



NC
POISON
CONTROL
1-800-222-1222

NC Poison Control

2024 Annual Report



Our Mission

To serve the people and healthcare professionals of North Carolina by providing information and assistance in the **prevention, treatment, and surveillance** of poisonings and overdoses.



About
Us

Who We Are

NC Poison Control is the poison control center serving all of North Carolina. We help the general public and healthcare providers when someone has come in contact with a potentially poisonous substance. We also provide help when people have questions about using medications or other products safely.

NC Poison Control is open 24 hours a day, 7 days a week. You can reach the poison center by calling **1-800-222-1222** or by chatting with us at **NCPoisonControl.org**. Nurses and pharmacists answer the calls and chats free and confidentially.



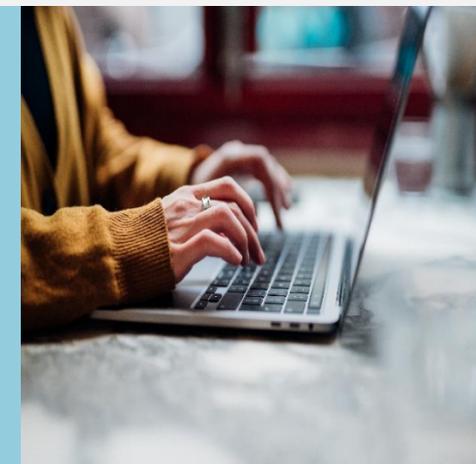
Free &
Confidential

Nurses &
Pharmacists



24/7

Call or
Chat



By the Numbers

Here are some of the numbers that defined us in 2024.



NCPC managed **79,208** cases in 2024.



Nearly **30%** of calls/chats were from another healthcare provider.

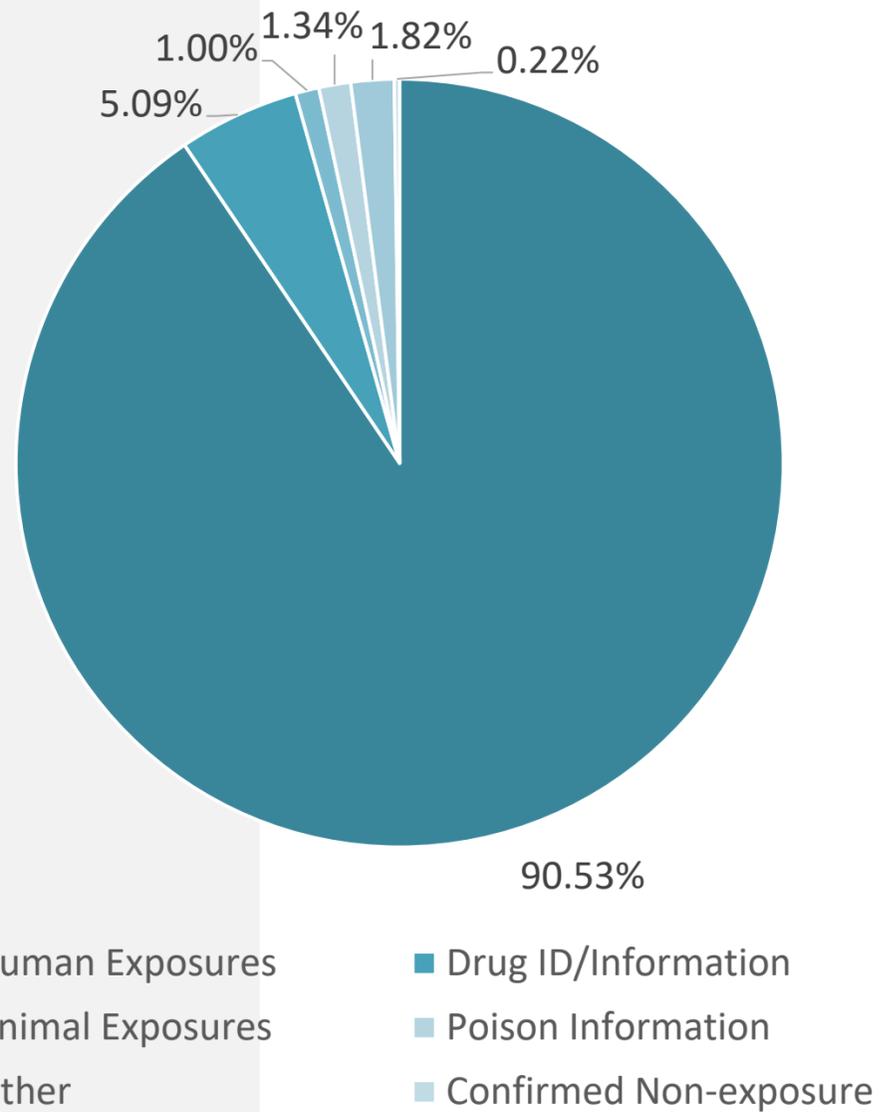


70% of calls/chats were managed at home or at the call site.

