



NC POISON CONTROL

**2023 ANNUAL
REPORT**





ABOUT US

Mission

To serve the people and healthcare professionals of North Carolina by providing information and assistance in the **prevention, treatment, and surveillance** of poisonings and overdoses.

WHO WE ARE



NC Poison Control is the poison control center serving all of North Carolina. We help the general public and healthcare providers when someone has come in contact with a potentially poisonous substance.



When seconds count, you can count on NC Poison Control. You can reach the poison center by calling **1-800-222-1222** or by chatting with us at **[NCPoisonControl.org](https://www.ncpoisoncontrol.org)**. Nurses and pharmacists answer the calls and chats free and confidentially.



2023 BY THE NUMBERS

Here are some of the numbers that defined NC Poison Control in 2023.



77,722

The number of calls and chats NC Poison Control received in 2023



42%

42% of calls and chats were about adults 20 and older.



nearly 30%

29% of calls and chats came from a doctor, nurse, pharmacist, or other healthcare provider.

2023 BY THE NUMBERS

70%



Seven out of every 10 calls and chats were managed right at the site of the call saving valuable time, money, healthcare resources, and worry.

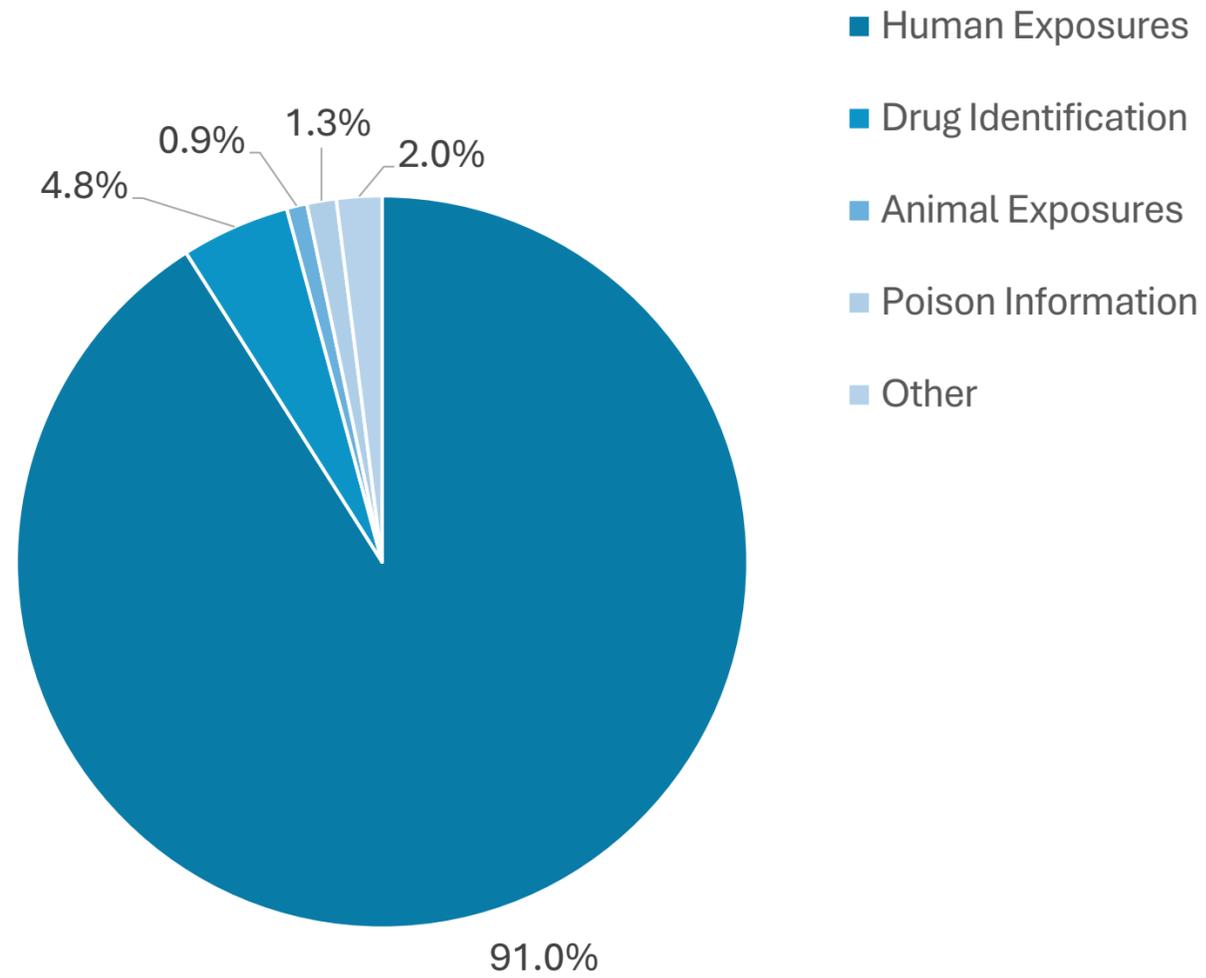
11%



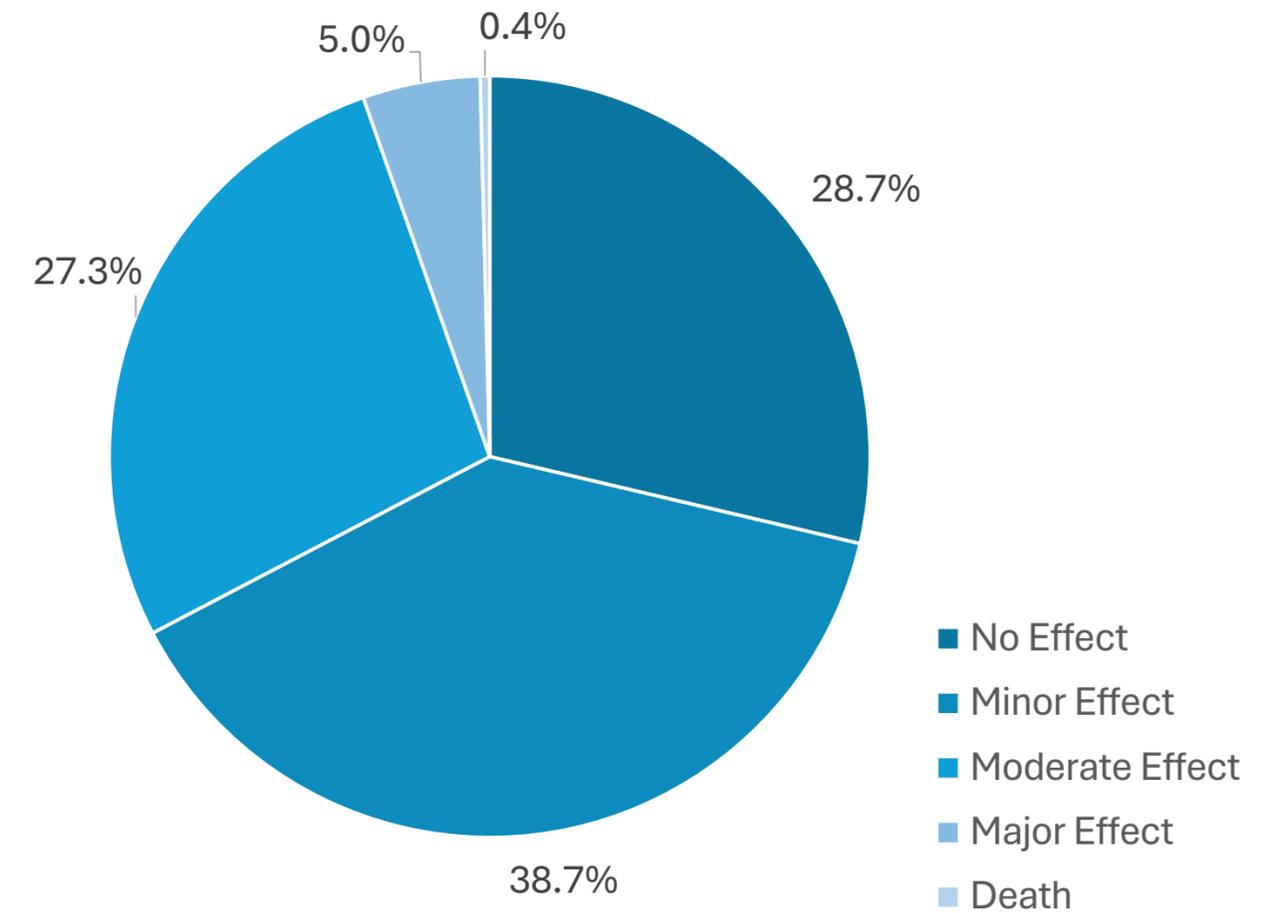
More than one of every 10 calls and chats to NC Poison Control was about a suspected suicide or self-harm attempt.



What prompted a contact to the center?



