

Getting Started with Your Education Assistance Benefit

ADVOCATE
HEALTH

Your Education Assistance Benefit is now supported by **InStride** to streamline access to career-boosting education.

This guide will walk you through:

- How to activate your benefit
- How to get started with InStride Upfront Tuition
- How to get started with Tuition Assistance & Loan Support

Table of Contents:

1. [Getting Started: Activating your Education Assistance Benefit](#)
2. [Using your InStride Upfront Tuition](#)
3. [Accessing Other Funding Options:](#)
 - [Tuition Reimbursement](#)
 - [CourseCa\\$h™](#)
 - [Loan Support](#)



ADVOCATE
HEALTH

How It Works ▾ Programs ▾ Resources ▾

Get Started

INDIANA**TECH**
Health Care Management (MBA)

ASU Arizona State University
Nursing RN to BSN

CENTRAL
STATE UNIVERSITY
Business Administration (BS)

Career Training | edgogo
Medical Billing and Coding
Certificate

Career Training | edgogo
Spanish for Medical Professionals

INDIANA**TECH**
Health Information Technology
(AS)

What will you do with your free money for education?

Through Advocate Health's Education Assistance Benefit, you can access up to \$5,250 in free tuition or \$7,500 for select nursing programs, along with other options to grow your career.

Get Started

Getting Started: Activating Your Education Assistance Benefit

Follow these steps to activate your Education Assistance Benefit:

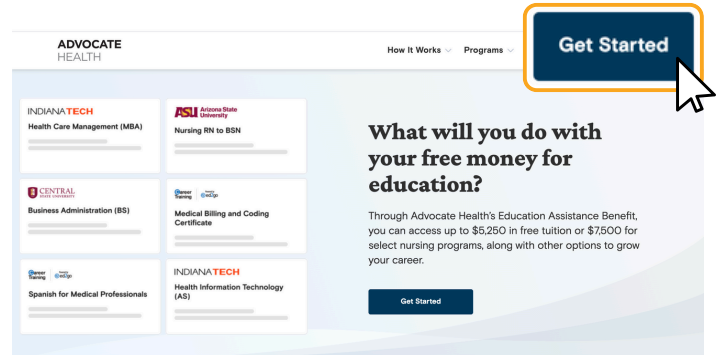
1

Go to AdvocateHealth.InStride.com.



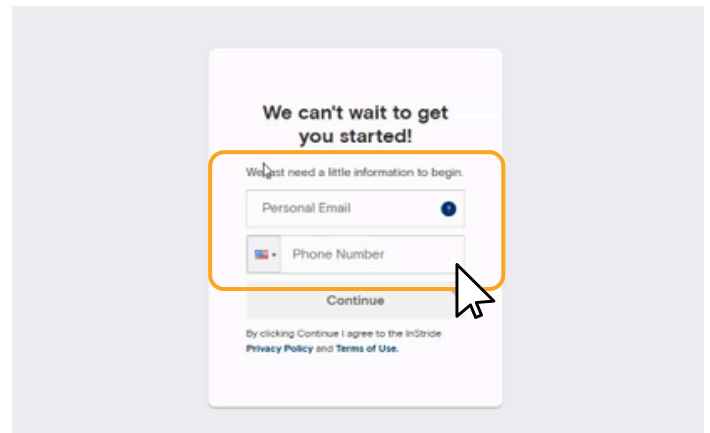
2

Click **Get Started**.



3

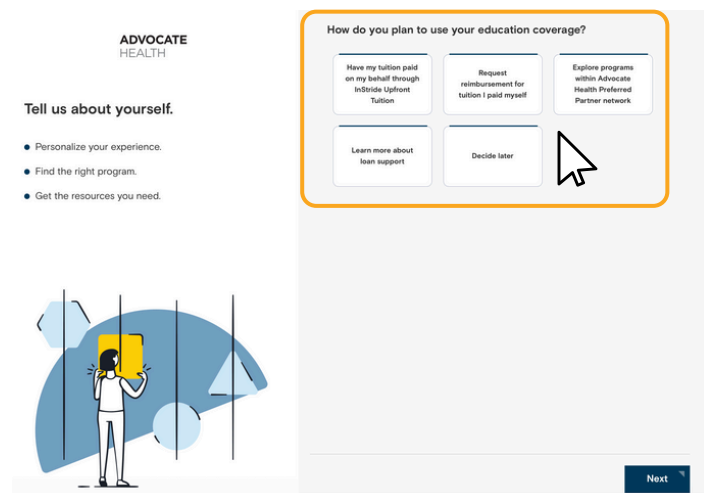
Log in using your **Advocate Health Single Sign-On (SSO)**.