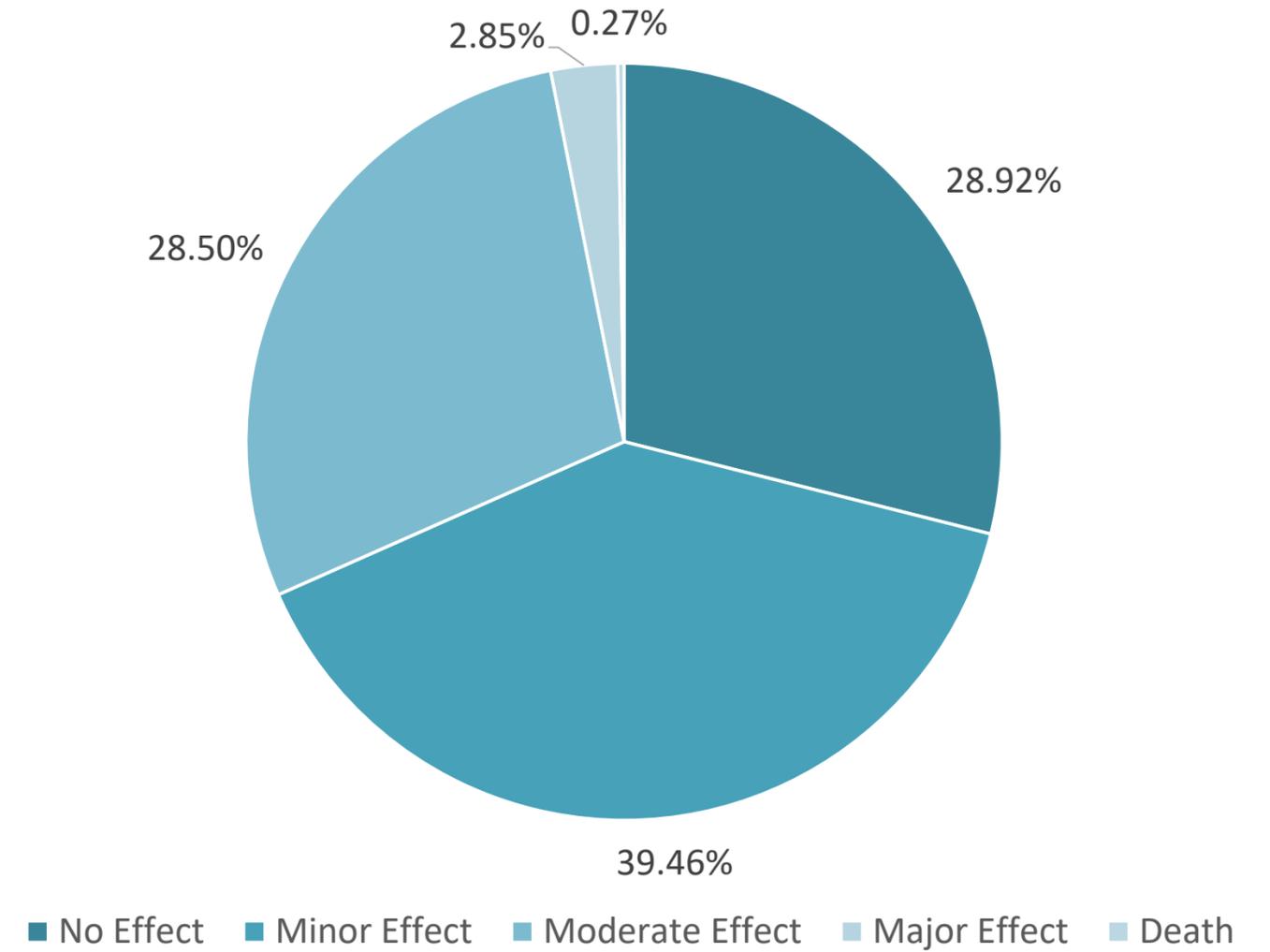


Over **1 in 10** cases involved a pain reliever.

