

FAQs

1. What type of visas do you sponsor?

We accept J1 visas only

2. What is the supplemental application?

We will reach out to you after we have received your application to request the supplemental from you

3. Are residents required to do research?

We do not have a requirement for research. However, it is an ACGME requirement that each resident undergo a quality improvement (QI) project prior to graduation. Aside from the QI projects, our residents have been involved in many research initiatives with attendings or created their own.

4. How do residents perform on board exams?

Our pass rate is at the national average.

5. Where do your residents end up?

Some of our residents have graduated and stayed on to join our faculty. Several graduates have continued their training by completing fellowships including sleep medicine, child and adolescent, women's mental health, and forensics. Others have joined practices across the country, and some have started their own solo practices

6. Are there moonlighting opportunities?

Our residents can begin moonlighting as a PGY-2 with more opportunities available as they advance through residency. The opportunities include our behavioral health emergency department, consult-liaison service, and the detoxification unit.

7. When are residents required to pass Step 3/Level 3?

Residents must pass the 3rd part of their board examination by the end of PGY-1.

8. What days of the week do you typically do interviews?

Mondays and Fridays.

9. Are there opportunities to teach?

Yes! We have medical students from Wake Forest School of Medicine-Charlotte Campus and visiting medical students rotate with us on many of our services from inpatient to partial hospitalization to assertive community treatment (ACT) team. There are also opportunities to teach some medical student didactics.

10. What EMR do you use?

Our hospital system uses Epic.

11. What benefits does your program offer?

For the most updated information, please visit the following pages:

[GME Salary and Benefits](#)

[GME Meal Benefits](#)

12. How are your didactics structured?

Our residents have didactics every Tuesday starting at noon; this is protected time therefore residents are not expected to respond to pages or other clinical duties.

Didactics topics vary between each resident year, however, include psychotherapy, psychopharmacology, introductions to diagnoses (bipolar disorder, schizophrenia, etc.), neurology, grand rounds from attendings, resident case conferences, journal club, and more.

13. What electives do you offer?

Our most popular electives include forensics, pediatric consult-liaison, sleep medicine, and psycho-oncology. However, some of our residents have created their own electives like sports psychiatry and eating disorder clinic.

14. Can I come visit the campus and take a tour?

If you interview with us, we may have an in person second visit day that is purely optional. At that time, you will have a tour of the facility.

16. Will I hear from you after my interview?

We try to keep the communication at a minimum from the program; however we are happy to answer any questions you may have!

17. Is this Carolinas Medical Center or Wake Forest?

We are Atrium Health Carolinas Medical Center, Atrium Health Wake Forest is a separate entity, and they have their own residency program.