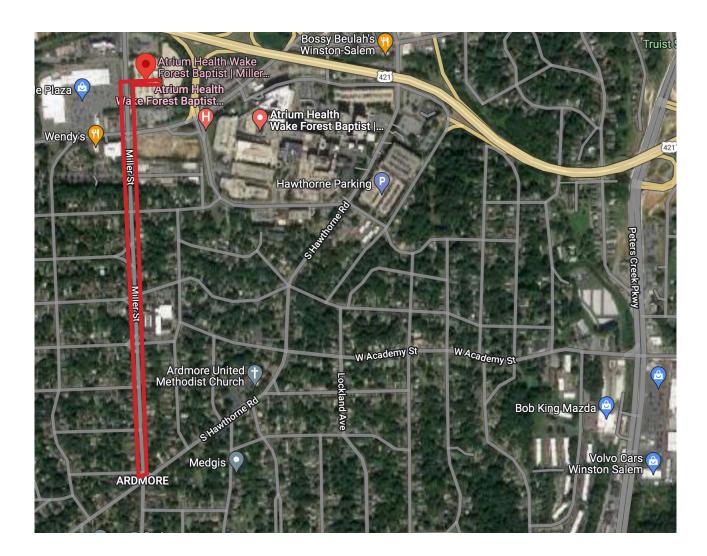


best**health** for us

Winston Medical Center Walking Trail | Leaving from the Fitness Center



Directions - Leaving from the Fitness Center:

1.4 miles

- Start from Fitness Center
- Left on Miller to Hawthorne
- Turn around at Ardmore
- Head back to the Fitness Center