

# CAROLINAS GASTROENTEROLOGY CENTER (MEDICAL CENTER PLAZA)

## ENDOSCOPY SERVICES

Thank you for choosing Carolinas Gastroenterology Center for your medical needs. Our physicians and nurses look forward to providing the care you need.

Procedure date: \_\_\_\_\_

Arrive at Carolinas Gastroenterology Center at: \_\_\_\_\_

Please call **704-355-4178** anytime between 7 a.m. and 3 p.m. if you have questions about the procedure or need additional directions. (A map is provided on the reverse side.) Your care and comfort are our highest priority.

### To prepare for your procedure, please follow these instructions:

- For your safety, please have an adult family member or friend stay with you throughout the procedure. The patient's ride must remain at the facility throughout the entire procedure. If you cannot make these accommodations, please reschedule to another date. It is also important that the physician share results with someone who has not been under sedation.
- Stop smoking or at least cut back before the procedure.
- Do not drink any alcoholic beverages two days prior to the procedure.
- Ask your doctor about taking medications before your procedure, including aspirin, ibuprofen and blood thinning medicines.
- Follow directions from your physician's office concerning eating and drinking.
- Leave all valuables at home.
- Wear loose, comfortable clothing.
- Ask your doctor or nurse about any other special instructions.

### What to bring with you to Carolinas Gastroenterology Center:

- Insurance cards, forms, photo I.D. and copayment, if applicable.
- Completed patient information form.
- A parent or legal guardian if you are under 18 years of age.
- Regular medicines in their original containers, or make certain that you complete the medication section of the patient information form.

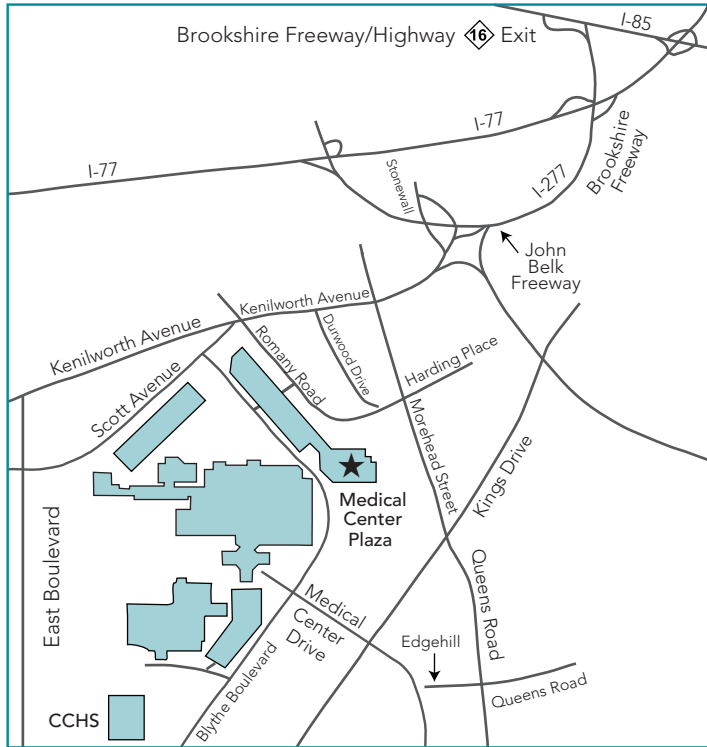


Carolinas HealthCare System

Carolinas Gastroenterology Center

[CarolinasHealthCare.org/Carolinas-Gastroenterology-Centers](http://CarolinasHealthCare.org/Carolinas-Gastroenterology-Centers)

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If you need directions, please call us at [704-355-4178](tel:704-355-4178).

## From I-77:

1. From I-77, take John Belk Freeway (exit 9B).
2. Follow "Trauma Center" signs to Kenilworth Avenue.
3. Follow Kenilworth Avenue until you reach East Morehead Street.
4. Turn left on East Morehead Street and follow to Kings Drive.
5. Turn right on Kings Drive and proceed to the first stop light at Medical Center Drive.
6. Turn right on Medical Center Drive.
7. Turn right on Blythe Boulevard.
8. Just beyond the top of the hill, turn right into Medical Center Plaza parking deck.

## From I-85:

1. From I-85, take the I-77 exit.
2. Take Brookshire Freeway into Charlotte and exit onto John Belk Freeway (Exit 9B).
3. Follow "Trauma Center" signs to Kenilworth Avenue.
4. Follow Kenilworth Avenue until you reach East Morehead Street.
5. Turn left on East Morehead Street and follow to Kings Drive.
6. Turn right on Kings Drive and proceed to the first stoplight at Medical Center Drive.
7. Turn right on Medical Center Drive.
8. Turn right on Blythe Boulevard.
9. Just beyond the top of the hill, turn right into Medical Center Plaza parking deck.

## From Providence Road (South Charlotte):

1. Take Providence Road to the intersection of Providence Road and Queens Road.
2. Providence Road veers to the right; go straight on Queens Road.
3. Take Queens Road to Edgehill Road. Turn left.
4. Take Edgehill Road to Medical Center Drive.
5. Turn right on Blythe Boulevard.
6. Just beyond the top of the hill, turn right into Medical Center Plaza parking deck.

## From Uptown:

1. Take Stonewall Avenue until it turns into Kenilworth Avenue.
2. Follow Kenilworth Avenue until you reach Morehead Street.
3. Turn left on Morehead Street.
4. Turn right on Kings Drive and proceed to the first stop light at Medical Center Drive.
5. Turn right on Medical Center Drive.
6. Turn right on Blythe Boulevard.
7. Just beyond the top of the hill, turn right into Medical Center Plaza parking deck.

704-355-4178

Medical Center Plaza  
1001 Blythe Boulevard | Suite 400  
Charlotte, NC 28203



Carolina HealthCare System

Carolina Gastroenterology Center

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