What effect did the exposure have on the person?*

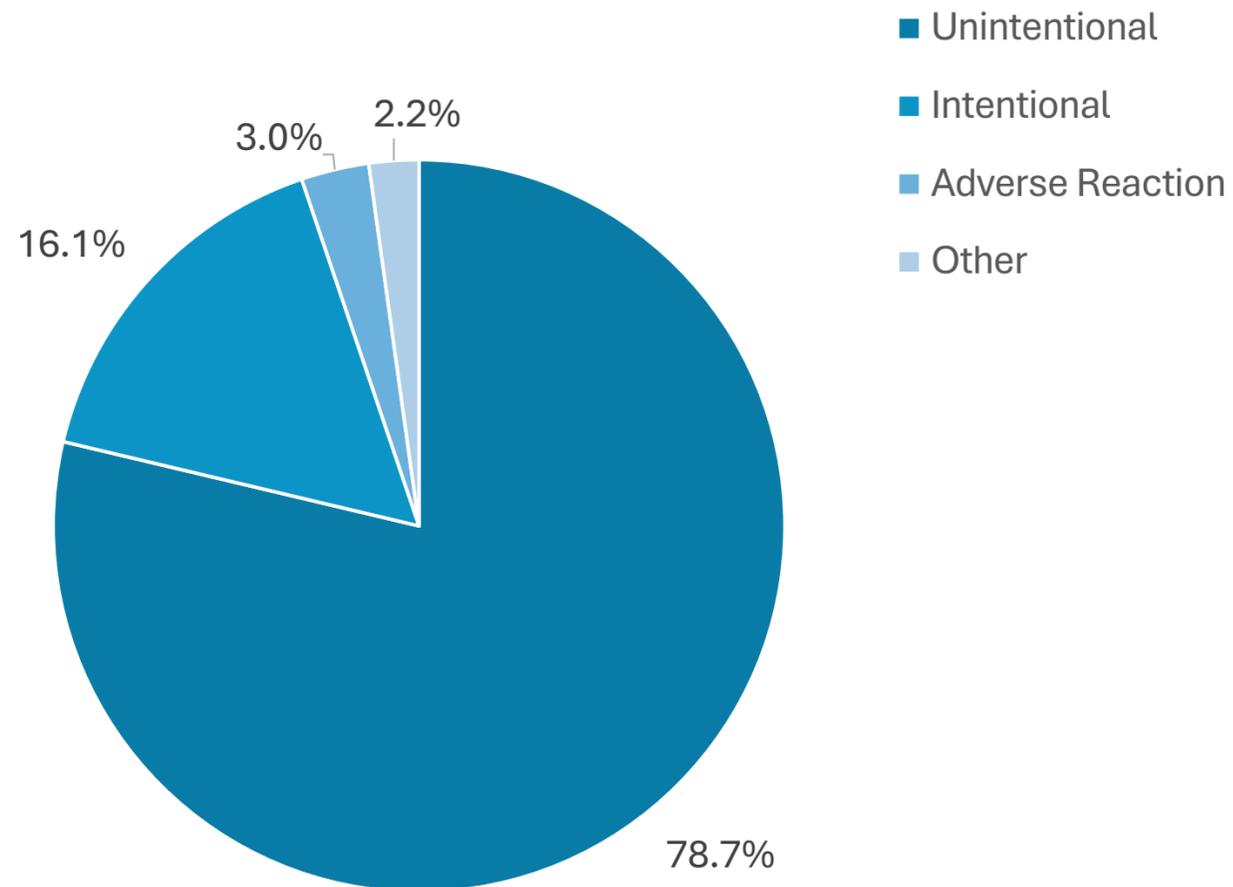


* This data includes cases followed to a known outcome. Not all cases require follow up.