4

Answer a few questions to personalize your education recommendations.

Once you have activated your account and confirmed eligibility, you will see your personalized dashboard where you can explore programs and funding options.



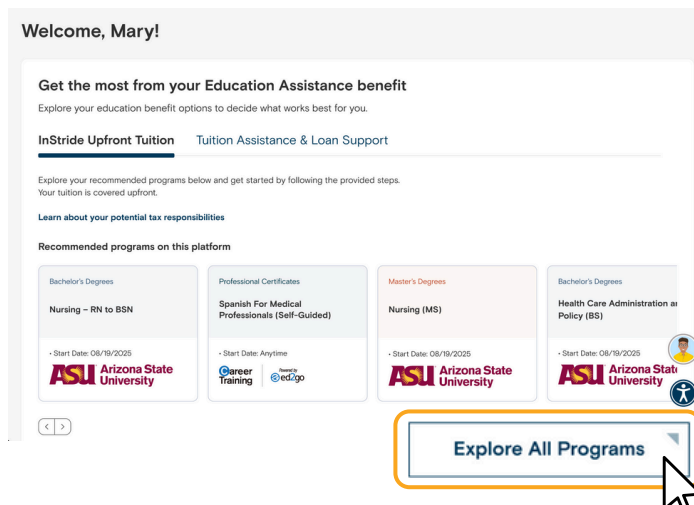
Using Your InStride Upfront Tuition

InStride Upfront Tuition allows your tuition to be paid directly to your school with no upfront cost. Select this assistance option if it aligns with your goals.

To get started:

1

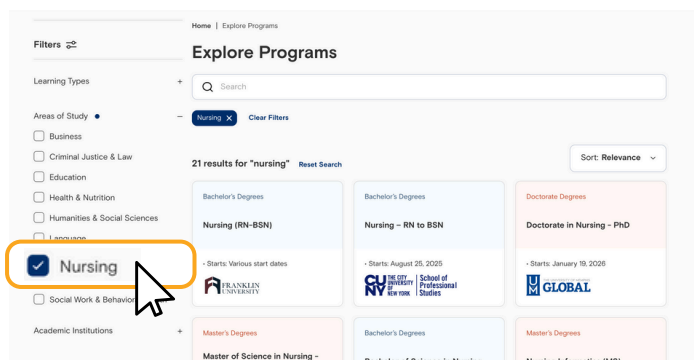
From your benefit program dashboard, click **Explore All Programs**.



2

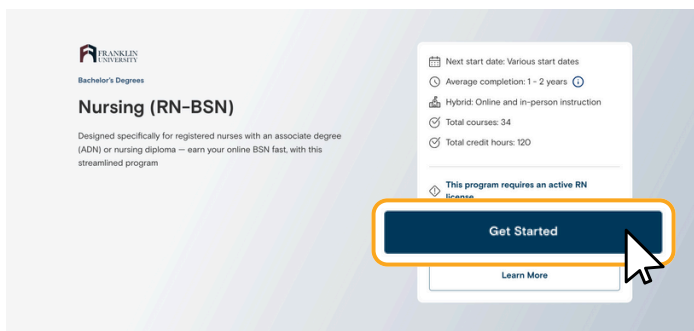
Use filters to find a program based on:

- Learning type (e.g., undergraduate or graduate studies, certificate, short course)
- Area of study
- Academic institution



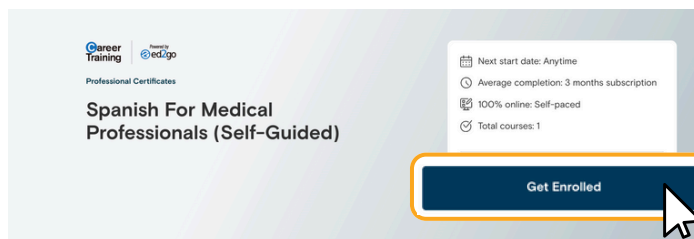
3

If you're interested in a **degree program**, click on the program and then **Get Started** to request more information. An academic advisor will contact you with next steps.



