



Complete Your Advance Directive

Learn about Health Care Power of Attorney and Living Will forms for free!

Most of us **hope** we will always be **healthy** and **in control** of our own lives. But what if you get **sick** or **hurt** and you **can't speak for yourself**? Would your loved ones know **what medical choices** to make for you?

Having an **advance directive**, like a **Health Care Power of Attorney** and/or **Living Will** form, helps you stay in **control**. An **advance directive** lets you **write down** your wishes for **medical decisions** in case you **can't speak for yourself**.

Think About It. Talk About It. Write it Down.

Come to an **advance care planning** workshop. **Trained instructors** will **talk** about **advance care planning**. They will walk you through the **Health Care Power of Attorney** and **Living Will forms**. You will have the **chance** to have all **your questions answered** and learn **what steps** to take next.

2024 2nd session Advance Directive workshops (July to December):

- Walk-ins are welcome to in-person workshops.
- At the in-person workshops, a notary will be there to make your forms official.

Registration required for virtual workshops.

To register click on link <https://rb.gy/hrnld> or email YourCareYourChoice@AtriumHealth.org

VIRTUAL WORKSHOPS

July 17, 2024 | 5:30 to 7 p.m. (South Carolina residents)
September 12, 2024 | 5:30 to 7 p.m.

IN-PERSON WORKSHOPS

Concord Public Library

27 Union St. N. | Concord, NC 28025
July 25, 2024 | 5 to 7 p.m.

Stanly Senior Services

283 N 3rd St. | Albemarle, NC 28001
August 13, 2024 | 1 to 3 p.m.

Southwest Regional Library

1515 Cuthbertson Road | Waxhaw, NC 28173
August 22, 2024 | 10 a.m. to Noon

Harrisburg Public Library

201 Sims Parkway | Harrisburg, NC 28075
August 30, 2024 | 2 to 4 p.m.

North County Regional Public Library

16500 Holly Crest Ln. | Huntersville, NC 28078
September 25, 2024 | 10 a.m. to Noon.

2024 2nd session Advance Directive workshops (continued):

Union West Regional Library

123 Unionville Indian Trail Rd.
Indian Trail, NC 28079
October 8, 2024 | 10 a.m. to Noon

Davidson Public Library

119 South Main Street | Davidson, NC 28036
October 15, 2024 | 2 to 4 p.m.

ArchWell Health North Charlotte

5740 N Graham St. | Charlotte, NC 28269
October 24, 2024 | 1 to 3 p.m.

ArchWell Health Eastway

3022 Eastway Dr., Suite 1-3 | Charlotte, NC 28205
October 29, 2024 | 1 to 3 p.m.

Bazemore Active Adult Center

500 W. Jefferson St. | Monroe, NC 28112
November 4, 2024 | 10 a.m. to Noon

Kannapolis Public Library

850 Mountain St. | Kannapolis, NC 28081
November 14, 2024 | 4 to 6 p.m.

Cornelius Public Library

21105 Catawba Ave. | Cornelius, NC 28031
December 5, 2024 | 2:30 to 4 p.m.

These Atrium Health hospitals also help with advance directives

Sign-up or make an appointment with the Spiritual Care team at one of the following hospitals:

Where: Atrium Health Cabarrus

When: 1st Thursday of each month from noon to 1 p.m. | **To register:** 704-403-1443

Where: Atrium Health Carolinas Medical Center

When: 3rd Thursday of each month from 3 to 4 p.m. | **To register:** 704-355-2218

Where: Atrium Health Cleveland

When: 9 a.m. to 4 p.m. Monday through Friday. | **Schedule an appointment:** 980-487-3855

Where: Atrium Health Mercy, a facility of Carolinas Medical Center

When: 8 a.m. to 4 p.m. Monday through Friday. | **Schedule an appointment:** 704-304-5909

Where: Atrium Health Pineville

When: 2nd and 4th Tuesdays from 2 to 3 p.m. | **To register:** 704-667-2730

Where: Atrium Health Union

When: 9 a.m. to 4 p.m. Monday through Friday. | **Schedule an appointment:** 980-993-3471

Where: Atrium Health Union West

When: 8:30 a.m. to 12:30 p.m. Monday through Friday. | **Schedule an appointment:** 980-993-1492

Where: Atrium Health University City

When: 9 a.m. to 4 p.m. Monday through Friday. | **Schedule an appointment:** 704-863-6589

Questions?

Email us at YourCareYourChoice@AtriumHealth.org
or visit AtriumHealth.org/YourCareYourChoice.



Atrium Health