Learn about Health Care Power of Attorney and Living Will forms for free!

Most of us hope we will always be healthy and in control of our own lives. But what if you get sick or hurt and you can’t speak for yourself? Would your loved ones know what medical choices to make for you?

Having an advance directive, like a Health Care Power of Attorney or Living Will form, helps you stay in control. An advance directive lets you write down your wishes for medical decisions in case you can’t speak for yourself.

Think About It. Talk About It. Write it Down.

Come to an advance care planning workshop. Trained instructors will talk about advance care planning. They will walk you through the Health Care Power of Attorney and Living Will forms. You will have the chance to have all your questions answered and learn what steps to take next.

2024 1st Session Advance Directive Workshops (January to June):

- Walk-ins are welcome to in-person workshops.
- At the in-person workshops, a notary will be there to make your forms official.

VIRTUAL WORKSHOPS
February 8, 2024 | 5 to 6:30 p.m.
April 30, 2024 | 1 to 2:30 p.m.

IN-PERSON WORKSHOPS
Allegra Westbrooks Regional Library
2412 Beatties Ford Road | Charlotte, NC 28216
January 9, 2024 | 11 a.m. to 1 p.m.

Midland Public Library
4297 NC Hwy 24/27 C | Midland, NC 28107
January 11, 2024 | 4:30 to 6:30 p.m.

Mauney Memorial Library in Collaboration with the City of Kings Mountain
100 S. Piedmont Ave. | Kings Mountain, NC 28086
January 22, 2024 | 3 to 5 p.m.

Monroe Public Library
316 E. Windsor St. | Monroe, NC 28112
January 25, 2024 | 10 a.m. to noon

Davidson Public Library
119 S. Main St. | Davidson, NC 28036
February 13, 2024 | 2 to 4 p.m.

Harrisburg Public Library
201 Sims Parkway | Harrisburg, NC 28075
February 23, 2024 | 2 to 4 p.m.

Stanly Senior Services
283 N. 3rd St. | Albemarle, NC 28001
February 27, 2024 | 1 to 3 p.m.

Registration required for virtual workshops.
To register click on link https://rb.gy/hrnild or email YourCareYourChoice@AtriumHealth.org
2024 1st session Advance Directive Workshops (continued):

<table>
<thead>
<tr>
<th>Where: Atrium Health Cabarrus</th>
<th>Where: Council on Aging in Union County</th>
</tr>
</thead>
<tbody>
<tr>
<td>27 Union St. N.</td>
<td>1401 Skyway Drive</td>
</tr>
<tr>
<td>Concord, NC 28025</td>
<td>Monroe, NC 28110</td>
</tr>
<tr>
<td>March 21, 2024</td>
<td>April 25, 2024</td>
</tr>
<tr>
<td>5 to 7 p.m.</td>
<td>10 a.m. to noon</td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Where: Lois Morgan Edwards Memorial Library</th>
<th>Where: Cornelius Public Library</th>
</tr>
</thead>
<tbody>
<tr>
<td>414 Hasty St.</td>
<td>21105 Catawba Ave.</td>
</tr>
<tr>
<td>Marshville, NC 28103</td>
<td>Cornelius, NC 28031</td>
</tr>
<tr>
<td>March 27, 2024</td>
<td>May 16, 2024</td>
</tr>
<tr>
<td>10 a.m. to noon</td>
<td>2:30 to 4 p.m.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Where: ArchWell Health North Charlotte</th>
<th>Where: Kannapolis Public Library</th>
</tr>
</thead>
<tbody>
<tr>
<td>5740 N. Graham St.</td>
<td>850 Mountain St.</td>
</tr>
<tr>
<td>Charlotte, NC 28269</td>
<td>Kannapolis, NC 28081</td>
</tr>
<tr>
<td>April 4, 2024</td>
<td>May 28, 2024</td>
</tr>
<tr>
<td>1 to 3 p.m.</td>
<td>5 to 7 p.m.</td>
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</table>

<table>
<thead>
<tr>
<th>Where: ArchWell Health Eastway</th>
<th>Where: PE Bazemore Active Adult Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>3022 Eastway Drive, Suite 1-3</td>
<td>500 W. Jefferson St.</td>
</tr>
<tr>
<td>Charlotte, NC 28205</td>
<td>Monroe, NC 28112</td>
</tr>
<tr>
<td>April 9, 2024</td>
<td>May 30, 2024</td>
</tr>
<tr>
<td>1 to 3 p.m.</td>
<td>10 a.m. to noon</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Where: Mt. Pleasant Public Library</th>
<th>Where: Allegra Westbrook Library</th>
</tr>
</thead>
<tbody>
<tr>
<td>8556 Cook St.</td>
<td>2412 Beatties Ford Road</td>
</tr>
<tr>
<td>Mt. Pleasant, NC 28124</td>
<td>Charlotte, NC 28216</td>
</tr>
<tr>
<td>April 23, 2024</td>
<td>June 6, 2024</td>
</tr>
<tr>
<td>10 a.m. to noon</td>
<td>11 a.m. to 1 p.m.</td>
</tr>
</tbody>
</table>

**These Atrium Health hospitals also help with advance directives**

Sign-up or make an appointment with the Spiritual Care team at one of the following hospitals:

**Where:** Atrium Health Cabarrus  
**When:** 1st Thursday of each month from noon to 1 p.m.  
**To register:** 704-403-1443

**Where:** Atrium Health Carolinas Medical Center  
**When:** 3rd Thursday of each month from 3 to 4 p.m.  
**To register:** 704-355-2218

**Where:** Atrium Health Cleveland  
**When:** 9 a.m. to 4 p.m. Monday through Friday.  
**Schedule an appointment:** 980-487-3855

**Where:** Atrium Health Mercy  
**When:** 8 a.m. to 4 p.m. Monday through Friday.  
**Schedule an appointment:** 704-304-5909

**Where:** Atrium Health Pineville  
**When:** 2nd and 4th Tuesdays from 2 to 3 p.m.  
**To register:** 704-667-2730

**Where:** Atrium Health Union  
**When:** 9 a.m. to 4 p.m. Monday through Friday.  
**Schedule an appointment:** 980-993-3471

**Where:** Atrium Health Union West  
**When:** 8:30 a.m. to 12:30 p.m. Monday through Friday.  
**Schedule an appointment:** 980-993-1492

**Where:** Atrium Health University City  
**When:** 9 a.m. to 4 p.m. Monday through Friday.  
**Schedule an appointment:** 704-863-6589

**Questions?**

Email us at YourCareYourChoice@AtriumHealth.org or visit AtriumHealth.org/YourCareYourChoice.