

Scotland Health Care System Community Health Needs Assessment and Improvement Plan 2019

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ACKNOWLEDGEMENTS

Dear Community Member:

At Scotland Health Care System, our commitment to serve the community is still as strong as it was when the original hospital was established 74 years ago in 1946. Scotland Health Care System continues to concentrate on what the community desires: high-quality services focused on individual patient needs. We are the community's largest private employer, with a staff of over 1,000 full-time and part-time associates. Additionally, over 100 physicians and advanced clinical practitioners are on our staff.

We are a community owned and controlled not-for-profit organization that includes Scotland Memorial Hospital, Scotland Physicians Network with sixteen medical practices, Scotland Regional Hospice (formerly Hospice of Scotland County), Scotland Family Counseling Center, and Scotland Memorial Foundation.

Here at Scotland Health Care System, we understand that health care is evolving, and the needs of our community are of utmost importance. Our overall goal is to provide local communities access to better health care by capitalizing on emerging advancements in medicine and strides in technology. It is our desire to provide you the best care possible and remind you that our staff will be here to help you and your loved ones when the need arises.

The Affordable Care Act requires all not-for-profit hospitals to conduct a community health needs assessment (CHNA) and adopt an implementation strategy to meet the needs identified every three years. CHNAs dating back to 2013 can be found on our website.

Without doubt, we know every health care disparity that our community faces cannot be corrected; however, we strongly believe that with collaborative partnerships and commitment from the community, we can make great things happen. We will continue partnering with other organizations and local groups to integrate resources for the development or enhancement of programs that focus on improving the community's health and well-being.

I encourage your engagement in improving your health as well as others through response to this report. I value the history, culture, and connectedness within our community and ask that you join me in making our community a healthier place.

Thank you,

Gregory Wood
President and CEO
Scotland Health Care System

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Executive Summary

Mission:

The Mission of Scotland Health Care System is to work with our health care partners to create and operate a patient centered, integrated system to provide Safe, High Quality, Compassionate, and Sustainable health care to the people we serve.

Vision:

Scotland Health Care System will be recognized and chosen by patients and their families throughout our region for the quality and value of services we provide. This value will be demonstrated through the highest level of quality and service, along with the safest environment. We will lead efforts to improve the health and well-being of the citizens in our region.

Values:

We accept and are proud of our role as the safety net provider of essential services for our region.

- As a community-owned health care system, we believe in transparency and accountability to our community for the decisions we make. These decisions will be made collaboratively and with the utmost integrity.
- Our associates, physicians, other providers, and volunteers are our most important assets. We treat each other, along with our patients and families, with care, compassion, dignity and respect at all times.
- We carry out all these principles in a financially prudent and sustainable manner to ensure we stay focused on our Mission.

Community Health Needs Assessment:

A Community Health Needs Assessment (CHNA) is performed every three years to gain an understanding of the health, concerns, and health care systems of the community. The needs assessment will help provide direction and focus for Scotland Health Care System, Scotland County Health Department, and other community agencies and organizations in Scotland County and will also serve as a basis for improving and promoting the health of Scotland County residents.

This document was developed by Scotland Health Care System (SHCS) in response to a community health needs assessment that was constructed in conjunction with the Scotland County Health Department. Results were presented to the Community Health Advisory Board (CHAB), which serves as an avenue for community input for community health programs, service, and project development by advocating for community

collaborations that address the health needs of Scotland County. Issues may include, but are not limited to, promoting healthy initiatives within the community and matters of healthy community design. Additionally, the CHAB will advocate for collaboration and resource integration for the development or enhancement of programs that focus on improving the community's health and well-being. Current members represent various community sectors such as business, education, faith-based, health care, tribal leadership, and local government.

Primary data and secondary data were gathered from multiple resources to accurately determine current needs of the community. The priority needs identified include:

- I. Obesity related hypertension, heart disease, and diabetes
- I. Mental health including substance misuse
- II. Lack of positive youth engagement and healthy behaviors

Scotland Health Care System has collaboratively developed strategic initiatives to enhance access to health care, access to primary care, and health literacy while focusing on identified needs.

Summary of Action Plans:

Action plans to address the identified priorities focus on increasing health literacy and facilitating access to health care and primary care. Planned strategies are reflective of implementations from previous CHNAs and improvement plans.

OBESITY RELATED HYPERTENSION, HEART DISEASE, AND DIABETES

The action plan includes programs that address risk factors such as obesity, smoking, hyperlipidemia, and elevated glucose levels. These programs incorporate a variety of communication and education methods as well as resource integration. Specific programs are: Tobacco Cessation, Blood Pressure Management, Diabetes Management, and Eat Healthy Be Active.

MENTAL HEALTH INCLUDING SUBSTANCE MISUSE

The action plan includes decreasing the negative stigmatism related to mental health, a prime factor that prohibits treatment, by increasing the overall awareness of mental health wellness. Substance use/misuse is embedded in this priority; therefore, smoking cessation is a key program noted in this plan. Additional strategies include establishing and strengthening relationships with key partners who provide behavioral health services.

LACK OF POSITIVE YOUTH ENGAGEMENT AND HEALTHY BEHAVIORS

The action plan targets adolescents and their caregivers to promote engagement and health behaviors. Programs target awareness, education, and professional development. Activities will also address foundational needs that enhance future health outcomes.

Community Health Needs Assessment Process

The Community Health Needs Assessment model was adopted from the American Hospital Association: Association for Community Health Improvement.



Step 1: Reflect and Strategize

Reflection is foundational to understanding the effectiveness of the previous implemented strategies. The Community Health Needs Assessment Team, comprised of Scotland Health Care System Community Health, Scotland County Health Department, various faith-based organizations, and community members, worked together to reflect on the previous assessment, partner with key stakeholders, define the community, and determine the process for data collection.

Step 2: Community Engagement

Community engagement allows individuals and stakeholders from the community to partner with health care organizations to more accurately reflect the needs of the community, enhance communication, and develop sustainable strategic initiatives that can lead to a healthier community. Key stakeholders are listed in Appendix A.

Step 3: Identify the Community

The identified community for this CHNA is Scotland County, NC. Cities included in this community are Gibson, Laurel Hill, Laurinburg, and Wagram.

Step 4: Collect and Analyze Data

Primary data was collected through surveys, focus group assessments, and key stakeholder interviews. Secondary data was collected from respected sources (see Appendix D). Assessments included both quantitative and qualitative data to capture demographics, disparities, and inequalities. Data analysis was completed by the CHAB and community members with no vested ties to the SHCS.

Step 5: Prioritize Community Health Issues

Prioritization of community health issues was based on primary and secondary data analysis, which identified three priorities related to health care access, primary care access, and health literacy. These priorities were identified based on the perceived and noted severity of the problem, need within vulnerable populations identified, trending health concerns, and available resources within the health care system, partnering organizations, and the community.

Step 6: Document and Communicate Results

Results from this survey are available for public view and are easily accessible. Publication allows the community and partners to become engaged and/or foster continuous commitment to the improvement plan.

Step 7: Plan Implementation Strategies

Internal and external resources planned strategies in a collaborative effort based on issue identification, prioritization of both the need and impact, and resource allocation. Internal resources include various SHCS departments; Community Health, Business and Industry, Occupational Health, Scotland Memorial Foundation, Scotland Physicians Network, and Resource Management. External resources include a variety of organizations throughout the community representing faith-based organizations, health care partners, parks and recreation, local schools and universities, town officials, the Lumbee Tribe of North Carolina, local youth development agencies, housing services, vocational rehabilitation services, local Habitat for Humanity, and child care agencies.

Step 8: Implement Strategies

Strategies will be implemented by designated leads and teams. Teams will be developed based on interests, services offered, skill sets, resources, and partnerships. Teams can be represented as sub-committees, reporting up to the CHAB. Action plans will be utilized to clearly identify strategies, objectives, interventions, setting, time frame, partnering agencies, evaluation measures, process, outcomes, and references.

Step 9: Evaluate Progress

Identified metrics will be tracked utilizing SHCS' EMRs, tracking reports within the organization and from partnering agencies, and secondary data reports. The CHAB will receive a quarterly update which can be shared with our partners and the public as needed. The report will be presented in a variety of forums including meetings, social media, and through the SHCS website. Feedback regarding the report will be solicited.

Community Description and Demographics

SCOTLAND COUNTY OVERVIEW

History

Scotland County was formed in 1899 and as suggested by its name, it was termed after the heritage and history of Scottish settlers. Even earlier inhabitants included Saura (Cheraw) Indians, which were followed by English settlers and Quakers. Laurinburg is a micropolitan statistical area that was named after the McLaurin Scottish family, and currently serves as the county seat. Much of the county's historical aspects draw on its Scottish lineage which can be reflected by St. Andrews Presbyterian College and the Scotland County Highland Games.

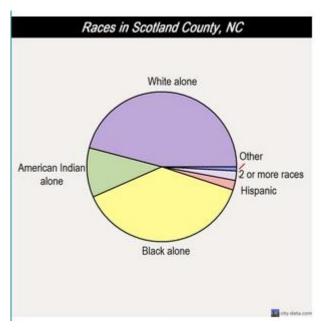
Geographic Features

Scotland County borders the Piedmont and Coastal Plain regions of North Carolina as well as the South Carolina border. The county has a total area of 320 square miles (830 km²), of which 319 square miles is land and 1.5 square miles is water. Scotland County is surrounded by other counties which include Hoke, Robeson, Marlboro, Richmond, and Moore. Notable geographic features in the county are the Lumber River, Big Muddy Lake, and Juniper Swamp.



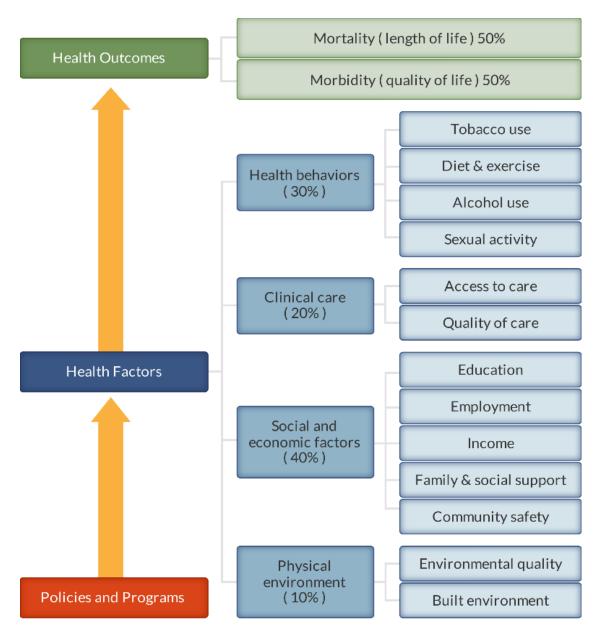
Demographics

Scotland County currently has population of approximately 35,000 people. Based on the US Census Bureau. the racial makeup of the county is 45.1% Caucasian, 39.0% African American or Black, 12.4% American Indian and Alaska Native, 0.9% Asian, 0% Native Hawaiian and other Pacific Islander. 2.6% two or more races, and 3.1% Hispanic or Latino. The median age is 39.3. Within Scotland County, 3.58% of people speak a non-English language and 98.5% are U.S. citizens.



Data Collection Process and Results

Primary and secondary data sources were analyzed to target the clinical and non-clinical factors that impact health as displayed in the County Health Rankings & Roadmaps Model:



County Health Rankings model ©2012 UWPHI

Primary data was collected through several surveys including paper surveys, oral surveys, and focus group surveys. Additional primary data was solicited from key stakeholders who are culturally aware and/or embedded in the community. Secondary data was collected utilizing respected resources as noted in Appendix D.

