

The 2023

Atrium Health Navicent Health Plans

Atrium Health Navicent offers benefits to support the health and well-being of all teammates and their families.

For 2023, Atrium Health Navicent will continue to offer two health plans, the **Health Savings Plan** (formerly the Choice Plan) and the **Co-Pay Plan** (formerly the Basic Plan).

Overview

The **Atrium Health Navicent Health Savings Plan**

Offers lower premiums with pretax Health Savings Account (HSA) contributions that roll-over

The HSA can be used for health expenses now and later

The **Atrium Health Navicent Co-Pay Plan**

Offers predictability with higher premiums and lower out-of-pocket expense

Health Savings PLAN

- Premium: Lower cost per pay period
- Deductible (except for preventive care)
- Coinsurance begins after deductible is met
- HSA: pretax, use it or save it
- LiveWELL Incentive goes pretax into HSA
- Tier 1 Navicent Network offers lowest cost for care
- No cost for annual check-ups

Co-Pay PLAN

- Premium: Higher cost per pay period
- Co-pays begin immediately. Deductible only applies to inpatient and outpatient services
- FSA: pretax, use it or lose it
- LiveWELL Incentive goes pretax into Incentive Account
- Tier 1 Navicent Network offers lowest cost for care
- No cost for annual check-ups

or

Find the Right Health Plan for You

The **Health Plan Decision Support Tool** is available to help teammates decide which health plan is best for them. The tool guides teammates through a series of questions. Based on their answers, teammates will see a side-by-side comparison of the expenses under both **Atrium Health Navicent Health Plans**.

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PREMIUMS

Premiums are the amount you pay for your health plan per pay period. The premiums below represent a bi-weekly pay schedule. Monthly-paid teammates multiply bi-weekly premium by 26 and divide by 12 (premiums may vary based on specific compensation plans).

	Health Savings PLAN				Co-Pay PLAN			
	Full-Time Teammate		Part-Time Teammate		Full-Time Teammate		Part-Time Teammate	
	Under \$35k	Over \$35k	Under \$35k	Over \$35k	Under \$35k	Over \$35k	Under \$35k	Over \$35k
Teammate-Only	\$19	\$27	\$26.73	\$37.98	\$31	\$45	\$52.15	\$63.30
Teammate + Spouse	\$88	\$122	\$108.39	\$150.27	\$98	\$135	\$127.37	\$166.28
Teammate + Child(ren)	\$66	\$92	\$82	\$114.30	\$73	\$102	\$97.27	\$126.73
Family	\$127	\$175	\$155.59	\$214.39	\$139	\$192	\$177.24	\$235.22

Full-time premiums apply to teammates with standard hours of 30 or more per week.

Part-time premiums apply to teammates with standard hours of 20 to 29 per week.

Working spouse surcharge applies if your covered spouse is eligible for medical coverage through their employer (not applicable if your spouse works for Atrium Health Navicent), but you choose to enroll them in one of the Health Plans. The working spouse surcharge is \$75 per pay period.

Tobacco user surcharge is \$25 per tobacco user per pay period.

NETWORKS

The Atrium Health Navicent Network offers the most cost-effective tier for health care services. Managing your health care expenses means you know where to find the most cost-effective healthcare and prescription medications. Lower your health care costs by choosing the Atrium Health Navicent Network.

\$ Navicent Health Providers and Facilities	The most cost-effective tier; includes the exceptional network of primarily Atrium Health Navicent physicians, providers, facilities and laboratories
\$\$ In-Network	Includes the Secure Health network of physicians and providers, facilities and laboratories
\$\$\$ Out-of-Network	The highest-cost tier; includes physicians and providers, facilities and laboratories not included in other networks

To find Atrium Health Navicent physicians and providers, go to www.SHPG.com and search *Providers*.

DEDUCTIBLES, COINSURANCE & CO-PAYS

A **DEDUCTIBLE** is the amount you owe for covered health care services and most prescription medications.

How deductibles work:

- **Health Savings Plan:** Deductible applies to office visits, medications and outpatient and inpatient services with the exception of preventive care
- **Co-Pay Plan:** No deductibles for office visits, medications or preventive care. Deductibles apply to outpatient and inpatient services

COINSURANCE is the percentage you pay (with the health plans paying the majority of the costs) for covered services once you've met the annual deductible.

A **CO-PAY** is a flat dollar amount you typically pay for things like physician office visits and most prescription medications.

PREVENTIVE CARE

The **Atrium Health Navicent Health Plans** cover preventive exams, labs and most preventive medications 100%.

Typically considered preventive care and covered **100%** are: wellness office visits, wellness immunizations, PAP smears, mammograms and colonoscopies.

