

Getting Started with Your Education Assistance Benefit

ADVOCATE
HEALTH

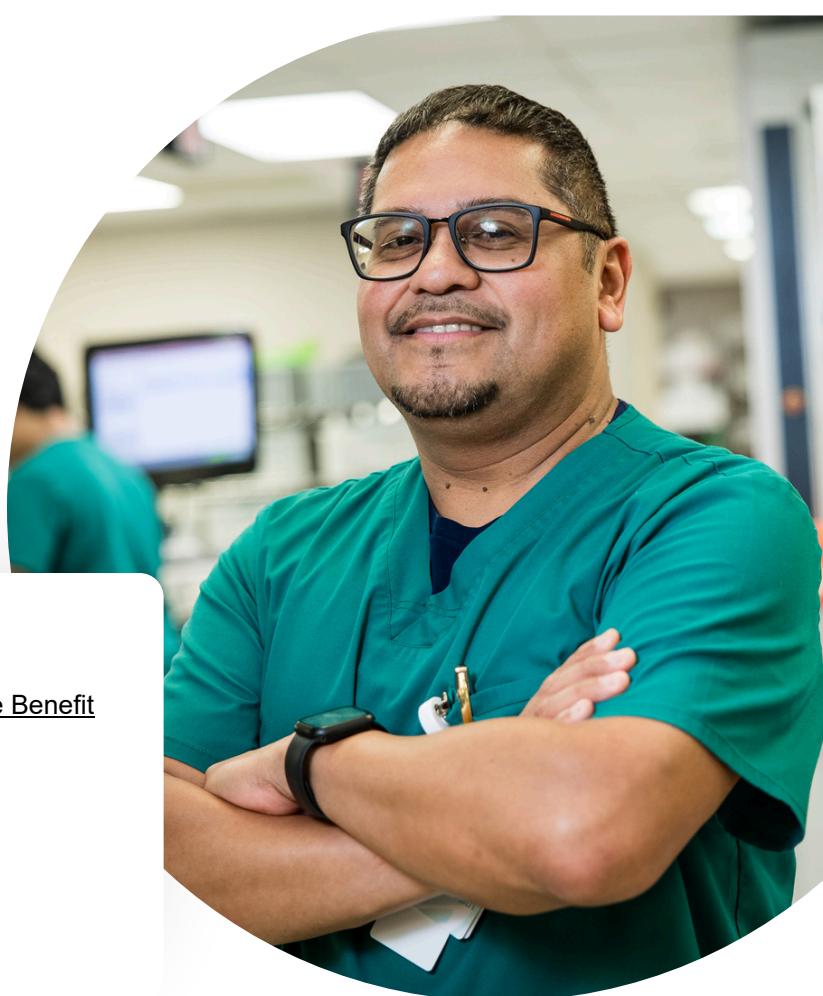
Your Education Assistance Benefit is now supported by **InStride** to streamline access to career-boosting education.

This guide will walk you through:

- How to activate your benefit
- How to get started with InStride Upfront Tuition
- How to get started with Tuition Assistance & Loan Support

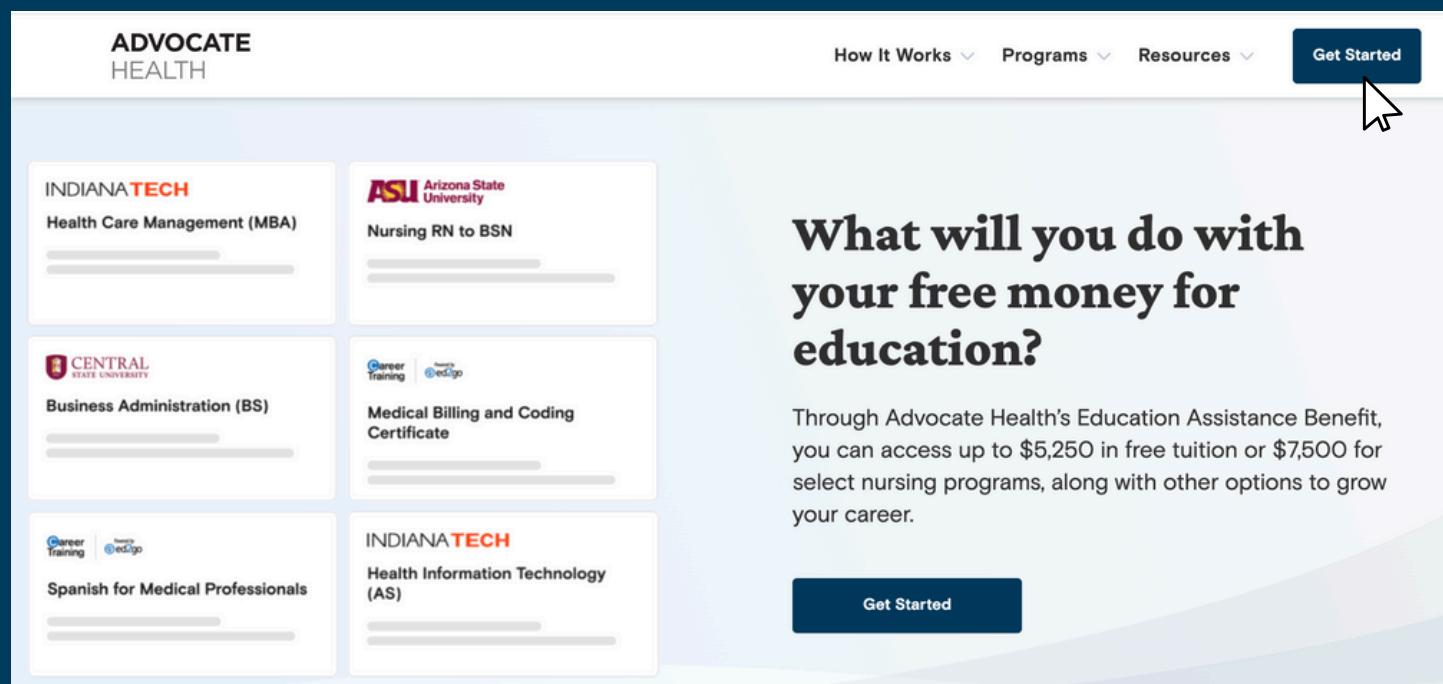
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 - [Loan Support](#)