Primary Data Collection Process and Results:

COMMUNITY HEALTH NEEDS ASSESSMENT: MAIN SURVEY

The main survey (Appendix B) was modified from the 2016 survey, based on recommendations of the CHNA Team and consisted of four categories: 1) Individual, (2) Family/household, (3) Community, and (4) Demographics. Surveys were distributed at the Scotland County Health Department, SPN Practices, faith-based organizations, SHCS website/email, and the SHCS Facebook page. Two versions of the main survey were distributed and a total of 598 surveys were collected. Most of the surveys collected were written and entered manually into a program for data collection purposes. However, one of the limitations of the program was that it only allowed one response per question, while multiple responses may have been included on the written version. Question numbers 4, 9, and 17 were affected by this limitation.

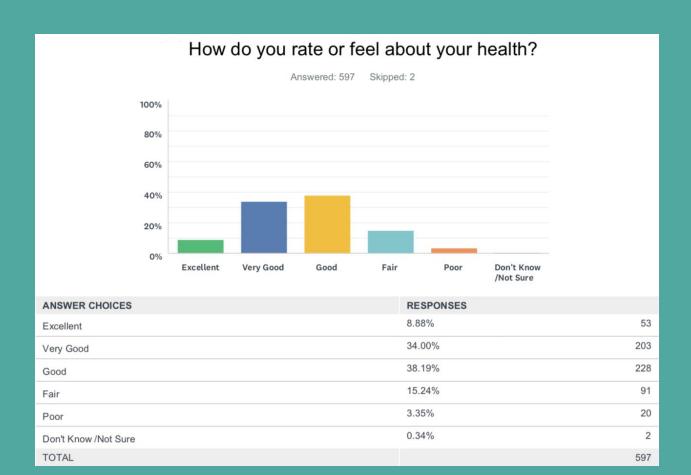
COMMUNITY HEALTH NEEDS ASSESSMENT: CHILDREN

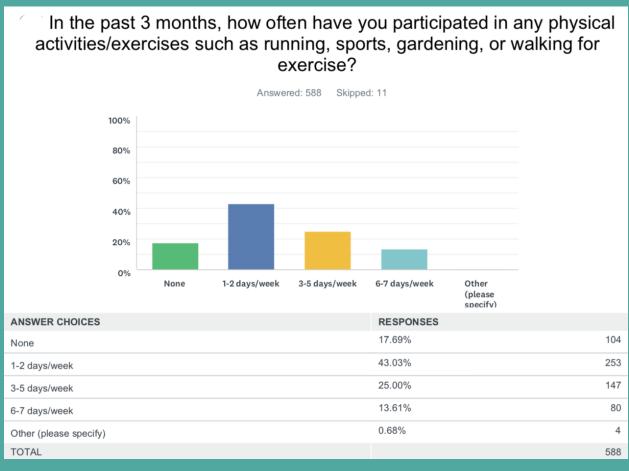
In order to capture the adolescent population, assessments were completed on children grades three through eight who were currently in a consented pilot program sponsored by SHCS, SCHD, and a faith-based organization. The assessment, which was based on the original survey and included clinical and non-clinical determinants (see Appendix C) was administered by the SHCS Community Health team, University of North Carolina at Pembroke students, and Scotland County Health Department Educators. Responses for questions 1-7 were noted by the student standing up or sitting down in a group setting. Meanwhile, questions 7-9 were administered on paper in a normal classroom setting. Personnel explained that the survey was confidential and should be returned facing downward and provided explanations for questions when asked. There was a total of 66 responses for questions 1-7 and 40 responses for questions 8-10.

COMMUNITY HEALTH NEEDS ASSESSMENT: FOCUS GROUP

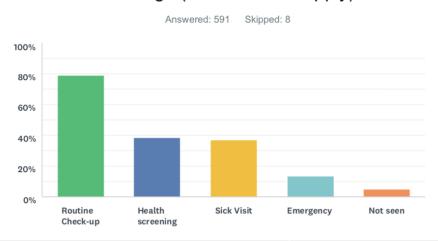
The Scotland County Health Department Communities Coordinator conducted a focus group at the Laurinburg Housing Authority Center (LHA). Questions regarding individual, family/household, and community health were discussed. A total of 15 females participated in the survey, all whom were residents of the LHA. The participants' who ages ranged from 20-30, all had children and were either uninsured or received government-funded insurance. The racial background of this group was: 13 African-American, 2 Caucasian, and 1 Hispanic.

COMMUNITY HEALTH NEEDS ASSESSMENT: MAIN SURVEY RESULTS



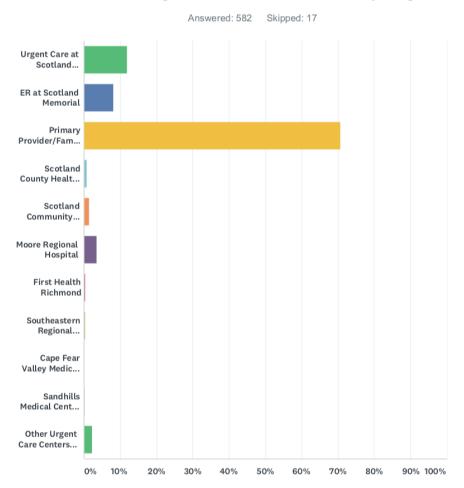


In the past year, have you seen a medical provider for any of the following? (Check all that apply)



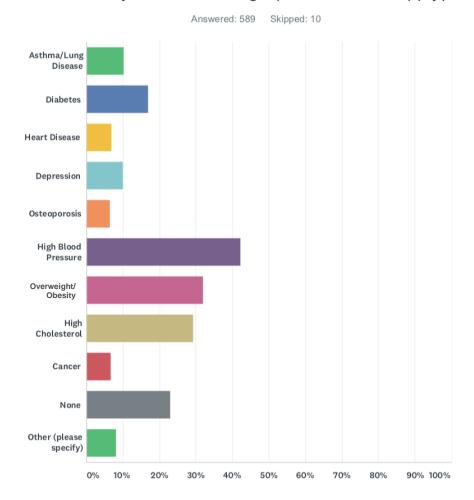
ANSWER CHOICES	RESPONSES	
Routine Check-up	79.02%	467
Health screening	38.75%	229
Sick Visit	37.06%	219
Emergency	13.37%	79
Not seen	4.91%	29
Total Respondents: 591		

When seeking medical care, where do you go first?



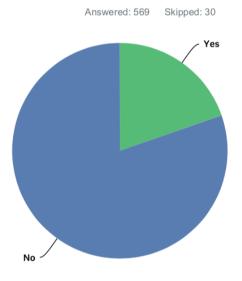
ANSWER CHOICES	RESPONSES	
Urgent Care at Scotland Memorial	12.03%	70
ER at Scotland Memorial	8.08%	47
Primary Provider/Family Physician	70.62%	411
Scotland County Health Department	0.86%	5
Scotland Community Health (Free Clinic)	1.37%	8
Moore Regional Hospital	3.61%	21
First Health Richmond	0.52%	3
Southeastern Regional Medical Center	0.34%	2
Cape Fear Valley Medical Center	0.00%	0
Sandhills Medical Center (Hamlet)	0.17%	1
Other Urgent Care Centers (please specify)	2.41%	14
TOTAL		582

Have you been told by a doctor, nurse, or health professional that you have any of the following? (Check all that apply)



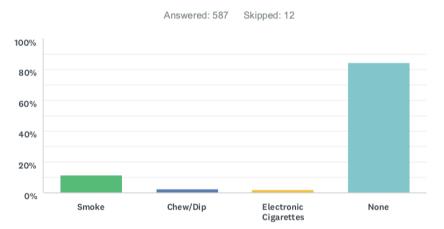
ANSWER CHOICES	RESPONSES	
Asthma/Lung Disease	10.19%	60
Diabetes	16.98%	100
Heart Disease	6.96%	41
Depression	10.02%	59
Osteoporosis	6.45%	38
High Blood Pressure	42.28%	249
Overweight/Obesity	31.92%	188
High Cholesterol	29.20%	172
Cancer	6.62%	39
None	23.09%	136
Other (please specify)	8.15%	48
Total Respondents: 589		

In the past year have you attended any free community health screenings in Scotland County for any of the following? (Blood pressure, Cholesterol, Diabetes, Mammogram, PSA, or other)



ANSWER CHOICES	RESPONSES	
Yes	19.68%	112
No	80.32%	457
TOTAL		569

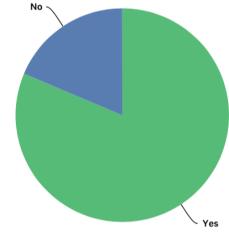
Do you use any kind of tobacco, smokeless products or e-cigarettes (vaping)? (Check all that apply)



ANSWER CHOICES	RESPONSES	
Smoke	11.41%	67
Chew/Dip	2.56%	15
Electronic Cigarettes	2.21%	13
None	84.67%	497
Total Respondents: 587		

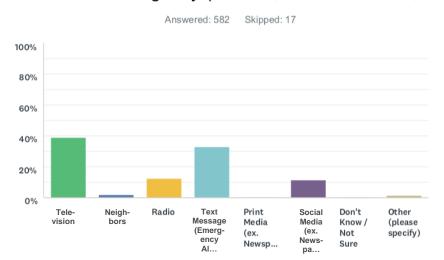
Do you support tobacco/smoke free public Places/Buildings/Grounds/Parks in Scotland County?



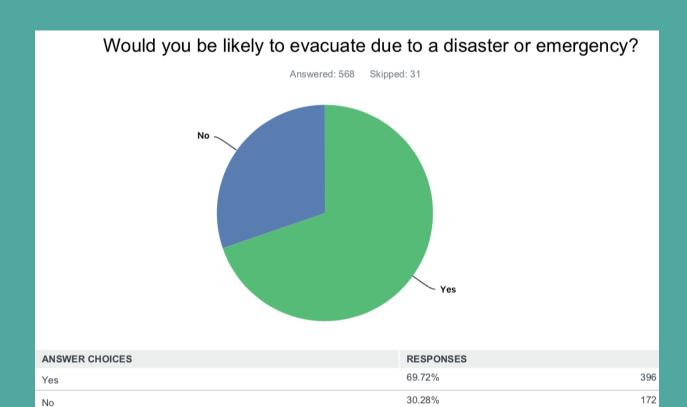


ANSWER CHOICES	RESPONSES	
Yes	81.35%	471
No	18.65%	108
TOTAL		579

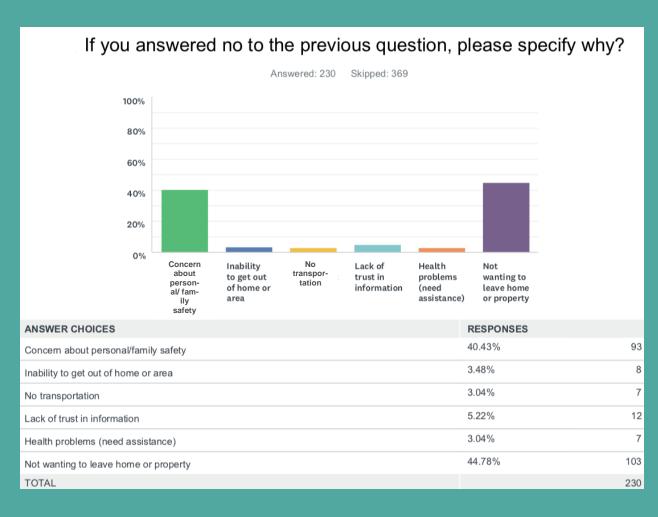
What would be your main way of getting information from authorities in a disaster or emergency (tornado, flood, hurricane, etc.)?