Call Types

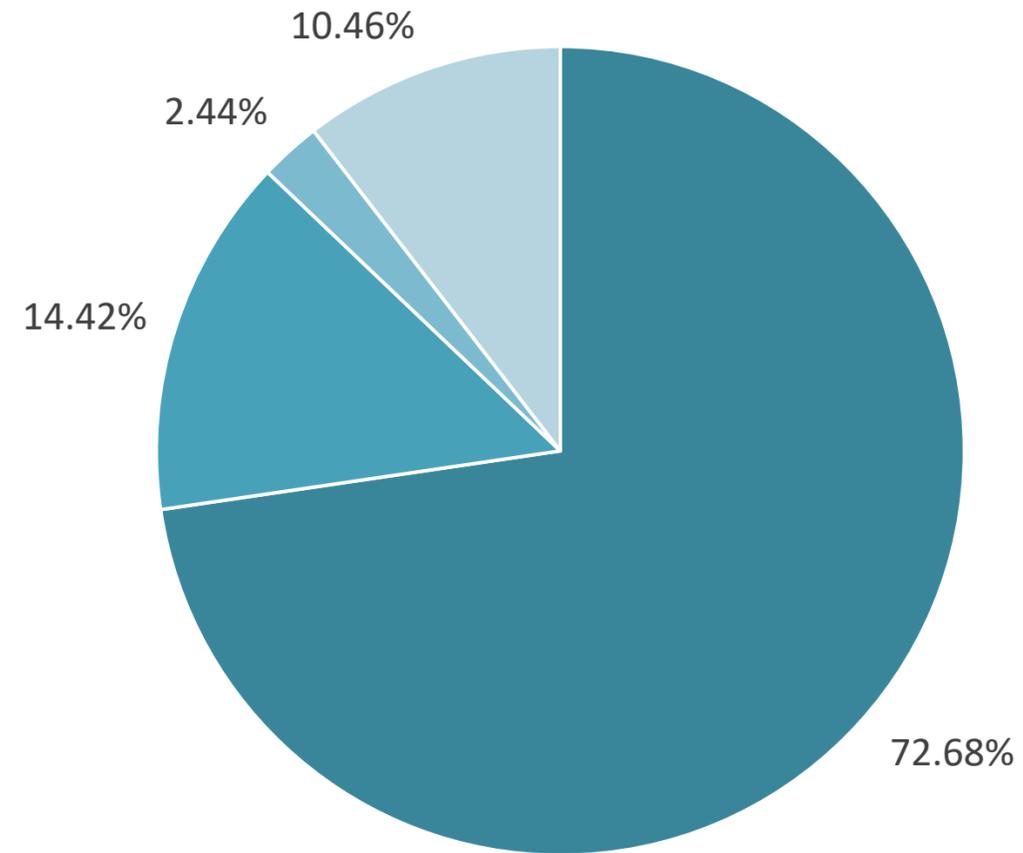


Effects in Cases



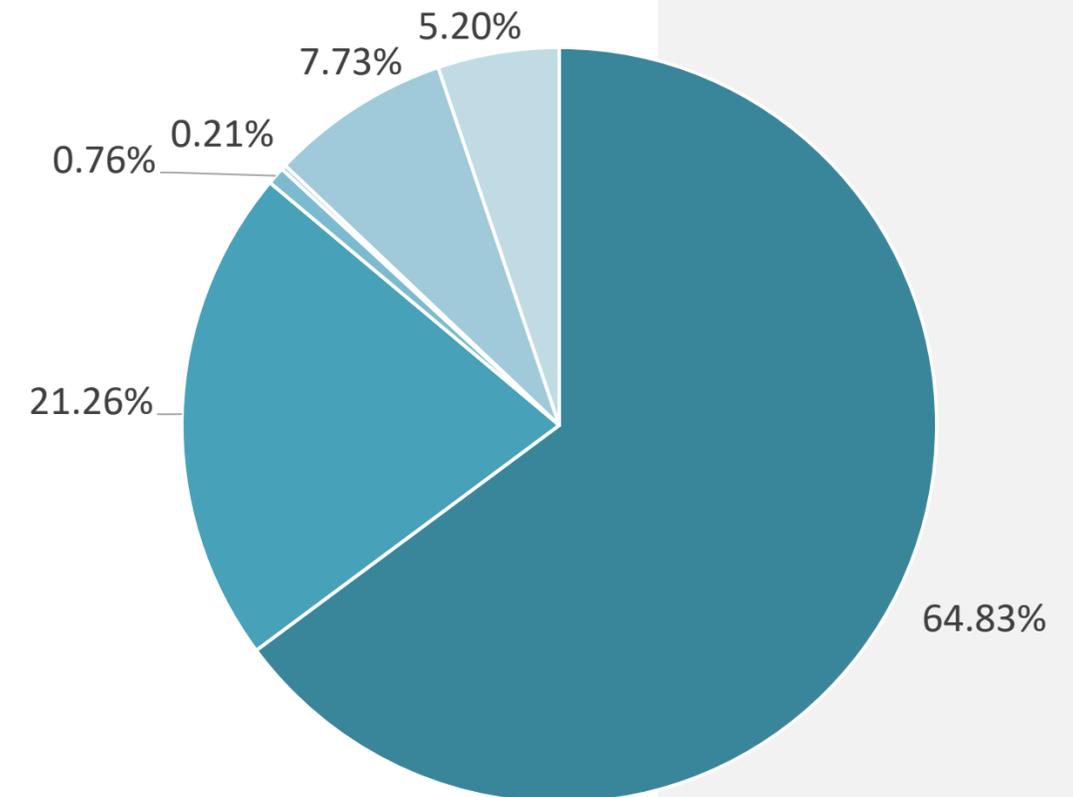
Most cases do not need follow up and are not followed to a medical outcome.

Exposure Reason



■ Unintentional/Accidental ■ Intentional ■ Adverse Reaction ■ Other

Caller Site



■ Home ■ Healthcare Facility ■ Workplace
■ School ■ Other ■ Unknown/Not specified



Spotlight on Cannabis Cases

In 2024, NC Poison Control continued to see its cannabis cases rise. NC Poison Control managed 1,122 cannabis cases in 2024, which is a 117% increase since 2020. **42% of cases involved a child under the age of 13.** Some of the common cannabis exposures NC Poison Control managed were about gummies, other edibles, and cannabis vape products.

