



Care when you need it most

Get a caregiver for your loved ones at a moment's notice.

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Backup Care

We'll connect you to reliable care providers who are available – even at the last minute – to look after your loved one. Gain the peace of mind that comes with quality care you can count on, no matter what.

Am I Eligible?

Full-time and part-time teammates with 20 or more standard hours per week are eligible for this benefit.

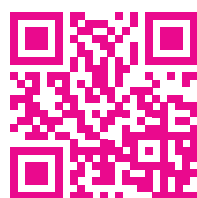
What is Backup Care?

- **WORRY-FREE:** No more scrambling for help when you suddenly find yourself in need of backup care due to illness, weather, last-minute cancellations, or any other or any other unexpected circumstance that disrupts regular care plans.
- **FLEXIBLE:** We recommend options, you choose which is right for your needs.
- **AFFORDABLE:** Only \$25 per day from our nationwide network of prescreened care providers. You're entitled to up to 15 days of backup care every year.
- **CONVENIENT:** We make sure you get the help you need, whenever you need it. Schedule ahead of time or in a pinch.

Plus, you can conveniently access your individual backup care activity anytime online by visiting the Backup Care Center under MyLife. Go now to schedule new care, review your current backup care visits status, check details of care that's been scheduled, submit for reimbursement and more.



Scan to Access



Life can be hard. Getting help is easy!

1-866-621-7687

Or log in now at <http://member.lifecare.com>

Registration Code: ATRIUM

Wherever you are in life, there's LifeCare.