ANSWER CHOICES	RESPONSES	
Television	38.83%	226
Neighbors	1.89%	11
Radio	12.37%	72
Text Message (Emergency Alert System)	33.16%	193
Print Media (ex. Newspaper)	0.34%	2
Social Media (Facebook, Twitter, Instagram, etc.)	11.34%	66
Don't Know / Not Sure	0.34%	2
Other (please specify)	1.72%	10
TOTAL		582

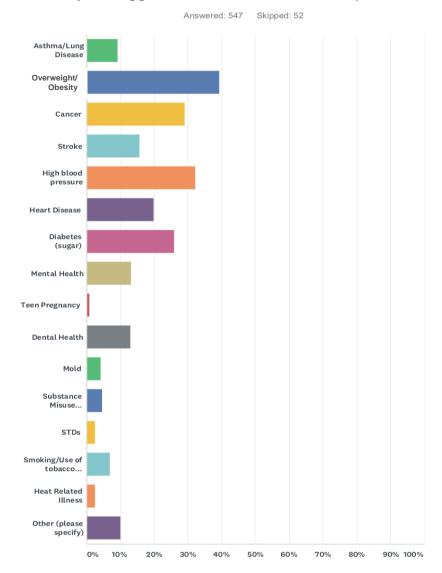


TOTAL



568

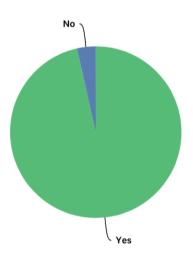
What are your biggest health issues/ worries? (Check all that apply)



ANSWER CHOICES	RESPONSES	
Asthma/Lung Disease	9.14%	50
Obesity/Overweight	39.31%	215
Cancer	29.07%	159
Stroke	15.72%	86
High blood pressure	32.18%	176
Heart Disease	19.93%	109
Diabetes (sugar)	25.96%	142
Mental Health	13.16%	72
Teen Pregnancy	0.91%	5
Dental Health	12.98%	71
Mold	4.20%	23
Substance Misuse (Drugs/Alcohol)	4.57%	25
STDs	2.56%	14
Smoking/Use of tobacco products or e-cigarettes	6.95%	38
Heat Related Illness	2.56%	14
Other (please specify)	10.05%	55
Total Respondents: 547		

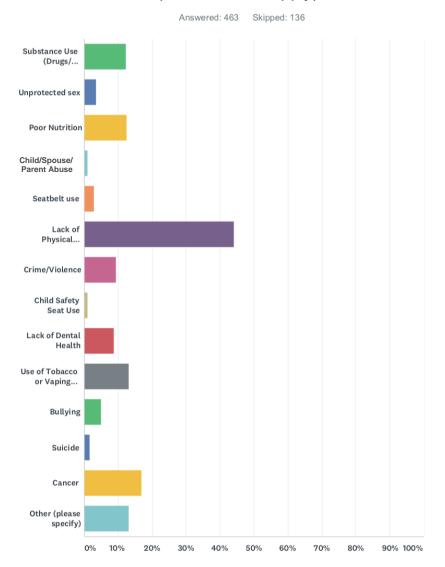
Do you have access to healthy foods/items (i.e. fruits, vegetables, whole grains, etc.)?

Answered: 565 Skipped: 34



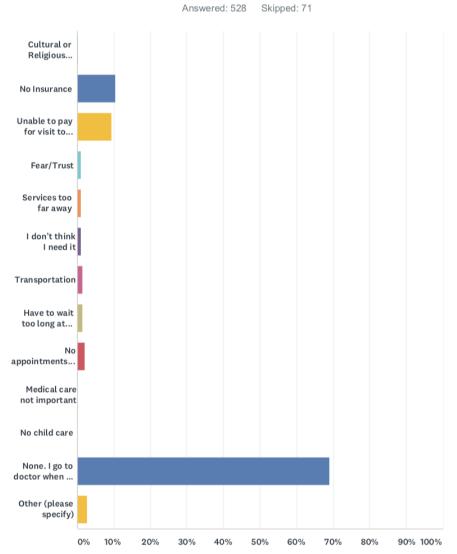
ANSWER CHOICES	RESPONSES	
Yes	96.46% 5	545
No	3.54%	20
TOTAL	5	565

What are the biggest behaviors/risk factors that impact your family? (Check all that apply)



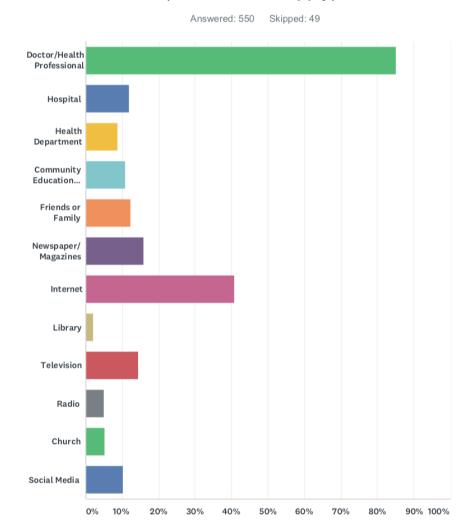
ANSWER CHOICES	RESPONSES	
Substance Use (Drugs/ Alcohol)	12.31%	57
Unprotected sex	3.46%	16
Poor Nutrition	12.53%	58
Child/Spouse/Parent Abuse	1.08%	5
Seatbelt use	3.02%	14
Lack of Physical Activity	44.06%	204
Crime/Violence	9.50%	44
Child Safety Seat Use	1.08%	5
Lack of Dental Health	8.86%	41
Use of Tobacco or Vaping Products	13.17%	61
Bullying	4.97%	23
Suicide	1.73%	8
Cancer	16.85%	78
Other (please specify)	13.17%	61
Total Respondents: 463		

What is the main reason that keeps you or your family from getting medical care?



ANSWER CHOICES	RESPONSES	
Cultural or Religious Beliefs	0.19%	1
No Insurance	10.42%	55
Unable to pay for visit to doctor	9.47%	50
Fear/Trust	1.14%	6
Services too far away	0.95%	5
I don't think I need it	1.14%	6
Transportation	1.52%	8
Have to wait too long at doctor office	1.52%	8
No appointments available at doctor when needed	2.08%	11
Medical care not important	0.00%	0
No child care	0.00%	0
None. I go to doctor when I need medical care	68.94%	364
Other (please specify)	2.65%	14
TOTAL		528

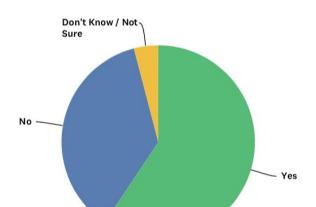
Where do you and your family get most of your health information? (Check all that apply)



ANSWER CHOICES	RESPONSES	
Doctor/Health Professional	85.09%	468
Hospital	12.00%	66
Health Department	8.73%	48
Community Education Events	10.91%	60
Friends or Family	12.36%	68
Newspaper/ Magazines	16.00%	88
Internet	40.73%	224
Library	2.18%	12
Television	14.36%	79
Radio	5.09%	28
Church	5.27%	29
Social Media	10.18%	56
Total Respondents: 550		

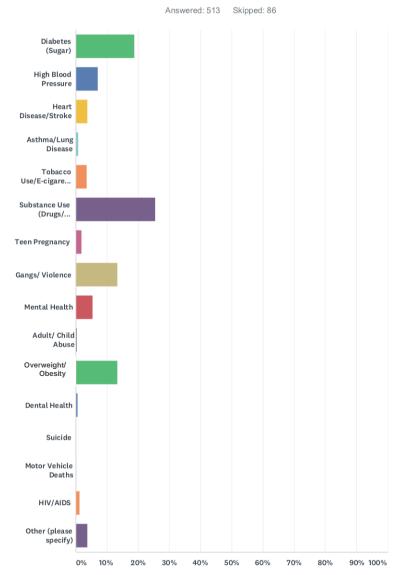
Does your family have a basic emergency supply kit? (Kits include water, canned food, any needed medicines, first-aid kit, flashlights and batteries, non-electric can opener, blanket, etc.)

Answered: 519 Skipped: 80



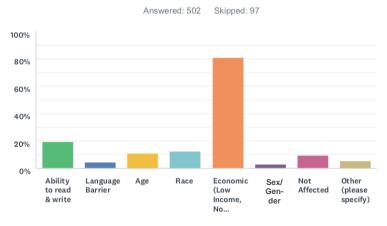
ANSWER CHOICES	RESPONSES	
Yes	59.34%	308
No	36.61%	190
Don't Know / Not Sure	4.05%	21
TOTAL		519

In your opinion, what is the biggest health issue/ concern in your community?



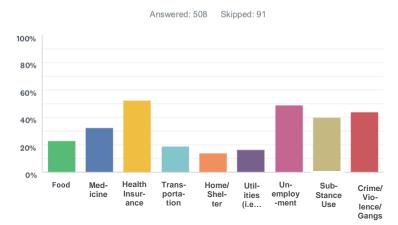
ANSWER CHOICES	RESPONSES	
Diabetes (Sugar)	18.91%	97
High Blood Pressure	7.21%	37
Heart Disease/Stroke	3.70%	19
Asthma/Lung Disease	0.78%	4
Tobacco Use/E-cigarettes (Vaping)	3.51%	18
Substance Use (Drugs/ Alcohol)	25.54%	131
Teen Pregnancy	1.95%	10
Gangs/ Violence	13.45%	69
Mental Health	5.46%	28
Adult/ Child Abuse	0.39%	2
Obesity/Overweight	13.45%	69
Dental Health	0.58%	3
Suicide	0.00%	0
Motor Vehicle Deaths	0.19%	1
HIV/AIDS	1.17%	6
Other (please specify)	3.70%	19
TOTAL		513

Which do you feel affects the quality of healthcare that you or people in your community receive? (Check all that apply)



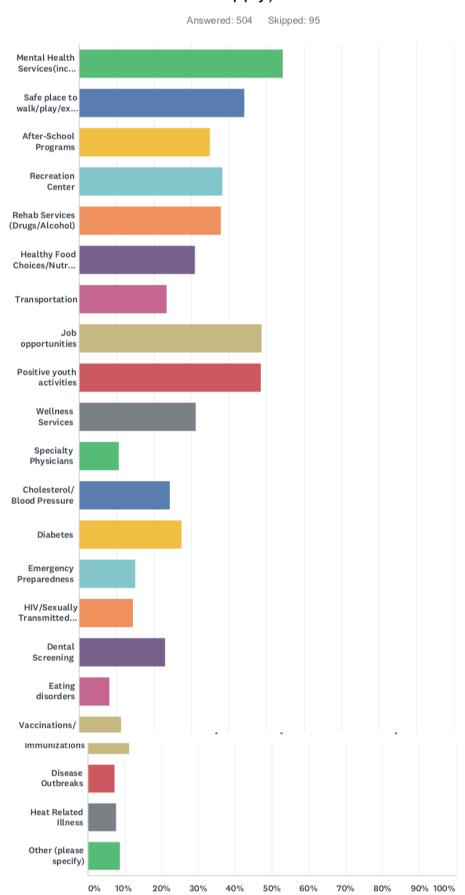
ANSWER CHOICES	RESPONSES	
Ability to read & write	19.32%	97
Language Barrier	4.58%	23
Age	11.16%	56
Race	12.35%	62
Economic (Low Income, No Insurance, etc.)	80.88%	106
Sex/Gender	2.79%	14
Not Affected	9.36%	47
Other (please specify)	5.38%	27
Total Respondents: 502		