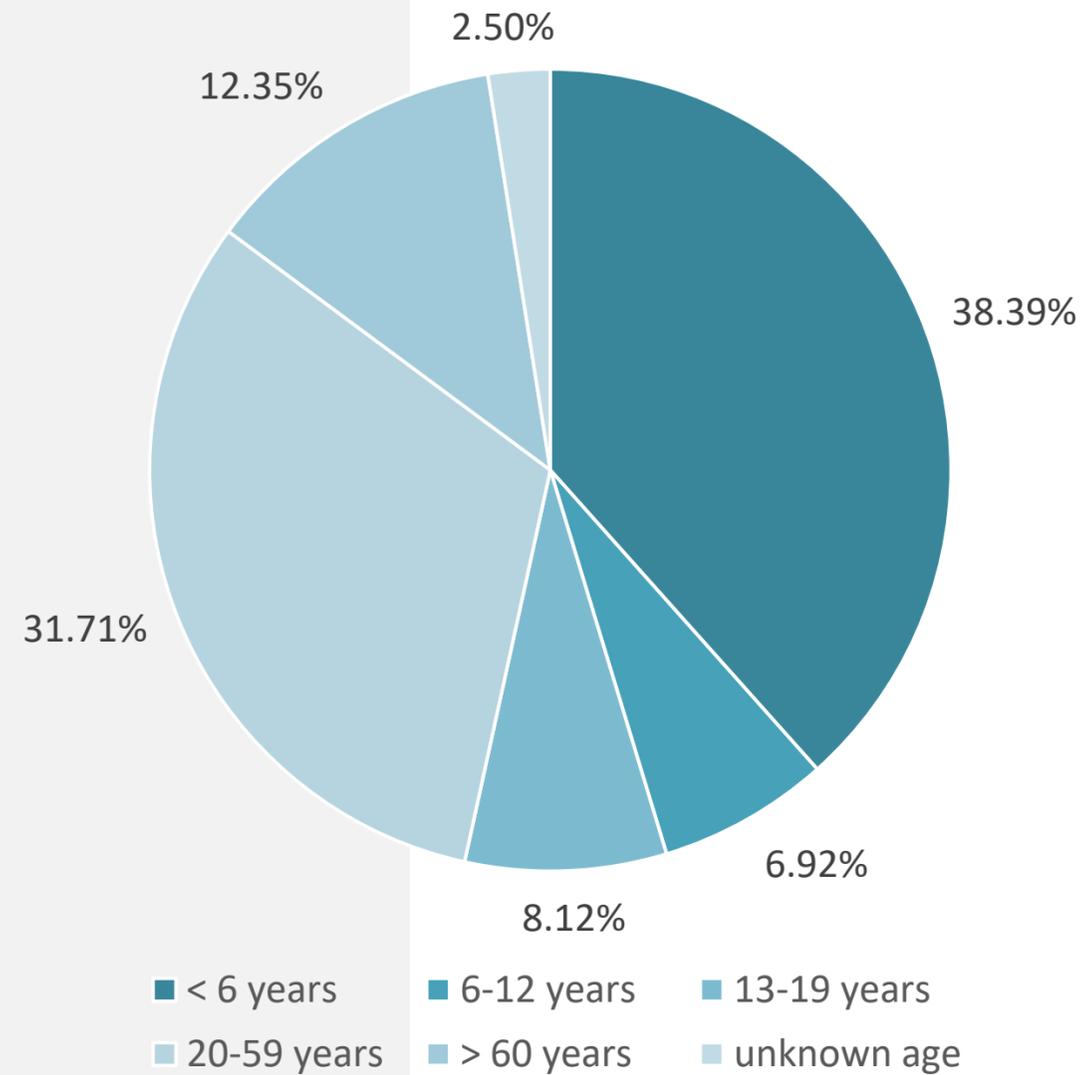
Cannabis containing products can be dangerous to children because their smaller body weight makes them more likely to experience adverse effects. Cannabis edibles can also contain high levels of THC making a small dose or amount dangerous for children. Consumers should also be aware that the exact amount of drug in a cannabis product may not always be indicated on the label. Keep in mind, safe storage can prevent childhood exposures.