ADVOCATE
HEALTH

How It Works ▾ Programs ▾ Resources ▾ Get Started



The website interface features a navigation bar with 'How It Works', 'Programs', 'Resources', and a prominent 'Get Started' button. Below the navigation are six program cards arranged in a 3x2 grid. The cards are:

- INDIANA TECH**
Health Care Management (MBA)
- ASU Arizona State University**
Nursing RN to BSN
- CENTRAL STATE UNIVERSITY**
Business Administration (BS)
- Career Training** | **edGe**
Medical Billing and Coding Certificate
- INDIANA TECH**
Spanish for Medical Professionals
- INDIANA TECH**
Health Information Technology (AS)

What will you do with your free money for education?

Through Advocate Health's Education Assistance Benefit, you can access up to \$5,250 in free tuition or \$7,500 for select nursing programs, along with other options to grow your career.

[Get Started](#)

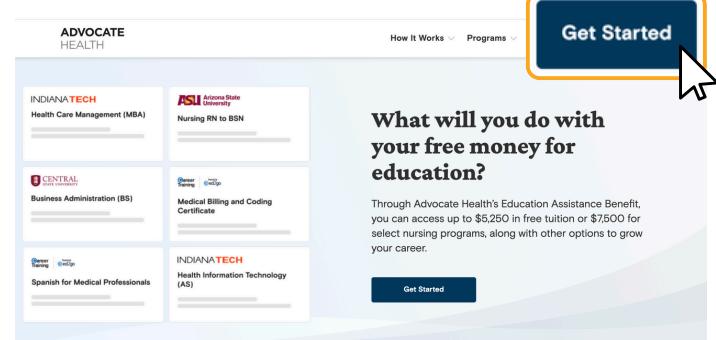
Getting Started: Activating Your Education Assistance Benefit

Follow these steps to activate your Education Assistance Benefit:

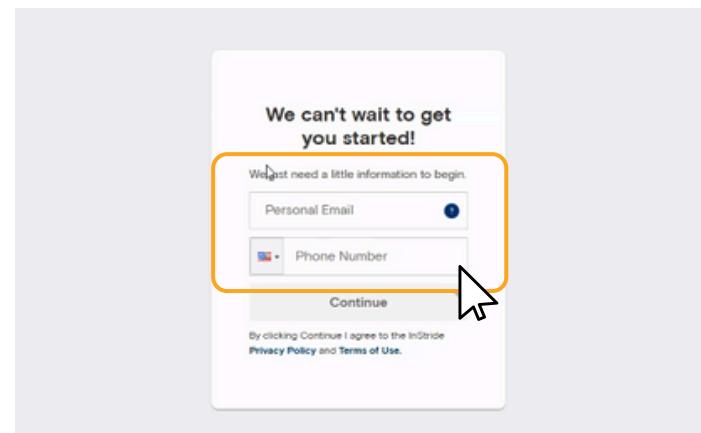
- 1 Go to AdvocateHealth.InStride.com.



