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NC POISON  
CONTROL

ANNUAL REPORT  
2022

POISON  
**He p**<sup>®</sup>  
1-800-222-1222

NC  
POISON  
CONTROL



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In a poison emergency, you want to know that you can get fast, expert help. That's what NC Poison Control provides. Nurses and pharmacists answer both calls and chats at NC Poison Control, and our clinicians are standing by around the clock to help.

The center handled 76,574 cases in 2022. You can reach NC Poison Control by calling **1-800-222-1222** or by chatting at **[www.NCPoisonControl.org](http://www.NCPoisonControl.org)**.

Board-certified toxicologists are also on hand to assist the staff when needed. We want North Carolinians to know that by contacting NC Poison Control first, they can often save an Emergency Department visit. NC Poison Control also assists other healthcare providers when help is needed managing poisoned patients.

*In the 2022 annual report, you can find:*

- the top substances NC Poison Control is contacted about.
- the age groups affected by poison exposures.
- the prevention materials the center distributed.

NC Poison Control—when seconds count, you can count on us.

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# BY THE NUMBERS



Close to **30%** of calls or chats came from another healthcare provider.



Almost **70%** of cases were managed at home (or site of original contact).

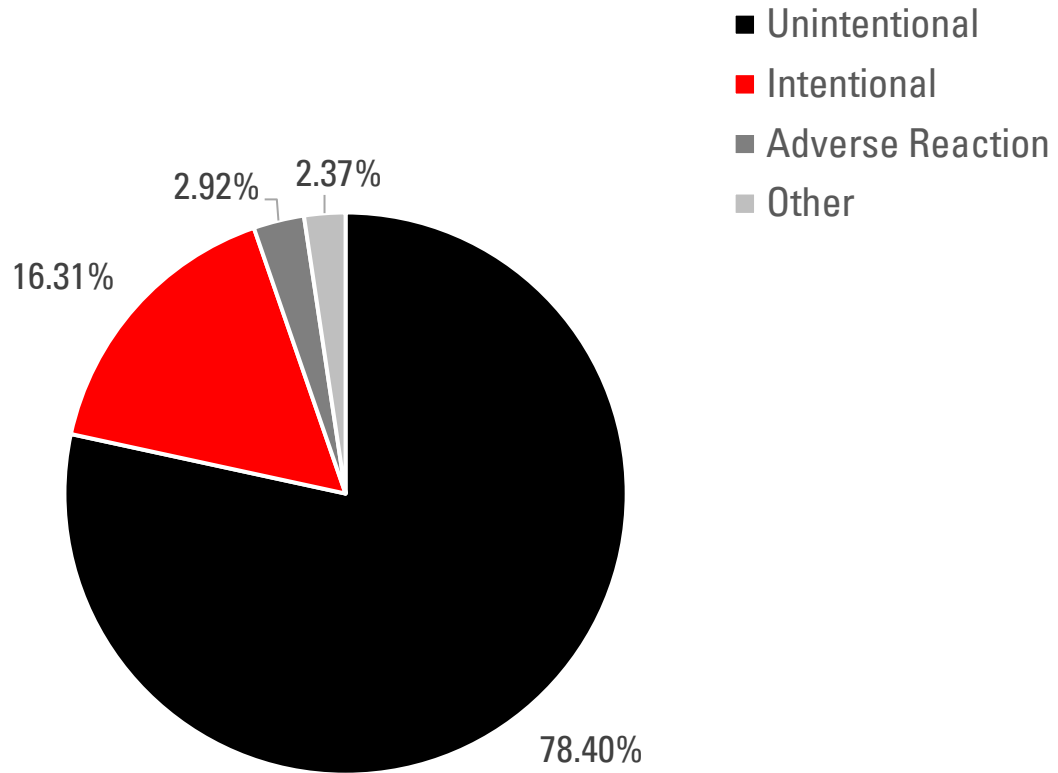


Pain relievers were again the **#1** most common substance prompting people to contact NC Poison Control.