4

For **short courses or certificates**, you can **enroll directly**.



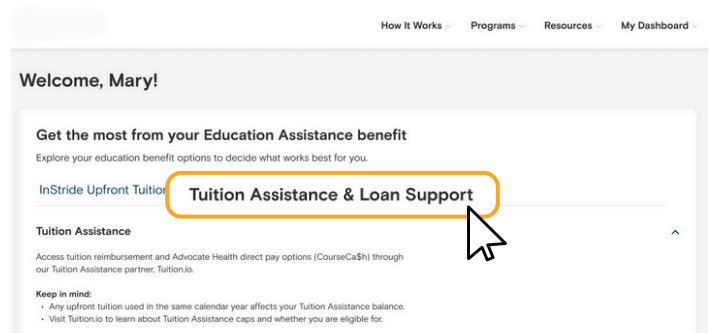
Accessing Other Funding Options

If you are interested in other tuition assistance types—**Tuition Reimbursement, CourseCa\$h™ (Digital Payment Card), and Loan Support**—you will need to visit the T.io platform.

To access other funding options:

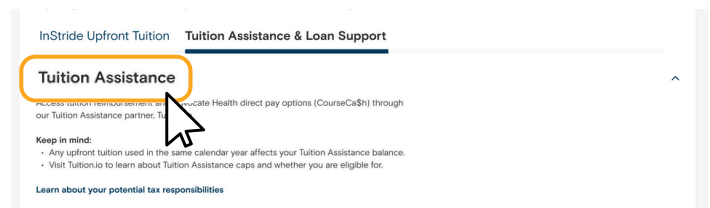
1

From your **InStride** dashboard, click **Tuition Assistance & Loan Support**.



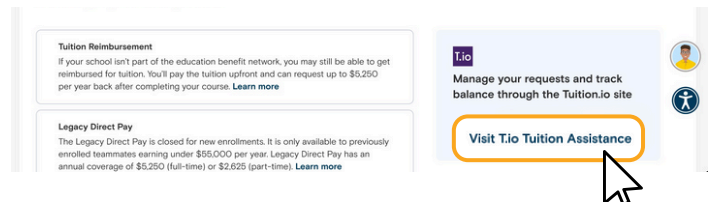
2

Select between **Tuition Assistance** and **Loan Support** options.



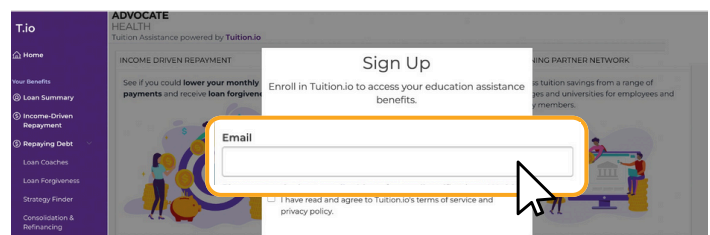
3

Click **Visit T.io Tuition Assistance** or **Visit T.io Student Loan Repayment** to be redirected to the T.io platform.



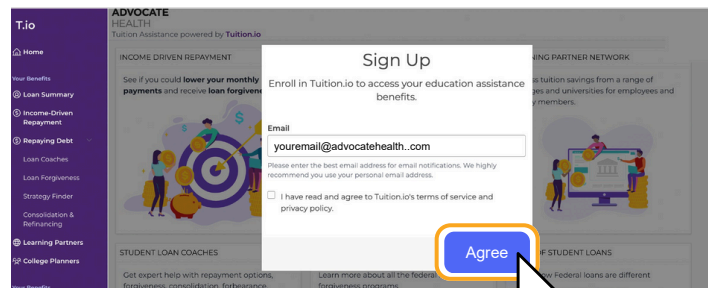
4

Enter your work email address and agree to the terms and conditions.