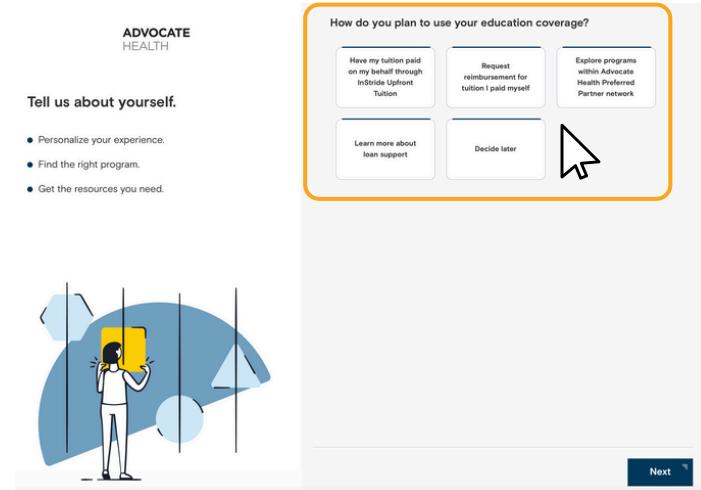
- 2 Click **Get Started**.



- 3 Log in using your **Advocate Health Single Sign-On (SSO)**.



- 4 Answer a few questions to personalize your education recommendations.

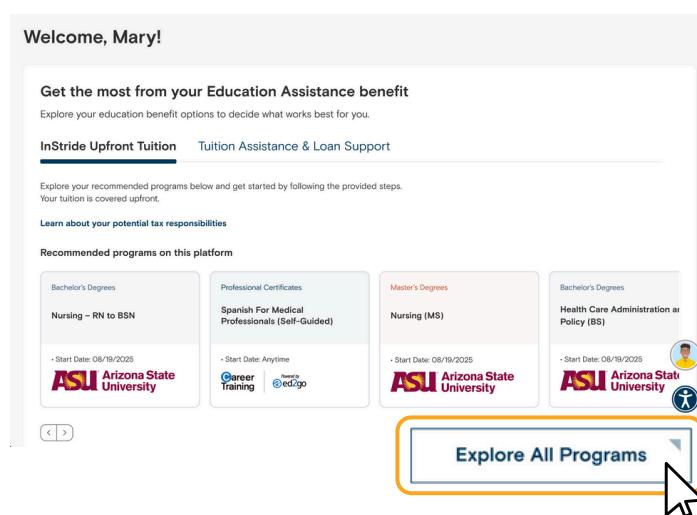


Using Your InStride Upfront Tuition

InStride Upfront Tuition allows your tuition to be paid directly to your school with no upfront cost. Select this assistance option if it aligns with your goals.

To get started:

- 1 From your benefit program dashboard, click **Explore All Programs**.



Welcome, Mary!

Get the most from your Education Assistance benefit

Explore your education benefit options to decide what works best for you.

InStride Upfront Tuition Tuition Assistance & Loan Support

Explore your recommended programs below and get started by following the provided steps. Your tuition is covered upfront.

Learn about your potential tax responsibilities

Recommended programs on this platform

Bachelor's Degrees

Nursing – RN to BSN

Start Date: 08/19/2025

ASU Arizona State University

Professional Certificates

Spanish For Medical Professionals (Self-Guided)

Start Date: Anytime

Career Training edugo

Master's Degrees

Nursing (MS)

Start Date: 08/19/2025

ASU Arizona State University

Bachelor's Degrees

Health Care Administration at Policy (BS)

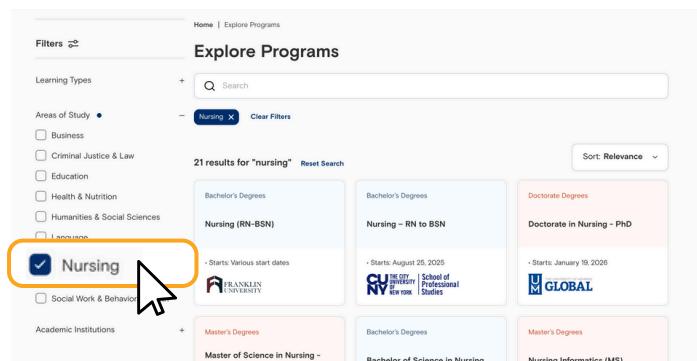
Start Date: 08/19/2025

ASU Arizona State University

Explore All Programs

- 2 Use filters to find a program based on:

- Learning type (e.g., undergraduate or graduate studies, certificate, short course)
- Area of study
- Academic institution



Home | Explore Programs

Filters

Learning Types

Areas of Study

Nursing

Sort: Relevance

21 results for "nursing" Reset Search

Bachelor's Degrees

Nursing (RN-BSN)