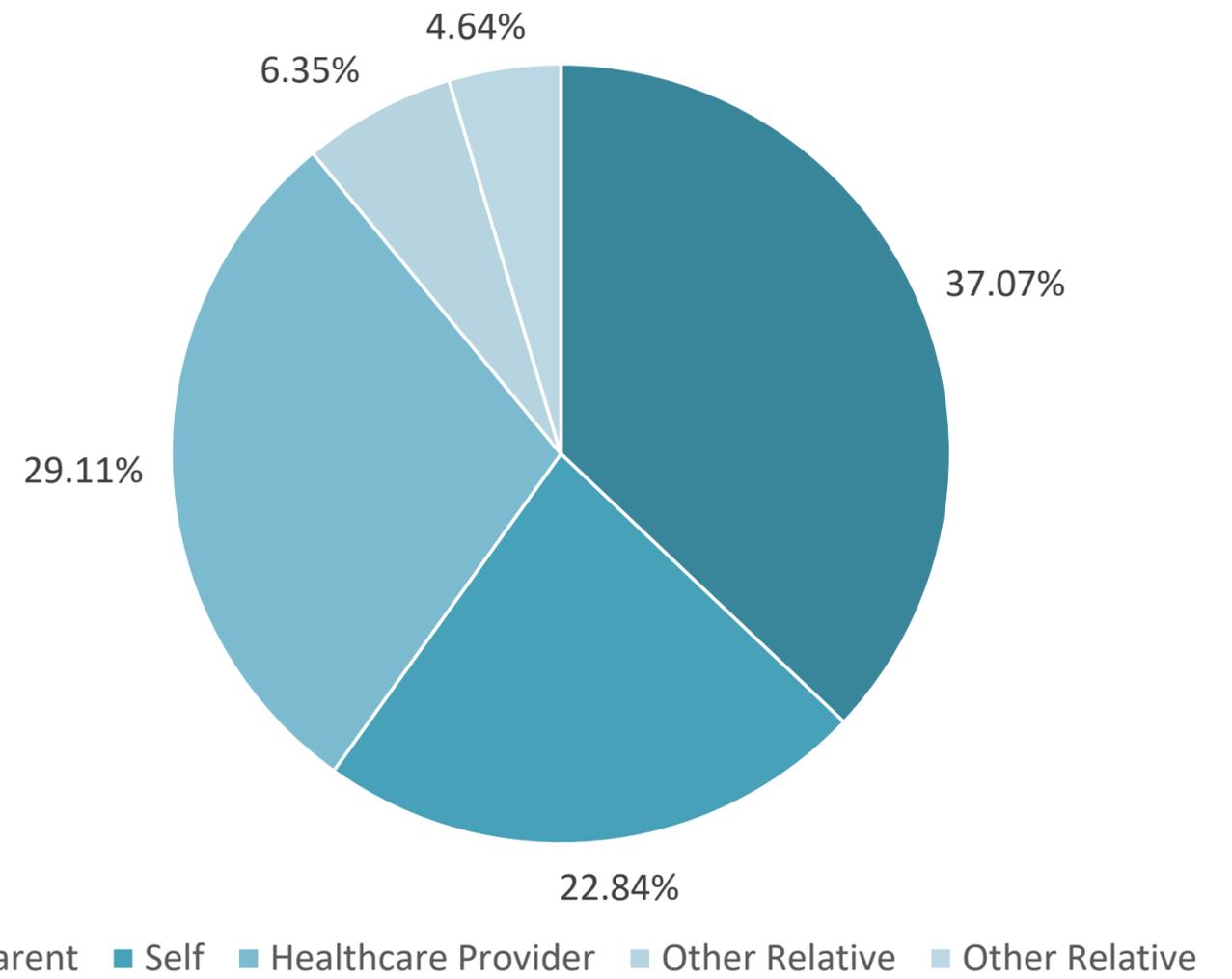
Prevention Steps for Cannabis Exposures

- Keep cannabis containing products in a secure place out of sight and reach of children. A child can become sick after eating only 1 gummy.
- Know that edibles come in a variety of edible preparations like gummies, cookies, candies, and various snack foods. Store edible cannabis products away from other food to avoid a mix-up.
- Know the signs of cannabis poisoning, which can include severe tiredness, weakness, slurred speech, confusion, nausea, vomiting, and trouble breathing.
- Understand that edible cannabis products are a form of medicine that can look like candy or other treats to children.
- Remember, the exact amount of drug in a cannabis product may not always be as indicated on the label.
- Contact NC Poison Control at 1-800-222-1222 to speak to one of our nurses or pharmacists confidentially if you suspect a poisoning related to a cannabis product.

