


2018-2019

North Carolina Poison Control Biennial Snapshot



POISON
Help
1-800-222-1222
NC POISON CONTROL



150,389
cases handled



206*
calls and chats
taken per day



42% of people who needed help
from poison control were
adults.



1 out of 4
calls and chats
came from a
healthcare provider



67%
of cases were
managed at home
(or at the call site)

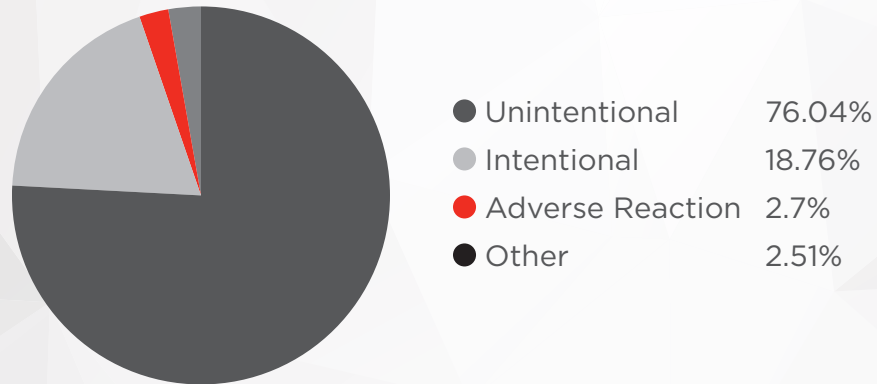


Pain relievers were the #1 substance**
prompting people to contact NC Poison Control.

*Average day

**Over-the-counter and prescription

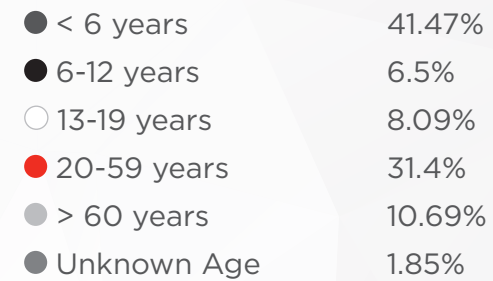
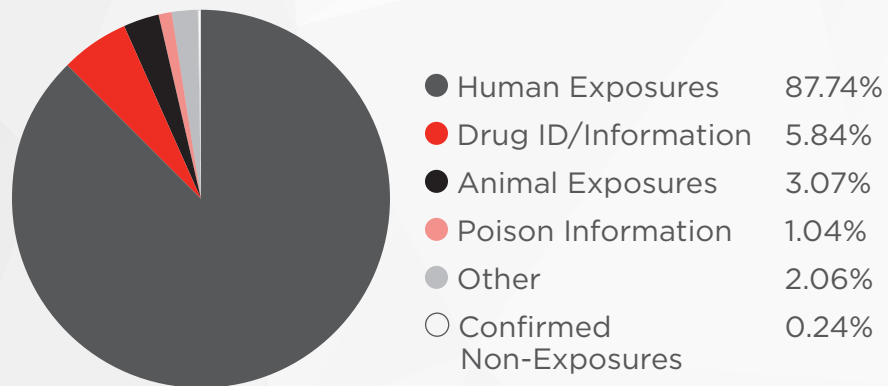
Reason for Exposure