Starts: Various start dates

FRANKLIN UNIVERSITY

Bachelor's Degrees

Nursing – RN to BSN

Starts: August 25, 2025

THE CITY UNIVERSITY NEW YORK School of Professional Studies

Doctorate Degrees

Doctorate in Nursing – PhD

Starts: January 19, 2026

U GLOBAL

Academic Institutions

Master's Degrees

Master of Science in Nursing –

Bachelor's Degrees

Bachelor of Science in Nursing

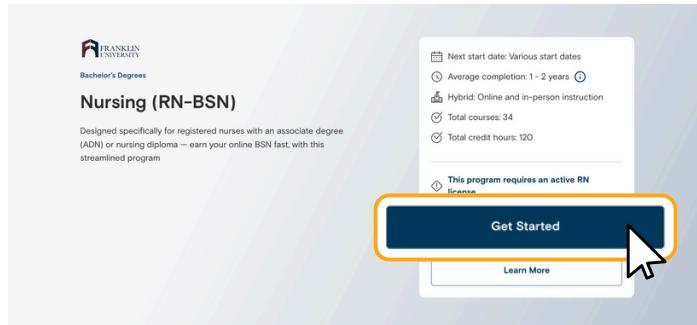
Master's Degrees

Nursing Informatics (MS)

Nursing

Get Started

- 3 If you're interested in a **degree program**, click on the program and then **Get Started** to request more information. An academic advisor will contact you with next steps.



FRANKLIN UNIVERSITY

Bachelor's Degrees

Nursing (RN-BSN)

Designed specifically for registered nurses with an associate degree (ADN) or nursing diploma — earn your online BSN fast, with this streamlined program

Next start date: Various start dates

Average completion: 1 - 2 years

Hybrid: Online and in-person instruction

Total courses: 34

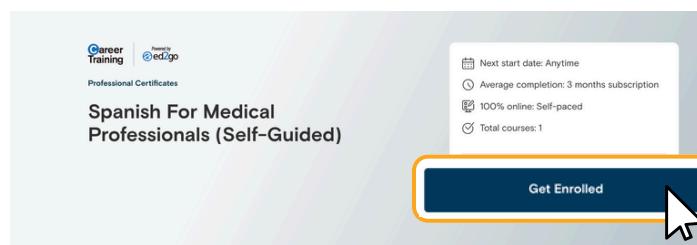
Total credit hours: 120

This program requires an active RN license

Get Started

Learn More

- 4 For **short courses or certificates**, you can **enroll directly**.



Career Training edugo

Professional Certificates

Spanish For Medical Professionals (Self-Guided)

Next start date: Anytime

Average completion: 3 months subscription

100% online: Self-paced

Total courses: 1

Get Enrolled

Accessing Other Funding Options

If you are interested in other tuition assistance types—**Tuition Reimbursement, CourseCa\$h™ (Digital Payment Card), and Loan Support**—you will need to visit the T.io platform.

To access other funding options:

From your **InStride dashboard**, click **Tuition Assistance & Loan Support**.

1

2 Select between **Tuition Assistance** and **Loan Support** options.

3

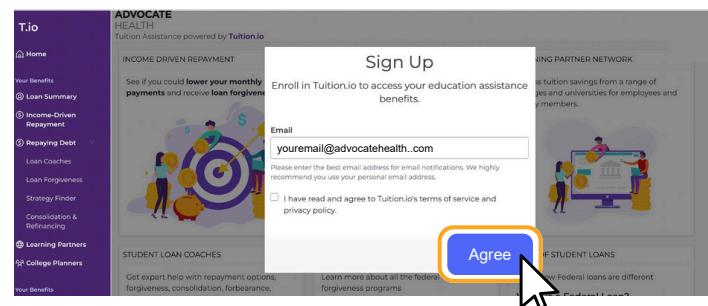
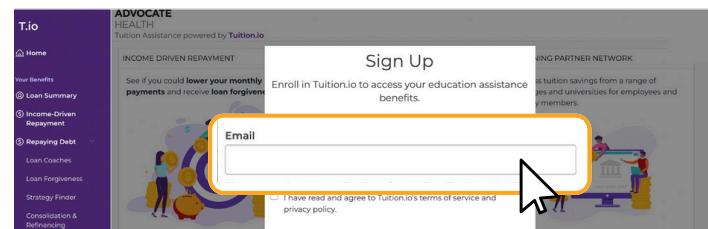
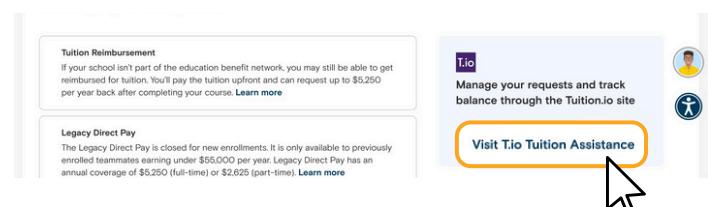
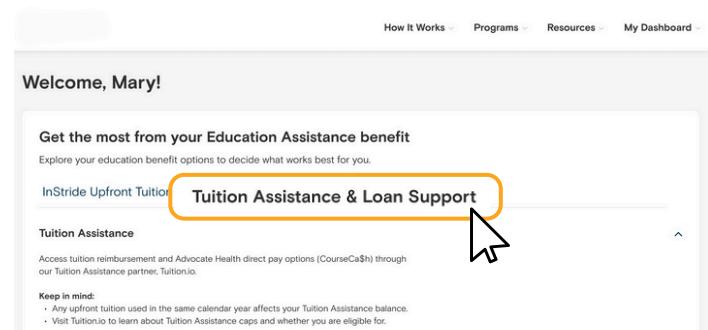
Click **Visit T.io Tuition Assistance** or **Visit T.io Student Loan Repayment** to be redirected to the T.io platform.

