

Get Care Now- Mental Health

For All Teammates

Atrium Health provides several options for care to treat different types of Mental Health conditions. These vary by the type of provider, location and cost. Depending on your unique situation, selecting the appropriate level of care is one of the best ways to help you manage costs.

	What Is It?	When Should I Use It?	Health Savings Plan	Co-Pay Plan
Mental Health Crisis	Call or Text National Crisis Center	When someone's behaviors prevent them from functioning or indicate they might harm themselves or others	No Cost	No Cost
Behavioral Health Helpline	<ul style="list-style-type: none"> • Call 704-444-2400 • Visit Atrium Health's Behavioral Health Help Line Website 	<p>If you or someone you know needs mental health care, you can call Atrium Health's Behavioral Health Help Line.</p> <p>The Physician and APP Well Being Help Line is 704-444-5877. Both resources are staffed 24/7 with licensed professionals.</p>	No Cost	No Cost
EAP	<p>Employee Assistance Program- Please visit Mental Health Support (atriumhealth.org)</p> <p>And look for the contact information for your location.</p>	The EAP program is designed to help you and your family emotionally cope with all types of issues – marital conflicts, financial	No Cost Sessions may vary	No Cost Sessions may vary

		problems, job stress, legal issues and more.		
PATH	<p>Greater Charlotte only- PATH (Physician, APP, Teammate Health) Program. PATH provides a collaborative mental health resource for teammates of Atrium Health.</p> <p>PATH services are billed through insurance and accept most insurance plans, including MedCost. All patients must be a teammate of Atrium Health.</p> <p>PATH Program team includes Psychiatrist Dr. Jay Yeomans and licensed therapist Amy Fox Bacigalupi, LCHMC. Appointments can be made by calling the Interventional and Neurocognitive Psychiatry (INP) Clinic at 704-512-7578.</p>	<p>PATH is a short-term focused, mental health treatment program. Treatment includes initial assessments, psychotherapy and medication management. Fees vary based on service.</p> <p>Psychotherapy Intake: \$133</p> <p>Psychotherapy \$ 64-127</p> <p>Med Mgt. Intake: \$224</p> <p>Med Mgt. Follow-up: \$113-224</p>	Before Deductible (see rates in table)	Co-Pay
Atrium Health LiveWELL Care Clinics	<p>LiveWELL Care, formerly known as On-Site Care, locations are located throughout the system to provide increased access to care. Whether you are at work or at home when health symptoms arise, we are available for convenient and reliable care for you, your spouse and your dependents (age 6 months and up) on the LiveWELL Health Plan. We offer on-site visits, visits by phone and video visits.</p> <p>LiveWELL Care</p> <p><i>*For those not on the health plan prices range from \$10/virtual visit- \$40 office visit.</i></p>	<p>Use for:</p> <ul style="list-style-type: none"> • Annual wellness exams with or without pap • Care management for chronic conditions like diabetes, asthma, thyroid disease and high blood pressure • Problem focused-acute illnesses • Vaccines • Injections <p>Use for:</p>	\$40 Before Deductible \$15 After Deductible	\$15

	vBHI: Virtual Behavioral Health Integration is a high-impact virtual behavioral health coaching program. Providers identify teammates eligible for program at time of intake.	<ul style="list-style-type: none"> • Depression, anxiety, stress • Grief/loss, substance abuse • Teammates work with behavioral health coach for up to 6 months or referred to appropriate care 		
Virtual BH	Floyd Teammates only. Virtual Provider Benefits- AH Floyd	<ul style="list-style-type: none"> • Multiple levels of care options • From general mental health conditions to complex, specialty care 	See document for details	See document for details

Primary Care Doctor	<p>Main healthcare. Use for non-emergency situations. Your primary care provider can prescribe general MH Rx and refer for specialty BH services as needed.</p> <p>Adult Primary Care Internal & Family Medicine Atrium Health</p>	<p>Use for:</p> <ul style="list-style-type: none"> • Preventive Care at 100% • Diagnose illness • Routine care • Minor illnesses • Continuing care of medical conditions 	<p>Deductible and Coinsurance</p>	<p>\$20</p>
Plan Coverage	<p>Health Plan Benefits – Accessing outpatient and more intensive levels of Behavioral Health Care</p> <p>CBHA-800-475-7900 or www.cbhallc.com Greater Charlotte, Navicent, and Wake</p> <p>(Floyd Teammates) Cigna 1-800-433-5768 or www.Mycigna.com (login coverage tab Mental Health benefits list of services)</p> <p>2024 Compensation and Benefits (atriumhealth.org)</p> <p>Benefits (wakehealth.edu)</p>	<p>Specialty care can include addiction, eating disorders, personality disorders, etc.</p>	<p>Deductible and Co-Insurance</p> <p>Atrium Health NC, SC, GA HSA Plan SBC</p>	<p>Co-Pay or Co-Insurance Depending on level of care.</p> <p>Atrium Health NC, SC, GA Co-Pay Plan SBC</p>