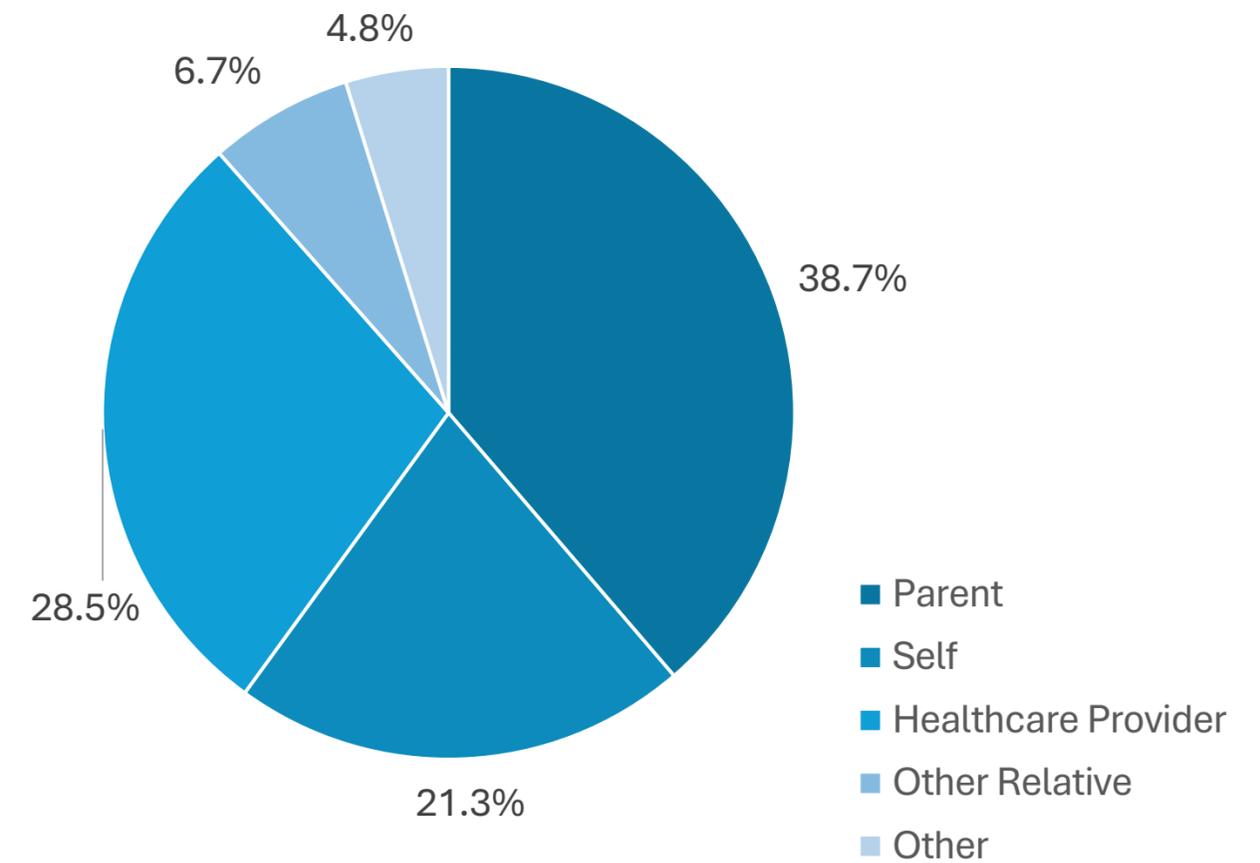
NCPC Case Volume by County

Alamance	1265	Catawba	1457	Franklin	340	Jones	57	Pamlico	49	Surry	554
Alexander	162	Chatham	318	Gaston	1583	Lee	534	Pasquotank	237	Swain	145
Alleghany	59	Cherokee	221	Gates	36	Lenoir	369	Pender	359	Transylvania	233
Anson	144	Chowan	77	Graham	54	Lincoln	689	Perquimans	26	Tyrrell	7
Ashe	216	Clay	44	Granville	278	Macon	239	Person	201	Union	1346
Avery	157	Cleveland	941	Greene	57	Madison	123	Pitt	1005	Vance	231
Beaufort	242	Columbus	315	Guilford	3663	Martin	110	Polk	130	Wake	7201
Bertie	63	Craven	725	Halifax	260	McDowell	347	Randolph	804	Warren	45
Bladen	165	Cumberland	2233	Harnett	808	Mecklenburg	8556	Richmond	488	Washington	39
Brunswick	678	Currituck	68	Haywood	535	Mitchell	133	Robeson	615	Watauga	338
Buncombe	2050	Dare	175	Henderson	782	Montgomery	166	Rockingham	644	Wayne	691
Burke	571	Davidson	884	Hertford	71	Moore	627	Rowan	812	Wilkes	468
Cabarrus	1536	Davie	299	Hoke	449	Nash	526	Rutherford	443	Wilson	435
Caldwell	604	Duplin	320	Hyde	31	New Hanover	1445	Sampson	304	Yadkin	221
Camden	22	Durham	2311	Iredell	1212	Northampton	40	Scotland	262	Yancey	108
Carteret	443	Edgecombe	182	Jackson	258	Onslow	2271	Stanly	509	Unknown	908
Caswell	63	Forsyth	3266	Johnston	1176	Orange	1668	Stokes	228		

What was the reason for exposure?



Who contacted us on behalf of the patient?





FEATURE: SNAKE BITES

Little Known Fact



Did you know that you can call NC Poison Control about a snake bite? In fact, NC Poison Control received 843 calls about snake bites in 2023. The majority of NCPC snake bite calls are about copperhead bites.