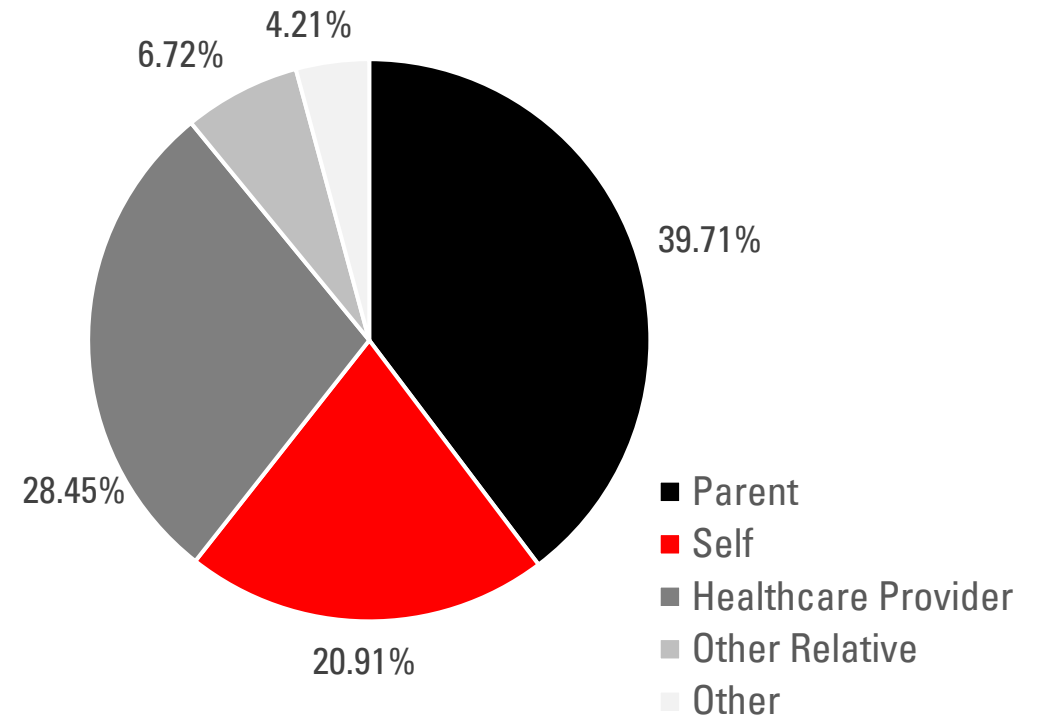


**42%** of people who needed help from NC Poison Control were adults.

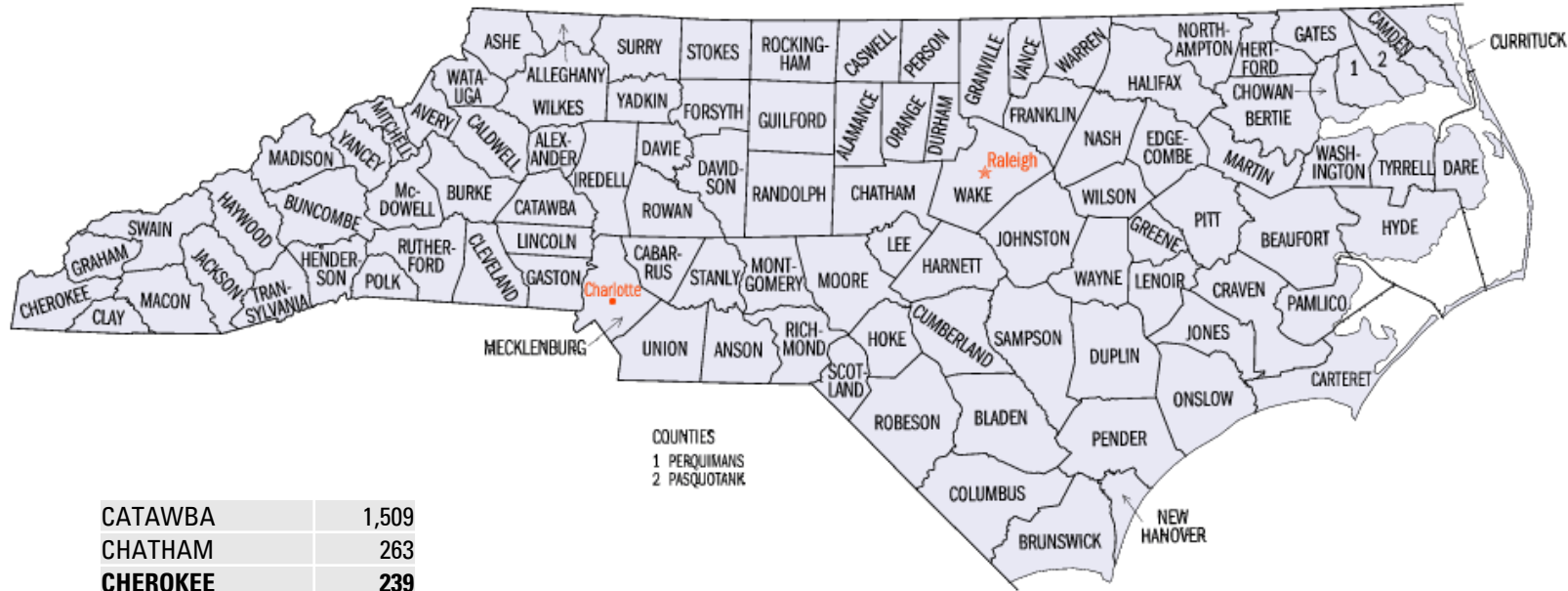
## Reason For Exposure



## Relation to Patient



# 2022 Case Volume by County

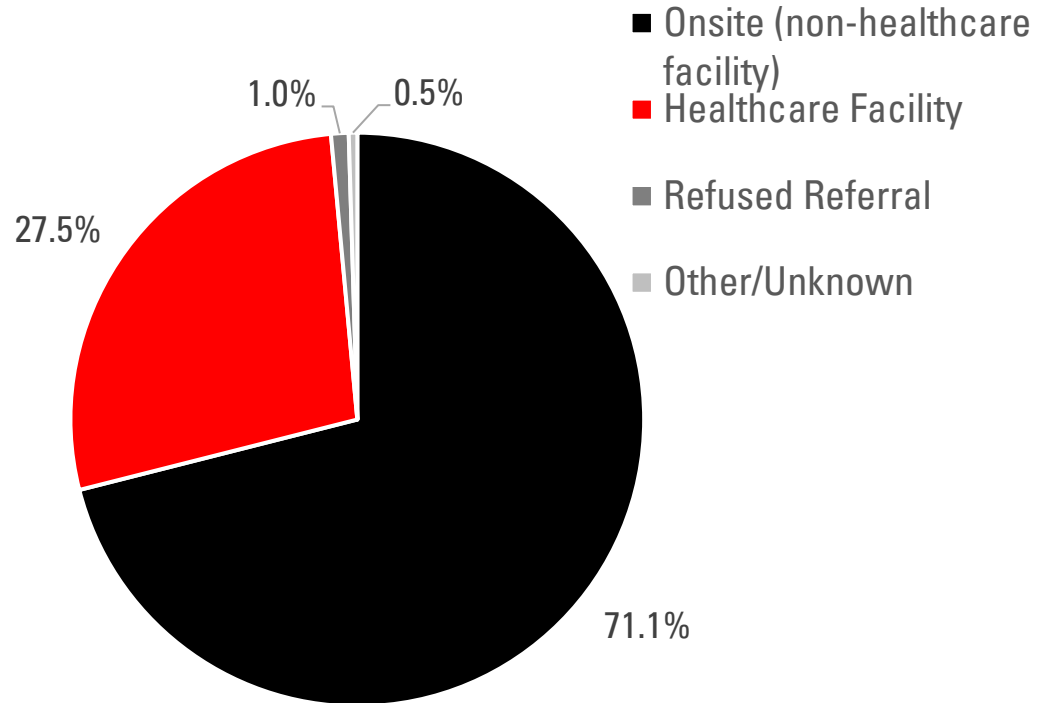


COUNTIES  
1 PERQUIMANS  
2 PASQUOTANK

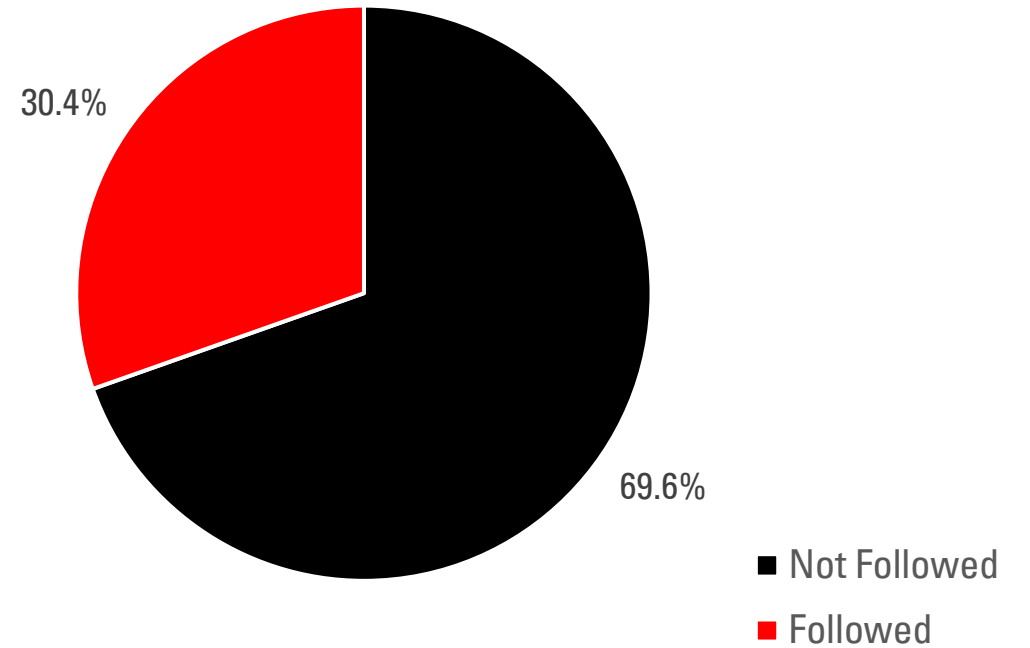
		CATAWBA	1,509						
		CHATHAM	263						
		<b>CHEROKEE</b>	<b>239</b>						
ALAMANCE	1,130	CHOWAN	63	GRAHAM	52			PAMLICO	43
ALEXANDER	167	CLAY	37	<b>GRANVILLE</b>	<b>309</b>			PASQUOTANK	272
ALLEGHANY	57	CLEVELAND	909	GREENE	54			<b>PENDER</b>	<b>305</b>