4

Enter your work email address and agree to the terms and conditions.

5

Click **Agree** to finish creating your account.

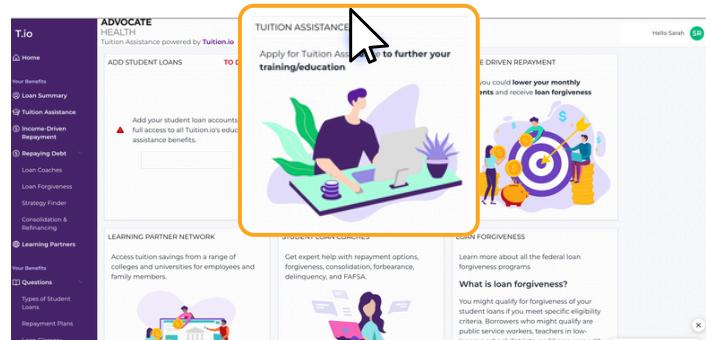


Tuition Reimbursement

Tuition Reimbursement means you pay upfront, then get reimbursed after completing your course. If this applies to you, submit your application through T.io.

To submit a reimbursement:

- 1 From the **T.io dashboard**, select **Tuition Assistance**.



- 2 Under the Available Education Benefits section, click **Tuition Reimbursement**.



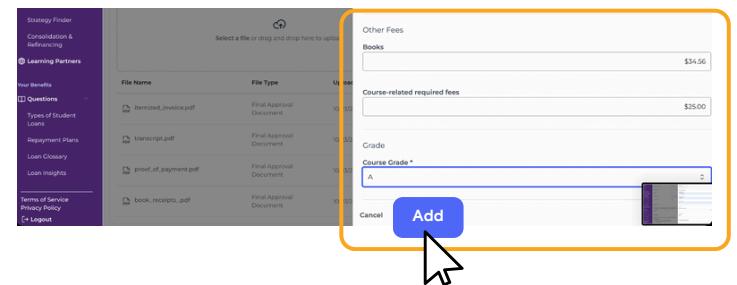
- 3 Click **Start Application**.



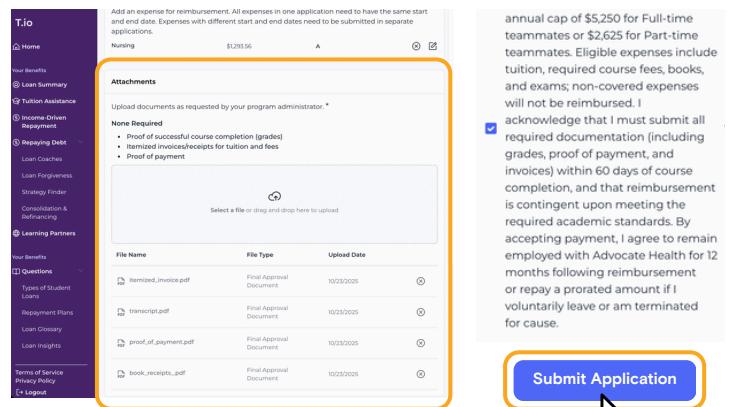
- 4 Click **+ EDUCATION**.



- 5 Enter all required course details and click **Add** to save your information.



- 6 Upload your required documents:
 - Itemized receipts or proof of payment
 - Grade report or transcript



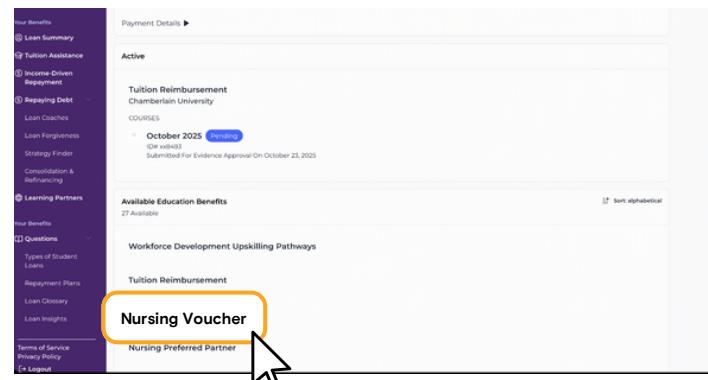
- 7 Agree to the terms and click **Submit Application**.

