

# **Complete Your Advance Directive**

### Learn about health care power of attorney and living will forms for free!

Most of us **hope** we will always be **healthy** and **in control** of our own lives. But what if you get **sick** or **hurt** and you **can't speak for yourself?** Would your loved ones know **what medical choices** to make for you?

Having an **advance directive**, like a **health care power of attorney** and/or **living will** form, helps you stay in **control**. An **advance directive** lets you **write down** your wishes for **medical decisions** in case you **can't speak for yourself**.

### Think About It. Talk About It. Write It Down.

Come to an **advance care planning** workshop. **Trained instructors** will **talk** about **advance care planning**. They will walk you through the **health care power of attorney** and **living will forms**. You will have the **chance** to have all **your questions answered** and learn **what steps** to take next.

### 2025 2nd Session Advance Directive Workshops (July-December):

- Walk-ins are welcome to in-person workshops.
- At the in-person workshops, a notary will be there to make your forms official.

**Registration required for virtual workshops.** To register, go to t.ly/86LYC or email YourCareYourChoice@AtriumHealth.org

#### Virtual Advance Directive Workshops: Link: t.ly/86LYC

July 16, 2025, 5:30 to 7 p.m. September 11, 2025, 5:30 to 7 p.m. (for SC residents)

#### **IN-PERSON WORKSHOPS**

#### **Album Huntersville**

6930 Prosperity Church Road | Huntersville, NC 28078 July 15, 2025, noon to 2 p.m.

#### **Kiser Senior Center**

123 W. Pennsylvania Ave. | Bessemer City, NC 28016 July 22, 2025, 10 a.m. to noon

#### **Concord Public Library**

27 Union St. N. | Concord, NC 28025 July 24, 2025, 5 to 7 p.m.

#### **CenterWell Senior Primary Care Montclaire**

5415 South Blvd. | Charlotte, NC 28217 August 12, 2025, 3 to 5 p.m.

### 2025 2nd Session Advance Directive Workshops (continued):

#### Southwest Regional Library

1515 Cuthbertson Road | Waxhaw, NC 28173 August 14, 2025, 10 a.m. to noon

#### Harrisburg Public Library

201 Sims Parkway | Harrisburg, NC 28075 September 5, 2025, 2 to 4 p.m.

#### **Union West Regional Library**

123 Unionville Indian Trail Road Indian Trail, NC 28079 October 6, 2025, 10 a.m. to noon

#### **Stanly Senior Services**

283 N. 3rd St. | Albemarle, NC 28001 October 9, 2025, 1 to 3 p.m.

#### ArchWell Health Eastway

3022 Eastway Drive, Suite 1-3 Charlotte, NC 28205 October 23, 2025, 1 to 3 p.m.

#### ArchWell Health North Charlotte

5740 N. Graham St. | Charlotte, NC 28269 October 28, 2025, 1 to 3 p.m.

#### **Bazemore Active Adult Center**

500 W. Jefferson St. | Monroe, NC 28112 November 10, 2025, 10 a.m. to noon

#### Kannapolis Public Library

850 Mountain St. | Kannapolis, NC 28081 November 13, 2025, 4 to 6 p.m.

### These Atrium Health hospitals also help with advance directives.

Sign-up or make an appointment with the Spiritual Care team at one of the following hospitals:

#### Where: Atrium Health Cabarrus

When: 1st Wednesday of each month, from 10:30 to 11:30 a.m. | To register: 704-403-1443

#### Where: Atrium Health Carolinas Medical Center

When: 3rd Thursday of each month, from 3 to 4 p.m. | To register: 704-355-2218

#### Where: Atrium Health Cleveland When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-487-3855

Where: Atrium Health Lincoln When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-212-6030

Where: Atrium Health Mercy, a facility of Carolinas Medical Center When: 8 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-304-5909

Where: Atrium Health Pineville When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-667-2730

Where: Atrium Health Stanly When: 9 a.m. to 4 p.m. Wednesdays | Schedule an appointment: 980-323-4226

Where: Atrium Health Union When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 980-993-3471

**Where: Atrium Heath Union West When:** 9 a.m. to 4 p.m. Monday through Thursday, and Fridays, from 9 a.m. to 2 p.m. **Schedule an appointment:** 980-993-1492

Where: Atrium Health University City When: 9 a.m. to 4 p.m. Monday through Friday | Schedule an appointment: 704-863-6589

## **Questions?**

Email us at YourCareYourChoice@AtriumHealth.org or visit AtriumHealth.org/YourCareYourChoice.

