Events are for Atrium Health Levine Cancer breast patients. Registration is required to receive link and information to access online. For information on acupuncture, oncology massage and healing touch, please call 980-442-2500, option 7.

Groups and Class Descriptions
YWBP online support and discussion group: Women who have received a breast cancer diagnosis at age 40 or under can come together every month online. Whether you are newly diagnosed, in treatment or a few years out, please drop in whenever you can. Sharing can be very healing – especially with those who understand. The support group and forums are facilitated by our dedicated, licensed clinical social workers (LCSWs). They create a positive environment for women to have safe, confidential conversations to help connect, encourage and inspire one another.

Lymphedema Education: Lymphedema is a common side effect after breast cancer surgery or radiation therapy. It is swelling in the hand, arm, breast or torso that can develop during or after treatment. This month:

Balancing WORK & CANCER Through Treatment and Recovery (Tuesday, December 12, noon to 1 p.m.)
Online presentation for all Atrium Health Levine Cancer patients by Cancer and Careers, a non-profit that helps empower and educate people with cancer to thrive in their workplace. Find out more about working during and after treatment, disclosure considerations, communication tips at work, job searching and managing resume gaps, interviewing, Americans with Disabilities Act and reasonable accommodations, resources and more.

Save the Dates!
Managing Menopausal Symptoms on Endocrine Therapy (Wednesday, January 24, Noon to 1 p.m.)
Online presentation by Antoniette Tou, MD, MHS, medical oncologist, Chair of Department of Solid Tumor Oncology and Investigational Therapeutics and Chief of Breast Medical Oncology Section, Atrium Health Levine Cancer.

December

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<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
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<tr>
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<td>Healthy Cooking Club 10:30 to 11:00 a.m.</td>
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<td>Panel Forum Section 10:30 to 11:00 a.m.</td>
<td>'19 online support and discussion group Room in F1.</td>
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