Atrium Health

Appendix C to Sec. 1910.134:
OSHA Respirator Medical Evaluation Questionnaire (Mandatory)

To the employer: Answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination but must be reviewed by a licensed healthcare provider.

MUST COMPLETE OR CLEARANCE CANNOT BE GRANTED:
Check the type of respirator your employee will use (you can check more than one category):
a. _____ N, R, or P disposable respirator (filter-mask, non-cartridge type only).
b. _____ Other type: Circle an option (for example: half- or full-facepiece type, powered-air purifying, supplied-air, self-contained breathing apparatus).

What OSHA Standard, if any, does your job title fall under? (for example: Asbestos, Cotton Dust, Silica, etc.)

_____

To the employee: Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A. Section 1. (Mandatory)
The following information must be provided by every employee who has been selected to use any type of respirator (please print).

1. Can you read? ☐ Yes ☐ No

2. Today's date: _____

3. Your name: _____

4. Your age (to nearest year): _____

5. Sex (circle one): Male / Female

6. Your height: _____ ft. _____ in.

7. Your weight: _____ lbs.

8. Your job title: _____

9. A phone number where you can be reached by the health care professional who reviews this questionnaire (include the Area Code):
_____

10. The best time to phone you at this number: _____

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11. Has your employer told you how to contact the health care professional who will review this questionnaire?

☐ Yes ☐ No

12.MUST COMPLETE OR CLEARANCE CANNOT BE GRANTED:

Check the type of respirator you will use (you can check more than one category):

a. _____ N, R, or P disposable respirator (filter-mask, non-cartridge type only).

b. _____ Other type: Circle an option (for example: half- or full-facepiece type, powered-air purifying, supplied-air, self-contained breathing apparatus).

What OSHA Standard, if any, does your job title fall under? (for example: Asbestos, Cotton Dust, Silica, etc.)

_____

13. Have you worn a respirator (circle one): ☐ Yes ☐ No

If "yes," what type(s): _____

Part A. Section 2. (Mandatory)

Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (please check "yes" or "no").

1. Do you *currently* smoke tobacco, or have you smoked tobacco in the last month: ☐ Yes ☐ No

2. Have you *ever had* any of the following conditions?

a. Seizures: ☐ Yes ☐ No

b. Diabetes (sugar disease): ☐ Yes ☐ No

c. Allergic reactions that interfere with your breathing: ☐ Yes ☐ No

d. Claustrophobia (fear of closed-in places):☐ Yes ☐ No

e. Trouble smelling odors: ☐ Yes ☐ No

3. Have you *ever had* any of the following pulmonary or lung problems?

a. Asbestosis: ☐ Yes ☐ No

b. Asthma: ☐ Yes ☐ No

c. Chronic bronchitis: ☐ Yes ☐ No

d. Emphysema: ☐ Yes ☐ No

e. Pneumonia: ☐ Yes ☐ No

f. Tuberculosis: ☐ Yes ☐ No

g. Silicosis: ☐ Yes ☐ No

h. Pneumothorax (collapsed lung): ☐ Yes ☐ No

i. Lung cancer: ☐ Yes ☐ No

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j. Broken ribs: ☐ Yes ☐ No

k. Any chest injuries or surgeries: ☐ Yes ☐ No

l. Any other lung problem that you've been told about: ☐ Yes ☐ No

4. Do you *currently* have any of the following symptoms of pulmonary or lung illness?

a. Shortness of breath: ☐ Yes ☐ No

b. Shortness of breath when walking fast on level ground or up a slight hill or incline: ☐ Yes ☐ No

c. Shortness of breath when walking with others at an ordinary pace on level ground: ☐ Yes ☐ No

d. Have to stop for breath when walking at your own pace on level ground: ☐ Yes ☐ No

