

Senior Care
101 East W. T. Harris Boulevard, Suite 1110
Charlotte, NC 28262
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Person Completing This Form:

Name: _____ DOB: _____

Social History

Where were you born? _____

Are you:

Single: _____ Married (# Years): _____ Divorced (# Years): _____ Widowed (# Years): _____

Number of Children _____

Children's Names:	Location (town):	Phone:

Do you have a HealthCare Power of Attorney? _____ If yes, please name: _____

Do you have a Living Will / Advanced Directives? _____ If yes, who is listed as Health Care Agent? _____

Please provide us a copy of Living Will for our records.

How many years of education have you completed? _____

Occupation now or before retiring: _____

Hobbies / activities? _____

Are there services in the home? _____

(Home Health, Private Aide, Meals on Wheels)

Do you smoke? ___ Yes ___ No If YES, how many years have you smoked? _____

How many packs per day do you smoke? _____

Have you ever smoked? ___ Yes ___ No If YES: when did you quit _____ how many years did you smoke? _____

Do you drink alcohol? ___ Yes ___ No What type _____ How much a day _____

Do you have a history of excessive or problem drinking? _____

Do you have guns in the home? _____

Family Health History

Is your mother living? _____ Age at death? _____ List your mother's medical problems: _____

Is your father living? _____ Age at death? _____ List your father's medical problems: _____

How many brothers do you have? _____ Any medical problems? _____

How many sisters do you have? _____ Any medical problems? _____

How many sons do you have? _____ Any medical problems? _____

How many daughters do you have? _____ Any medical problems? _____

Has anyone in the family been diagnosed with Dementia? _____

Physician or other person who referred patient to this office: _____

Name: _____ DOB: _____

What is the main reason for this visit:

List the major issues you would like to discuss today:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

Are there any other healthcare professionals helping you with these problems? If Yes, who?

1. _____
2. _____
3. _____
4. _____

IF prior interventions / medications failed, why?

1. _____
2. _____
3. _____
4. _____
5. _____

MEDICATION LIST (*Prescriptions and Over-The-Counter*)

Name: _____ DOB: _____

Name of Medication	Dose	How often is it taken	Approximate Date Started	Reason you take this medication

Medication Allergies (*and reactions*):

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____
- 6 _____
- 7 _____

Name: _____ DOB: _____

MEMORY QUESTIONNAIRE: Please complete this form with a family member.

DO YOU HAVE PROBLEMS WITH:

ORIENTATION TO TIME Yes No

- 1. Day of the month
- 2. Day of the week
- 3. Time of day

MEMORY

- 1. Recalling recent events
- 2. Remembering where things are in the home
- 3. Need written lists for everything
- 4. Remembering appointments
- 5. Learning new things
- 6. Remembering new information
- 7. Remembering family events (birthdays)
- 8. Remembering names of friends / family
- 9. Recognize friends / family (faces)
- 10. Confusion about family members (who is alive / dead)

SPEECH

- 1. Finding words
- 2. Speaking clearly (understandability)
- 3. Following directions
- 4. Reading
- 5. Writing
- 6. Change in quality of speech + / -

THINKING

- 1. Finances (paying bills, balance checkbook)
- 2. Financial decisions: poor choices
- 3. Leisure activities (hobbies, games, socializing)

SENSE OF DIRECTION

- 1. Getting lost driving
- 2. Getting lost in the neighborhood
- 3. Getting lost in your home
- 4. Getting your clothes arranged

HAVE YOU EXPERIENCED:

CHANGE IN FEELINGS / ACTIVITY

- | | Yes | No |
|-----------------------------|--------------------------|--------------------------|
| 1. Sleep | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Guilt / worthlessness | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Energy | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Sadness / crying | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Loss of appetite | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Slowness in movements | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Very restless / agitated | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Suicide thoughts | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. History of depression | <input type="checkbox"/> | <input type="checkbox"/> |

ACTIVITY CHANGES

- | | Yes | No |
|-------------------|--------------------------|--------------------------|
| 1. Start tasks | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Complete tasks | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Concentration | <input type="checkbox"/> | <input type="checkbox"/> |

OTHER PROBLEMS

- | | Yes | No |
|---|--------------------------|--------------------------|
| 1. Paranoid | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Fearful | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Loss of confidence | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Irritable | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Mood swings | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Inappropriate laughing or crying | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Impolite, embarrassing comments to others | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Physical / verbal aggression | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Confusion – disoriented | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Hallucinations (things or people that aren't there) | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Repetitive actions (sorting, wandering, muttering) | <input type="checkbox"/> | <input type="checkbox"/> |

FUNCTIONAL STATUS:

Please check the appropriate box:

Activities of Daily Living	No Assistance	With Assistance	Total Care
Bathing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dressing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Toileting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Transferring / Walking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Continence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

