ATRIUM HEALTH CONCIERGE CARE



Atrium Health



PROACTIVE CARE TAILORED TO YOUR NEEDS

At Atrium Health Concierge Care, we believe generous access and attentive care are the best ways to provide medical services that make a difference in your life. Our holistic, proactive approach to care is tailored to your specific needs. Whether you're managing a chronic condition or just trying to stay healthy, we're here to learn about your lifestyle and assess your physical health. Within our specialized model, we provide streamlined services and attentive, personalized care you won't find in a traditional doctor's office.

With unhurried doctor visits, a comprehensive annual physical exam and a personalized preventive health plan, Concierge Care has your family covered from childhood through adulthood.

We proudly serve the Charlotte and Winston-Salem areas with multiple convenient locations to meet your needs.

CONCIERGE MEDICINE FOR CHILDREN

Currently available in Charlotte, Atrium Health Levine Children's Perspective Pediatrics offers an enhanced level of personalized care, availability and convenience for your child. This includes access to Atrium Health Levine Children's specialists and Levine Children's Hospital, the region's only children's hospital recognized by U.S. News & World Report. We are located across from our adult Concierge Care practice in Charlotte's SouthPark neighborhood, making it easy to get exceptional care for the whole family.

Fewer patients per pediatrician

This means more time and attention during visits and less time spent in waiting rooms.

24/7 communication

When you need them, your child's care team is never more than a phone call or message away.

Custom care plans

No two kids are the same, not even siblings. Every child's care plan is customized for their needs.

Familiar faces

Your child will see people they already trust and feel comfortable with. This helps create a relationship and bond between patient and pediatrician.

Care for chronic conditions

Along with a custom care plan, we help track and manage your child's complex health needs.

Hospital care

If your child ever needs to stay in the hospital, we'll work closely with their care team, getting them healthy and home as quickly as possible.

Easy transition to adult care

When it's time, we'll help your child find a doctor at our adult practice or another office near you.



OUR DEDICATED TEAM FOR CHILDREN



AMANDA LANIER, MD
Medical School:
West Virginia University
Residency: Atrium Health Carolinas Medical Center
Board Certified: Pediatrics



NGOC-DIEP NGUYEN, MD
Medical School:
George Washington University
Residencies: Children's Hospital Oakland; Children's National Medical Center
Board Certified: Pediatrics



DAVID PUBANTZ, MD
Medical School:
The University of North Carolina
Residency: Atrium Health Levine Children's Hospital
Board Certified: Pediatrics

CONCIERGE MEDICINE FOR ADULTS

With offices in Charlotte, Lake Norman and Winston-Salem, our Concierge Care program gives you access to sophisticated resources in an innovative structure. Our membership-based practice allows you and your doctor to focus on your overall well-being and create a health care experience tailored to your needs.

With fewer patients per physician than most offices, you get more time and attention during visits. This gives you the chance to develop a relationship with your physician and receive personalized care from a team like no other.

Availability and convenience

As a member, your care team is never more than a phone call or message away 24/7 – even when you're traveling. We also offer same-day or next-day appointments, making it easy to address your health needs on your time.

Robust physical exam

Learning your lifestyle and assessing your physical health, we set the foundation of your wellness plan with a review of your medical history, examine your overall health risks, and create a care plan customized for your needs.

Easy connection to alternative therapies

Providing the best care can mean different things for different patients. In addition to clinical care, we can connect you to alternative therapies, such as acupuncture, yoga, Pilates, massage therapy and meditation.

Care for your mental well-being

Your wellness plan includes your mental health. We offer mental health counseling, support for substance use disorder, dementia and memory evaluations and health information seminars.

Personalized services

Genetics and everyday life can impact your health. That's why we provide genetic counseling, nutrition evaluations and education, weight management and personal coaching.

We're with you and your family throughout your entire health journey. Have peace of mind knowing you're getting top-tier, personalized care, with seamless connection to Atrium Health's nationally renowned hospitals and specialists when needed.



OUR DEDICATED CONCIERGE CARE TEAM

SOUTH PARK



LORRI A. AYERS, MD
Medical School:
The Ohio State University
Residency:
The Ohio State University
Board Certified:
Internal Medicine



JASON BRANCATO, MD
Medical School:
East Carolina University
Brody School of Medicine
Residency: Atrium Health
Carolinas Medical Center
Board Certified:
Internal Medicine



LYDIA CALAMARI, MD
Medical School:
University of North Carolina
Residency:
Boston University
Board Certified:
Internal Medicine



MICHAEL JOHNSON, MD
Medical School:
Drexel University
Residency:
Georgetown University
Board Certified: Internal
Medicine & Infectious Disease



PRASHANTH KAMATH, MD, MBA
Medical School: University
of South Carolina
Residency: University of
South Carolina
Board Certified:
Internal Medicine



ALYSON SHOGAN, MD, MBA
Medical School: University
of Pennsylvania
Residency: Duke University
Board Certified:
Internal Medicine



ROBERT ZSOLDOS, MD
Medical School:
West Virginia University
Residency:
The Ohio State University
Board Certified: Internal
Medicine; Infectious Disease