What do you feel are the top three issues in your community due to lack of money? (Check three)



ANSWER CHOICES	RESPONSES	
Food	22.83%	116
Medicine	32.28%	164
Health Insurance	52.56%	267
Transportation	18.90%	96
Home/Shelter	13.98%	71
Utilities (i.e. Electricity, Fuel, Water)	16.73%	85
Unemployment	49.02%	249
Substance Use	39.96%	203
Crime/Violence/Gangs	44.09%	224
Total Respondents: 508		

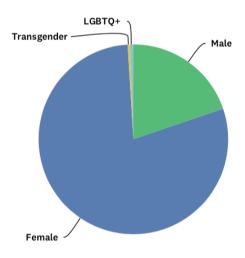
What services/screenings/education does your community need to help improve the health of your family and neighbors? (Check all that apply)



ANSWER CHOICES	RESPONSES	
Mental Health Services(including depression/anxiety)	54.37%	274
Safe place to walk/play/exercise	44.05%	222
After-School Programs	34.92%	176
Recreation Center	38.29%	193
Rehab Services (Drugs/Alcohol)	37.90%	191
Healthy Food Choices/Nutrition	30.95%	156
Transportation	23.41%	118
Job opportunities	48.81%	246
Positive youth activities	48.61%	245
Wellness Services	31.15%	157
Specialty Physicians	10.71%	54
Cholesterol/ Blood Pressure	24.21%	122
Diabetes	27.38%	138
Emergency Preparedness	15.08%	76
HIV/Sexually Transmitted Diseases	14.48%	73
Dental Screening	23.02%	116
Eating disorders	8.13%	41
Vaccinations/ Immunizations	11.31%	57
Disease Outbreaks	7.34%	37
Heat Related Illness	7.74%	39
Other (please specify)	8.73%	44
Total Respondents: 504		

I am:

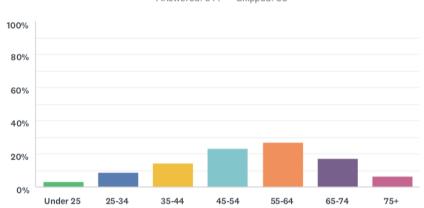
Answered: 516 Skipped: 83



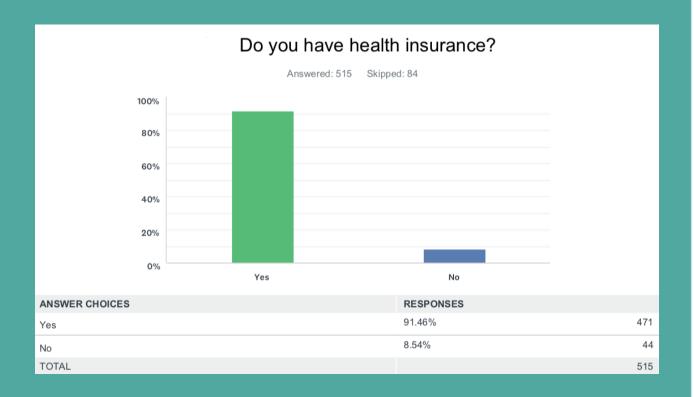
ANSWER CHOICES	RESPONSES	
Male	19.77%	102
Female	79.26%	409
Transgender	0.39%	2
LGBTQ+	0.58%	3
TOTAL		516

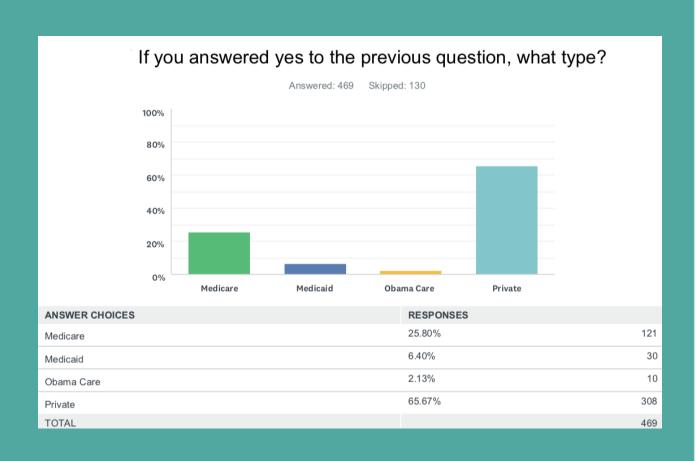
My Age is:

Answered: 511 Skipped: 88



ANSWER CHOICES	RESPONSES	
Under 25	3.33%	17
25-34	8.81%	45
35-44	14.48%	74
45-54	23.09%	118
55-64	26.81%	137
65-74	17.03%	87
75+	6.46%	33
TOTAL		511







White/Caucasian

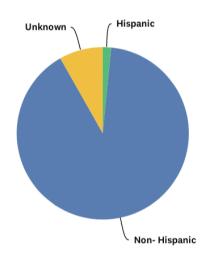
Black/African-

American

ANSWER CHOICES	RESPONSES
White/Caucasian	57.26% 28
Black/African American	29.42%
Native American	10.14%
Alaskan Native	0.00%
Asian Pacific Islander	0.40%
Other (please specify)	2.78%
TOTAL	50

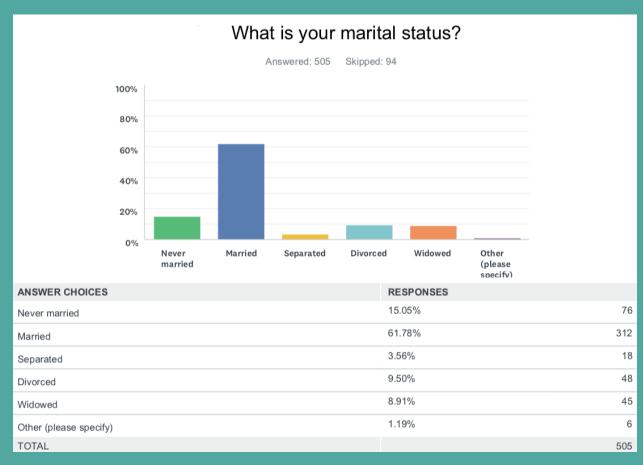
What is your ethnicity?

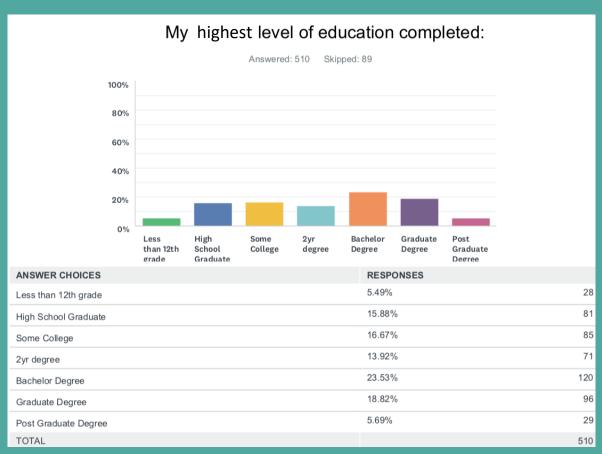
Answered: 451 Skipped: 148

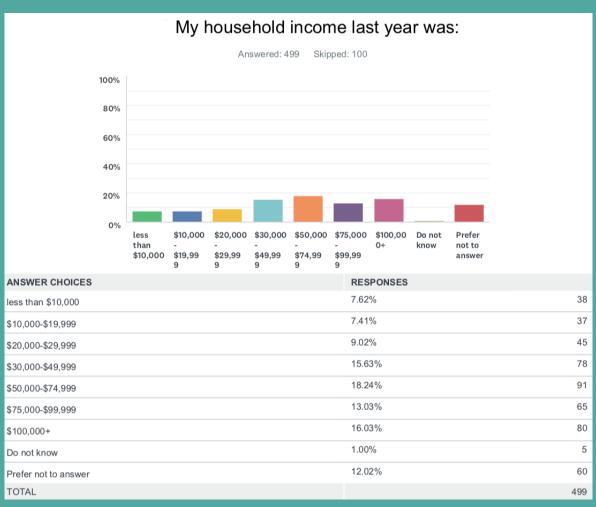


ANSWER CHOICES	RESPONSES
Hispanic	1.55%
Non- Hispanic	90.24% 40
Unknown	8.20%
TOTAL	45

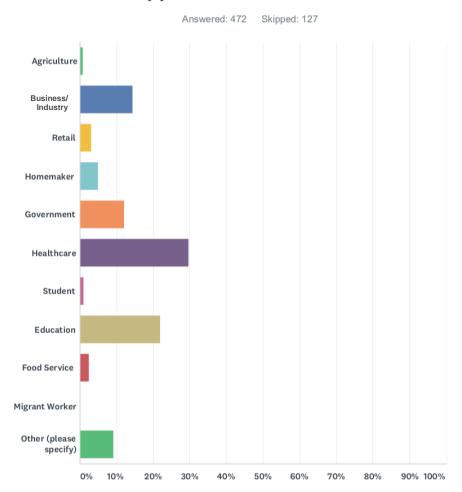








My job field is best described as:



ANSWER CHOICES	RESPONSES	
Agriculture	0.85%	4
Business/Industry	14.41%	68
Retail	3.18%	15
Homemaker	5.08%	24
Government	12.08%	57
Healthcare	29.66%	140
Student	1.06%	5
Education	22.03%	104
Food Service	2.54%	12
Other (please specify)	9.11%	43
TOTAL		472

COMMUNITY HEALTH NEEDS ASSESSMENT: CHILD SURVEY RESULTS

Do you spend more time inside or outside?

ANSWER CHOICES	RE	SPONSES
Inside	65%	43/66
Outside	35%	23/66
Total	100%	66/66

When do you go to the doctor? (Choose all that apply)

ANSWER CHOICES	RESPONSES		
When sick	71%	47/66	
For a regular check up or physical	80%	53/66	
l don't go	1.5%	1/66	
When it is an emergency	100%	66/66	

Have you been to the dentist since Christmas (Past 7 months)?

ANSWER CHOICES	RE	SPONSES
Yes	60%	40/66
No	40%	26/66
Total	100%	66/66

: Have you ever been to the dentist?

ANSWER CHOICES	RE	SPONSES
Yes	98.5%	65/66
No	1.5%	1/66
Total	100%	66/66

Do you eat more junk food or healthy food like fruits and vegetables?

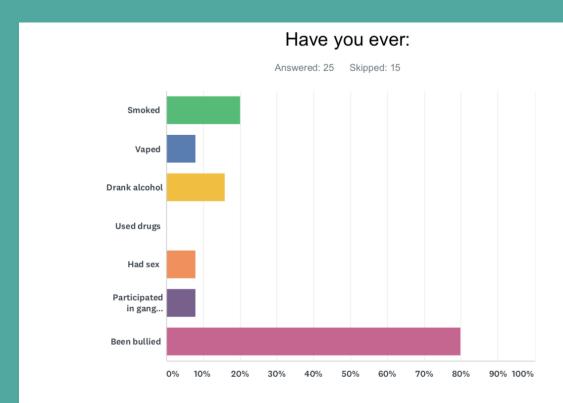
ANSWER CHOICES	RESPONSES		
Junk food	71%	47/66	
Healthy food	29%	19/66	
Total	100%	66/66	

How often do you wear a seat belt?

