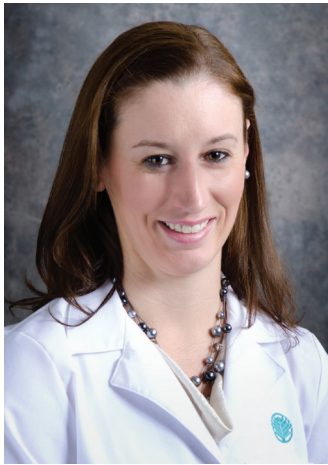




Meet Michelle



Michelle M. Perno
Physician Assistant

“
I have a passion for using my knowledge to help people with their goals. And a love of human anatomy and physiology.
”

About Me

As a physician assistant (PA) and an Advanced Practice Provider (APP) for Atrium Health, I have worked in Orthopedics, Urgent Care, Virtual Care and the on-site clinics. I particularly enjoy procedures such as suturing, incision and drainage, foreign body removal, as well as casting and splinting. I also really enjoy helping people reach their weight loss goals. My favorite aspect of my current role is having the time to really sit down and help people with their problems instead of rushing them out the door in less than 10 minutes. Teaching others is another passion of mine, whether it be an aspiring PA, a medical assistant or fellow APP.

My Education and Experience

- Bachelor of Science in Exercise Science, University of Delaware
- Master of Medical Science, Arcadia University, graduate assistant
- Partnership with A.I. DuPont Hospital for Children in Wilmington Delaware to provide individualized programming for children with various ailments such as hypertrophic cardiomyopathy, automated implanted defibrillators, cerebral palsy, developmental disorders, hemiplegia, pulmonary hypertension, deafness and blindness

My Hobbies

- Hiking with my rescue dogs, who are my babies
- 3-time Ironman, soccer player, Crossfitter and track and field competitor
- National master's championships indoors and outdoors in several throwing disciplines on the track over the past decade
- I have lived in 7 states and 14 towns in my lifetime
- My favorite color is pink
- I love all things Disney