COMMENTS

Instrumental Activities of Daily Living

Using Telephone	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Grocery Shopping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Preparing Meals	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Doing Housework	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Doing Laundry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Taking Medications	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Managing Finances	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Driving	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

COMMENTS

Name: _____ DOB: _____

INDICATE WHICH APPLY TO YOU

GENERAL	Yes	No	CARDIOVASCULAR	Yes	No	MUSCULOSKELETAL	Yes	No
1. Frequent infections	<input type="checkbox"/>	<input type="checkbox"/>	1. Heart attack / failure / angina	<input type="checkbox"/>	<input type="checkbox"/>	1. Joint pain / tenderness	<input type="checkbox"/>	<input type="checkbox"/>
2. Weight change	<input type="checkbox"/>	<input type="checkbox"/>	2. Chest pain / tightness	<input type="checkbox"/>	<input type="checkbox"/>	2. Joint swelling / warmth	<input type="checkbox"/>	<input type="checkbox"/>
3. Appetite / thirst change	<input type="checkbox"/>	<input type="checkbox"/>	3. Irregular heartbeat	<input type="checkbox"/>	<input type="checkbox"/>	3. Joint stillness	<input type="checkbox"/>	<input type="checkbox"/>
4. Excessive fatigue / nervousness	<input type="checkbox"/>	<input type="checkbox"/>	4. High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	4. Joint deformity	<input type="checkbox"/>	<input type="checkbox"/>
5. Difficulty sleeping	<input type="checkbox"/>	<input type="checkbox"/>	5. Swelling of feet / ankles	<input type="checkbox"/>	<input type="checkbox"/>	5. Muscle pain	<input type="checkbox"/>	<input type="checkbox"/>
6. Enlarged / tender lymph nodes or glands	<input type="checkbox"/>	<input type="checkbox"/>	6. Leg cramps with walking	<input type="checkbox"/>	<input type="checkbox"/>	6. Back / neck pain	<input type="checkbox"/>	<input type="checkbox"/>
7. Other _____			7. Murmur	<input type="checkbox"/>	<input type="checkbox"/>	7. Weakness	<input type="checkbox"/>	<input type="checkbox"/>
			8. Other _____			8. Prone to falls	<input type="checkbox"/>	<input type="checkbox"/>
						9. Other _____		

EYES	Yes	No	GASTROINTESTINAL	Yes	No	SKIN	Yes	No
1. Do you wear glasses / contacts	<input type="checkbox"/>	<input type="checkbox"/>	1. Heartburn / indigestion	<input type="checkbox"/>	<input type="checkbox"/>	1. Rashes	<input type="checkbox"/>	<input type="checkbox"/>
2. Vision changes	<input type="checkbox"/>	<input type="checkbox"/>	2. Difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/>	2. Dry / itchy skin	<input type="checkbox"/>	<input type="checkbox"/>
3. Red/itchy, water eyes	<input type="checkbox"/>	<input type="checkbox"/>	3. Stomach pains / ulcers	<input type="checkbox"/>	<input type="checkbox"/>	3. Bruising	<input type="checkbox"/>	<input type="checkbox"/>
4. Eye pain	<input type="checkbox"/>	<input type="checkbox"/>	4. Nausea / vomiting	<input type="checkbox"/>	<input type="checkbox"/>	4. Sweats	<input type="checkbox"/>	<input type="checkbox"/>
5. Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	5. Vomiting blood	<input type="checkbox"/>	<input type="checkbox"/>	5. Mole / lesion changes	<input type="checkbox"/>	<input type="checkbox"/>
6. Dry eyes	<input type="checkbox"/>	<input type="checkbox"/>	6. Loose stools / diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	6. Skin color changes	<input type="checkbox"/>	<input type="checkbox"/>
7. Macular Degeneration	<input type="checkbox"/>	<input type="checkbox"/>	7. Constipation	<input type="checkbox"/>	<input type="checkbox"/>	7. Skin growths	<input type="checkbox"/>	<input type="checkbox"/>
8. Other _____			8. Hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>	8. Hair / nail problems	<input type="checkbox"/>	<input type="checkbox"/>
			9. Rectal bleeding	<input type="checkbox"/>	<input type="checkbox"/>	9. Other _____		
			10. Black / bloody stools	<input type="checkbox"/>	<input type="checkbox"/>			