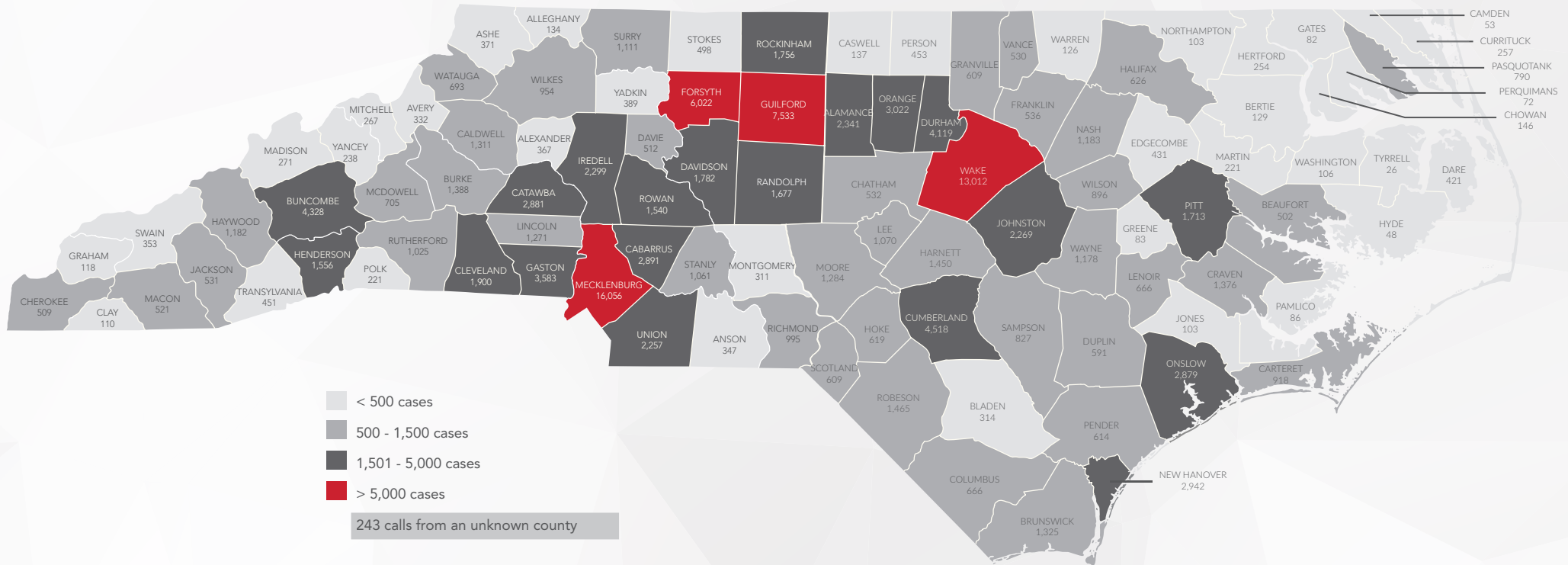
Patient Age



Case Types



Case Volume by County



Site of Call/Chat



● Home	62.51%
● Healthcare Facility	25.77%
● Workplace	1.19%
● School	0.33%
● Other	10.06%
○ Unknown/ Not Specified	0.15%

Management Site



Where was the care provided?

● Onsite (Non-Healthcare Facility)	67.29%
● Managed at Healthcare Facility	30.98%
● Refused Referral to Healthcare Facility	1.02%
○ Other	0.27%
● Unknown	0.45%

Online Interactions

13,052
webPOISONCONTROL® Cases Taken



2,158
Chats Taken

Top 10 Substances People Contacted NC Poison Control About

Analgesics (over-the-counter and prescription pain relievers)	22,226
Household cleaning products	11,307
Sedatives/hypnotics/antipsychotics (including anxiety medications and sleep aids)	10,503
Cardiovascular drugs (heart and blood pressure medications)	10,053
Antidepressants	9,798
Cosmetics/personal care products	9,201
Antihistamines	8,776
Pesticides	7,314
Foreign objects (including silica gel packs, glow sticks, toys, batteries and coins)	5,638
Alcohols	5,025

Top 10 Education Items Distributed



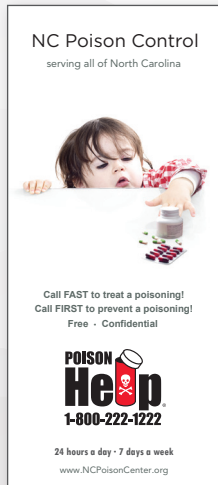
Mini Magnet
13,724



Poison Help
Magnet
11,897

or chat online at
www.NCPoisonControl.org

NORTH CAROLINA
POISON CONTROL



Poison Safety
Brochure
9,678

POISON Help
1-800-222-1222
NC POISON CONTROL

Think it's a Poisoning?
Should you call 911 or poison control?

Did you know about 7 out of 10 callers to North Carolina Poison Control are helped right where they are, without needing hospital care? Our nurses and pharmacists are standing by 24/7 ready to help.

<p>Call North Carolina Poison Control at 1-800-222-1222 if someone has...</p> <ul style="list-style-type: none"> Eaten, swallowed, tasted, touched, or inhaled something you think might be poisonous Been bitten by a snake, aquatic animal, spider, or other insect A question about something you think might be poisonous 	<p>Call 911 if someone has...</p> <ul style="list-style-type: none"> Collapsed Had a seizure Experienced chest pains Stopped breathing and/or become unconscious
--	---

Poison Control and 911 Infographic
8,991

PRESCRIPTION DRUG ABUSE AMONG TEENS

OFTEN BEGINS AT HOME

LUCKILY, SO DOES [AWARENESS]

A growing cause of death among teens is prescription drug misuse. Tragically, it happens when medication is taken incorrectly and when friends share pills. Most parents are unaware of this epidemic and that deadly drugs can often be found in their home medicine cabinet. Carolina Poison Center has a confidential, 24-hour help line staffed by experts who can answer your questions about prescription drug abuse and your child. **Awareness saves lives.**

NEARLY TWICE AS MANY TEENS ARE Dying FROM POISONING THAN A DECADE AGO... AND MANY OF THOSE DEATHS ARE RELATED TO PRESCRIPTION DRUGS.*

POISON Help
1-800-222-1222
poisonhelpartoncall.org

AtriumHealth

Teen Rack
Card
8,105

PREVENT POISONINGS AT HOME
Store these products up and out of children's reach.