Saving Time and Money



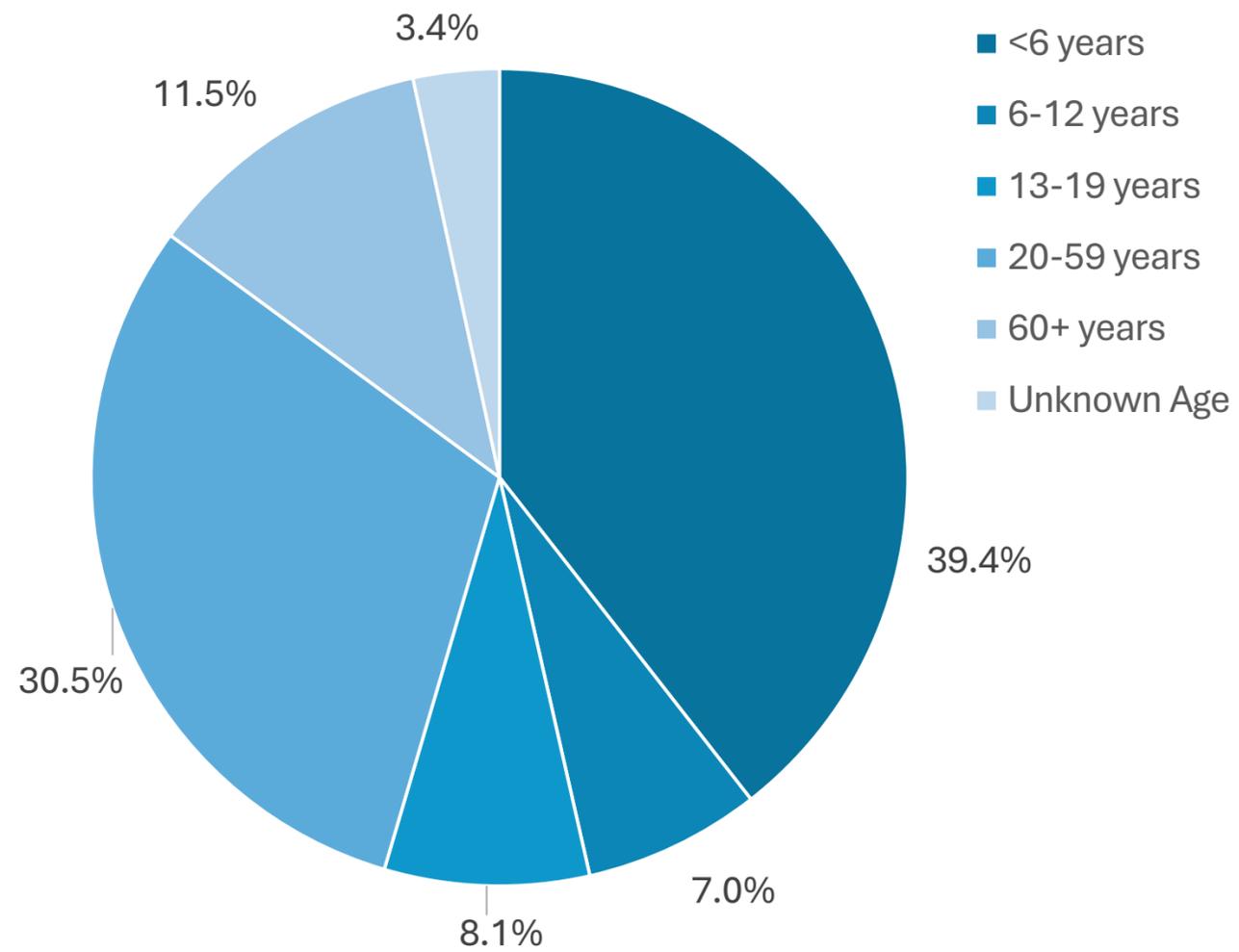
A call to NC Poison Control about a snake bite can provide quick information about how a bite should be treated. Hospitals also call us to help manage snakebitten patients. Not all snake bites require hospital care, but when they do, we work with healthcare facilities across the state to provide treatment recommendations.