e. Shortness of breath when washing or dressing yourself: ☐ Yes ☐ No

f. Shortness of breath that interferes with your job: ☐ Yes ☐ No

g. Coughing that produces phlegm (thick sputum): ☐ Yes ☐ No

h. Coughing that wakes you early in the morning: ☐ Yes ☐ No

i. Coughing that occurs mostly when you are lying down: ☐ Yes ☐ No

j. Coughing up blood in the last month: ☐ Yes ☐ No

k. Wheezing: ☐ Yes ☐ No

l. Wheezing that interferes with your job: ☐ Yes ☐ No

m. Chest pain when you breathe deeply: ☐ Yes ☐ No

n. Any other symptoms that you think may be related to lung problems: ☐ Yes ☐ No

5. Have you *ever had* any of the following cardiovascular or heart problems?

a. Heart attack: ☐ Yes ☐ No

b. Stroke: ☐ Yes ☐ No

c. Angina: ☐ Yes ☐ No

d. Heart failure: ☐ Yes ☐ No

e. Swelling in your legs or feet (not caused by walking): ☐ Yes ☐ No

f. Heart arrhythmia (heart beating irregularly): ☐ Yes ☐ No

g. High blood pressure: ☐ Yes ☐ No

h. Any other heart problem that you've been told about: ☐ Yes ☐ No

6. Have you *ever had* any of the following cardiovascular or heart symptoms?

a. Frequent pain or tightness in your chest: ☐ Yes ☐ No

b. Pain or tightness in your chest during physical activity: ☐ Yes ☐ No

c. Pain or tightness in your chest that interferes with your job: ☐ Yes ☐ No

d. In the past two years, have you noticed your heart skipping or missing a beat: ☐ Yes ☐ No

e. Heartburn or indigestion that is not related to eating: ☐ Yes ☐ No

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f. Any other symptoms that you think may be related to heart or circulation problems: ☐ Yes ☐ No

7. Do you *currently* take medication for any of the following problems?

a. Breathing or lung problems: ☐ Yes ☐ No

b. Heart trouble: ☐ Yes ☐ No

c. Blood pressure: ☐ Yes ☐ No

d. Seizures: ☐ Yes ☐ No

8. If you've used a respirator, have you *ever had* any of the following problems? (If you've never used a respirator, check the box ☐ and go to question 9:)

a. Eye irritation: ☐ Yes ☐ No

b. Skin allergies or rashes: ☐ Yes ☐ No

c. Anxiety: ☐ Yes ☐ No

d. General weakness or fatigue: ☐ Yes ☐ No

e. Any other problem that interferes with your use of a respirator: ☐ Yes ☐ No

9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire: ☐ Yes ☐ No

If using a full-facepiece respirator or self-contained breathing apparatus (SCBA) answer questions 10 to 15
For employees who have been selected to use other types of respirators, answering these questions is voluntary.

10. Have you *ever lost* vision in either eye (temporarily or permanently): ☐ Yes ☐ No

11. Do you *currently* have any of the following vision problems?

a. Wear contact lenses: ☐ Yes ☐ No

b. Wear glasses: ☐ Yes ☐ No

c. Color blind: ☐ Yes ☐ No

d. Any other eye or vision problem: ☐ Yes ☐ No

12. Have you *ever had* an injury to your ears, including a broken ear drum: ☐ Yes ☐ No

13. Do you *currently* have any of the following hearing problems?

a. Difficulty hearing: ☐ Yes ☐ No

b. Wear a hearing aid: ☐ Yes ☐ No

c. Any other hearing or ear problem: ☐ Yes ☐ No

14. Have you *ever had* a back injury? ☐ Yes ☐ No

15. Do you *currently* have any of the following musculoskeletal problems?

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a. Weakness in any of your arms, hands, legs, or feet: ☐ Yes ☐ No

b. Back pain: ☐ Yes ☐ No

c. Difficulty fully moving your arms and legs:☐ Yes ☐ No

d. Pain or stiffness when you lean forward or backward at the waist: ☐ Yes ☐ No

e. Difficulty fully moving your head up or down:☐ Yes ☐ No

f. Difficulty fully moving your head side to side: ☐ Yes ☐ No

g. Difficulty bending at your knees:☐ Yes ☐ No

h. Difficulty squatting to the ground:☐ Yes ☐ No

i. Difficulty climbing a flight of stairs or a ladder carrying more than 25 lbs:☐ Yes ☐ No

j. Any other muscle or skeletal problem that interferes with using a respirator: ☐ Yes ☐ No

Part B

1. In your present job, are you working at high altitudes (over 5,000 feet) or in a place that has lower than normal amounts of oxygen: ☐ Yes ☐ No

If "yes," do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you're working under these conditions: ☐ Yes ☐ No

2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals: ☐ Yes ☐ No
If "yes," name the chemicals if you know them:_____
_____