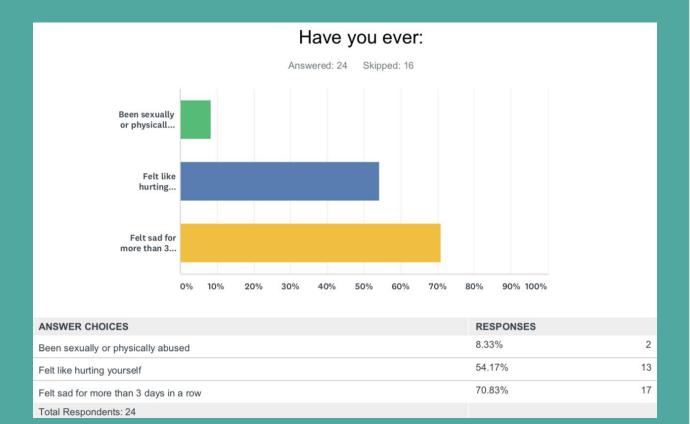
ANSWER CHOICES	RE	SPONSES
Always	51%	34/66
Sometimes	60%	40/66
Never	6%	4/66
Total	117%	78/66

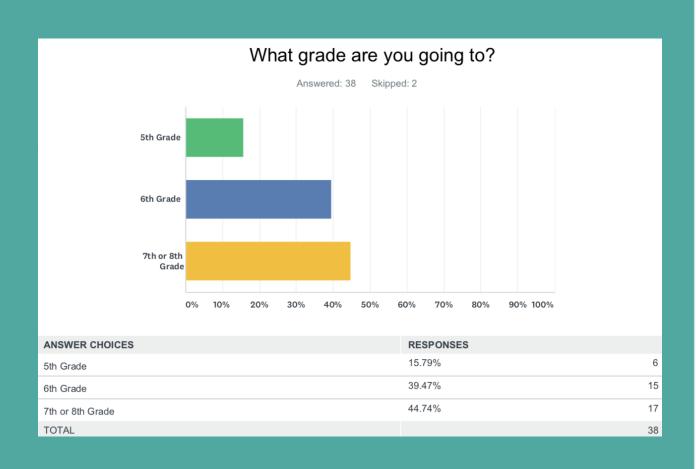
What do you do to be healthy? (Choose all that apply)

ANSWER CHOICES		RESPONSES
Eat more healthy food than junk foods	42%	28/66
Exercise 3-5 times per week	74%	49/66
Drink more water than sugary beverages	46%	31/66



ANSWER CHOICES	RESPONSES	
Smoked	20.00%	5
Vaped	8.00%	2
Drank alcohol	16.00%	4
Used drugs	0.00%	0
Had sex	8.00%	2
Participated in gang activity	8.00%	2
Been bullied	80.00%	20
Total Respondents: 25		





COMMUNITY HEALTH NEEDS ASSESSMENT: FOCUS GROUP RESPONSES

CHNA: FOCUS GROUP QUESTIONS AND RESPONSES

Introduce yourself and tell us what you think is the best thing about living in this community.

Mostly silence; there's a Wal-Mart.

What do people in this community do to stay healthy? Prompt: What do you do to stay healthy? Walk; bake foods (not fry); stopped drinking sodas; go to doctor visits; exercise/yoga; drink water; dance; go to park; eat veggies

In your opinion, what are the serious health related problems in your community? What are some of the causes of these problems?

Diabetes; high blood pressure; anxiety/depression; cancer; STI's; dental care; gun violence; youth need more positive activities to prevent hanging on the streets or going to jail

What keeps people in your community from being healthy? Prompt: What challenges do you face that keep you from being healthy? What barriers exist to being healthy?

Depression; lazy; drugs/substance misuse; transportation; affordable childcare; child support

What could be done to solve these problems? Prompt: What could be done to make your community healthier? Additional services or changes to existing services?

Youth programs; recreational center; adult networking/programs; cooking classes; parenting classes (for children over 5 years of age)

Is there any group not receiving enough health care? If so, what group? And why? We go to the doctor when we need to; kids also go; one participant indicated her mother will provide transportation when needed; one participant indicated she was waiting for insurance before going to the dentist

Is there anything else you would like us to know?

Group would like to participate in educational sessions and have access to resources available (i.e. healthy cooking; youth programs are needed to prevent the kids from being on the streets or going to jail, one participant suggested "Beyond Scared Straight" approach with law enforcement).

How do people in this community get information about health? How do you get information about health?

Online, social media, doctor, health department, hospital

Where do you get information in case of natural disaster?

Newspaper, social media, friends, phone alerts

Have you or someone close to you ever experienced any challenges in trying to get health care services? If so, what happened?

- Did not meet criteria to receive benefits; child increases eligibility for assistance (verbalized by multiple participants)
- Benefits are affected by child status (verbalized by multiple participants)
- Scheduling delay in pre-natal care (verbalized by one participant)
- Hospital did not have services to care for special needs child (verbalized by one participant)

What are the strengths related to health in your community? Prompt: Specific strengths related to health care? Hospital, Scotland County Health Department Prompt: Specific strengths to a healthy lifestyle? Local parks/playgrounds; local hospital; health department services

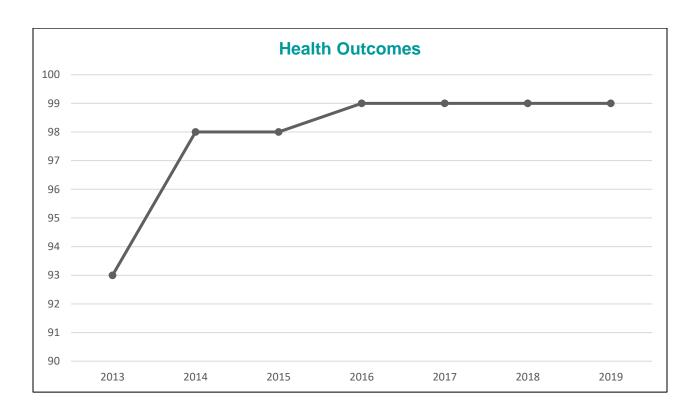
If you had \$100,000 to spend on a health care project in the county, how would you spend it?

Improve hospital services; turn old/abandoned stores or buildings into a place where programs can be provided for youth and the adults; improve playgrounds/parks

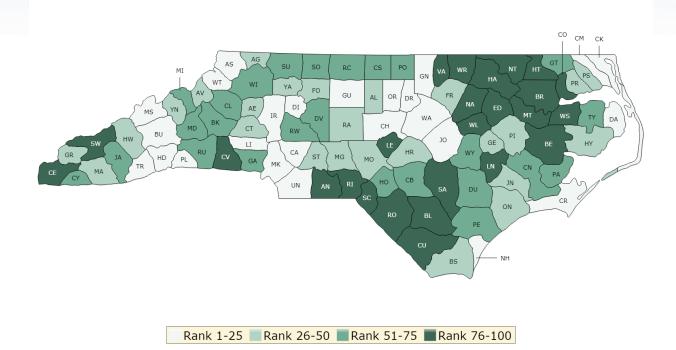
Secondary Data Collection Process and Results:

SECONDARY DATA COLLECTION AND RESULTS

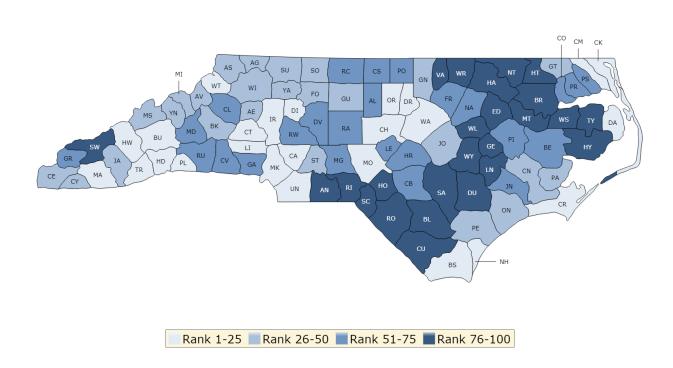
Secondary data was collected from respected sites as listed in Appendix D. This data included comparisons of county ranking as noted to state rankings and top performers. 2019 County Health Rankings has Scotland County ranked at 99/100 in health outcomes and 97/100 in health factors. The graph below depicts a trend line of Scotland County's health outcomes over the past 6 years.



2019 NORTH CAROLINA HEALTH OUTCOMES MAP



2019 NORTH CAROLINA HEALTH FACTORS MAP



2019 COUNTY HEALTH RANKINGS FOR THE 100 RANKED COUNTIES IN NORTH CAROLINA

		The state of the s	7		errome acron	• /		Woome Store	/		No.
County	Healt	Health Factor	County	Healt	Health Factor	County	Heave	Health Factors	County	Hear	THO ONCO
Alamance	33	53	Cumberland	73	65	Johnston	15	39	Randolph	46	60
Alexander	44	43	Currituck	6	23	Jones	37	57	Richmond	95	98
Alleghany	36	48	Dare	7	8	Lee	77	54	Robeson	100	100
Anson	90	91	Davidson	62	52	Lenoir	83	80	Rockingham	75	75
Ashe	23	29	Davie	18	15	Lincoln	17	20	Rowan	59	64
Avery	38	30	Duplin	65	87	Macon	40	24	Rutherford	69	63
Beaufort	79	68	Durham	12	16	Madison	24	32	Sampson	78	81
Bertie	92	82	Edgecombe	97	96	Martin	88	79	Scotland	99	97
Bladen	93	93	Forsyth	31	41	McDowell	72	59	Stanly	47	37
Brunswick	34	25	Franklin	35	61	Mecklenburg	4	14	Stokes	56	49
Buncombe	14	3	Gaston	66	56	Mitchell	58	28	Surry	71	46
Burke	61	44	Gates	67	38	Montgomery	42	67	Swain	87	78
Cabarrus	9	12	Graham	41	72	Moore	26	10	Transylvania	22	9
Caldwell	68	58	Granville	25	45	Nash	76	74	Tyrrell	70	88
Camden	5	11	Greene	39	83	New Hanover	19	13	Union	3	6
Carteret	20	21	Guilford	21	42	Northampton	96	92	Vance	98	94
Caswell	64	71	Halifax	91	99	Onslow	27	36	Wake	1	2
Catawba	45	19	Harnett	49	69	Orange	2	1	Warren	89	95
Chatham	8	7	Haywood	43	22	Pamlico	60	33	Washington	86	89
Cherokee	84	47	Henderson	13	5	Pasquotank	32	70	Watauga	10	17
Chowan	85	73	Hertford	82	85	Pender	57	34	Wayne	63	76
Clay	54	31	Hoke	55	86	Perquimans	29	55	Wilkes	74	50
Cleveland	80	66	Hyde	28	77	Person	51	51	Wilson	81	84
Columbus	94	90	Iredell	16	18	Pitt	50	62	Yadkin	48	40
Craven	52	26	Jackson	53	35	Polk	11	4	Yancey	30	27

