

Complete Your Advance Directive

Learn about Health Care Power of Attorney and Living Will forms for free!

Most of us **hope** we will always be **healthy** and **in control** of our own lives. But what if you get **sick** or **hurt** and you **can't speak for yourself?** Would your loved ones know **what medical choices** to make for you?

Having an **advance directive**, like a **health care power of attorney** and/or **living will** form, helps you stay in **control**. An **advance directive** lets you **write down** your wishes for **medical decisions** in case you **can't speak for yourself**.

Think About It. Talk About It. Write it Down.

Come to an advance care planning workshop. Trained instructors will talk about advance care planning. They will walk you through the health care power of attorney and living will forms. You will have the chance to have all your questions answered and learn what steps to take next.

2025 1st session Advance Directive workshops (January-June):

- Walk-ins are welcome to in-person workshops.
- At the in-person workshops, a notary will be there to make your forms official.

Registration required for virtual workshops.

To register, go to rb.gy/hrnild or email YourCareYourChoice@AtriumHealth.org

Virtual Advance Directive Workshops: Link: t.ly/86LYC

February 6, 2025, 5:30 to 7 p.m. April 29, 2025, 5:30 to 7 p.m. (SC residents)

IN-PERSON WORKSHOPS

Midland Public Library

4297 NC Hwy 24/27 C | Midland, NC 28107 January 9, 2025, 4:30 to 6:30 p.m.

Monroe Public Library

316 E. Windsor St | Monroe, NC 28112 January 23, 2025, 10 a.m. to noon

ArchWell Health North Charlotte

5740 N. Graham St. | Charlotte, NC 28269 January 27, 2025, 1 to 3 p.m.

ArchWell Health Eastway

3022 Eastway Dr., Suite 1-3 | Charlotte, NC 28205 January 30, 2025, 1 to 3 p.m.

Harrisburg Public Library

201 Sims Parkway | Harrisburg, NC 28075 February 21, 2025, 2 to 4 p.m.

Mauney Memorial Library in collaboration with the City of Kings Mountain

100 S. Piedmont Ave. | Kings Mountain, NC 28086 February 24, 2025, 3 to 5 p.m.

Lois Morgan Edwards Memorial Library

414 Hasty St. | Marshville, NC 28103 March 25, 2025 10 a.m. to noon

2025 1st session Advance Directive workshops (continued):

Concord Public Library

27 Union St. N. | Concord, NC 28025 March 27, 2025, 5 to 7 p.m.

Stanly County Public Library (Albemarle Branch)

133 East Main Street | Albemarle NC 28001 April 3, 2025, 5 to 6:45 p.m.

CenterWell Senior Primary Care Wilkinson

3512 Wilkinson Blvd. Suite 130 | Charlotte, NC 28208 April 14, 2025, 11 a.m. to 1 p.m.

Mt. Pleasant Public Library

1111 N. Washington Street | Mt. Pleasant, NC 28124 April 22, 2025, 10 a.m. to noon

Council on Aging in Union County

1401 Skyway Dr. | Monroe, NC 28110 April 24, 2025, 10 a.m. to noon

Stanly County Senior Services:

283 N 3rd Street | Albemarle, NC 28001 May 6, 2025, 1 to 3 p.m.

Kannapolis Public Library

850 Mountain St. | Kannapolis, NC 28081 May 27, 2025, 5 to 7 p.m.

Bazemore Active Adult Center

500 W. Jefferson Street | Monroe, NC 28112 May 29, 2025, 10 a.m. to noon

ArchWell Health Eastway

3022 Eastway Dr., Suite 1-3 | Charlotte, NC 28205 June 18, 2025, 3 to 5 p.m.

ArchWell Health North Charlotte

5740 N. Graham St. | Charlotte, NC 28269 June 24, 2025, 1 to 3 p.m.

These Atrium Health hospitals also help with advance directives.

Sign-up or make an appointment with the Spiritual Care team at one of the following hospitals:

Where: Atrium Health Cabarrus

When: 1st Thursday of each month from 12 to 1 p.m. | To register: 704-403-1443

Where: Atrium Health Carolinas Medical Center

When: 3rd Thursday of each month from 3 to 4 p.m. | To register: 704-355-2218

Where: Atrium Health Cleveland

When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-487-3855

Where: Atrium Health Lincoln

When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-212-6030

Where: Atrium Health Mercy, a facility of Carolinas Medical Center

When: 8 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-304-5909

Where: Atrium Health Pineville

When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-667-2730

Where: Atrium Health Stanly

When: 9 a.m. to 4 p.m. Wednesday | Schedule an appointment: 980-323-4226

Where: Atrium Health Union

When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-993-3471

Where: Atrium Heath Union West

When: 9 a.m. to 4 p.m. Monday through Thursday and Fridays from 9 a.m. to 2 p.m.

Schedule an appointment: 980-993-1492

Where: Atrium Health University City

When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-863-6589

Questions?



