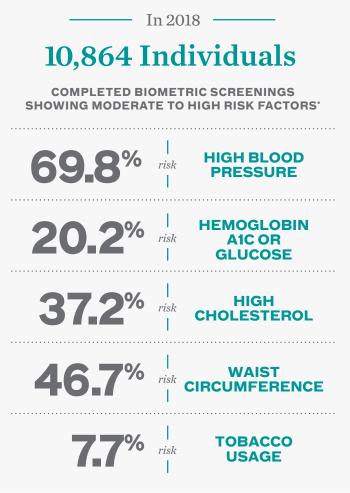


State of Employee's Health

In 2018, Atrium Health Employer Solutions gathered data based on stats from their own clients. From the types of incentives that work to how healthy today's employees are, this data provides a glimpse on the status of employee health today.





Risk
Distribution

OF 10,864
INDIVIDUALS

14.0% LOW RISK

24.3% MODERATE RISK

61.7% HIGH RISK

^{* &}quot;Completed biometric screenings" means that an individual had valid data in 2018 for each biometric measure including Blood Pressure, Hemoglobin A1C or Glucose, Cholesterol, and Waist Circumference, with tobacco usage considered independently OR they had at least one high-risk measure.