5

Click **Agree** to finish creating your account.

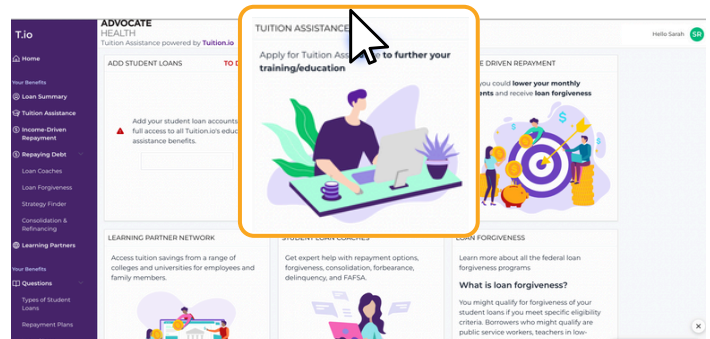


Tuition Reimbursement

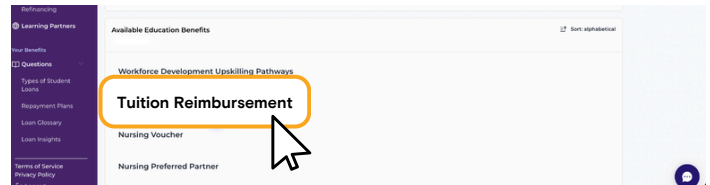
Tuition Reimbursement means you pay upfront, then get reimbursed after completing your course. If this applies to you, submit your application through T.io.

To submit a reimbursement:

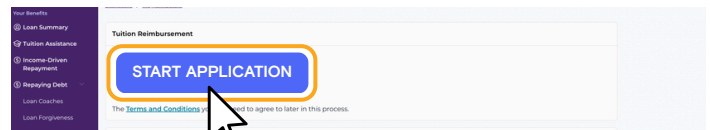
1 From the **T.io** dashboard, select **Tuition Assistance**.



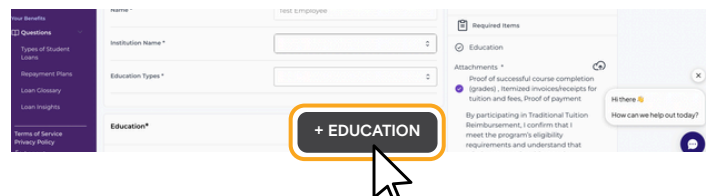
2 Under the Available Education Benefits section, click **Tuition Reimbursement**.



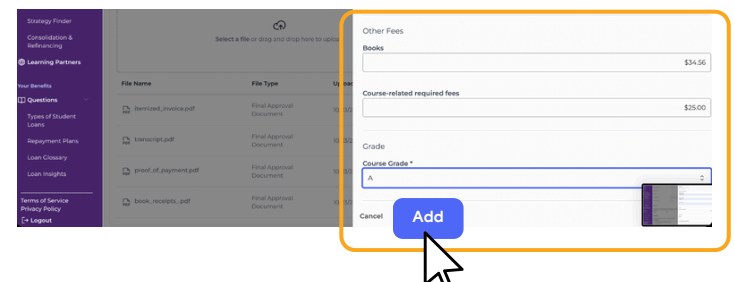
3 Click **Start Application**.



