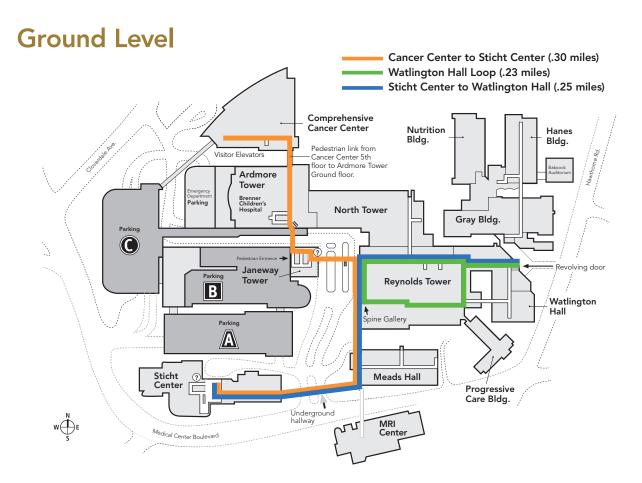


besthealth for us

Winston Medical Center Walking Trail | Internal Route Ground Level



Directions - Watlington Hall Loop:

1 loop is .23 miles

- Start at the revolving door in Watlington Hall.
- Walk past Mail Services and turn left into hallway.
- Go through double doors and follow hallway around to the right.
- Go past Digestive Health and turn right into the Spine Gallery.
- Turn right into Reynolds Tower.
- Continue past Mail Services to the revolving door in Watlington Hall.