		Health Savings PLAN			Co-Pay PLAN		
		Network			Network		
		Navicent	In-Network	Out-of-Network	Navicent	In-Network	Out-of-Network
Annual Deductible	How Deductibles Work	Deductibles apply to all office visits, medications and OP/IP services with the exception of preventive care.			No deductibles for office visits, medications or preventive care. Deductibles only apply to OP/IP services.		Deductible & Coinsurance
	Teammate-Only	\$1,500		\$4,000	\$800		\$4,000
	Teammate + Dependent(s)	\$3,000		\$8,000	\$1,600		\$8,000
Coinsurance	Teammate Pays	15%	30%	50%	15%	30%	50%
	Plan Pays	85%	70%	50%	85%	70%	50%
Office Visits	Preventive Care	Covered at 100%			Covered at 100%		
	LiveWELL OnSite Care	Before Deductible: \$40 After Deductible: \$15			\$15		
	Outpatient & X-ray	15%	30%	50%	15%	30%	50%
	Primary Care	Deductible & Coinsurance			\$20	\$30	Deductible & Coinsurance
	Specialist	Deductible & Coinsurance			\$40	\$50	
	Urgent Care	Deductible & Coinsurance			\$70		50% Coinsurance
	Emergency Department	Deductible & Coinsurance			\$175 & Coinsurance		

Teammate Health in both Macon and Milledgeville provide walk-in urgent care, scheduled sick visits, immunizations and annual exams (including general labs) for Atrium Health Navicent teammates and their spouses who are covered on a Navicent health insurance plan.

PRESCRIPTION MEDICATIONS

CarolinaCARE is the prescription service and specialty medication pharmacy for the **Atrium Health Navicent Health Plans**. Health plan members access CarolinaCARE for Affordable Care Act (ACA) medications, preventive medications, maintenance and specialty medications.

Retail Pharmacy: Any pharmacy outside of CarolinaCARE which can be used for filling one-time prescriptions.

	Health Savings PLAN		
	Retail (up to a 30-day supply)	CarolinaCARE Mail Service (30-day supply)	CarolinaCARE Mail Service (90-day supply)
Affordable Care Act Preventive List (ACA)	\$0 copay	\$0 copay	\$0 copay
Preventive Drug List	\$20 copay	\$6 copay	\$15 copay
Generics	Meet deductible, then \$20 copay	Meet deductible, then \$10 copay	Meet deductible, then \$25 copay
Preferred Brand	Meet deductible, then \$45 copay	Meet deductible, then \$35 copay	Meet deductible, then \$87.50 copay
Non-Preferred Brand	Meet deductible, then \$110 copay	Meet deductible, then \$80 copay	Meet deductible, then \$200 copay
Specialty Drugs	Not applicable	Meet deductible, then \$150 copay	Not applicable

	Co-Pay PLAN		
	Retail (up to a 30-day supply)	CarolinaCARE Mail Service (30-day supply)	CarolinaCARE Mail Service (90-day supply)
Affordable Care Act Preventive List (ACA)	\$0 copay	\$0 copay	\$0 copay
Preventive Drug List	\$20 copay	\$6 copay	\$15 copay
Generics	\$20 copay	\$10 copay	\$25 copay
Preferred Brand	\$45 copay	\$35 copay	\$87.50 copay
Non-Preferred Brand	\$110 copay	\$80 copay	\$200 copay
Specialty Drugs	Not applicable	\$150 copay	Not applicable

- Maximum of one fill allowed at retail for maintenance medications on the ACA and Preventive Drug Lists. Plan then requires transition to CarolinaCARE, or member will pay full cost, which will not apply to the deductible or annual out-of-pocket expense.
- Deductible applies to the Health Savings Plan Only.
- Opioid prescriptions are limited to 30-day quantity by law.

- Specialty drugs are filled at CarolinaCARE only. Some exceptions may apply to drugs in limited distribution.
- A few specialty products may be available through Atrium Health retail pharmacies if needed. Please inquire.
- Specialty drug copays may vary with use of manufacturer coupons and copay assistance programs.

It is recommended you evaluate your current medications and possible need for future medications, and review the formulary to determine cost/tier at CarolinaCARERx.org > [Health Plan Prescription Price Estimator](#). If you have a chronic medical condition or take at least one medication on a daily basis, you can make an appointment and review your medication history with a pharmacist at One-on-One Rx. Visit CarolinaCARERx.org.

OUT-OF-POCKET MAXIMUM

Out-of-Pocket Maximum is the most money you could pay annually before the **Atrium Health Navicent Health Plans** pay 100% for covered health care services and prescription medications. This maximum amount includes deductibles, coinsurance, and copayments and may be satisfied through a combination of Atrium Health Navicent facilities and in network providers. This limit does not include premiums, balance-billed charges, health care not covered by the plan, and penalties. There is no yearly or lifetime benefit maximum for your health coverage. In addition, on the **Co-Pay Plan**, there is no pre-existing condition limitation.

Out-of-Pocket Maximum Individual/Family	Health Savings PLAN			Co-Pay PLAN		
	Network			Network		
	Navicent	In-Network	Out-of-Network	Navicent	In-Network	Out-of-Network
Medical	\$4,000/\$8,000	\$4,000/\$8,000	\$7,200/\$14,400	\$4,000/\$8,000	\$4,000/\$8,000	No maximum
Prescription Drugs	Included with Medical	Included with Medical	Included with Medical	Included with Medical	Included with Medical	No maximum

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SAVINGS AND SPENDING ACCOUNTS

Options available with Health Savings PLAN

Health Savings Account (HSA)

The HSA is yours to save for current and future health care-related expenses, such as your deductible, coinsurance and prescription medications. Your HSA is an important component of retirement savings. Teammates can make direct contributions to this account from their paycheck and one-time contributions. For participants of the **Health Savings Plan**, the LiveWELL incentives will be deposited into the HSA.