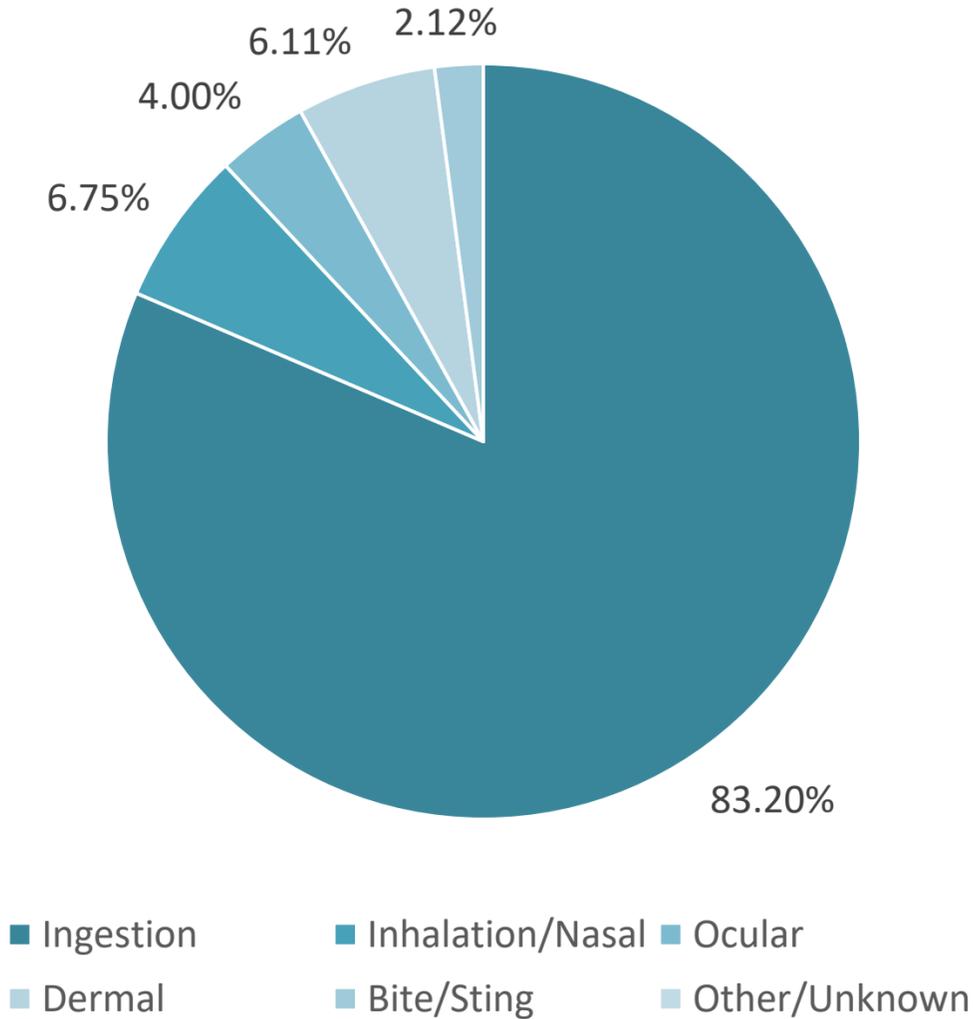
Patient Age



Relation to Patient

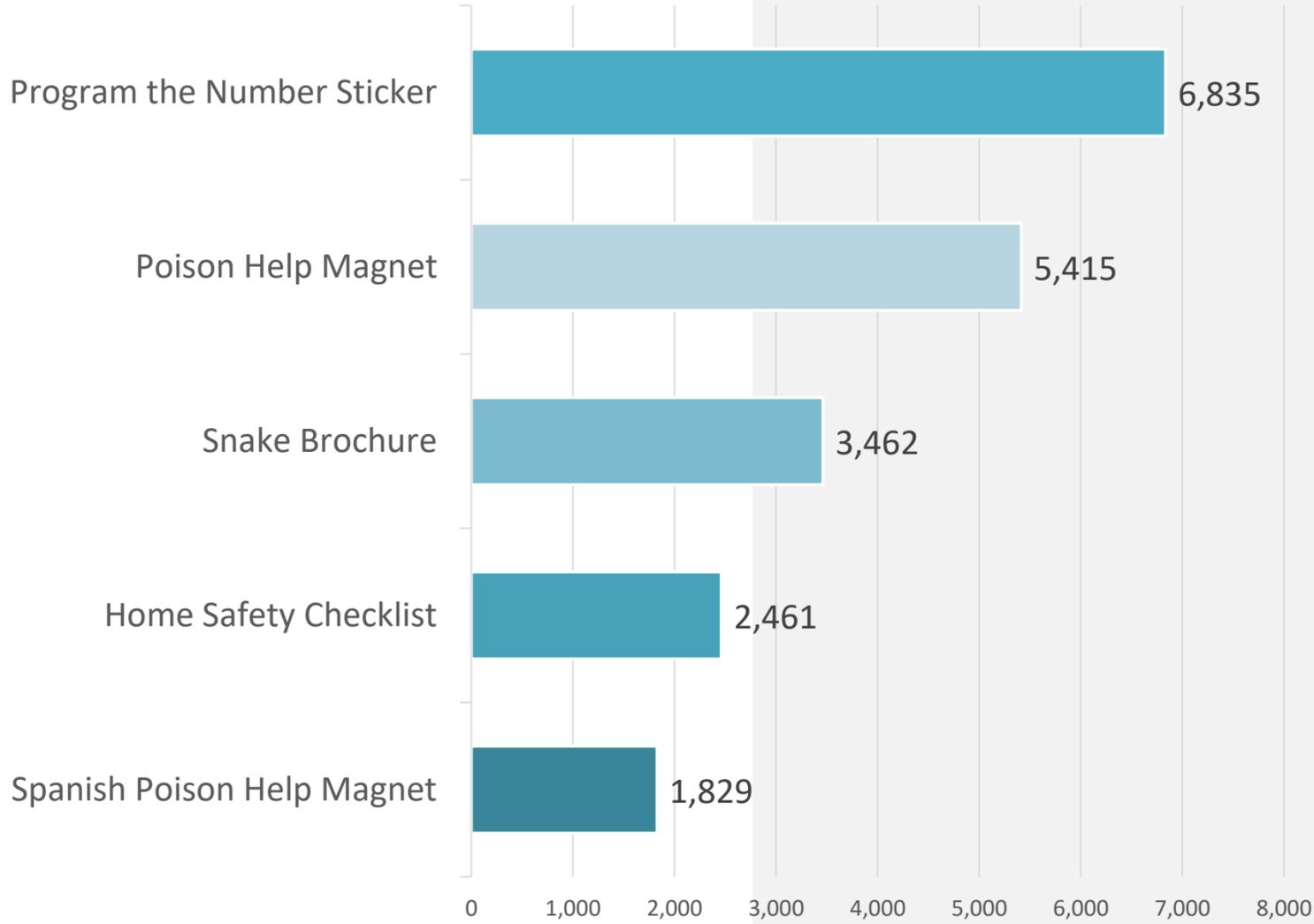


Exposure Route