ANSON	179	<b>COLUMBUS</b>	<b>303</b>	GUILFORD	3,621	LINCOLN	614	PERQUIMANS	22
<b>ASHE</b>	<b>234</b>	CRAVEN	715	HALIFAX	214	MACON	219	PERSON	211
AVERY	170	CUMBERLAND	2,332	HARNETT	787	MADISON	129	<b>PITT</b>	<b>930</b>
BEAUFORT	254	<b>CURRITUCK</b>	<b>73</b>	HAYWOOD	463	<b>MARTIN</b>	<b>133</b>	POLK	116
BERTIE	57	<b>DARE</b>	<b>173</b>	HENDERSON	738	MCDOWELL	297	RANDOLPH	829
<b>BLADEN</b>	<b>161</b>	<b>DAVIDSON</b>	<b>933</b>	<b>HERTFORD</b>	<b>75</b>	MECKLENBURG	8,769	<b>RICHMOND</b>	<b>482</b>
BRUNSWICK	677	<b>DAVIE</b>	<b>303</b>	<b>HOKE</b>	<b>457</b>	MITCHELL	133	<b>ROBESON</b>	<b>680</b>
BUNCOMBE	2,019	<b>DUPLIN</b>	<b>301</b>	HYDE	32	MONTGOMERY	162	<b>ROCKINGHAM</b>	<b>696</b>
BURKE	603	<b>DURHAM</b>	<b>2,287</b>	IREDELL	1,182	MOORE	656	ROWAN	824
CABARRUS	1,475	EDGECOMBE	189	<b>JACKSON</b>	<b>286</b>	<b>NASH</b>	<b>508</b>	RUTHERFORD	420
<b>CALDWELL</b>	<b>650</b>	FORSYTH	3,148	<b>JOHNSTON</b>	<b>1,100</b>	NEW HANOVER	1,480	SAMPSON	306
<b>CAMDEN</b>	<b>19</b>	<b>FRANKLIN</b>	<b>372</b>	JONES	41	<b>NORTHAMPTON</b>	<b>50</b>	<b>SCOTLAND</b>	<b>269</b>
CARTERET	429	GASTON	1,680	LEE	468	<b>ONSLOW</b>	<b>2,047</b>	STANLY	478
<b>CASWELL</b>	<b>65</b>	GATES	27	LENOIR	331	<b>STOKES</b>	<b>239</b>	UNKNOWN COUNTY	1163

