

The 2024 Atrium Health Greater Charlotte LiveWELL Incentives

At Atrium Health, we care about the physical, financial and personal well-being of teammates and their families. LiveWELL offers healthy lifestyle programs and activities to help teammates live their very best lives.

Health plan members can earn incentives by engaging in **LiveWELL**.

Health Savings Plan Members		LiveWELL Health Assessment Complete Health Assessment to start receiving incentives	Physical	Financial	Personal	ANNUAL TOTAL	
Teammate-Only				\$250	\$250	\$250	\$750
Family				\$500	\$500	\$500	\$1,500
Co-Pay Plan Members		LiveWELL Health Assessment Complete Health Assessment to start receiving incentives	Physical	Financial	Personal	ANNUAL TOTAL	
Teammate-Only				\$166.67	\$166.67	\$166.66	\$500
Family				\$333	\$333	\$334	\$1,000

Teammates who participate in **LiveWELL** activities and log them into the **LiveWELL** well-being platform and are not enrolled in a health plan will be entered into prize drawings throughout the year.

Incentive Opportunities

Teammates earn incentives by participating in **at least one activity** for each health category of physical, financial and personal well-being. Incentive eligible programs include:

PHYSICAL

- Complete your **Annual Wellness Exam*** (includes appropriate labs, weight/height, blood pressure, glucose, cholesterol)
- Engage in a **Care Management Program**:
 - MedCost Personal Care Management
 - Medical Nutrition Therapy
 - Omada Prediabetes Program
 - Diabetes Self-Management Education and Support (DSMES)
- Engage in LiveWELL recommended **Weight Management Program**

FINANCIAL

- Financial **education** classes/consultations or webinars
- One-on-One Rx Medication Management***
- Advance Directives** webinar
- Meet with **Personal Financial Advisor**

PERSONAL

- Work with **Well-being Coach** on personal goals*
- Complete a personal well-being **webinar or class series**
- Be an **Atrium Health Champion**
- Complete the **Atrium Health Diversity Certificate Program**
- Complete and log four volunteer hours with **Atrium Health Serves***
- Complete **Mental Health First Aid** certification
- Complete **Trauma Informed Training**
- Complete one of the following on the **LiveWELL Well-being Platform**:
 - Well-being Challenge
 - 5K training program
 - Daily habit plan
 - Sidequest activity
- Complete an appropriate activity to support Atrium Health's **Sustainability Initiative**
- Atrium Health Greater Charlotte Fitness**
 - Work out 25 times per quarter

*Participation in the following incentive activities completed on or after October 14, 2023 will be accepted for 2024 incentive participation: Annual Wellness Exams, Atrium Health Serves, LiveWELL Well-being Coaching, One-on-One Rx appointments.

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Incentive Payouts

LiveWELL Incentives are paid in the year they are earned with three payout opportunities as listed:

DEADLINE	PAYOUT <i>for</i> BI-WEEKLY TEAMMATES	PAYOUT <i>for</i> MONTHLY TEAMMATES
January 19	Mid February	Early March
May 10	Early June	Mid July
October 11	Early November	Early December

Incentive dollars are deposited pretax in the following accounts:

- If enrolled in the **Health Savings PLAN** → deposited in your active Health Savings Account
- If enrolled in the **Co-Pay PLAN** → deposited in your LiveWELL Incentive Account

Teammates on one of the LiveWELL Health Plans in positions with an annual base salary of \$38,000 or less will receive an additional \$200 contribution from Atrium Health to either their Health Savings Account (HSA) or LiveWELL Incentive Account per plan eligibility.

For more information about LiveWELL Incentives, visit [LiveWELL.AtriumHealth.org](https://www.livewellatriumhealth.org).