4 Click **+ Education**.



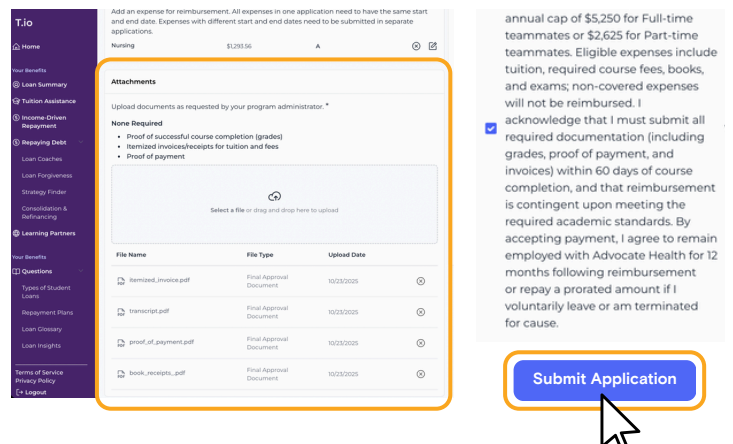
5 Enter all required course details and click **Add** to save your information.



6 Upload your required documents:

- Itemized receipts or proof of payment
- Grade report or transcript

7 Agree to the terms and click **Submit Application**.



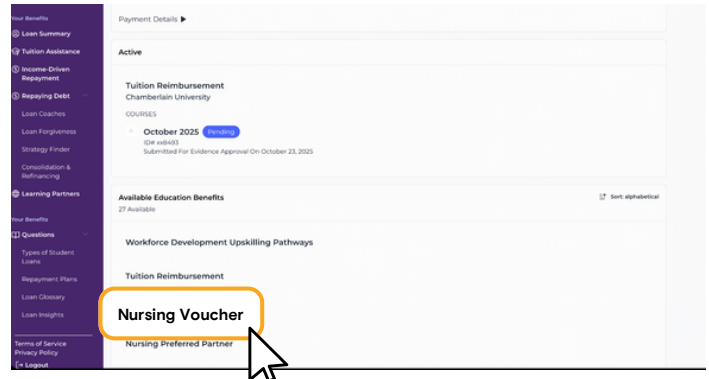
CourseCa\$h™ (Digital Payment Card) ENROLLMENT

CourseCa\$h™ provides tuition funding through a prepaid digital card for **approved partner programs**, including nursing voucher programs. Select this option if you're enrolling in a qualifying program.

To use CourseCa\$h™:

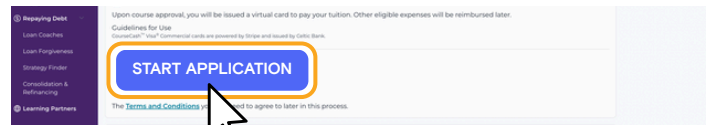
1

From the **T.io dashboard**, select an eligible CourseCa\$h™ program.



2

Click **Start Application**.

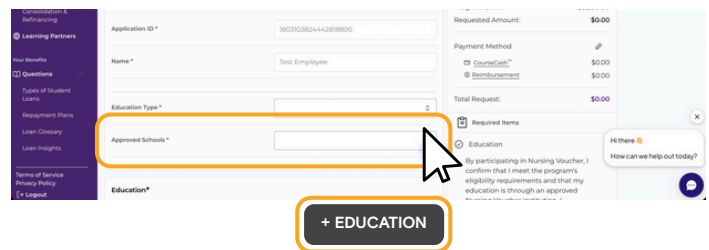


3

Enter your school in the **Approved Schools** box. Scroll down to the FAQs to see which schools are in the network.

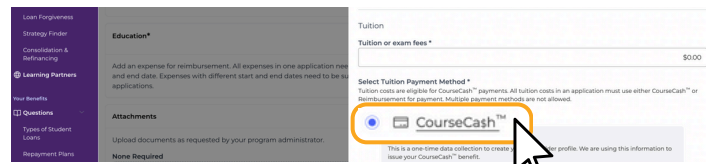
4

Click **+ Education** and enter all required course details.



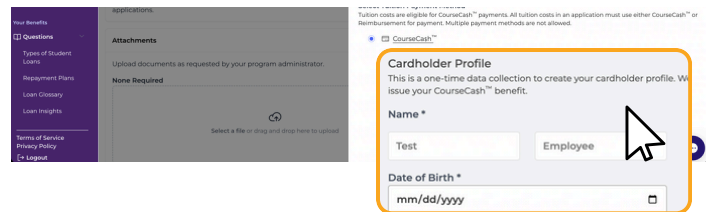
5

Under **Select Tuition Payment Method**, select **CourseCa\$h™**.