bolded counties experienced increased call volume from prior year

## Management Site



## Cases Followed



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CHATS TAKEN:

354

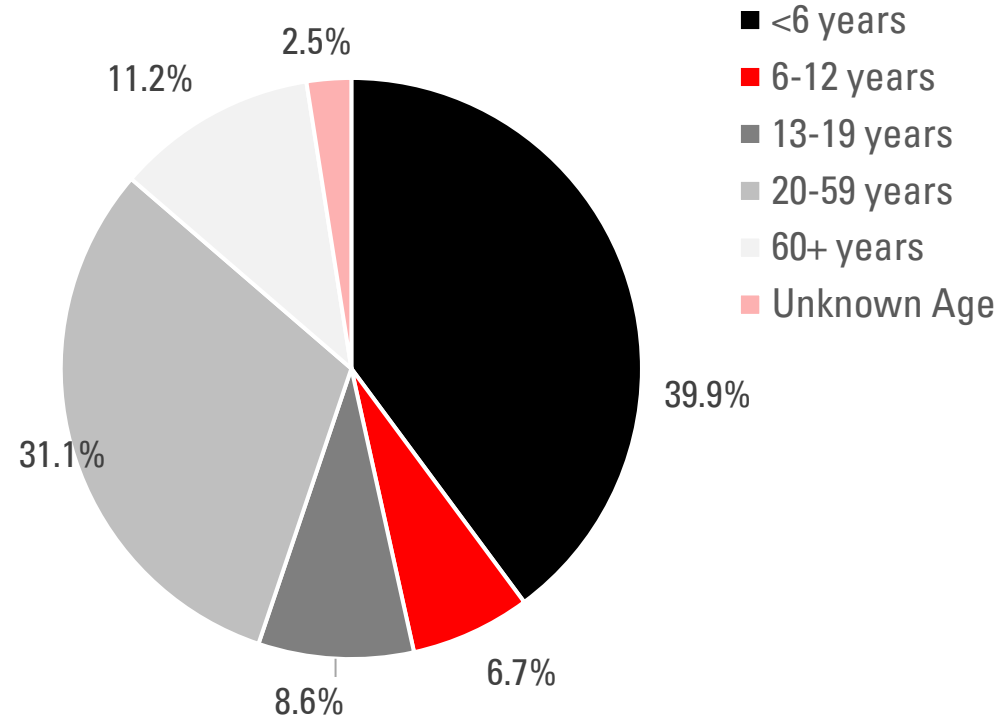
web**POISONCONTROL**<sup>®</sup>

CASES TAKEN:

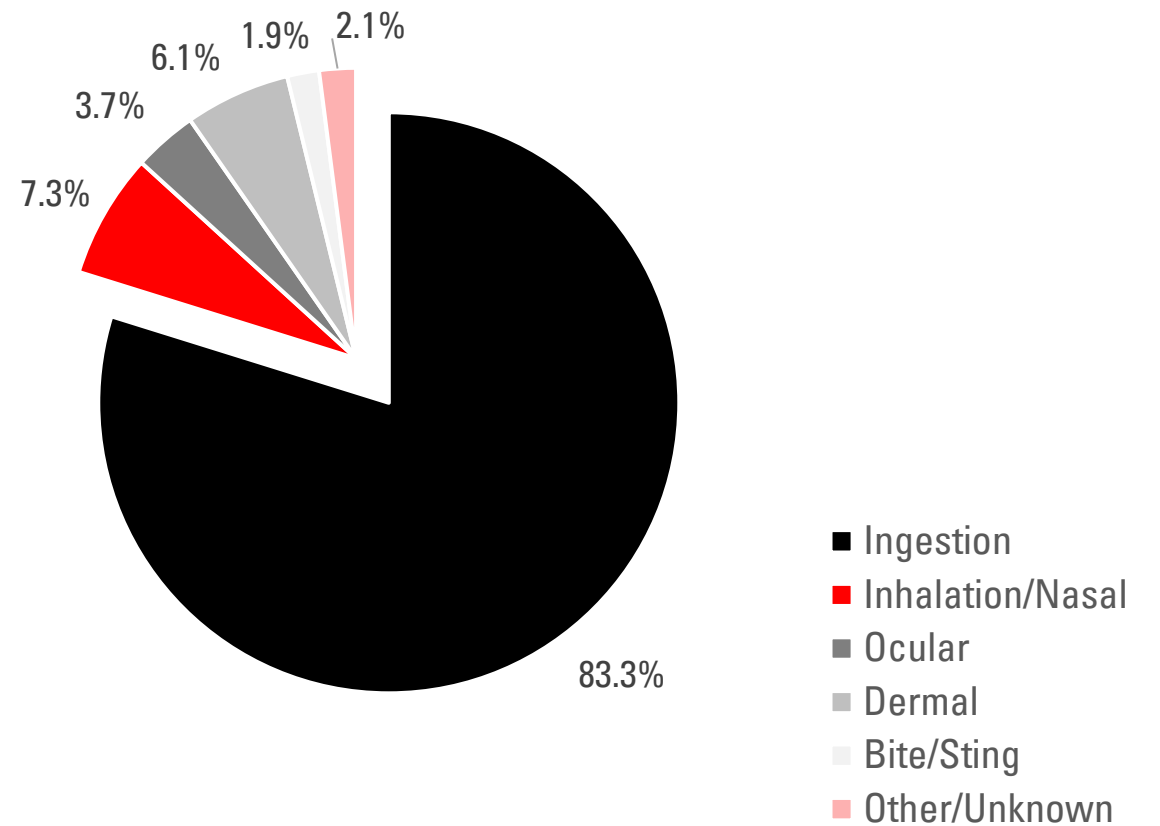
7,141



## Patient Age



## Exposure Route\*



\*Routes are greater than 100% because people are sometimes exposed by more than one route.