County Demographics

				County	State
Population				35,093	10,273,419
% below 18 years of age % below		23.0%	22.4%		
% 65 and older % 65 and older	17.7%	15.9%			
% Non-Hispanic African American	38.9%	21.4%			
% American Indian and Alaskan Na	12.2%	1.6%			
Native				, 0	
% Asian % Asian				0.8%	3.1%
% Native Hawaiian/Other Pacific Is	lander % Na	ative Hawaiian/∩t	her Pacific	0.0%	0.1%
Islander	70 140	ativo i iawaiiai i, Ot	nor r domo	0.070	0.170
% Hispanic % Hispanic				2.9%	9.5%
% Non-Hispanic white % Non-Hisp	anic white			43.4%	63.1%
% not proficient in English % not pr		nalieh		1%	3%
% Females % Females	IONCIENT III L	rigiisii		50.5%	51.3%
% Rural % Rural					
% Kulai % Kulai				48.4%	33.9%
		_			
	Scotland	Error	Top U.S.	North	Rank (of 100)
	County	Margin	Performers	Carolina	
Nackh Outer-					00
Health Outcomes					99
Length of Life	44.500	40,000,40,000	5 400	7.000	95
Premature death	11,500	10,200-12,800	5,400	7,600	
Years of Potential Life Lost Rate	11,500				
Quality of Life					99
Poor or fair health	28%	27-29%	12%	18%	
Poor physical health days	4.9	4.8-5.1	3.0	3.6	
Poor mental health days	4.9	4.7-5.0	3.1	3.9	
Low birthweight	13%	12-14%	6%	9%	
Additional Health Outcomes (no	t included in	n overall ranking	1)		
Life expectancy	74.5	73.4-75.5	81.0	78.0	
Premature age-adjusted mortality	540	490-580	280	370	
Child mortality	80	50-120	40	60	
Infant mortality	11	8-15	4	7	
Frequent physical distress	16%	16-16%	9%	11%	
Frequent mental distress	16%	15-16%	10%	12%	
Diabetes prevalence	14%	10-17%	9%	11%	
HIV prevalence	403	/ .	49	355	
Health Factors	.00			555	97
Health Behaviors					97
Adult smoking	23%	22-24%	14%	18%	J.
Adult obesity	36%	29-43%	26%	30%	
Food environment index	5.5	∠J- T J /0	8.7	6.6	
	28%	22-34%	0. <i>1</i> 19%	23%	
Physical inactivity	28% 68%	ZZ-3470	91%	23% 73%	
Access to exercise opportunities		12 140/		73% 17%	
Excessive drinking	13%	13-14%	13%		
Alcohol-impaired driving deaths	29%	21-38%	13%	30%	
Sexually transmitted infections	856.1	47.57	152.8	577.6	
Teen Birth Rates	52	47-57	14	27	
Additional Health Behaviors (no	t included ir	n overall ranking	1)		
Food insecurity	25%		9%	15%	
Limited access to healthy foods	8%		2%	7%	
Drug overdose deaths	18	11-28	10	19	

County Demographics

					0.1
				County	State
Motor vehicle crash deaths	22	17-29	9	14	
Insufficient sleep	39%	39-40%	27%	34%	
Clinical Care					66
Uninsured	13%	12-15%	6%	12%	
Primary care physicians	1,680:1		1,050:1	1,420:1	
Dentists	3,900:1		1,260:1	1,800:1	
Mental health providers	580:1		310:1	440:1	
Preventable hospital stays	6,266		2,765	4,702	
Mammography screening	49%		49%	45%	
Screened	49%		4370	-10 /0	
Flu vaccinations	42%		52%	50%	
			J2 /0	30 /0	
Additional Clinical Care (not inc					
Uninsured adults	17%	15-20%	6%	15%	
Uninsured children	4%	3-5%	3%	5%	
Other primary care providers	836:1		726:1	912:1	
Social & Economic Factors	070/		000/	000/	98
High school graduation	87%		96%	86%	
Some college	50%	45-55%	73%	67%	
Unemployment	7.8%		2.9%	4.6%	
Children in poverty	39%	31-48%	11%	21%	
Income inequality	5.7	5.0-6.4	3.7	4.8	
Children in single-parent	52%	47-57%	20%	35%	
households					
Social associations	14.8		21.9	11.5	
Violent crime	694		63	351	
Injury deaths	87	74-101	57	71	
Additional Social & Economic Fa	actors (not i	ncluded in overa	all ranking)		
Disconnected youth	14%	8-20%	4%	7%	
Median household income	\$37,900	\$34,200-41,700		\$52,800	
Children eligible for free or	98%	Ψο .,=σο,.σο	32%	57%	
reduced-price lunch	0070		0270	01 70	
Residential segregation -	31		23	50	
Black/White	•				
Residential segregation - non-	24		15	45	
white/white					
Homicides	15	11-21	2	6	
Firearm fatalities	17	11-24	7	13	
L					
Physical Environment	40.0		0.4	0.0	84
Air pollution - particulate matter	10.2		6.1	9.8	
Drinking water violations	No	10.0001	00/	4.007	
Severe housing problems	21%	18-23%	9%	16%	
Driving alone to work	88%	85-90%	72%	81%	
Long commute - driving alone	24%	20-27%	15%	32%	
Additional Physical Environmen	t (not includ	lad in avarall ras	rking)		
Additional Physical Environmen Homeownership	62%	61-64%	80%	65%	
Severe housing cost burden	19%	17-21%	7%	14%	
Note: Plank values reflect unreliab		11-21/0	1 /0	14 /0	

Note: Blank values reflect unreliable or missing data

SECONDARY DATA SUMMARY

AREAS OF STRENGTH

Lower excessive drinking rate Increased mammography screening Increased high school graduation rate

AREAS TO EXPLORE

Health Behaviors

- Adult smoking
- Adult obesity
- Food environment index
- Sexually transmitted infections
- Teen births

Clinical Care

- Uninsured
- Preventable hospital stavs
- Flu vaccinations

Social and Economic Factors

- Some college
- Unemployment
- Children in poverty
- Children in singleparent households
- Violent crime

Physical Environment

- Severe housing problems
- Driving alone to work

TRENDS

Improvement

- Alcohol-impaired driving deaths
- Dentists*
- Preventable hospital stays*
- Air pollution-particulate matter
- Uninsured*

Stable

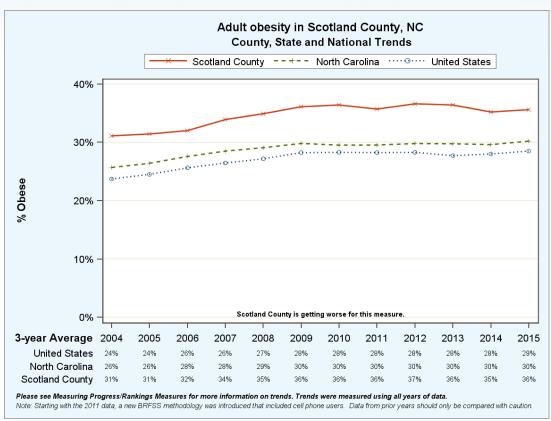
- Premature death*
- Physical inactivity*
- Mammography screening
- Unemployment*

Deterioration

- Adult obesity*
- Sexually transmitted infections*
- Primary care physicians*
- Flu vaccinations
- Children in poverty*
- Violent crime*

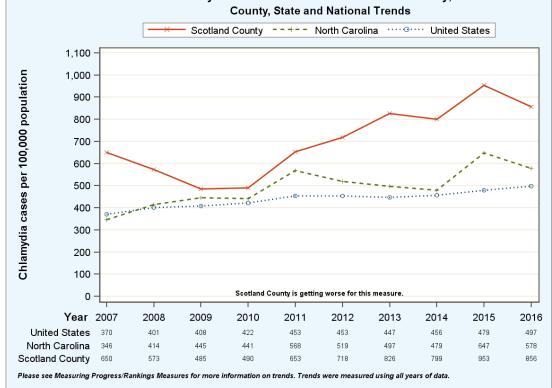
^{*} Statistical performance remains lower than North Carolina

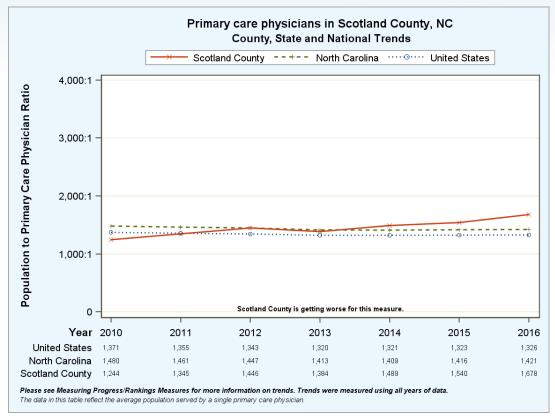
SCOTLAND COUNTY, NC: COUNTY, STATE, AND NATIONAL TRENDS

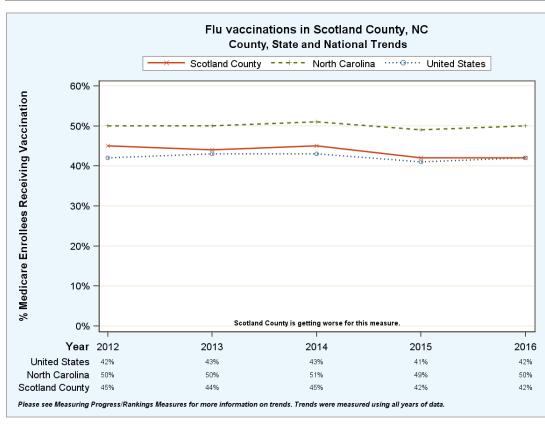


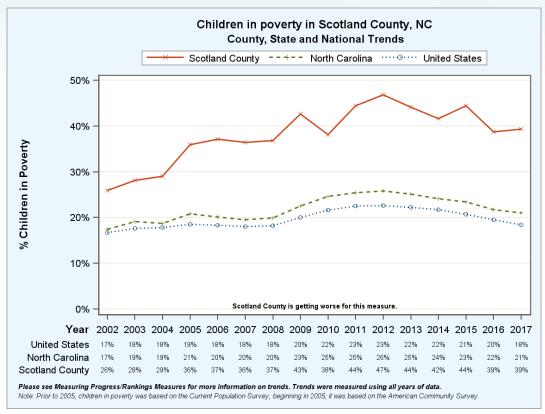
Sexually transmitted infections in Scotland County, NC

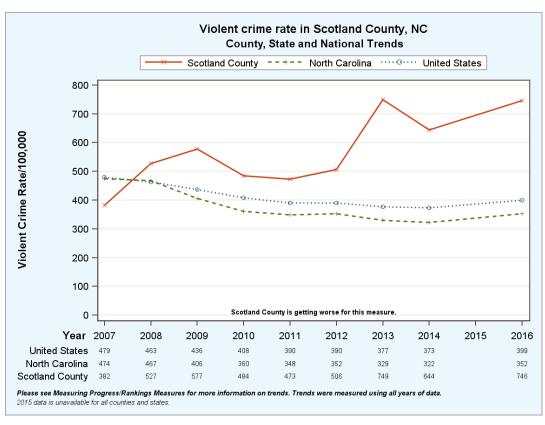
County, State and National Trends











Data Analysis

COMMUNITY HEALTH NEEDS ASSESSMENT: MAIN SURVEY

Three groups analyzed the main survey (Appendix B) findings and compared it to the secondary data. Key findings included:

- I. Several of the demographic categories were underrepresented when compared to the secondary data. Some of these groups were adolescents, males, uninsured and/or Medicaid insured population, unemployed population, those with an education level less than bachelor's degree, and low-income population. Some of these discrepancies were addressed with the child survey and the focus group at the Laurinburg Housing Authority. Additionally, a large portion of the employed surveyed population work within the health care and education sectors. Thus, they often work closely with the underrepresented populations. In the future, more strategies will be deployed to reach these groups.
- II. Some of the perceptions and behaviors reported in the survey also conflicted with the secondary data. Some of these are as follows:
 - a. The perception of "good health" compared to a county health ranking of 99/100
 - b. Engagement in physical activities compared to related measures in the secondary data
 - c. The percent of smokers in the sample size was drastically lower than secondary data statistics
 - d. 79% attend wellness visits as compared to the number of well visits noted via SPN data
- III. Heart disease, obesity, smoking, and diabetes were listed as the greatest individual diagnoses and concerns, while one-third of respondents reported they would not evacuate during an emergency. Some of the gaps identified that contribute to this include awareness, education, engagement, and screenings participation.
- IV. Correlations between risk factors, concerns, and health needs of the community:
 - a. Obesity, diabetes, heart disease, substance use/misuse and lack of physical activity
 - b. Mental health, substance use/misuse, gangs/violence/crime (safety)
 - c. Economics, lack of job opportunities, transportation, literacy
- V. The major sources of communication related to emergency events are television and newspaper.

