### CAROLINAS GASTROENTEROLOGY CENTER (BALLANTYNE)

#### **ENDOSCOPY SERVICES**

Thank you for choosing Carolinas Gastroenterology Center for your medical needs. Our physicians and nurses look forward to providing the care you need.

Procedure date: \_

Arrive at Carolinas Gastroenterology Center at: \_

Please call **704-512-2140** anytime between 7 a.m. and 4:30 p.m. if you have questions about the procedure or need additional directions. (A map is provided on the reverse side.) Your care and comfort are our highest priority.

# To prepare for your procedure, please follow these instructions:

- For your safety, please have an adult family member or friend stay with you throughout the procedure. The patient's ride must remain at the facility throughout the entire procedure. If you cannot make these accommodations, please reschedule to another date. It is also important that the physician share results with someone who has not been under sedation.
- Stop smoking or at least cut back before the procedure.
- Do not drink any alcoholic beverages two days prior to the procedure.
- Ask your doctor about taking medications before your procedure, including aspirin, ibuprofen and blood thinning medicines.
- Follow directions from your physician's office concerning eating and drinking.
- Leave all valuables at home.
- Wear loose, comfortable clothing.
- Ask your doctor or nurse about any other special instructions.

# What to bring with you to Carolinas Gastroenterology Center:

- Insurance cards, forms, photo I.D. and copayment, if applicable.
- Completed patient information form.
- A parent or legal guardian if you are under 18 years of age.
- Regular medicines in their original containers, or make certain that you complete the medication section of the patient information form.

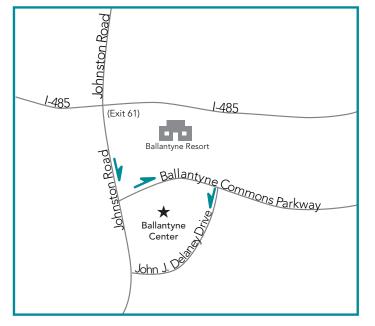


Carolinas HealthCare System

Carolinas Gastroenterology Center

CarolinasHealthCare.org/Carolinas-Gastroenterology-Centers

# CAROLINAS GASTROENTEROLOGY CENTER (BALLANTYNE)



If you need directions, please call us at 704-512-2140.

#### From I-77:

- 1. From I-77, take the James G. Martin Freeway/ I-485.
- 2. Merge onto I-485 East toward Pineville.
- 3. Merge onto Johnston Road/US-521 South via Exit 61.
- 4. Turn right at the end of the exit ramp.
- 5. Travel 0.8 mile south on Johnston Road.
- 6. Do not turn into Ballantyne Resort, despite the fact that the road sign says John J. Delaney Drive.
- 7. Go to next light, turn left onto Ballantyne Commons Parkway.
- 8. Take next right onto John J. Delaney Drive. (Ballantyne Commons East Shopping Center.)
- 9. End at 15110 John J. Delaney Drive, two-story brick building on left.

#### From Uptown Charlotte:

- 1. Take I-77 South.
- 2. Take the James G. Martin Freeway/I-485.
- 3. Merge onto I-485 East toward Pineville.
- 4. Merge onto Johnston Road/US-521 South via Exit 61.
- 5. Turn right at the end of the exit ramp.
- 6. Travel 0.8 mile south on Johnston Road.
- 7. Do not turn into Ballantyne Resort, despite the fact that the road sign says John J. Delaney Drive.
- 8. Go to next light, turn left onto Ballantyne Commons Parkway.
- 9. Take next right onto John J. Delaney Drive. (Ballantyne Commons East Shopping Center.)
- 10. End at 15110 John J. Delaney Drive, two-story brick building on left.

#### From Providence Road:

- 1. From Providence Road, merge onto I-485 West towards Rock Hill.
- 3. Merge onto US 521 South/Johnston Road via Exit 61B.
- 4. Travel 1.0 mile south on Johnston Road.
- 5. Do not turn into Ballantyne Resort, despite the fact that the road sign says John J. Delaney Drive.
- 6. Go to next light, turn left onto Ballantyne Commons Parkway.
- 7. Take next right onto John J. Delaney Drive (Ballantyne Commons East Shopping Center.)
- 8. End at 15110 John J. Delaney Drive, two-story brick building on left.



Carolinas HealthCare System

Carolinas Gastroenterology Center

704-512-2140 15110 John J. Delaney Drive | Suite 120 Charlotte, NC 28277

CarolinasHealthCare.org/Carolinas-Gastroenterology-Centers