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# TOP 5 EDUCATION ITEMS DISTRIBUTED

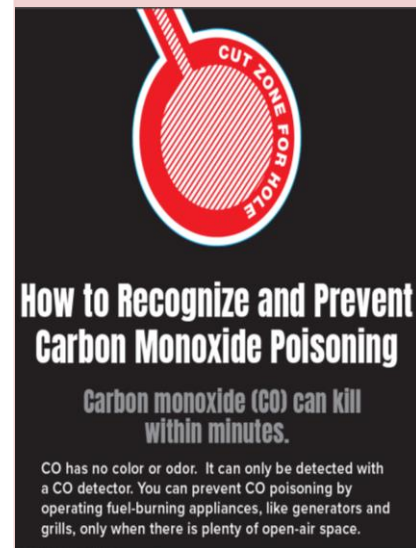
Phone  
Sticker



Magnet



CO Door  
Hanger



Mini-  
Magnet



Materials  
Bag



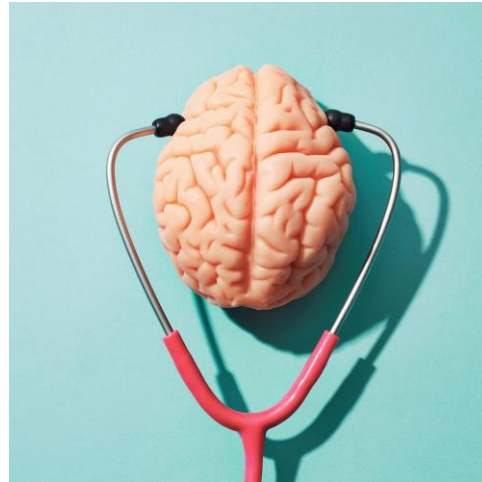
NC Poison Control distributed over 35,000 education materials in 2022.

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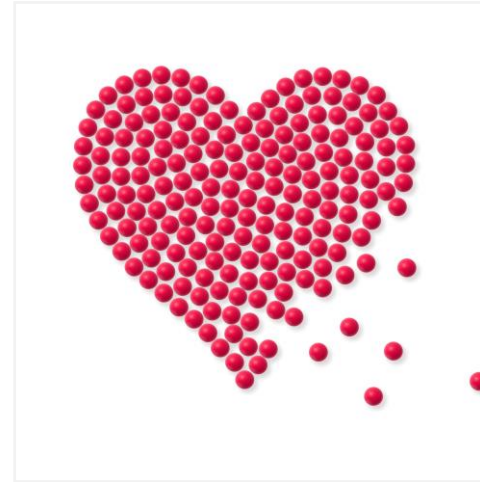
# TOP MEDICATIONS PEOPLE CONTACTED NC POISON CONTROL ABOUT



**Pain Relievers**  
10,841 Cases



**Antidepressants**  
5,130 Cases



**Cardiovascular Drugs**  
5,010 Cases



**Antihistamines**  
4,918 Cases

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# TOP ITEMS AROUND THE HOUSE PEOPLE CONTACTED NC POISON CONTROL ABOUT



**Cleaning Products**

6,292



**Cosmetics/Personal Care Products**

4,223



**Pesticides**

3,098



**Foreign Bodies/Toys**

2,784

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# KUDOS

**"I am so glad we have this number to call. I did not know what to do."**

*- 40-year-old called when she took her antidepressant and anxiety medicine twice by accident.*



**"I feel good knowing North Carolina Poison Control was involved in my care at the hospital. NCPC is one of the greatest humanitarian resources available, and I am very thankful to you for all your help."**

*- Physician's Assistant called when treating a 75-year-old man who was bit by a copperhead.*



**"We are very happy with the assistance we have received from North Carolina Poison Control."**

*- EMS and hospital staff called when a 28-year-old intentionally took a bottle of iron tablets in a suicide attempt.*



**"The help was wonderful, and I so appreciate the work the poison control center does."**

*- 69-year-old woman called when she took two doses of acetaminophen too close together.*

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## NEED TO CONTACT NC POISON CONTROL?

NOW THERE ARE 3 WAYS:

PHONE: **1-800-222-1222**

CHAT: **WWW.NCPOISONCONTROL.ORG**

ONLINE TRIAGE: web**POISONCONTROL**®

*NC Poison Control is the poison control center serving all of North Carolina.*

**POISON**  
**Heip**®  
**1-800-222-1222**  
**NC POISON CONTROL**