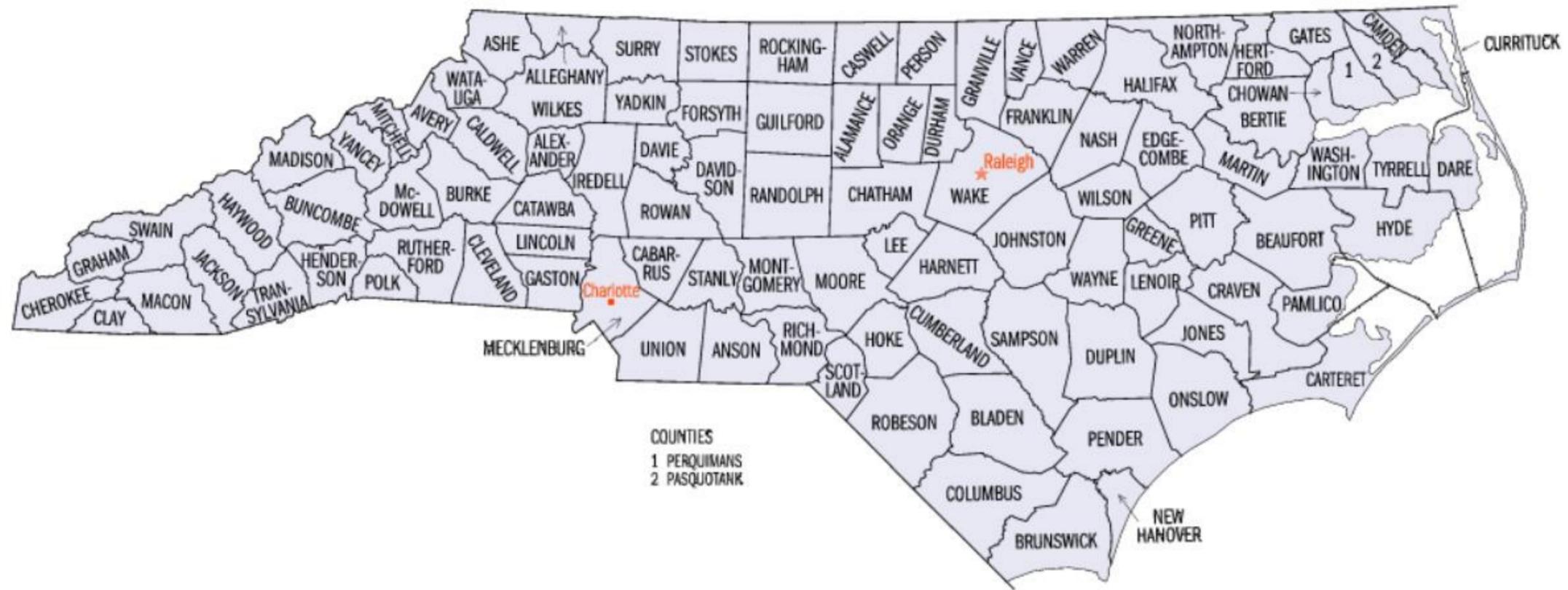
Percentages are greater than 100% because sometimes people are exposed to more than one route.