VI. Collectively, the group identified the top community needs as:

Disease based:

- a. Obesity (diabetes, heart disease, and hypertension)
- b. Mental health (substance use/misuse, awareness and negative stigmatism, and fear)
- c. Cancer
- d. Dental health (lack of access, transportation, dentist to citizen ratio, and type of insurance/lack of insurance)

Process based:

- a. Access to health care (scheduling and transportation)
- b. Health literacy
- c. Underinsured
- d. Gangs/violence/crime

COMMUNITY HEALTH NEEDS ASSESSMENT: CHILDREN

Data collected to identify needs in the adolescent population that was originally underrepresented in the main survey supported the significance of the identified needs. Results from the survey indicated adolescent-based health behavior needs are:

- I. Physical activity
- II. Nutrition
- III. Dental hygiene and care
- IV. Seat belt safety
- V. Bullying
- VI. Prevention methods
 - a. Tobacco usage and vaping
 - b. Alcohol
 - c. Sexual intercourse
 - d. Gang activity
 - e. Suicide

These findings correlate and align with the data received from the primary data and secondary data that was previously analyzed for the main survey.

COMMUNITY HEALTH NEEDS ASSESSMENT: FOCUS GROUP

Information obtained during the focus group revealed that programs geared towards healthy behaviors are desired. Specific requests include parenting classes, healthy cooking classes, and recreational activities. Young adults and teens could benefit from positive, active programs to prevent future negative outcomes such as criminal involvement, violence, and/or premature death. The most prevalent disease-based health issues mentioned during the group assessment correlate to the CHNA Survey, including diabetes, high blood pressure, anxiety/depression, and cancer. STIs, dental care, and violence are topics identified from the focus group that are supported by the primary and secondary data.

2016 IMPLEMENTATION STRATEGIES PROGRESS REPORT

Obesity

Strategy

To address obesity, Scotland Health Care System will focus specifically on heart disease, diabetes, and hypertension by:

- 1) Providing educational offerings.
- Implementing blood pressure screenings and care protocols into current community benefitrelated programs.
- 3) Participating with current community efforts that are taking a policy, systems and environmental approach to address hypertension in all facets of the community.

Outcomes

- Multifaceted education programs concerning nutrition, heart health, and disease prevention and management were provided.
- Body mass index screenings and education were provided for 472 participants.
- To promote healthy behaviors, annual screening incentives, required associate health screenings, an assigned health coach were offered via the benefits program, and challenges including weight loss, water consumption, and activity challenges were in place.
- A Farmer's Fresh Market was available in the main hospital lobby during summer months to increase community access to fresh produce and vegetables.
- The SHCS Fit/Walking Trail officially opened to the public. This project was a collaboration with many community partners including Scotland Memorial Foundation, Boy Scouts of America, Scotland Health Care System, and State Farm Insurance.
- SHCS partnered with Family Fitness in Laurinburg to provide a discount gym rate for all SHCS associates.

Diabetes

Strategy

Scotland Health Care System will address diabetes by:

- 1) Increasing education offerings.
- 2) Identifying ways to decrease barriers for treatment of diabetes for community members such as facilitating access to health care for patients without insurance or ability to pay.
- Offering free screenings at community events and free programs to at-risk patients.
- 4) Developing Diabetes Education Plan to include Diabetes Educator.

Outcomes

- Community Health Education facilitated an active Diabetes Support Group funded by the Scotland Memorial Foundation.
- A Certified Diabetic Educator was onboarded.
- A Diabetes Health Fair was hosted on an annual basis.
- 1,170 A1C screenings and supplemental education during local community events at various venues were provided.
- Over \$45,000 for the Diabetes Education Fund to sponsor educational opportunities was raised.

Heart Disease

Strategy

Outcomes

To address heart disease, Scotland Health Care System will focus on:

- 1) Community education and efforts to increase early heart disease, awareness, and detection.
- 2) Increasing screenings for heart disease.
- Supporting and seeking funding to provide additional vascular procedures for early identification of heart disease of at-risk populations.

- 1,093 cholesterol screenings and 1,376 blood pressure checks were sponsored.
- SHCS served as a strong collaborative partner to support the Red Table Cloth Campaign which was emerged through the Healthy Active Living Partnership.
- Scotland Cardiovascular Center has carried out 1,070 diagnostic catheterizations, 256 percutaneous coronary interventions, and 121 vascular procedures; hundreds of patients participated in cardiac/pulmonary rehabilitation during 2016-2019.
- SHCS implemented the Telestroke Program.

Mental Health

Strategy

Outcomes

To address mental health, Scotland Health Care System will continue to partner with various community partners.

- 1) Particular attention will be given to alcohol, prescription drugs, and tobacco usage. This will allow the opportunity for programs and educational opportunities to educate community members on mental health issues.
- 2) Eastpointe Mental Health Services will continue to be utilized as an outpatient service.
- 3) Grant opportunities will be sought after by Scotland Memorial Foundation to implement new programs particularly giving attention to Project Lazarus.

- SHCS partnered to create the Opioid Prevention and Education Network (OPEN) to address opioid crisis.
- Narcan training was provided to key community members.
- SHCS assisted with providing lock boxes and drug disposal kits, in addition, to buying Narcan for local first responders.

Dental Health

Strategy

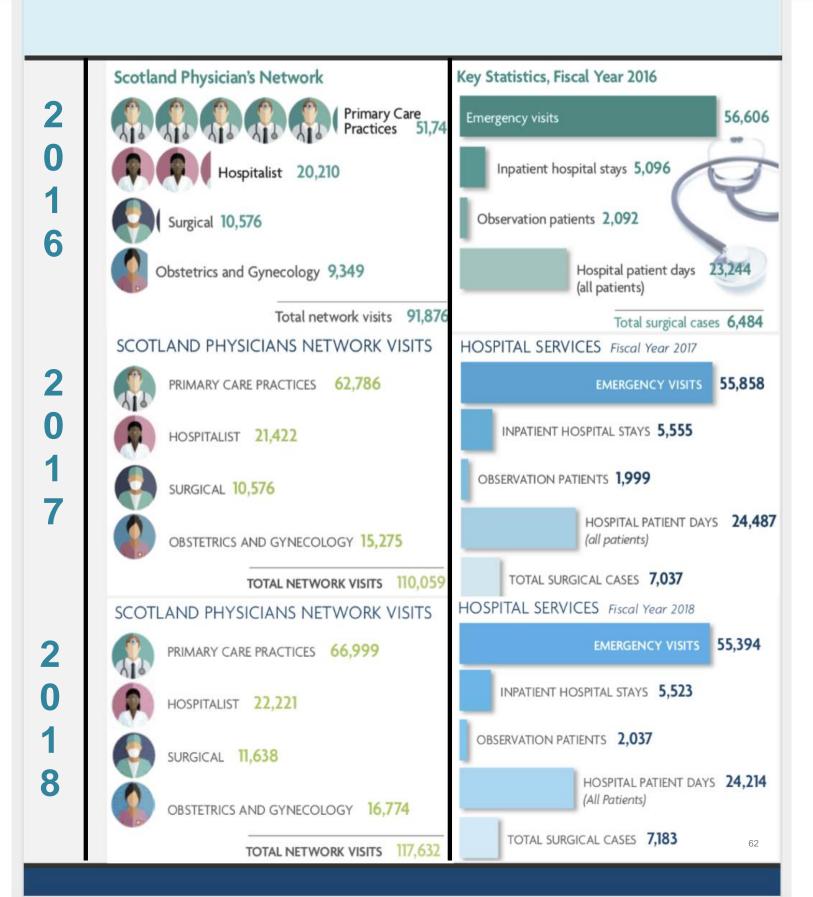
While Scotland Health Care System does not provide dental services, the organization plans to serve as a referral site for patients who need dental treatment.

- Scotland Memorial Foundation will host fundraising efforts to assist indigent patients with cost of dental treatment.
- 2) SHCS will partner with local dental providers to offer free dental screenings/ services.
- 3) SHCS will partner with Scotland County Health Department using the MOA with East Carolina School of Dentistry community service-learning center.
- 4) SHCS will partner with the North Carolina Department of Health and Human Services Public Health Dental Hygienist to provide treatment and educational opportunities in regard to dental health care.

Outcomes

- SHCS sponsored health events that included local dentists to educate the public.
- Vouchers and referrals for free and/or reduced dental care were provided by Scotland Community Health Clinic.

SPOTLIGHT ON SUCCESS





EXPANDING OUR MEDICAL CARE IN THE COMMUNITY

Between 2016 and 2018, there has been consistent additions of primary care providers, specialist providers, and practices in the Scotland Physicians Network.

2016

 Primary care providers: 5

Specialist providers: 5

2017

 Primary care providers: 5

Specialist providers:7

 Practices that joined the Scotland Physicians Network:
 6 2018

 Primary care providers: 21

Specialist providers:18

 Practices that joined the Scotland Physicians Network:
 2

SPOTLIGHT ON SUCCESS: ORANIZATIONAL IMPLEMENTATIONS

2016

- Marlboro Family Practice and Urgent Care extended hours to include Saturdays
- Scotland Health Care System partnered with Charlotte Radiology to introduce mobile mammography
- Implemented Daisy Award Program for nurses
- Launched the Patient Family Advisor Program
- Harris Family Practice extended weekday hours
- Emergency Center "Ready Care" unit opened, including one provider, one nurse, and one patient care technician
- Began \$2.7 million renovations for Women's Center
- Completed the remodeling of the surgical wing
- Interventional Cardiology Program started with First Health partnership

2017

- Received four-star rating from Centers for Medicare and Medicaid Services
- Scotland Memorial Hospital placed in the top 25th percentile in the nation for quality care delivered to the community
- Became the first hospital within 100 miles to offer advanced robotic technology for total hip and knee replacements
- First in the region to offer 3D mammography
- Scotland Health Care
 System became the official
 health care provider for the
 University of North Carolina
 at Pembroke Athletics
- Scotland Memorial Foundation raised \$1.6 million
- Scotland Regional Hospice offered free screenings of documentary films to engage community in conversations around end-of-life decision making
- Scotland Family Counseling Center celebrated its 10th anniversary

2018

- Reduced patient falls rate by more than 50%
- Renewed focus on patient identification
- Strengthened Women Services' patient and employee safety with new visitor identification process
- Integrated employee safety into quality service line
- Expanded daily safety call to include weekends
- Maintained B rating from Leapfrog's nationally recognized quality organization
- Sustained four-star CMS facility designation
- Top performer in Atrium for diabetes management
- Hired Community Health Director and Educator
- Increased spread of department huddles to open lines of communication
- Executed key Lean events
- Reduced readmission rates
- Transitioned to Epic, a premier comprehensive health record
- Successfully passed CAP and The Joint Commission accreditation
- Committed to virtual critical care