Following Up

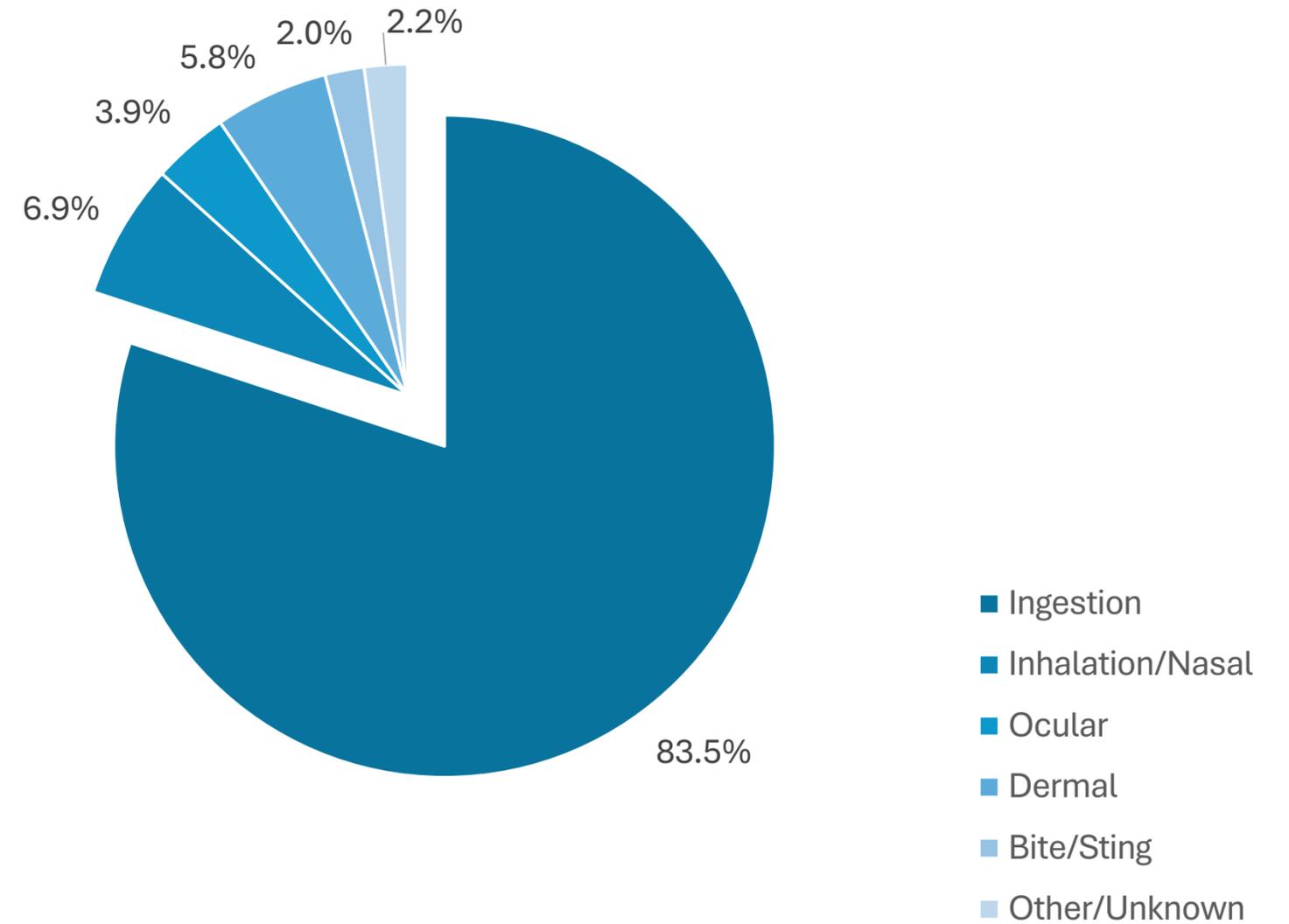


We also follow snakebite patients at home to see if symptoms are worsening or if concerning symptoms develop. Follow ups are also a time for patients to ask questions about what they can expect.

What was the age of the patient?



What was/were the route(s) of exposure?



* Routes are greater than 100% because people are sometimes exposed by more than one route.