CourseCa\$h™ (Digital Payment Card) ENROLLMENT

CourseCa\$h™ provides tuition funding through a prepaid digital card for approved partner programs, including nursing voucher programs. Select this option if you're enrolling in a qualifying program.

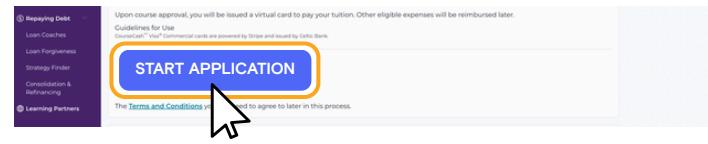
To use CourseCa\$h™:

- 1 From the T.io dashboard, select an eligible CourseCa\$h™ program.



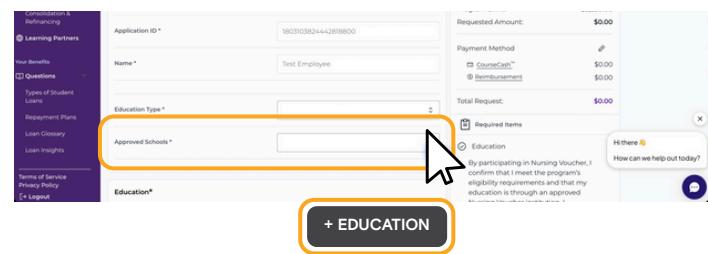
The screenshot shows the T.io dashboard with a sidebar on the left containing links for 'Your Benefits' (Loan Summary, Tuition Assistance, Income-Driven Repayment, Repaying Debt, Learning Partners), 'Your Benefits' (Questions, Types of Student Loans, Repayment Plans, Loan Glossary, Loan Insights), 'Terms of Service' (Privacy Policy, Logout), and 'Tuition Reimbursement' (Chamberlain University, COURSES, OCTOBER 2025, ID: vxl6493, Submitted For Evidence Approval On October 23, 2025). The 'Tuition Reimbursement' section includes 'Available Education Benefits' (27 Available, Sort alphabetical) and 'Workforce Development Upskilling Pathways'. A 'Nursing Voucher' link is highlighted with an orange box and a cursor arrow pointing to it.

- 2 Click **Start Application**.



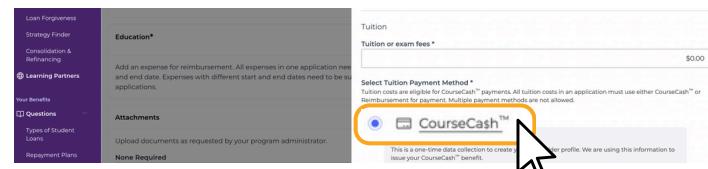
The screenshot shows the 'Start Application' page. It includes a sidebar with 'Consolidation & Refinancing' (Learning Partners), 'Your Benefits' (Questions, Types of Student Loans, Repayment Plans, Loan Glossary, Loan Insights), 'Terms of Service' (Privacy Policy, Logout), and 'Education' (Approved Schools, Education). A large 'START APPLICATION' button is highlighted with an orange box and a cursor arrow pointing to it. Below the button, a note says 'Upon course approval, you will be issued a virtual card to pay your tuition. Other eligible expenses will be reimbursed later.' and 'Guidelines for Use'.

- 3 Enter your school in the **Approved Schools** box. Scroll down to the FAQs to see which schools are in the network.



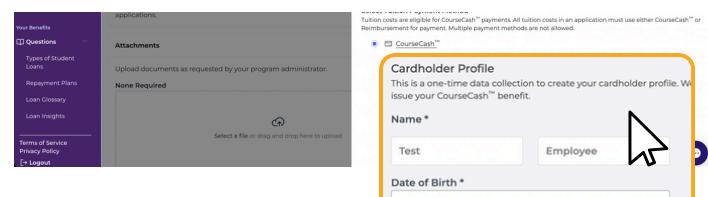
The screenshot shows the application form. It includes a sidebar with 'Consolidation & Refinancing' (Learning Partners), 'Your Benefits' (Questions, Types of Student Loans, Repayment Plans, Loan Glossary, Loan Insights), 'Terms of Service' (Privacy Policy, Logout), and 'Education' (Approved Schools, Education). The 'Approved Schools' field is highlighted with an orange box and a cursor arrow pointing to it. A '+ EDUCATION' button is highlighted with an orange box and a cursor arrow pointing to it. The form also includes fields for 'Application ID', 'Name', 'Education Type', 'Total Request', 'Payment Method', and 'Required Items'.

- 4 Click **+ Education** and enter all required course details.