	IRS Maximum Contribution
Teammate-Only Plan	\$3,850
Family Plan	\$7,750



The maximum IRS contribution for the year includes the sum of all teammate and employer contributions. Teammates age 55 or older are allowed an additional “catch-up” contribution of \$1,000.

Here’s what you need to know:

Remember, preventive care and most preventive medications are covered **100%** – you do not pay for preventive care. (Please note: Some services are not covered when Out of Network).

- Your **Health Savings Account (HSA)** is the key to the **Health Savings Plan** – you can build your savings.
 - It is important for you to **save in your HSA** by putting in enough to meet your deductible and maximize your savings
 - Dollars in your HSA are **not taxed** when you put them in or take them out for medical purposes
 - Your HSA is a **great savings vehicle** for medical expenses now and in retirement
 - HSA Contributions **may be changed** throughout the year in CORE Connect

Teammate Contributions to Meet IRS Maximum

		Teammate Contribution*	LiveWELL Incentive	TOTAL
Health Savings Plan Members	Teammate-Only	\$3,175 Annual Contribution \$122.12 Bi-weekly Contribution	\$675	\$3,850
	Family Plans	\$6,400 Annual Contribution \$246.15 Bi-weekly Contribution	\$1,350	\$7,750

*Calculation assumes teammate contributions begin the first pay period in January

Medicare and Your Health Savings Account (HSA)

Atrium Health Navicent Health Plan participants should contact Medicare 6 to 12 months prior to turning age 65 to learn about options for health care coverage and rules for contributing to a Health Savings Account when Medicare eligible.

Questions about Medicare

For help in understanding how Medicare and your health care costs may fit into your overall retirement goals, call the Seniors’ Health Insurance Information Program (Georgia Cares) at **866-552-4464**. Teammates can also call the Social Security Administration at **888-759-3917**.

Seniors’ Health Insurance Program (Georgia Cares) details:

- Georgia Cares is available to anyone for FREE
- Teammates may make appointments for 1:1 phone calls or in-person meetings with a specialist
- Teammates may contact a representative by calling Georgia Cares at **866-552-4464** or through **www.MyGeorgiaCares.org**
- Georgia Cares can answer detailed questions about Medicare that Social Security Offices may not be able to answer



SAVINGS AND SPENDING ACCOUNTS

Options available with Health Savings PLAN *continued*

Limited Purpose Flexible Spending Account (LPFSA)

The LPFSA provides teammates with the opportunity to set aside additional pretax dollars to help pay for planned, qualified dental and vision expenses that occur during a 12-month period. This account is use it or lose it.

Teammate-Only and Family Plans IRS Maximum Contribution: \$2,850

Options available with Co-Pay PLAN

Flexible Spending Account (FSA)

The FSA provides teammates with the opportunity to set aside additional pretax dollars to help pay for planned, qualified medical, dental and vision expenses that occur during a 12-month period. This account is use it or lose it.

Teammate Only and Family Plans IRS Maximum Contribution: \$2,850

LiveWELL Incentive Account

For teammates enrolled in the **Co-Pay Plan**, Atrium Health will deposit earned LiveWELL Incentives into the LiveWELL Incentive Account in the same year. Funds can be used to help pay for qualified medical, dental and vision expenses. Unused funds rollover from year to year. Incentives are paid at the level of enrollment at the time of payout.

LIVEWELL

LiveWELL provides activities and education that promote healthy lifestyles for all Atrium Health teammates.

Health Savings Plan Members		Physical	Financial	Personal	TOTAL
Teammate-Only		\$225	\$225	\$225	\$675
Family		\$450	\$450	\$450	\$1,350
Co-Pay Plan Members		Physical	Financial	Personal	TOTAL
Teammate-Only		\$200	\$200	\$200	\$600
Family		\$400	\$400	\$400	\$1,200

LiveWELL Incentives are paid in the year they are earned with three payout opportunities – April, July and November. Incentive dollars are deposited pretax in the following accounts:

- Health Savings PLAN** → Health Savings Account
- Co-Pay PLAN** → LiveWELL Incentive Account

Teammates in positions with an annual base salary of \$35,000 or less will receive an additional \$200 contribution from Atrium Health Navicent to either their Health Savings Account (HSA) or LiveWELL Incentive Account per plan eligibility.

The guide contains only highlights of your Health Plans benefits for eligible teammates and is subject to review and modification. Every effort has been made to report information accurately, but the possibility of error exists. In addition, not every health plan detail of every benefit that may matter to you could be included in this guide. Atrium Health's program is governed by the official plan documents. In case of any conflict between this guide and an official plan document, the plan document will be the final authority.

Please refer to your plan document or Summary Plan Descriptions for a full explanation of covered services, exclusions and limitations. If there is a discrepancy between this guide and legal plan documents, the plan documents will control information about all the benefits available.

