

Behavioral Health Charlotte

EAGLE PROGRAM For

First Episode Psychosis



Thank you for your interest in the Eagle (first episode psychosis) Program at Atrium Health Behavioral Health Charlotte, a facility of Carolinas Medical Center. Our evidence-based program provides wrap-around services to young adults (ages 15 to 30) and their families who live in Mecklenburg County and have dealt with psychosis in the past three years.

The program's wrap-around services include:

- Individual and family therapy
- Psychiatric services and medication management
- Case management services
- Peer support services
- Employment and educational support services

We aim to partner with adolescents and young adults on their journey to attaining independence and self-sufficiency. Our team supports and helps families learn how to work with their family members to

manage symptoms and meet treatment goals. Our program also provides employment/educational counseling to help participants achieve educational goals or learn marketable skills related to their professional interests.

All medication needs are managed by a psychiatric nurse practitioner and medical director. There are therapists to support patients with medication compliance; dual-diagnosis (substance abuse and psychosis); and other mental health issues, environmental stressors and triggers related to their psychosis. Our therapists, peer support specialist and supported employment specialist assist program participants using a recovery-focused, person-centered approach.

Acceptable diagnoses with diagnostic codes*:

- a.** Schizophrenia (F20.9)
- b.** Schizophreniform disorder (F20.81)
- c.** Schizoaffective disorder:
 - i.** Bipolar type (F25)
 - ii.** Depressive type (F25.1)
- d.** Brief psychotic disorder (F23)
- e.** Unspecified schizophrenia spectrum and other psychotic disorder (F29)
- f.** Bipolar disorder with psychotic features (where psychosis is prominent feature) (F31.2)

Inclusion criteria* for the Eagle Program:

- Person is between the ages of 15 and 30
- Person resides in Mecklenburg County
- First episode of psychosis occurred within the past three years
- No previous diagnosis of a neurodevelopmental disorder or intellectual disability
- IQ is above 70
- Substance use disorder is not the primary diagnosis
- Psychosis was not solely substance induced

Patient Referrals and Additional Information

Please contact the Eagle Program coordinator at 704-444-5895 or Referrals.EagleProgram@AtriumHealth.org.

The Eagle Program at Atrium Health was created wholly, or in part, with funding from the federal Community Mental Health Services Block Grant Fund (CFDA #93.958) as a project of the NC Division of Mental Health, Developmental Disabilities & Substance Abuse Services.

**Please note that because this is a grant-based program, which is being managed by The State of NC, we are unable to make any exceptions with respect to inclusion criteria.*

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