LAKE NORMAN



KENESHA KIRKLAND, MD
Medical School:
Wake Forest University
Residency: Atrium Health
Carolinas Medical Center
Board Certified: Internal Medicine



AARON MCLAUGHLIN, MD
Medical School:
West Virginia University
Residency: West Virginia University
Hospital Board Certified:
Family Medicine



CHRISTOPHER MESSITT, DO
Medical School: New York
Institute of Technology College
of Osteopathic Medicine
Residency: St Clare's Hospital
Board Certified:
Family Medicine

WINSTON-SALEM



TEMPLE DAY, MD
Medical School:
East Carolina University
Residency: Atrium Health
Carolinas Medical Center
Board Certified:
Internal Medicine



RAY MORROW, MD
Medical School:
Wake Forest University
Residency:
Wake Forest University
Board Certified:
Internal Medicine



WILLIAM RICE III, MD
Medical School:
Wake Forest University
Residency:
Wake Forest University
Board Certified:
Internal Medicine



EXECUTIVE CONCIERGE CARE

Whether you're seeking first-class care as an individual or for an entire leadership team, look no further than Atrium Health Executive Concierge Care, with offices in Charlotte and Winston-Salem.

Providing care specially designed to fit your unique needs and preferences, we help you feel and be your very best. From our all-inclusive Executive Physical to our membership-based Executive Concierge program, it's more than a unique level of care – it's an investment in yourself, from the region's only academic health system.

Executive Physical

This all-inclusive exam provides an in-depth look at your health needs and risks. We'll assess your current state of health and create a custom plan to set you up for success. Here's what's included in the Executive Physical:

- Review of medical history, concerns and immunizations
- Vision screening
- Personalized blood and lab tests
- Cardiac screening
- In-depth fitness assessment
- Nutrition consultation
- Post-exam recommendations and extensive follow-up report
- Convenient referrals

Executive Concierge

Take your health to the next level as a member of our Executive Concierge program. In addition to the Executive Physical, you'll receive an exclusive year-round health care experience, centered on you. Customized services include:

- 24/7 access to your physician via phone call or message
- Priority, same-day or next-day appointments
- Flexible, thorough in-person and virtual visits
- Personalized health plan and wellness goals
- Extended visits
- Labs and IVs at your office or home
- Care while traveling

OUR DEDICATED EXECUTIVE CONCIERGE CARE TEAM

KENILWORTH



JOHNNY DIAS, DO
Medical School: Philadelphia College of Osteopathic Medicine
Residency: Walter Reed National Military Medical Center
Board Certified: Internal Medicine



KELLY REDDEN, DO
Medical School: West Virginia School of Osteopathic Medicine
Residency: Atrium Health Wake Forest Baptist Medical Center
Board Certified: Internal Medicine

SOUTH PARK



SONJA GRIGG, MD
Medical School: Northwestern Feinberg School of Medicine
Residency: Cambridge Health Alliance
Board Certified: Internal Medicine



RICHARD LOPEZ, DO
Medical School: Rowan University School of Osteopathic Medicine
Fellowship: Atlantic Health System
Residency: Atlantic Health System
Board Certified: Internal Medicine & Sports Medicine

WINSTON-SALEM



ANDREW KING, DO
Medical School: New York Institute of Technology College of Osteopathic Medicine
Residency: Independence Health System Latrobe Hospital
Board Certified: Family Medicine/ Osteopathic Manipulative Treatment



CONCIERGE CARE WELLNESS CENTER

Currently available in Charlotte and located next to our SouthPark practices, our Wellness Center is available to Concierge Care members. The Wellness Center offers cash-based services focused on physical therapy, nutrition and more. Uncover what matters most to you and gain tools to move from where you are to where you want to be. Schedule directly with your physician.

Fitness

Designed to inspire and motivate individuals of all levels – whether you're looking to build strength, increase flexibility or enhance overall wellness – our expert trainers provide personalized guidance and support. Discover a variety of classes, from energizing group workouts to tailored one-on-one sessions.

Nutrition

Our nutrition services offer personalized guidance to help you achieve your health goals, with options for both individual and family plans. If you're goal is to lose weight, manage a condition or simply eat more healthily, our expert nutritionists provide tailored meal plans and support.

Weight Management

Our personalized approach to weight management combines expert guidance, nutrition education and ongoing support to help you reach your goals sustainably. From review of food logs and lab work to training workouts with an exercise physiologist, we're dedicated to helping you succeed.





LOCATIONS

CHARLOTTE

Atrium Health Levine Children's Perspective Pediatrics

SOUTHPARK
4501 Cameron Valley Parkway, Suite 200-B
Charlotte, NC 28211
704-381-0500
perspectivepediatrics@atriumhealth.org
levinechildrens.org/perspectivepeds

Atrium Health Concierge Care

SOUTHPARK
4525 Cameron Valley Parkway, Suite 1600
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Atrium Health Executive Concierge Care

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WINSTON-SALEM

Atrium Health Concierge Care

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CONTACT US TODAY TO START DESIGNING YOUR PERSONALIZED HEALTH PROGRAM.

CONCIERGE CARE

Atrium Health

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