



Nurse Midwife Services

Compassionate Care for Women and Their Families

Our certified nurse midwives (CNMs) are key members of the Atrium Health team. They care for women from their teen years through menopause, including pregnancy and childbirth. CNMs work closely with OB/GYN doctors to provide compassionate care. Our obstetric teams work together to make your experience the best it can be throughout your journey.



Atrium Health

Now part of  **ADVOCATEHEALTH**

Nurse Midwife Education and Certification

CNMs are advanced practice registered nurses (APRNs). They have a master's degree in nursing (MSN) and pass a national certification exam. This earns them the CNM credential. CNMs specialize in:

- Gynecologic care
- Family planning
- Getting ready for pregnancy
- Pregnancy
- Childbirth
- Recovering after giving birth
- Newborn care
- Menopause

They are passionate about giving personalized and holistic care for women and their families.

A Teamwork Model of Care

CNMs work closely with OB/GYN doctors and other members of our team to give you the best care everywhere you need it. They're hands-on and know right away when a doctor is needed. Our CNMs are skilled at handling most vaginal births, making sure it's a good and safe experience.

CNM Care during Pregnancy and Childbirth

CNMs take care of moms-to-be before and during birth. They give support, teach and help moms feel confident and safe. CNMs make sure both mom and baby are healthy and pay attention to what moms want during their pregnancy. They support a woman's choice, whether they want pain medicine or not. Our CNMs will deliver your baby at an Atrium Health facility. They do not do home births.

Childbirth with a CNM

At Atrium Health, our CNMs are passionate about giving you, your baby and your family the best care. They're there to help you every step of the way. CNMs give personalized and caring support during labor and delivery. Your CNM will guide you through proper labor and birthing positions. They will also recommend the best medicines and anesthesia if you need it.

CNMs are specially trained to recognize the body's natural processes. Because of this, they know what's normal or not normal for women's health, pregnancy and childbirth. This allows the CNM to give safe care and suggest more help if needed. If your CNM thinks you need it, they'll talk to an OB/GYN doctor for extra help.

We're proud to have CNMs as part of our team at Atrium Health!

