



Complete Your Advance Directive

Learn about Health Care Power of Attorney and Living Will forms for free!

Most of us **hope** we will always be **healthy** and **in control** of our own lives. But what if you get **sick** or **hurt** and you **can't speak for yourself**? Would your loved ones know **what medical choices** to make for you?

Having an **advance directive**, like a **health care power of attorney** and/or **living will** form, helps you stay in **control**. An **advance directive** lets you **write down** your wishes for **medical decisions** in case you **can't speak for yourself**.

Think About It. Talk About It. Write it Down.

Come to an **advance care planning** workshop. **Trained instructors** will **talk** about **advance care planning**. They will walk you through the **health care power of attorney** and **living will forms**. You will have the **chance** to have all **your questions answered** and learn **what steps** to take next.

2026 Advance Directive Workshops:

- Walk-ins are welcome to in-person workshops.
- Notary services are available at select workshops, as noted.

Registration required for virtual workshops.

To register, go to rb.gy/hrnild or email YourCareYourChoice@AtriumHealth.org

Virtual Advance Directive Workshops:

Link: rb.gy/hrnild

April 30, 2026, 5:30 to 7 p.m. (SC residents)

September 10, 2026, 5:30 to 7 p.m. (NC residents)

IN-PERSON WORKSHOPS

Monroe Public Library (notary available)

316 E. Windsor St. | Monroe, NC 28112

January 15, 2026, 10 a.m. to noon

Stanly County Senior Service (notary available)

283 N. 3rd St. | Albemarle, NC 28001

February 5, 2026, 1 to 3 p.m.

Mauney Memorial Library in collaboration with the City of Kings Mountain (notary available)

100 S. Piedmont Ave. | Kings Mountain, NC 28086

February 10, 2026, 3 to 5 p.m.

Harrisburg Public Library (notary available)

201 Sims Pkwy. | Harrisburg, NC 28075

February 20, 2026, 2 to 4 p.m.

Stanly County Public Library (notary available)

133 East Main St. | Albemarle NC 28001

March 10, 2026, 5 to 6:45 p.m.

Kannapolis Public Library (education only)

850 Mountain St. | Kannapolis, NC 28081

May 4, 2026, 5 to 7 p.m.

Concord Public Library (education only)

27 Union St. N. | Concord, NC 28025

July 23, 2026, 5 to 7 p.m.

2026 Advance Directive Workshops:

Union West Regional Public Library (education only)

123 Unionville Indian Trail Rd. | Indian Trail, NC 28079

August 13, 2026, 10 a.m. to noon

Afton Ridge Public Library (education only)

6095 Glen Afton Blvd. | Concord NC 28027

September 22, 2026, 5 to 7 p.m.

Bazemore Active Adult Center (education only)

500 W. Jefferson St. | Monroe, NC 28112

November 5, 2026, 10 a.m. to noon

These Atrium Health hospitals also help with advance directives.

Sign-up or make an appointment with the Spiritual Care team at one of the following hospitals:

Where: Atrium Health Cabarrus

When: 1st Thursday of each month from 10:30 to 11:30 p.m. | **To register:** 704-403-1443

Where: Atrium Health Carolinas Medical Center

When: 3rd Thursday of each month from 3 to 4 p.m. | **To register:** 704-355-2218

Where: Atrium Health Cleveland

When: 9 a.m. to 4 p.m. Monday through Friday | **Schedule an appointment:** 980-487-3855

Where: Atrium Health Lincoln

When: 3rd Thursday of each month from 10 to 11 a.m. | **Schedule an appointment:** 980-212-6030

Where: Atrium Health Mercy, a facility of Carolinas Medical Center

When: 8 a.m. to 4 p.m. Monday through Friday | **Schedule an appointment:** 704-304-5909

Where: Atrium Health Pineville

When: 11 a.m. to 2 p.m. Tuesday, Wednesday, Thursday | **Schedule an appointment:** 704-667-2730

Where: Atrium Health Stanly

When: 9 a.m. to 4 p.m. Wednesday | **Schedule an appointment:** 980-323-4226

Where: Atrium Health Union

When: 9 a.m. to 4 p.m. Monday through Friday | **Schedule an appointment:** 980-993-3471

Where: Atrium Health Union West

When: 9 a.m. to 4 p.m. Monday through Thursday and Fridays from 9 a.m. to 2 p.m. | **Schedule an appointment:** 980-993-1492

Where: Atrium Health University City

When: 9 a.m. to 4 p.m. Monday through Friday | **Schedule an appointment:** 704-863-6589

Questions?

Email us at YourCareYourChoice@AtriumHealth.org

or visit AtriumHealth.org/YourCareYourChoice.



Atrium Health