EARS	Yes	No		NEUROLOGIC	Yes	No		
1. Infections	<input type="checkbox"/>	<input type="checkbox"/>	11. Changes in bowel habits	<input type="checkbox"/>	<input type="checkbox"/>	1. Headaches	<input type="checkbox"/>	<input type="checkbox"/>
2. Hearing loss	<input type="checkbox"/>	<input type="checkbox"/>	12. Frequent laxatives	<input type="checkbox"/>	<input type="checkbox"/>	2. Dizziness / lightheadedness	<input type="checkbox"/>	<input type="checkbox"/>
3. Earaches	<input type="checkbox"/>	<input type="checkbox"/>	13. Liver problems / jaundice hepatitis	<input type="checkbox"/>	<input type="checkbox"/>	3. Fainting / blackouts	<input type="checkbox"/>	<input type="checkbox"/>
4. Ear drainage	<input type="checkbox"/>	<input type="checkbox"/>	14. Gallstones	<input type="checkbox"/>	<input type="checkbox"/>	4. Numbness / tingling	<input type="checkbox"/>	<input type="checkbox"/>
5. Buzzing / ringing	<input type="checkbox"/>	<input type="checkbox"/>	15. Other _____			5. Tremors	<input type="checkbox"/>	<input type="checkbox"/>
6. Feel "stopped up"	<input type="checkbox"/>	<input type="checkbox"/>				6. Seizures / convulsions	<input type="checkbox"/>	<input type="checkbox"/>
7. Other _____						7. Coordination / balance problems	<input type="checkbox"/>	<input type="checkbox"/>

NOSE AND THROAT	Yes	No	BREAST	Yes	No		PSYCHIATRIC	Yes	No
1. Nasal stuffiness / drainage	<input type="checkbox"/>	<input type="checkbox"/>	1. Lumps	<input type="checkbox"/>	<input type="checkbox"/>		1. Confusion	<input type="checkbox"/>	<input type="checkbox"/>
2. Frequent nosebleeds	<input type="checkbox"/>	<input type="checkbox"/>	2. Pain	<input type="checkbox"/>	<input type="checkbox"/>		2. Anxiety	<input type="checkbox"/>	<input type="checkbox"/>
3. Sore throat	<input type="checkbox"/>	<input type="checkbox"/>	3. Discharge	<input type="checkbox"/>	<input type="checkbox"/>		3. Depression	<input type="checkbox"/>	<input type="checkbox"/>
4. Mouth sores / ulcers	<input type="checkbox"/>	<input type="checkbox"/>	4. Other _____				4. Suicidal thoughts	<input type="checkbox"/>	<input type="checkbox"/>
5. Hoarseness	<input type="checkbox"/>	<input type="checkbox"/>					5. Overly emotional/ mood swings	<input type="checkbox"/>	<input type="checkbox"/>

MALES ONLY	Yes	No		PSYCHIATRIC	Yes	No
1. Prostate problems	<input type="checkbox"/>	<input type="checkbox"/>		6. Hallucinations	<input type="checkbox"/>	<input type="checkbox"/>
2. Sexual difficulties	<input type="checkbox"/>	<input type="checkbox"/>		7. Phobias	<input type="checkbox"/>	<input type="checkbox"/>
3. Testicle pain / lumps / swelling	<input type="checkbox"/>	<input type="checkbox"/>		8. Other _____		
4. Impotent	<input type="checkbox"/>	<input type="checkbox"/>				
5. Discharge	<input type="checkbox"/>	<input type="checkbox"/>				
6. Venereal disease	<input type="checkbox"/>	<input type="checkbox"/>				
7. Genital concerns	<input type="checkbox"/>	<input type="checkbox"/>				
8. Other _____						

PULMONARY	Yes	No	FEMALES ONLY	Yes	No	URINARY	Yes	No
1. Shortness of breath / difficulty breathing	<input type="checkbox"/>	<input type="checkbox"/>	1. Vaginal discharge / odor	<input type="checkbox"/>	<input type="checkbox"/>	1. Pain / burning on urination	<input type="checkbox"/>	<input type="checkbox"/>
2. Cough-dry / productive	<input type="checkbox"/>	<input type="checkbox"/>	2. Vaginal dryness	<input type="checkbox"/>	<input type="checkbox"/>	2. Urinary frequency	<input type="checkbox"/>	<input type="checkbox"/>
3. Asthma / wheezing	<input type="checkbox"/>	<input type="checkbox"/>	3. Painful intercourse	<input type="checkbox"/>	<input type="checkbox"/>	3. Difficulty starting urine	<input type="checkbox"/>	<input type="checkbox"/>
4. Night sweats	<input type="checkbox"/>	<input type="checkbox"/>	4. Menopause / symptoms	<input type="checkbox"/>	<input type="checkbox"/>	4. Incontinence (<i>wetting</i>)	<input type="checkbox"/>	<input type="checkbox"/>
5. Fever / chills	<input type="checkbox"/>	<input type="checkbox"/>	5. Sexual difficulties	<input type="checkbox"/>	<input type="checkbox"/>	5. Bloody urine	<input type="checkbox"/>	<input type="checkbox"/>
6. Other _____			6. Venereal disease	<input type="checkbox"/>	<input type="checkbox"/>	6. Other _____		
			7. Genital concerns	<input type="checkbox"/>	<input type="checkbox"/>			
			8. Other _____					