TOP ITEMS AROUND THE HOUSE PEOPLE CONTACTED NC POISON CONTROL ABOUT

1

CLEANING PRODUCTS

6,268 Cases

2

COSMETICS/PERSONAL CARE PRODUCTS

4,105 Cases

3

FOREIGN OBJECTS

3,154 Cases

4

PESTICIDES

2,972 Cases

5

ALCOHOLS

2,274 Cases



TOP MEDICATIONS PEOPLE CONTACTED NC POISON CONTROL ABOUT

1

PAIN RELIEVERS

10,860 Cases

2

CARDIOVASCULAR
DRUGS

5,456 Cases

3

ANTIDEPRESSANTS

5,362 Cases

4

ANTIHISTAMINES

4,825 Cases

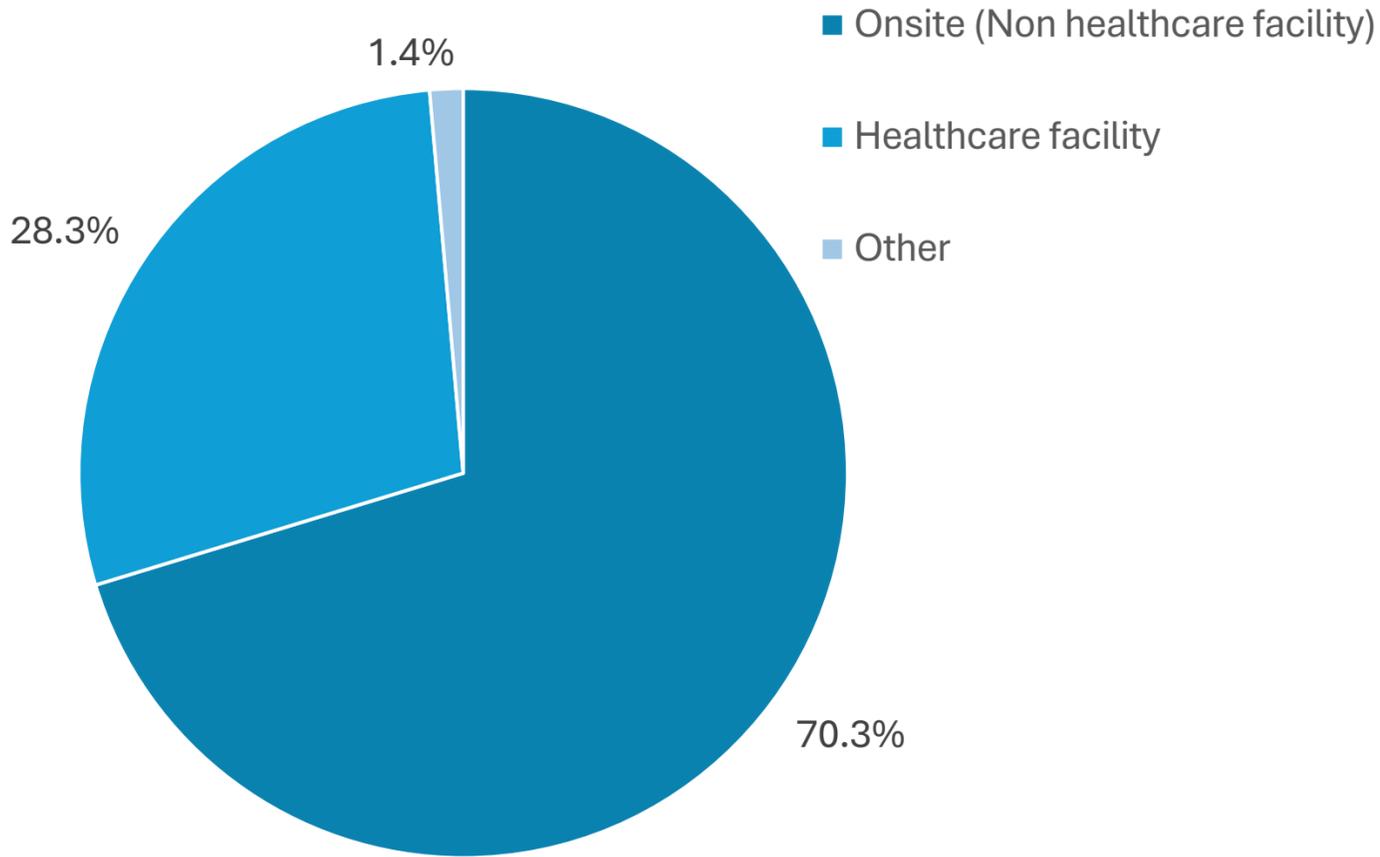
5

SEDATIVES,
HYPNOTICS, ANTIPSYCHOTICS

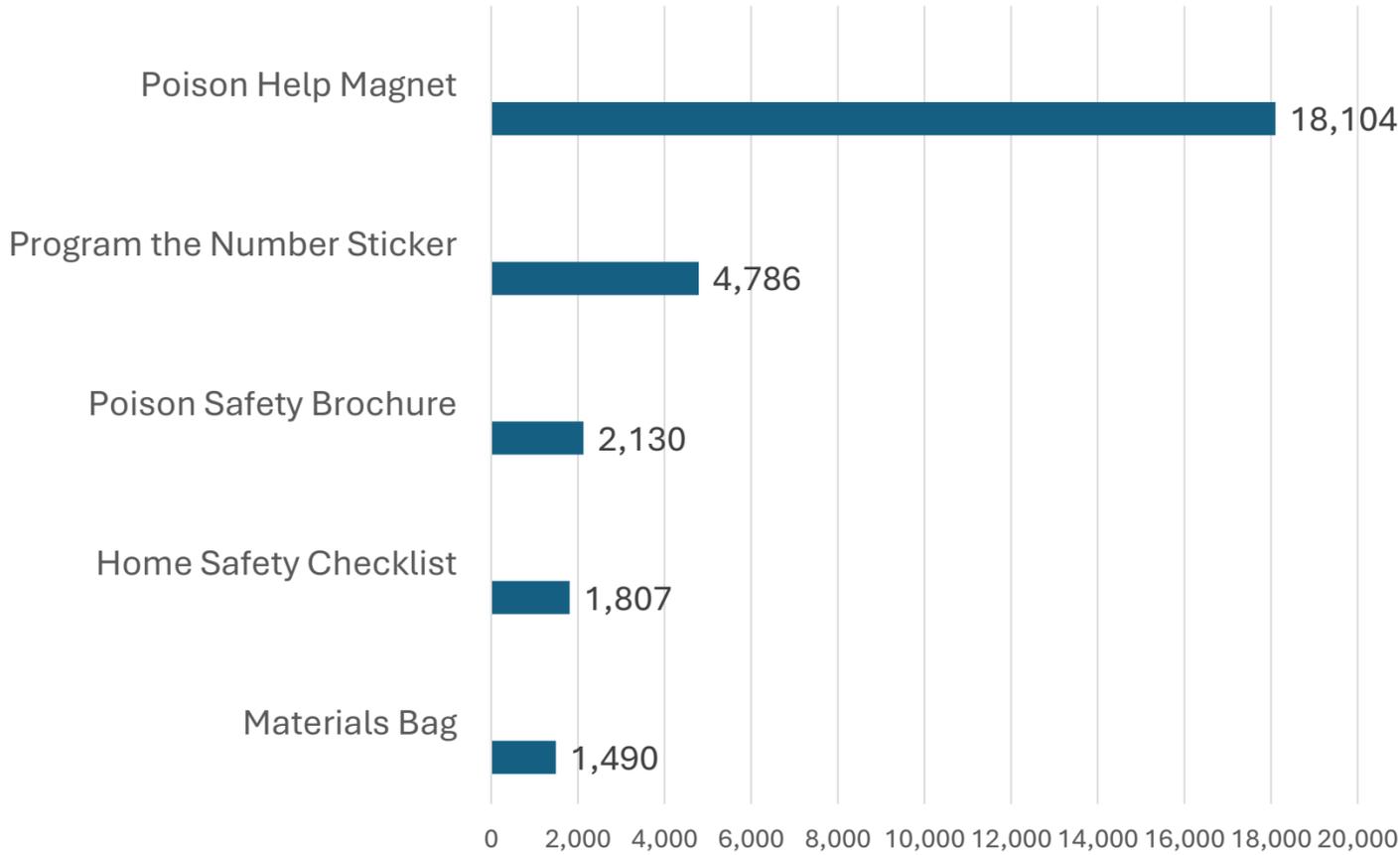
4,255 Cases



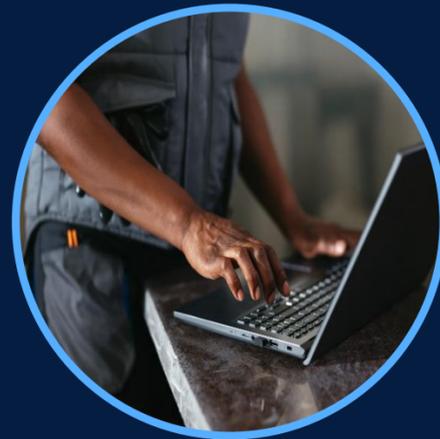
Where was the care provided?



Top Education Items Distributed



Number of Cases by Alternative Mode of Contact



webPOISONCONTROL®

Cases

6,999



Chats

939

Kudos



A 69-year-old female took her fast-acting insulin instead of her long-acting insulin. Patty, RN, assisted the patient over the phone about what to watch for. The patient called NC Poison Control back to relay her thanks.

"Thank you so much! You really saved my day!"

"I would like to tell the nice lady thank you."

"NC Poison Control was great to work with. Thank you."

"Thank you and NC Poison Control for everything."

"Thanks NC Poison Control for following up with me."



An uncle called when his 9-year-old niece accidentally got nail glue in her eye. Patti G., RN, walked the patient through irrigation and told the family member what to watch for.



A 63-year-old patient was bitten by a snake when walking around his yard in flip-flops. Several nurses from NC Poison Control assisted the healthcare facility who initially called about the patient. The patient called back and spoke to Kevin, RPh, to say thanks.

A mom called when a 2-year-old may have gotten a taste of a high blood pressure medicine. Julie, RN, and Louisa, RPh, provided advice for managing the situation and followed the child for symptoms.



A 7-year-old ate nearly half of a marijuana edible. Jeana, RN, helped the mom and dad know what symptoms to look for. The mom called back to report on the child's progress and thank NCPC for the help.



Need to Contact Poison Control?



There are 3 ways to get help.



1-800-222-1222



www.NCPoisonControl.org



www.webPOISONCONTROL.org[®]