Top 5 Education Items Distributed



- Spanish Poison Help Magnet
- Home Safety Checklist
- Snake Brochure
- Poison Help Magnet
- Program the Number Sticker

Cases by County



ALAMANCE 1,233	CHOWAN 52	GUILFORD 3,747	MITCHELL 115	RUTHERFORD 419
ALEXANDER 147	CLAY 34	HALIFAX 275	MONTGOMERY 173	SAMPSON 315
ALLEGHANY 70	CLEVELAND 877	HARNETT 747	MOORE 611	SCOTLAND 321
ANSON 151	COLUMBUS 339	HAYWOOD 492	NASH 553	STANLY 525
ASHE 220	CRAVEN 715	HENDERSON 770	NEW HANOVER 1,552	STOKES 231
AVERY 140	CUMBERLAND 2,255	HERTFORD 54	NORTHAMPTON 58	SURRY 525
BEAUFORT 206	CURRITUCK 72	HOKE 450	ONSLOW 2,142	SWAIN 158
BERTIE 69	DARE 176	HYDE 26	ORANGE 1,723	TRANSYLVANIA 197
BLADEN 156	DAVIDSON 938	IREDELL 1,162	PAMLICO 35	TYRRELL 10
BRUNSWICK 812	DAVIE 264	JACKSON 222	PASQUOTANK 212	UNION 1,363
BUNCOMBE 2060	DUPLIN 289	JOHNSTON 1,206	PENDER 336	VANCE 248
BURKE 698	DURHAM 2,320	JONES 49	PERQUIMANS 23	WAKE 7,646
CABARRUS 1,487	EDGECOMBE 197	LEE 511	PERSON 194	WARREN 45
CALDWELL 609	FORSYTH 3,293	LENOIR 349	PITT 929	WASHINGTON 38
CAMDEN 20	FRANKLIN 372	LINCOLN 650	POLK 104	WATAUGA 299
CARTERET 493	GASTON 1,598	MACON 240	RANDOLPH 839	WAYNE 692
CASWELL 61	GATES 23	MADISON 140	RICHMOND 406	WILKES 450
CATAWBA 1,777	GRAHAM 42	MARTIN 97	ROBESON 645	WILSON 464
CHATHAM 298	GRANVILLE 264	MCDOWELL 370	ROCKINGHAM 652	YADKIN 189
CHEROKEE 202	GREENE 84	MECKLENBURG 9,310	ROWAN 750	YANCEY 118

Top Substances
Around the Home
People Contacted
NC Poison Control
About



1

Household cleaning products

2

Cosmetics & personal care products

3

Foreign objects (like silica gel packs, glow sticks, and coins)

4

Pesticides

5

Alcohols

Top Medications
People Contacted
NC Poison Control
About



1

Over-the-counter and
prescription pain relievers

2

Heart and blood pressure
medications

3

Antidepressants

4

Antihistamines

5

Sedatives/Hypnotics/Antipsychotics
(like anxiety medications & sleep
aids)



**Alternative
Methods of
Contact**

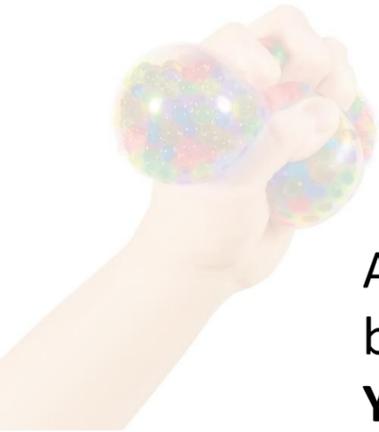
Chats Taken in 2024:

682

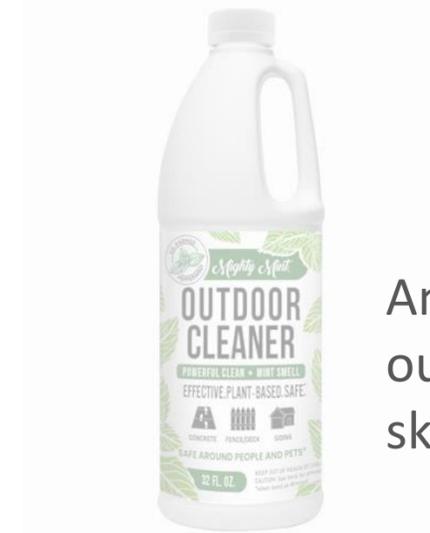
**webPOISONCONTROL®
cases in 2024:**

7,255

Kudos



A father called for his 3-year-old daughter who ate some of the beads from a stress ball. **“Thank you for your kindness. You’ve been wonderful. I’m thankful you are here.”**



An adult called when she was using outdoor cleaner and got some on her skin. **“You guys are so nice to do this.”**

A 15-year old called after he had gotten exposed to poison ivy and wanted to know what to do. **“Thank you for helping me. I am all fine now.”**

A 67-year-old called when she took a double dose of her diabetes medication. **“You’ve made me feel a whole lot better.”**



A Physician's Assistant at a hospital called when a 2-year-old ingested several muscle relaxers. **“Please let Leah know I appreciate her help.”**

A wife called when her husband started feeling adverse effects from taking medication. **“I'm so appreciative of this service. Our primary care doctor wasn't open. I'm so glad I called. You were very helpful and comforting.”**



A 55-year-old was bitten by a copperhead. **“You’ve been extremely helpful and kind.”**

A 75-year-old caller accidentally took the dog's medicine. **“You guys are wonderful. Kristi is amazing!”**



NC Poison Control

Call: 1.800.222.1222

Chat: [NCPoisonControl.org](https://www.ncpoisoncontrol.org)

Online Triage: [webPOISONCONTROL.org](https://www.webPOISONCONTROL.org)®