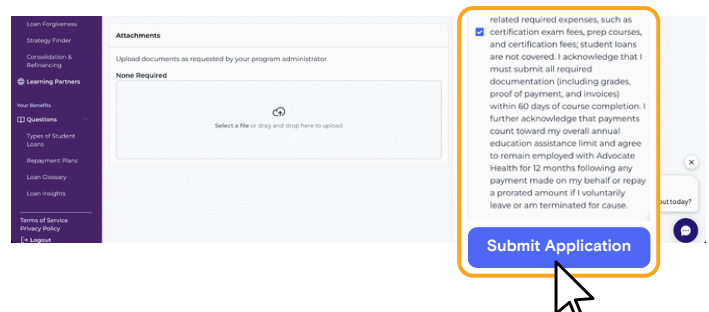
6

Enter your **Cardholder Profile** details.



7

Agree to the terms and click **Submit your application**. Once it's reviewed and approved, you'll be notified and receive your digital card to pay for tuition.

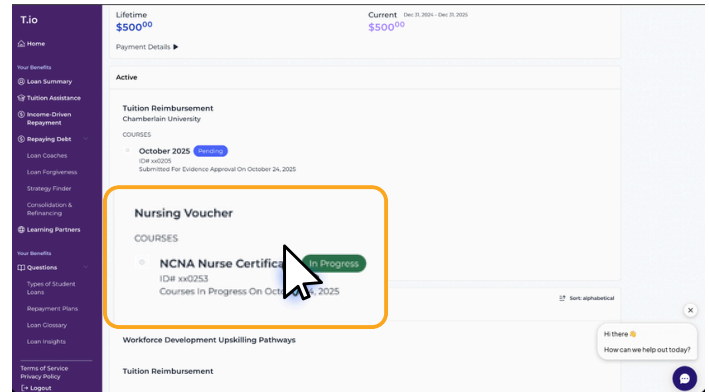


CourseCa\$h™ (Digital Payment Card) AFTER COMPLETION

After completing your course: Once you have finished your course, you will need to submit your final grade or score (where applicable) to close out your CourseCa\$h™ application.

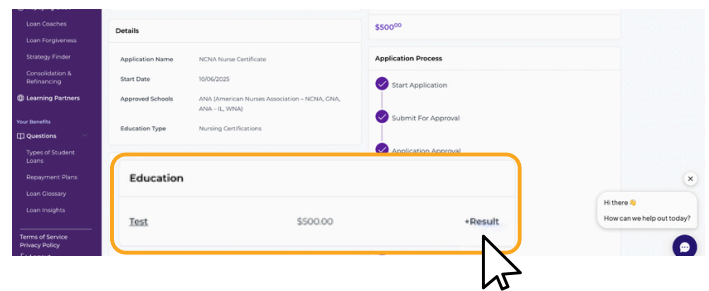
1

Go to your **T.io Dashboard** and find the **CourseCa\$h™ program application** you submitted.



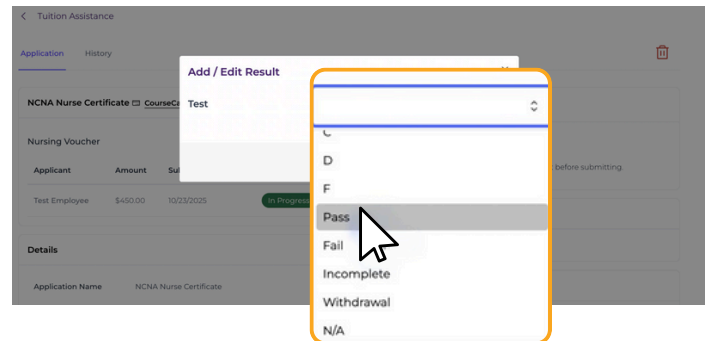
2

Under **Education**, click **+Result**.



