

# Post-Leave Transitional Child Care Program FAQ

Post-Leave Transitional Child Care provides new parents with up to 30 days of care as you return to work. The program is designed to help you transition back to work and support you as you decide on a longer term care plan.

Question	Answer
How many visits are included?	Up to 30 days of care following the birth of your baby.
How long is one visit?	A visit is considered care that occurs in one calendar day.
Is there a copay?	No, the cost of care is totally covered.
How long do I have to use the days?	The visits can be used until the date of your baby's 1st birthday.
Can LifeCare help me locate a provider?	Yes, LifeCare has a nationwide network of child care centers and in home agencies. When you use one of these providers, you will not have any out-of-pocket expense.
Can I use my own provider?	Yes, you can use whatever provider you choose! Simply contact LifeCare to arrange the dates of care. Once care has occurred, you can simply request reimbursement for the full cost of care.
Can I use a friend or family member as the caregiver?	Yes, if you prefer to use a friend or family member to watch your child, simply contact LifeCare to book the date of care and you will be reimbursed up to \$60 per visit.
When can I schedule care?	Up to sixty days in advance.
Can I speak to someone about the Post-Leave Transitional Child Care Program?	Yes, specialists are standing by 24/7 to answer your questions and help you schedule care.
How long do I have to use this benefit?	Teammates must make one care request within the first 6 months of the child's birth or legal adoption/placement and have up to one year to utilize the Transitional Care benefit.