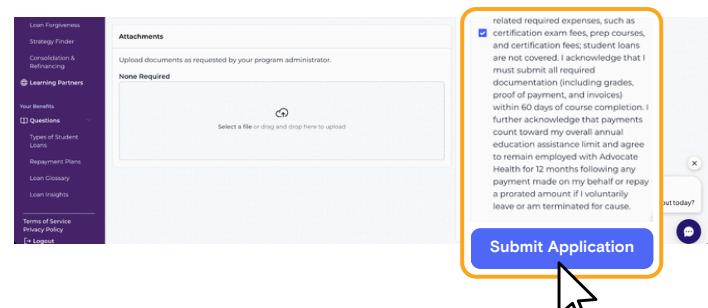
The screenshot shows the application form. It includes a sidebar with 'Consolidation & Refinancing' (Learning Partners), 'Your Benefits' (Questions, Types of Student Loans, Repayment Plans, Loan Glossary, Loan Insights), 'Attachments' (Upload documents as requested by your program administrator, None Required), and 'Tuition' (Tuition or exam fees, \$0.00). The 'Select Tuition Payment Method' section shows 'CourseCash™' selected and highlighted with an orange box and a cursor arrow pointing to it. A note says 'This is a one-time data collection to create a cardholder profile. We are using this information to issue your CourseCash™ benefit.'

- 5 Under **Select Tuition Payment Method**, select **CourseCa\$h™**.



The screenshot shows the application form. It includes a sidebar with 'Consolidation & Refinancing' (Learning Partners), 'Your Benefits' (Questions, Types of Student Loans, Repayment Plans, Loan Glossary, Loan Insights), 'Attachments' (Upload documents as requested by your program administrator, None Required), and 'Cardholder Profile' (Cardholder Profile, Name: Test, Date of Birth: Employee, mm/dd/yyyy). The 'Cardholder Profile' section is highlighted with an orange box and a cursor arrow pointing to it.

- 6 Enter your **Cardholder Profile** details.

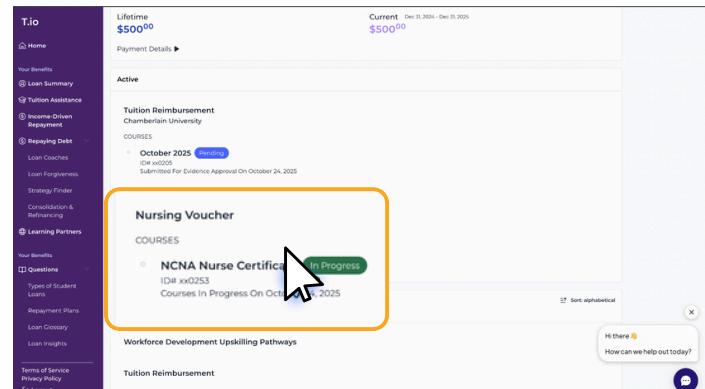


The screenshot shows the application form. It includes a sidebar with 'Consolidation & Refinancing' (Learning Partners), 'Your Benefits' (Questions, Types of Student Loans, Repayment Plans, Loan Glossary, Loan Insights), 'Attachments' (Upload documents as requested by your program administrator, None Required), and a large note on the right side. The note discusses related required expenses, such as certification exam fees, prep courses, and certification fees; student loans are not covered. It states that the user must submit all required documentation (including grades, proof of payment, and invoices) within 12 months of the application. The user further acknowledges that payments count toward their overall annual education assistance limit and agree to remain employed with Advocate Health for 12 months following any payment made on my behalf or repay a prorated amount if I voluntarily leave or am terminated for cause. A 'Submit Application' button is highlighted with an orange box and a cursor arrow pointing to it.

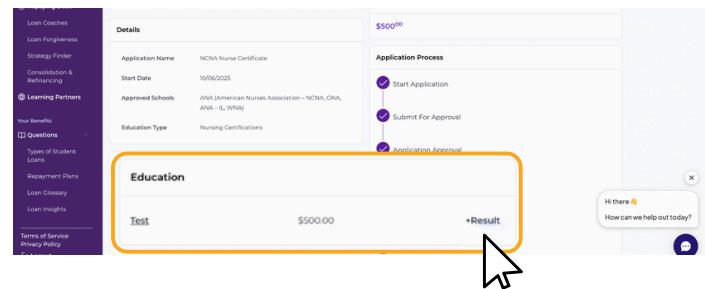
CourseCa\$h™ (Digital Payment Card) AFTER COMPLETION

After completing your course: Once you have finished your course, you will need to submit your final grade or score (where applicable) to close out your CourseCa\$h™ application.

