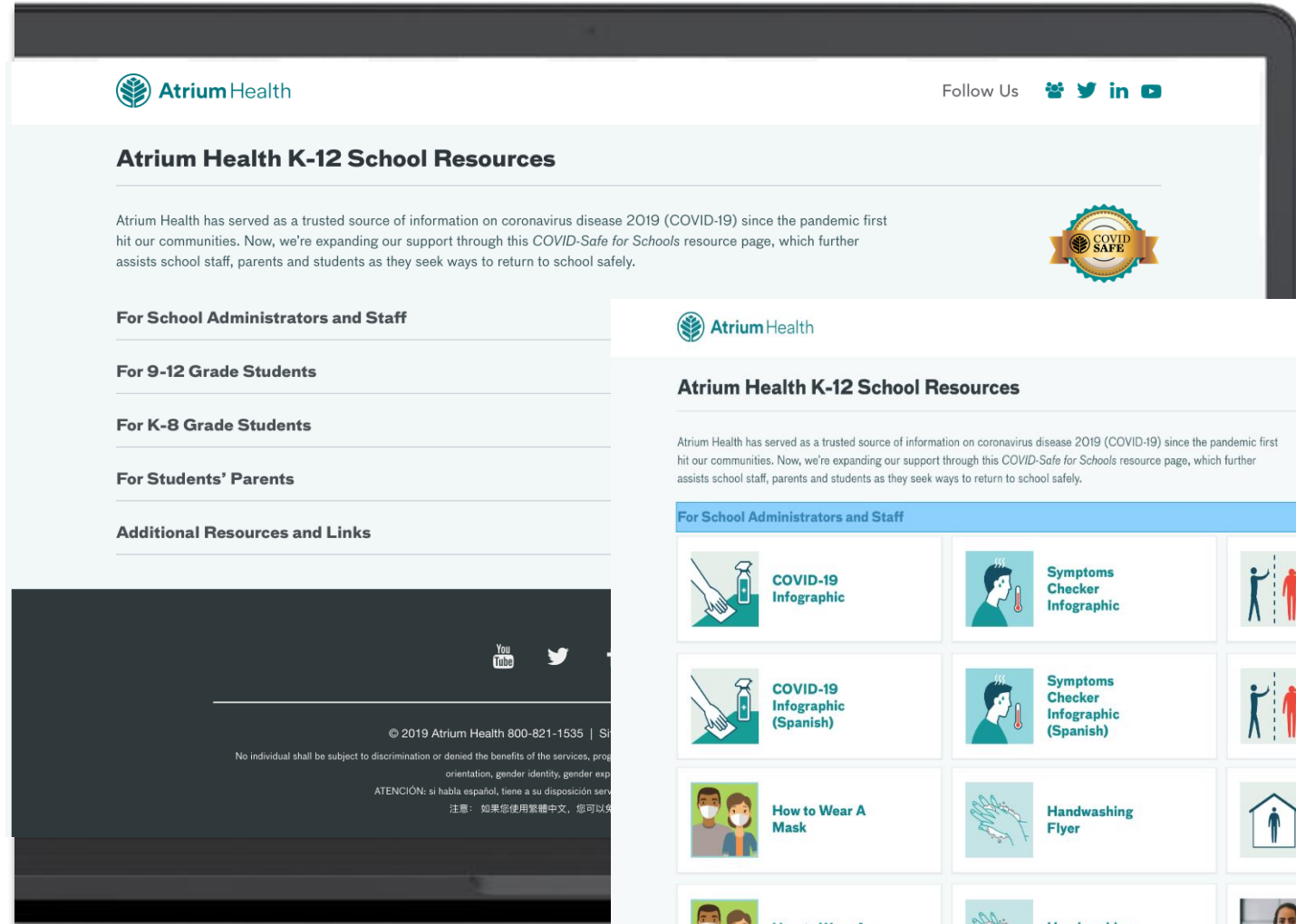
Senior Vice President, Population Health

K-12 School Resources

Coming Soon...

COVID-Safe for Schools Resource Web Page

- Convenient online access to up-to-date information
- Teacher/staff guidance
- Student education (e.g., how to wear a mask, proper handwashing, symptoms chart)




K-12 School Resources

Coming Soon...

COVID-Safe for Schools Resource Guide

- A digital guide to help schools reopen safely
- Includes information on:
 - Preventing Spread
 - Managing Stress and Anxiety
 - Addressing School-Based Exposures



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Questions?



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Thank you

Where to go for additional information:

Email K12COVID@AtriumHealth.org