



**Pediatric Endocrinology**

**PLEASE COMPLETE BOTH SIDES**

Date: \_\_\_\_\_ Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

**SOCIAL HISTORY**

Are parents \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Never Married  
 Who lives with patient? \_\_\_\_\_  
 Patient in daycare? Y/N Grade level in school \_\_\_\_\_ School performance \_\_\_\_\_  
 Mother's occupation: \_\_\_\_\_ Father's occupation: \_\_\_\_\_  
**Smokers in home? Y/N**

**FAMILY HISTORY**

RELATION TO PATIENT	AGE	HEIGHT	WEIGHT	HEALTH PROBLEMS
Mother				
Maternal grandmother				
Maternal grandfather				
Father				
Paternal grandmother				
Paternal grandfather				
Sibling (brother/sister)				
Sibling (brother/sister)				
Sibling (brother/sister)				

**Please list OTHER family members with the following diseases:**

DISEASE	Relationship to patient
Adrenal disease	
Asthma/allergies	
Calcium problems/osteoporosis	
Diabetes	
Cholesterol problems	
Heart attacks or strokes before 50	
High blood pressure	
Kidney problems	
Thyroid disease	
Tumors/cancers (list type)	
Stomach/colon problems	
Vitiligo	
Please list other diseases:	



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**PAST MEDICAL HISTORY**

Was the patient  Full-term  Pre-term Weeks gestation: \_\_\_\_\_

Method of delivery  Vaginal  C-section

Please list any medicines mother took during pregnancy:

\_\_\_\_\_

Did mother drink alcohol? Y/N Number of drinks per day \_\_\_\_\_

Did mother smoke? Y/N Number of packs per day \_\_\_\_\_

Birth Weight: \_\_\_\_\_ Complications: \_\_\_\_\_

Please list any major medical conditions the patient has: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Surgeries and dates: \_\_\_\_\_

\_\_\_\_\_

Other hospitalizations, dates, and reasons: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Allergies to Medications: \_\_\_\_\_

Other allergies: \_\_\_\_\_

Please list all prescription medications, over-the-counter medications, vitamins, supplements and herbs currently used by patient

DRUG	DOSE (amount and how often)	How long used?



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**Patient Name** \_\_\_\_\_

**DOB:** \_\_\_\_\_

**Development**

How old was your child when he/she started walking? \_\_\_\_\_ Talking? \_\_\_\_\_

Were there any delays in development?

\_\_\_\_\_

\_\_\_\_\_

How old was he/she when his/her first tooth erupted? \_\_\_\_\_ First adult tooth? \_\_\_\_\_

Has growth/height been steady? \_\_\_\_\_

**Has the patient experienced any of the following symptoms recently?** (please check box)

Symptom	Yes	No	N/A	Symptom	Yes	No	N/A
Weight loss				Hair loss or changes			
Weight gain				Muscle or joint problems			
Headaches				Limping			
Vision problems				Seizure(s)			
Hoarseness				Weakness			
Hearing problems				Loss of consciousness			
Multiple ear infections				Head trauma			
Heart problems				Broken bones			
Kidney problems				Yeast infections			
Trouble swallowing				Always hot or cold			
Chest pain				Anxiety or Depression (circle)			
Shortness of breath				Average hours of sleep nightly?			
Heart palpitations				Fatigue			
Constipation or Diarrhea				Trouble sleeping			
Pneumonia				Wheezing			
Blood in stool				Chronic cough			
Abdominal pain				Snoring			
Blood in urine				Bladder infections			
Excessive thirst				Does patient smoke?			
Excessive urination				Household smokers?			
Recurrent fevers				How is the child's appetite?	<b>Poor</b>	<b>Average</b>	<b>Good</b>
Pain with urination				Age at first menstrual cycle:			
Skin Problems				Are your periods regular?			

**Diet History: List typical foods eaten for the following**

Breakfast:
Lunch:
Dinner:
Snacks:
Drinks:

**Activities:**

Type of exercise:
How many days per week?
How many hours of screen time (computer, video games, TV) Weekdays _____ Weekend days _____

**If you are being seen today for diabetes, please ALSO complete below.**

How often per week are you having low blood sugar levels requiring assistance (circle): 0 1-3 >3

Have you had puffiness or infections at injection/infusion sites? (circle) Yes No

Where do you give your injections/place infusion sets? \_\_\_\_\_

Have you had any pump malfunctions? (circle) Yes No

When was your last eye exam? (Month/Year) \_\_\_\_\_

When was your last dental exam? (Month/Year) \_\_\_\_\_

When was your last flu vaccine? (Month/Year) \_\_\_\_\_

How many days of school (or work for parents) have been missed in the past 3 months due to diabetes?

\_\_\_\_\_