## Safe Alliance Sexual Trauma Resource Center

# Have you or a loved one experienced rape or other sexual violence recently or in the past?

Our services are *free* and confidential and can help you.

Services are available to everyone regardless of immigration status.

We serve women, men, children, and families.

Call (704) 332-9034 to make an appointment with an advocate

Address: Safe Alliance • 601 E. 5<sup>th</sup> St. • Suite 400 • Charlotte, NC

- 24 hour hospital accompaniment for rape and sexual violence victims
- 24 hour confidential Hotline (Greater Charlotte Hope Line)
- Advocacy
- Intervention and support in crisis situations
- Support groups
- Community agency referrals
- Safety planning
- Help completing NC Crime Victims' Compensation & Address Confidentiality Program applications
- Counseling \*Counseling is the only service with a fee and is income-based. We do not use insurance.
- We support survivors of all types of sexual violence including rape, sexual assault, incest, and adult survivors of child sexual abuse.



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### **Available Support Groups**

Our psycho-educational support groups aid clients in recovering from **sexual violence** by discussing a **wide** variety of **trauma-related** topics in a safe and culturally-sensitive space. Topics include:

- Understanding Trauma
- Safety
- Intimacy
- Anger

- Rape Culture
- Coping
- Family & Relationships
- Anxiety

#### ...and much *more*!

	Name	Time	Group Leader
Uptown Charlotte Groups	Adult Women's Group	Tuesday 6:00pm-7:30pm	Jaquelin Rodriguez <u>jaquelin.rodriguez@safealliance.org</u> 704.367.2795
Children & Family Services Center <b>601 E Fifth St., Suite 400</b> ,	NEW! Men of Teal Adult Men's Group	Every other Thursday 6:00pm-7:30pm	Carmen Crape <a href="mailto:carmen.moody@safealliance.org">carmen.moody@safealliance.org</a> 704.367.2776
Charlotte, NC 28202	Teen Women's Group	Every other Thursday 6:00pm-7:30pm	Jaquelin Rodriguez <u>jaquelin.rodriguez@safealliance.org</u> 704.367.2795
Lake Norman Groups  Lake Norman Office  19901 W. Catawba Ave.,  Ste. 203, Cornelius, NC  28031	Expressive Arts Group	Wednesday 5:30pm- 7:00pm	Malinda Myers <a href="mailto:malinda.myers@safealliance.org">malinda.myers@safealliance.org</a> 704.367.2727

- You must meet with Group Facilitator for screening before joining any group
- All groups are **FREE of charge**

## **Ready** to move forward?

Contact a Group Leader OR call 704.332.9034 to schedule your screening