



Atrium Health Critical Care OT Fellowship

Atrium Health Critical Care OT Fellowship will provide an opportunity for post-professional clinical education and experience for occupational therapists to advance their knowledge and skills in the critical care setting. Atrium Health Carolinas Medical Center (CMC)- Main is in Charlotte, North Carolina and a part of Atrium Health as a level I trauma center and national leader in specialized care. CMC is the largest research hospital in the region and one of five teaching hospitals in North Carolina, providing patients with access to top critical care services. Fellows will be provided with full-time opportunities for growth and learning with rotations in various critical care units, such as general medicine, neurology, cardiac, surgical trauma, and progressive step-down units. To facilitate attainment of advanced knowledge and skills in critical care, the program will provide mentorship, educational experiences, research, program development, and inter-professional partnership. Upon successful completion of this program, the fellow will be fully prepared to excel in treatment and management of all types of critical care clients and issues, as well as completing substantive work towards sitting for the exam for the AOTA board certification in physical rehabilitation, given all other criteria are met.

Application deadline: Feb 27, 2026

Program dates: June 1, 2026 to May 28th, 2027

Summary of Bedside Therapy Duties

Evaluates, plans, directs and administers programs of Occupational Therapy in an inpatient acute level setting, upon referral by the physician. Plans and conducts OT programs to restore function, prevent disability, and help patients reach their maximum level of independence. Supervises Occupational Therapy Assistants, Rehab Technicians, volunteers, and students.

Essential Functions

- Evaluates patients, selects and administers assessment techniques, synthesizes information to establish appropriate patient care plan to include necessary modalities, procedures, exercise programs, therapeutic groups and patient education as warranted by a holistic view of the patient's diagnosis, condition, age, and contextual needs of discharge disposition.
- Gathers and interprets appropriate data from the medical record, physician reports, patient, and/or family as evidenced by documentation.
- Communicates patient's evaluation and subsequent progress to physician, referral sources, and other clinical staff and coordinates patient's schedule, treatment programs, regarding discharge planning and recommends solutions to patient care problems.
- Documents evaluations, tests, progress notes, daily treatment notes, attendance records, patient/family education, outcomes, discharge notes, and charges.



Physical Requirements

Vision (corrected) adequate for reading. Intelligible speech and adequate language/cognitive skills to perform job functions. Must be able to push patients in a wheelchair or stretcher. Lifting of patients, equipment or supplies will be required up to 20 pounds frequently and 50 pounds occasionally. Able to laterally transfer patients 100 pounds rarely. Sitting, standing, and walking required throughout the day. Job duties sometimes require climbing stairs, kneeling, twisting, bending; on occasion, crouching, crawling, and reaching overhead. Must be able to transfer patients. Personal Protective Equipment such as gloves, goggles, gowns, and masks are sometimes required due to possible exposure to hazardous chemical, blood, body fluids, and COVID related concerns. Must be able to demonstrate any appropriate exercise and activities to patients/caregivers. Work is in a fast-paced clinical environment. The work environment is primarily indoors but occasionally outdoors.

Name: _____

Email: _____ Primary Phone: _____

OT License #: _____ State/Province: _____

Degrees/certifications: _____

How did you hear about the Atrium Health Critical Care OT Fellowship? _____

☐Yes ☐No Are you legally authorized to work in the USA?

☐Yes ☐No Are you able to perform the essential duties of the job for which you are applying?

☐Yes ☐No Are you a licensed OT in good standing?

☐Yes ☐No Do you have or are you eligible for an OT licence in North Carolina?

Comments: _____



In 500 words or less, please tell us why you are an ideal candidate for the Atrium Health Critical Care Fellowship and why are you passionate about critical care:

Please attach the following:

1. Copy of American Heart Association Basic Life Support CPR certification
2. letters of recommendation (at least one from former or current clinical supervisor and at least one from a healthcare professional)
3. Resume/CV
4. Proof of graduation from an ACOTE accredited OT program.

Upon acceptance to the Atrium Health Critical Care OT Fellowship, the fellow will be expected to complete the following prior to the start of the fellowship.

1. Complete Atrium Health online application and all required associated documentation
2. Complete a background check, drug screening, PPD test
3. Obtain/maintain NC OT state license

Please return all to: jennifer.braun@advocatehealth.org