3. Have you ever worked with any of the materials, or under any of the conditions, listed below:

a. Asbestos: ☐ Yes ☐ No

b. Silica (*e.g.*, in sandblasting): ☐ Yes ☐ No

c. Tungsten/cobalt (e.g., grinding or welding this material): ☐ Yes ☐ No

d. Beryllium: ☐ Yes ☐ No

e. Aluminum: ☐ Yes ☐ No

f. Coal (for example, mining): ☐ Yes ☐ No

g. Iron: ☐ Yes ☐ No

h. Tin: ☐ Yes ☐ No

i. Dusty environments: ☐ Yes ☐ No

j. Any other hazardous exposures: ☐ Yes ☐ No

If "yes," describe these exposures: _____

4. List any second jobs or side businesses you have: _____

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5. List your previous occupations: _____

6. List your current and previous hobbies: _____

7. Have you been in the military services? ☐ Yes ☐ No

If "yes," were you exposed to biological or chemical agents (in training or combat): ☐ Yes ☐ No

8. Have you ever worked on a HAZMAT team? ☐ Yes ☐ No

9. Other than medications already listed earlier, are you taking any other medications for any reason (including over-the-counter medications): ☐ Yes ☐ No

If "yes," name the medications if you know them: _____

10. Will you be using any of the following items with your respirator(s)?

a. HEPA Filters: ☐ Yes ☐ No

b. Canisters (for example, gas masks): ☐ Yes ☐ No

c. Cartridges: ☐ Yes ☐ No

11. How often are you expected to use the respirator(s)? (Check yes or no for all answers)

a. Escape only (no rescue): ☐ Yes ☐ No

b. Emergency rescue only: ☐ Yes ☐ No

c. Less than 5 hours *per week:* ☐ Yes ☐ No

d. Less than 2 hours *per day:* ☐ Yes ☐ No

e. 2 to 4 hours per day: ☐ Yes ☐ No

f. Over 4 hours per day: ☐ Yes ☐ No

12. During the period you are using the respirator(s), is your work effort:

a. ***Light*** (less than 200 kcal per hour): ☐ Yes ☐ No
If "yes," how long does this period last during the average shift: _____hrs._____ mins.

Examples of a light work effort are *sitting* while writing, typing, drafting, or performing light assembly work; or *standing* while operating a drill press (1-3 lbs.) or controlling machines.

b. ***Moderate*** (200 to 350 kcal per hour): ☐ Yes ☐ No
If "yes," how long does this period last during the average shift: _____hrs._____ mins.
Examples of moderate work effort are *sitting* while nailing or filing; *driving* a truck or bus in urban traffic; *standing* while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; *walking* on a level surface about 2 mph or down a 5-degree grade about 3 mph; or *pushing* a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

c. ***Heavy*** (above 350 kcal per hour): ☐ Yes ☐ No

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If "yes," how long does this period last during the average shift: _____hrs._____ mins.

Examples of heavy work are *lifting* a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock; *shoveling; standing* while bricklaying or chipping castings; *walking* up an 8-degree grade about 2 mph; climbing stairs with a heavy load (about 50 lbs.).

13. Will you be wearing protective clothing and/or equipment (other than the respirator) when you're using your respirator: ☐ Yes ☐ No

If "yes," describe this protective clothing and/or equipment:_____
_____

14. Will you be working under hot conditions (temperature exceeding 77 deg. F)? ☐ Yes ☐ No

15. Will you be working under humid conditions? ☐ Yes ☐ No

16. Describe the work you'll be doing while you're using your respirator(s):
_____
_____

17. Describe any special or hazardous conditions you might encounter when you're using your respirator(s) (for example, confined spaces, life-threatening gases):
_____

18. Provide the following information, if you know it, for each toxic substance that you'll be exposed to when you're using your respirator(s):

Name of substance(s): _____ _____ _____
Estimated max exposure/shift: _____ _____ _____ _____

19. Describe any special responsibilities you'll have while using your respirator(s) that may affect the safety and well-being of others (for example, rescue, security):
_____
_____

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Attestation Statement:

Employee ONLY:
Please sign below certifying that your answers to the questionnaire are complete to the best of your knowledge and that you understand the questions and information asked of you throughout the questionnaire:

_____
Employee's printed name

_____ _____
Employee's signature *Date*

Licensed Medical Provider ONLY:

I have reviewed the above questionnaire in its entirety and provided feedback to the patient.

_____
Provider's printed name

_____ _____
Provider's signature *Date*

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