Virtual Health Fair Services

Atrium Health Employer Solutions offers a broad range of customized integrated healthcare programs, tools and support for controlling healthcare costs and improving the health of employees. Our goal is to drive employee engagement and wellness for positive results. Below is a comprehensive list of the wellness services Atrium Health Employer Solutions can provide as part of your company’s personalized health program.

**Behavioral Health**
Learn about signs and symptoms of stress, how stress can affect your health and tools to manage your stress.

**Carolinas Rehabilitation**
Learn about exercises you can do at your desk, stretching techniques and proper weightlifting form.

**Carolinas Stroke Network**
Speak with a professional about the signs and symptoms of a stroke and find out if you’re at risk.

**Charlotte Radiology**
Speak with a professional about breast health and the importance of mammograms.

**Diabetes**
Learn about the different types of diabetes, who is at risk, what the symptoms are and how to manage it.

**Educational Seminars**
We provide virtual educational seminars on a variety of topics, including nutrition, stress management, sleep, blood pressure and more.
Find a Physician
We help you locate a primary care physician, pediatrician, OB/GYN or specialty provider and make an appointment for you.

Levine Cancer Institute
Speak with a professional about various types of cancer and the comprehensive cancer care Atrium Health Levine Cancer Institute offers close to home.

LifeShare of the Carolinas
Find out how to become an organ, eye and tissue donor. Learn who’s eligible, what can be donated, what happens following donation, common myths and discover the future of transplantation.

Nutrition
Learn about how what you eat can affect your health, what foods to eat, and how to control your diabetes and cholesterol.

North Carolina Poison Control
Learn about poisons that are native to our area, how to identify a poisoning and how to reach Poison Control.

Sleep Services
Learn how to create a healthy sleep environment, how much sleep is enough, markers of deprivation and information on sleep apnea and other sleep disorders.

Sports Medicine and Injury Care
Speak to a professional regarding non-surgical treatment plans for back pain, sports injuries, etc.

Your Care-Your Choice
Atrium Health’s Your Care-Your Choice is available to guide people through the three steps of advance care planning – thinking about, talking about and writing down their health care wishes (and designating someone to speak for them) ahead of a crisis.

And more...

For questions regarding virtual health fairs and virtual educational seminars, contact Janet Ruscingno at Janet.Ruscingno@AtriumHealth.org