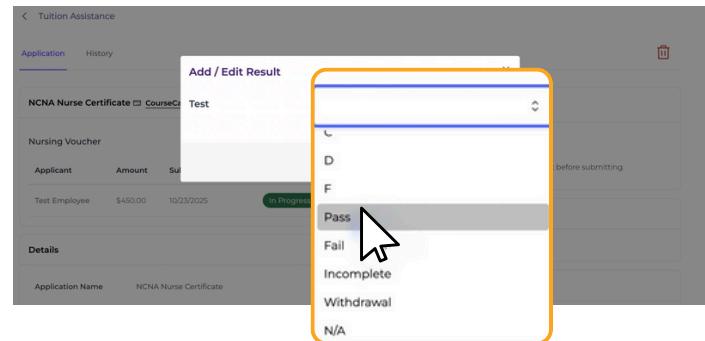
- 1 Go to your **T.io Dashboard** and find the CourseCa\$h™ program application you submitted.



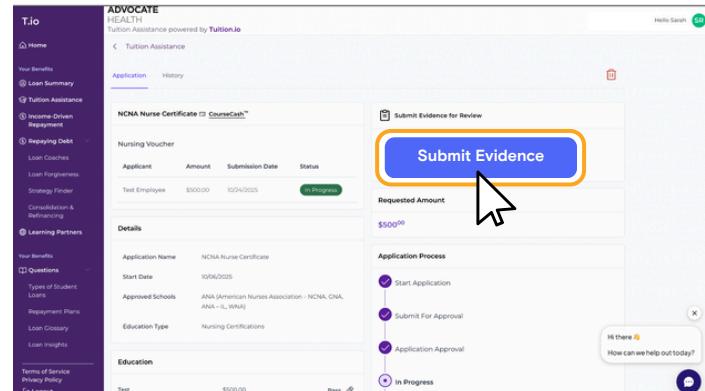
- 2 Under **Education**, click **+Result**.



- 3 Enter your grade or score.



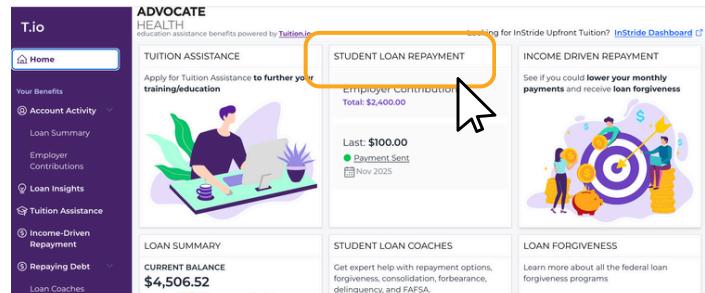
- 4 Click **Submit Evidence**.



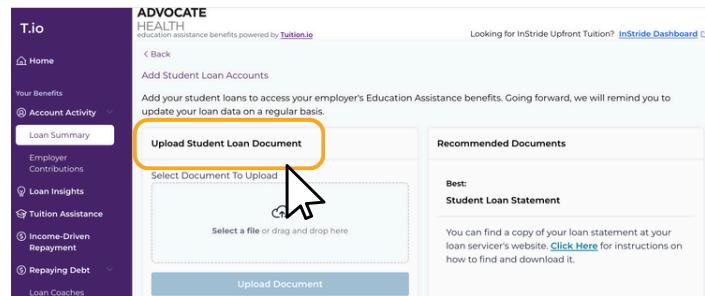
Loan Support

Loan Support helps you pay down existing student loan debt using your education benefit. If you're eligible, select this option through T.io.

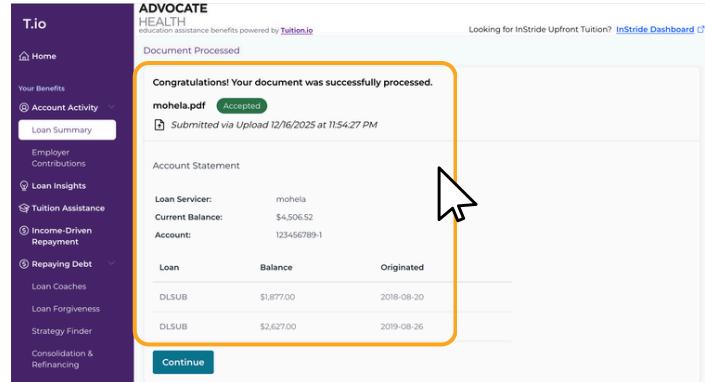
- 1 From your T.io Dashboard, select **Student Loan Repayment**.



- 2 Click **Add Account** and **Upload Your Student Loan Document**.



- 3 Once you upload the document, the system will automatically show your contribution amount and the payments that will be made on your behalf.



Need help?

You can connect with a support specialist in the following ways:

- **Email:** Support@InStride.com
- **Phone:** 1-888-919-5653
- **Live support hours:**
 - Monday–Friday: 8:30 a.m.–8:30 p.m. ET
 - Saturday: 8:30 a.m.–5:00 p.m. ET

Hi there

How can we help out today?

