



# Guidance for Isolating After Testing Positive for COVID-19



I have tested **POSITIVE** for COVID-19.  
*Now what?*

Regardless of vaccination status: **Isolate**



**Stay home for 5 days.**

**NO SYMPTOMS,  
or improving symptoms?**

If you have no symptoms, or your symptoms are improving – including no fever for at least 24 hours without medication – and you have isolated for 5 days, you can leave your house.

**WORSENING  
or symptoms that do not go away?**

Stay home until you have no symptoms or your symptoms are improving without the use of medication, THEN you can leave your home. For questions about your symptoms: Call your healthcare provider.



**Continue to WEAR A MASK  
around others for 5 days.**

**Did you take a test on day 5?**

**YES | NO**

If **POSITIVE** continue to isolate for another 5 days.

If **NEGATIVE** continue to wear a mask around others for 5 days.