



### Weight Loss Medication Guidelines

For patients taking medications for weight loss, you will be required to skip a dose prior to your procedure. **Please note, these medications are also used for diabetes management.** Please refer to the list of medications and instructions below.

Your medication dosing regimen may be different than what is listed below. In general:

- If you take your medication WEEKLY, do not take the medication for one week prior to your scheduled procedure.
- If you take your medication DAILY, do not take the medication the day prior to your scheduled procedure.

Medication	Frequency	When to Stop Medication
Semaglutide (Rybelsus)	Daily	1 day prior
Liraglutide (Saxenda)	Daily	1 day prior
Liraglutide (Victoza)	Daily	1 day prior
Lixisenatide (Adlyxin)	Daily	1 day prior
Exenatide ER (Bydureon)	Weekly	1 week prior
Dulaglutide (Trulicity)	Weekly	1 week prior
Exenatide ER (Bydureon)	Weekly	1 week prior
Semaglutide (Ozempic)	Weekly	1 week prior
Semaglutide (Wegovy)	Weekly	1 week prior
Tirzepatide (Mounjaro)	Weekly	1 week prior
Phentermine (Adipex-P)	Daily	2 weeks prior
Phentermine (Lomaira)	Daily	2 weeks prior

If you are taking a medication for weight loss and it is not listed on this form, please contact us at **704-512-6161**

#### **Important to remember:**

- If you are having an **EGD** you may only have CLEAR LIQUIDS the day prior to your procedure and **NOTHING** by mouth after 11 p.m.
- If you are having a **colonoscopy**, you may have clear liquids up until 3 hours prior to your procedure.
- **NO SOLID FOOD THE ENTIRE DAY PRIOR TO PROCEDURE**