<p>KITCHEN</p> <ul style="list-style-type: none"> alcoholic beverages cooking cleaner dish cleaner drain opener floor cleaner furniture polish hand sanitizer vitamins 	<p>LIVING ROOM</p> <ul style="list-style-type: none"> burnt bottles cigarettes diffuser oils e-cigarettes plants
<p>BATHROOM</p> <ul style="list-style-type: none"> cosmetics hair products mouthwash nail products shampoo/soak cleaner toilet bowl cleaner toothpaste 	<p>BEDROOM</p> <ul style="list-style-type: none"> essential oils medicines medications perfumes respirators
<p>LAUNDRY ROOM</p> <ul style="list-style-type: none"> bleach detergents laundry pods soaps stain remover 	<p>GARAGE</p> <ul style="list-style-type: none"> antenna-wheel cleaner ant/rat traps antifreeze grease kerosene lamp of lighter fluid paint thinner pesticides rust remover windshield washer fluid

Some items may be found in more than one room.

POISON Help
1-800-222-1222
NC POISON CONTROL

QUESTIONS? CONTACT US
CALL | CHAT | NCPoisonControl.org

POISON PERIL
Poisonings are more common—and more deadly—than you realize.

Poisoning is now the #1 cause of injury death, killing even more people than car accidents.¹ But poisonings are preventable and treatable and there's a resource to help: the Poison Help line—1-800-222-1222, which connects you to your local poison center. The nurses, pharmacists, doctors and poison experts that staff the line 24 hours a day, 365 days a year can give you free and confidential advice, from how to handle an emergency to how to protect your family from poison dangers. To learn more, visit www.poisonhelp.hrsa.gov.

Top 5 Causes of Poisoning³

- Prescription drugs
- Cosmetics or personal products
- Household cleaning products
- Antibiotics, hypnotics and antipsychotics
- Medicines

What Can You Do?

- Drug-related poisonings cause nearly **700,000** visits to hospital emergency rooms each year.²
- Call the Poison Help line, 1-800-222-1222, if someone you know may have been poisoned or just to ask a question.
- Call 911 if someone is unconscious or has trouble breathing.

How Common is Poisoning?

More than **35,000** deaths each year.²

Who's at Risk?

50% Young adults are the most likely to be poisoned, with children under age six accounting for 11% of all poison exposures.²

92% Most of the poisoning deaths occur among people over the age of 25.²

HRSA

AtriumHealth

Poison Peril Infographic
5,324

SHARING PILLS CAN KILL, BUT AWARENESS SAVES LIVES.

POISON Help
1-800-222-1222

AtriumHealth

CALL CAROLINAS POISON CENTER FOR MEDICATION HELP.

SHARINGPILLSCANKILL.COM

Teen Magnet
5,600

Home Safety
Checklist
7,092

A GUIDE TO ACCIDENTAL PLANT POISONING

POISON Help
1-800-222-1222

POISON EXPERTS ON CALL

NC Poison Control

Plant Brochure
5,229



Program the
Number Sticker
8,435

North Carolina Poison Control (NCPC) is the poison control center serving all of North Carolina. The center is staffed by nurses, pharmacists and toxicologists who are expertly trained in handling poisonings. You can reach NCPC by calling 1-800-222-1222. Take a moment now to program the number into your phone.

NCPC helps people of all ages. Often poison control is thought of as a service primarily helping parents with young children. However, about the same percentage of adults contact us for help as do parents of young children.

NCPC also assists healthcare providers by giving treatment recommendations for their poisoned patients. One-fourth of our calls come from healthcare facilities across the state.

NCPC provides all of this assistance to the public and to healthcare providers for free. NCPC answered over 200 calls and chats per day in 2018-2019, and we are ready to help by phone at 1-800-222-1222, chat at NCPoisonControl.org or online at webPOISONCONTROL.org.



CALL
1-800-222-1222



CHAT
NCPoisonControl.org



ONLINE
webPOISONCONTROL.org

Get poison prevention tips by visiting
www.NCPoisonControl.org.

