

Toxic Plants



POISON IVY

With Poison Ivy remember:
“Leaves of 3, Let it be!”



POISON OAK

Call **North Carolina Poison Control** at **1-800-222-1222** if you suspect a poisonous plant exposure.



POISON SUMAC

Visit www.NCPoisonControl.org for a list of some potentially poisonous plants.



My Action Plan

You've learned about some potential poisons and how to avoid them. Now it's time to do some inventory in and around your own home. Your Action Plan will help you identify the problem areas in your home, determine solutions, and map out a plan for implementing the solutions.

Here's an example to help get you started. If you note that you do not have adequate storage in your garage for chemicals, paints, and other dangerous products, a possible solution would be to bring the chemicals inside to a locked area. You could also create or purchase storage units for your garage that can be locked.

Your Action Plan timeline will depend on if you buy units or build them yourself. Give yourself a deadline to complete the project, so you can be accountable to make the changes.

Problem areas in my home, yard, or garage:

Solutions:

Schedule for implementing my solutions:



Checklist for Poison Proofing Your Home

Kitchen

- Are household products (detergents, cleaners, polishes) stored in high shelves in cupboards?
- If children or pets are in the home, are child safety latches on all cabinets and drawers containing household products?
- Are medications removed from all open areas such as counters, windowsills, or the top of the refrigerator?
- Are all medications, cleaning substances, and other liquids in their original containers?
- Are all potentially harmful products away from all food?

Bedroom

- Have medications been removed from dresser drawers and bedside tables?
- Are cosmetics and perfumes up high and locked away?*
- Have guests been invited to store their medicines in a locked area in your home?
- Is a working carbon monoxide detector installed outside of all sleeping areas?

Bathroom

- Are all medicines in original containers?
- Are all medicines, sprays, powders, cleaners, cosmetics, polishes, hair care, toothpaste, and mouthwash up high and locked away?*
- Are all medications given only to the people they are prescribed for?
- Are old medications disposed of properly?◇

Laundry Area

- Are all detergents, fabric softeners, whiteners, soaps, polishes, and other cleaners up high and locked away?*
- Are all drain and toilet bowl cleaners up high and locked away?*
- Have empty household containers been rinsed out and placed in a covered trashcan?

Garage/Basement

- Are insect sprays, weed killers, or pesticides up high and locked away?*
- Are all automotive supplies like antifreeze, windshield cleaner, engine cleaner, and motor oil up high and locked away?*
- Are paints, turpentine, putty, and glue up high and locked away?*
- Is a working carbon monoxide detector installed?

Around the House

- If children or pets are in the home, are alcoholic beverages out of reach?
- If children or pets are in the home, are ashtrays empty and are cigarettes out of reach?
- Are painted objects kept in good repair?

* Be careful when grabbing chemicals and other household products from a high place. Use a step stool or lower products slowly to avoid spills on your skin or in your eyes.

North Carolina Poison Control's Home Safety Checklist featured on the next page can be ordered by visiting www.PoisonShop.org.

PREVENT POISONINGS AT HOME

Store these products up and out of children's reach.



KITCHEN

alcoholic beverages
countertop cleaner
dish cleaner
drain opener
floor cleaner
furniture polish
hand sanitizer
vitamins



BATHROOM

cosmetics
hair products
mouthwash
nail products
shower/bath cleaner
toilet bowl cleaner
toothpaste



LAUNDRY ROOM

bleach
detergents
laundry pods
soaps
stain remover



LIVING ROOM

button batteries
cigarettes
diffuser oils
e-cigarettes
plants



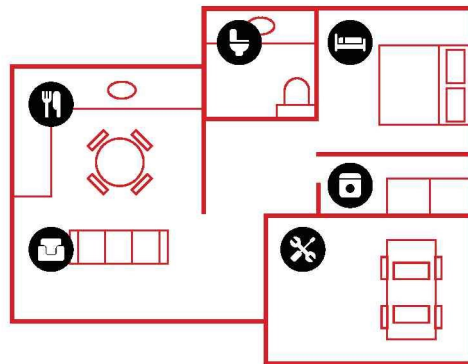
BEDROOM

essential oils
medicines
melatonin
perfumes
vaporizers



GARAGE

aluminum wheel cleaner
ant/roach traps
antifreeze
gasoline
kerosene
lamp oil
lighter fluid
paint thinner
pesticides
rust remover
windshield washer fluid



Some items may be found in more than one room.

NORTH CAROLINA POISON CONTROL--*Poisoning Spans a Lifetime* Program Evaluation

Please check the box that most closely indicates your opinion of this program.

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
The program content was appropriate and relevant to me.					
The information was timely and current.					
The visual aids were useful.					
The overall quality of the program met my expectations.					
The presenter engaged with the class.					
I am more knowledgeable about poison safety now than before the class.					

1. What did you like most about the poison prevention presentation?

2. How could it be improved?

3. What is one thing you will take away from the class?

4. How likely are you to use the poison prevention information in your home/with family?

Not Likely

Likely

Very Likely

5. If so, how soon do you plan to use/share the information?

Immediately

In the next month

In the next 3 months

Other: _____

YES

NO

6. I did not know there was a poison control center prior to this class.

7. I knew the number to the poison control center prior to this class.

8. I am likely to program the poison control center number into my phone.

9. I have had to call the poison control center in the past.

10. I would call the poison control center in the future.

If not, why?

Presentation Date:
Presenter's Name:
Your name:
City:
Zip Code:
County:
Phone:
Email:

Comments or suggestions?

Thank you for completing the poison prevention education program.