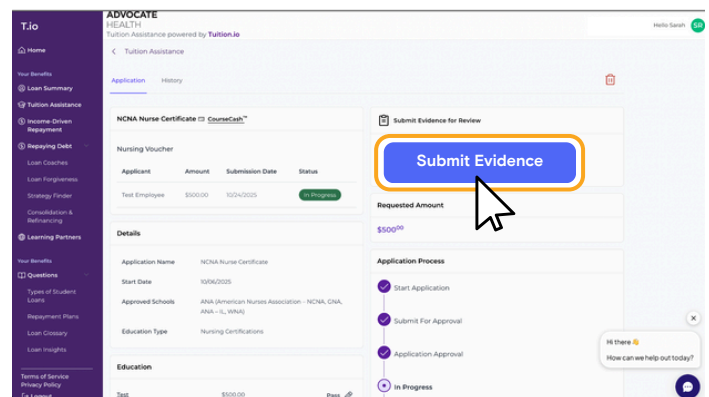
3

Enter your grade or score.



4

Click **Submit Evidence**.

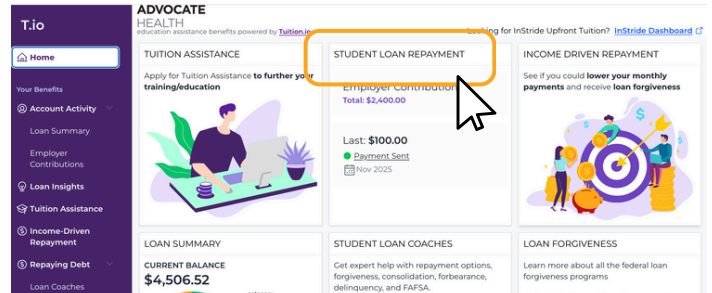


Loan Support

Loan Support helps you pay down existing student loan debt using your education benefit. If you're **eligible**, select this option through T.io.

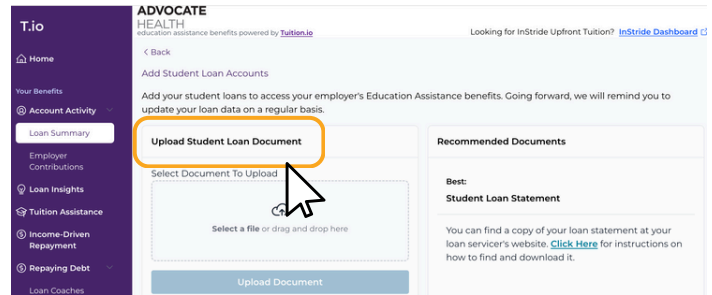
1

From your **T.io Dashboard**, select **Student Loan Repayment**.



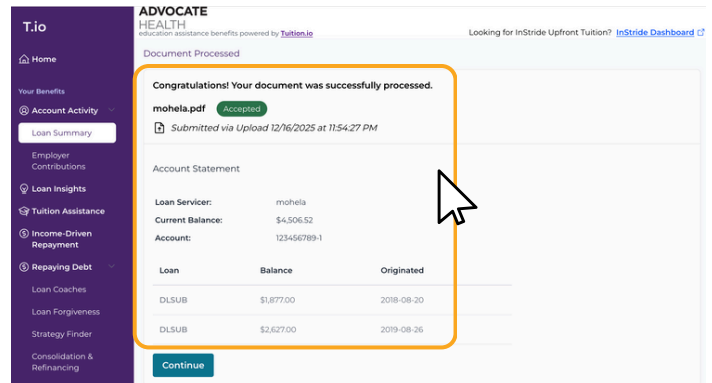
2

Click **Add Account and Upload Your Student Loan Document**.



3

Once you upload the document, the system will automatically show your contribution amount and the payments that will be made on your behalf.



Need help?

You can connect with a support specialist in the following ways:

- **Email:** Support@InStride.com
- **Phone:** 1-888-919-5653
- **Live support hours:**
 - Monday–Friday: 8:30 a.m.–8:30 p.m. ET
 - Saturday: 8:30 a.m.–5:00 p.m. ET

Hi there 🙌

How can we help out today?



ADVOCATE
HEALTH