PROJECTS AND PROGRAMS SUPPORTED BY THE SCOTLAND MEMORIAL FOUNDATION

2016

- Knight's Wrestling Club Golf Tournament sponsorship
- Tommy Britt Memorial Scholarship Fund – golf tournament fundraiser
- St. Andrews University annual campaign
- Bennettsville Junior Leadership
- Spring Hill Middle School Cross Country Run for Kicks
- Pregnancy Fair
- Men's Health Event
- Diabetes Health Fair
- Women's Health Event
- Free sports physicals for high school students
- Restoring Hope Center Community Day
- Scotland Mile Fit Trail
- Grant for Scotland Family Counseling staff to be trained in eye movement desensitization and reprocessing therapy
- Camp Spinoza (Hospice)

2017

- Knight's Wrestling Club Golf Tournament sponsorship
- Tommy Britt Memorial Scholarship Fund – golf tournament fundraiser
- St. Andrews University annual campaign
- Spring Hill Middle School Cross Country Run for Kicks
- United Way of Scotland County
- Pregnancy Fair
- Men's Health Event
- Diabetes Health Fair
- Women's Health Event
- Breast Cancer Awareness Walk
- Free sports physicals for high school students
- Eat Healthy Be Active Workshops (six Workshops)
- Cancer Survivors Dinner
- Lupus Warrior Celebration
- Camp Spinoza (Hospice)

2018

- Knight's Wrestling Club Golf Tournament sponsorship
- St. Andrews University Annual Campaign
- Spring Hill Middle School Cross Country Run for Kicks
- United Way of Scotland County
- Spring Arts Festival sponsorship (Springfest)
- St. Andrews University –
 Grant to uplift labs for Nursing
 program
- Lauringburg Police
 Department Shop with a
 Cop Program
- Scotland High School Career Technical Education EMT Program- Grant for ambulance to perform simulation training
- Domestic Violence and Rape Crisis Center
- Scholarship for HOSA Student to attend summer conference
- Hurricane Florence Disaster Relief: Burnt Swamp Baptist Association, NC Baptist Men Association for work in Scotland County, Pembroke First Baptist, United Way of Scotland County
- Pregnancy Fair
- Men's Health Event
- · Diabetes Health Fair
- Women's Health Event
- Breast Cancer Awareness
 Walk
- Free sports physicals for high school students
- Cancer Survivors Dinner
- Camp Spinoza (Hospice)
- Morrison Manor Family Comfort Project (Hospice)
- Scotland Family Counseling Center – Transactional analysis training to diversify treatment options

Community Health Improvement Plan

SHCS SERVICES

- Cancer Center- Duke Health Affiliate
- Cardio, Neurology, and Respiratory
- Cardiovascular Center
- Emergency Center
- Endoscopy Center/Colonoscopy
- General Surgery
- Hospice
- Hospitalist
- Imaging Services
- Inpatient Care
- Inpatient Rehabilitation
- Nephrology

- Occupational Medicine
- Orthopedics
- Rehabilitation Services
- Scotland Family Counseling Center
- Sleep Center
- Specialty Clinics
- Surgical Services
- Telestroke
- Urgent Care
- Urology
- Virtual Critical Care
- Women's Center
- Wound Healing Center

2019 COMMUNITY HEALTH IMPROVEMENT PLAN PRIORITIES AND STRATEGIES

- I. Obesity related hypertension, heart disease, and diabetes
- II. Mental health including substance misuse
- III. Lack of positive youth engagement and healthy behaviors

PRIORITY 1: OBESITY RELATED HYPERTENSION, HEART DISEASE AND DIABETES

Situational Analysis

Overweight and obesity are the accumulation of abnormal or excessive fat that poses a risk to health. Over the last few decades, there has been a drastic increase in the prevalence of obesity. This public health crisis increases an individual's chance of developing type 2 diabetes, high blood pressure, certain cancers, stroke, and heart disease. In order to prevent obesity related conditions, interventions that support healthy changes in diet and/or physical activity must be implemented.

Based on Scotland County data, people are experiencing a higher percentage of poor health, poor physical health days, and more frequent physical distress compared to other counties in the state of North Carolina. Additionally, diabetes prevalence is 14%, adult obesity is 36%, physical inactivity is 28%, and access to exercise opportunities is 68%, all of which show poorer performance levels than the state average. The county's food environment index is 5.5/10 and 25% of the population experiences food insecurity, while 8% have limited access to healthy foods.

To combat obesity and related health conditions, several programs will be maintained, enhanced, and/or initiated. These programs provide screenings to identify potential risk factors or detect early-age disease, increase community access to fresh produce, offer support groups, and provide education concerning nutrition, heart health, and disease prevention and management.

Partners

- The Scotland Memorial Foundation
- Local Chambers
- Faith-based organizations
- Scotland County Health Department
- SHCS Human Resources: Benefits
- Scotland Physicians Practice
- Scotland Community Health Clinic

- SHCS: Business & Industry
- Laurinburg Housing Authority
- SHCS: Cardiac Rehab
- Healthy Active Living Partnership
- Parks & Recreation Department
- The Lumbee Tribe of North Carolina
- University of North Carolina at Pembroke

Community Objectives

Baseline/Indicator Source

 Increase number of related screenings (A1C, lipid panel, blood pressure, and body mass index) by 10% A1C- 1,170 Lipid panel- 1,093 Blood pressure- 1,376 Body mass index- 472

Ensure 10% of population resulting in an abnormal screening complete a provider visit No baseline data available

3. Ensure 10% of population resulting in an at-risk screening participate in a prevention-based program

No baseline data available

Increase number of related screenings by 10 %

Intervention: Increase the number of screenings **Setting:** Community based centers, community events

Time Frame: September 2019- August 2022

Evaluation Measures: Total number of citizens screened

Process: Screenings for A1C, lipid panel, blood pressure, and body mass index will be offered at no cost to all participants. Screenings will be offered during SHCS planned events and/or community planned events sponsored by our partners.

Outcomes: Risk factors for diseases can be detected at an early age; citizens identified with abnormal results will be offered treatment plan options.

References: Institute for Quality and Efficiency in Health Care. 2016. Benefits and risks of screening tests. Bookshelf ID: NBK279418

American Academy of Family Physicians. 2016. Diabetes Mellitus: Screening and diagnosis. Available at: https://www.aafp.org/afp/2016/0115/p103.html

Ensure 10% of population resulting in an abnormal screening complete a provider visit

Intervention: Enhance process to include follow up that results in scheduling a provider visit for treatment management

Setting: Community events, primary care practices

Time Frame: During each screening, upon review of lab results

Evaluation Measures: New initiative; numerator- number of visits completed with a provider, denominator- total number of abnormal screenings identified

Process: Abnormal screenings resulting in immediate identification will trigger for a scheduled appointment to be made. Appointments can be scheduled with the participant's current primary care provider or a new primary care provider as needed and as warranted by the participant.

Outcomes: Expected outcome is that participants will be more likely to receive treatment if they have access to primary care.

References: Office of Disease Prevention and Health Promotion. 2019. Access to primary care. Available at: https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-health/interventions-resources/access-to-primary

Ensure 10% of population resulting in an at-risk screening participates in a prevention-based program

Intervention: Enhance process to include a follow up that results in scheduling a prevention program that fosters healthy behaviors

Setting: Community events, community learning centers

Time Frame: During each screening, upon review of lab results

Evaluation Measures: New initiative; numerator- number of prevention program participants, denominator- total number of abnormal screenings identified

Process: Abnormal screenings resulting in immediate identification will trigger for a prevention program referral to be made. Prevention program enrollment will be made as warranted by the participant.

Outcomes: The expected outcome is that participants who are actively engaged in a prevention plan will have better health outcomes.

References: Center for Disease Control and Prevention. 2018. Preventing 1 million heart attacks and strokes. Available at: https://www.cdc.gov/vitalsigns/million-hearts/

Office of Disease Prevention and Health Promotion. 2019. Clinical preventive services. Available at: https://www.healthypeople.gov/2020/leading-health-indicators/2020-lhitopics/Clinical-Preventive-Services

PRIORITY 2: MENTAL HEALTH AND SUBSTANCE MISUSE

Situational Analysis

In the United States, 1 in 5 or approximately 45.6 million adults experience a mental health condition each year. Despite high prevalence, stigma and other barriers often prevent people from receiving needed mental health care. As a result, many people begin to engage in substance misuse. Prescription drug abuse is classified as an epidemic and drug overdose death rates have tripled in the last few decades. Approximately 75% of prescription drugs abused are painkillers, which directly correlates to increased prescription drug sales. Prescription drug overdose deaths outrank the number of deaths caused by heroin and cocaine combined. Unfortunately, many individuals that misuse substances believe that prescription drugs are safer than illicit drugs because they come from a pharmacy. However, substance abuse in all forms is prevalent and a growing issue.

Based on Scotland County data, people experience more poor mental health days, more frequent mental distress, and have a lower quality of life compared to other counties in the state of North Carolina. Additionally, adult smoking is 23%, excessive drinking is 13%, alcohol-impaired driving deaths is 29%, and insufficient sleep is 39%. There are also more reported drug overdose deaths when compared to the national level, but the data is consistent with that of the state.

Addressing mental health and substance use/misuse is one of the county's top priorities for public health. To address the existing issues, several programs will be maintained, enhanced, and/or initiated. These programs address the opioid crisis and other substance abuse problems, offer support groups, offer referrals, enhance positive relationships with pharmacies, and provide screenings for depression, opioid misuse, and alcohol misuse.

Partners

- The Scotland Memorial Foundation
- Local Chambers
- Faith-based organizations
- Scotland County Health Department
- SHCS Human Resources: Benefits
- Scotland Physicians Practice
- Hospice of Scotland County
- Scotland Community Health Clinic

- SHCS: Business & Industry
- Laurinburg Housing Authority
- Robeson Health Care Corporation
- Scotland Family Counseling Center
- Parks & Recreation Department
- The Lumbee Tribe of North Carolina
- City of Laurinburg
- University of North Carolina at Pembroke

Comr	nunity Objectives	Baseline/ Indicator Source		
1.	Enhance the awareness of mental health	0/ New initiative		
2.	Include mental health screenings in events	0/ New initiative		
3.	Ensure 10% of population resulting in an abnormal screening complete a provider visit	0/ New initiative		
4.	Ensure 10% of identified participants enroll in a mental health program	0/ New initiative		

Enhance the awareness of mental health

Intervention: Utilize various avenues to increase awareness of mental health

Setting: Social media, community events, campaigns

Time Frame: September 2019- August 2022

Evaluation Measures: Number of messages shared within the community (Goal- 12) **Process:** Endorsed messages promoting mental health wellness will be shared on a calendar basis utilizing Facebook, Instagram, and Twitter. Apparel and items with messaging related to mental health will be provided at community events. Designated events and/or participating event teams will display positive mental health messages. **Outcomes:** The expected outcome is that awareness of mental health wellness will decrease the negative stigmatism, which prevents treatment.

References: Association for Psychological Science. 2014 The impact of mental illness stigma on seeking and participating in mental health care. Available at: https://journals.sagepub.com/stoken/rbtfl/dDpyhM2zRi.Fg/full

Include mental health screenings in events

Intervention: Incorporate mental health screenings and substance use/misuse screenings into current profile

Setting: Community based centers, community events

Time Frame: September 2019- August 2022

Evaluation Measures: New initiative; total number of citizens screened (Goal- 600) **Process:** Screenings for depression and substance misuse will be offered at no cost to all participates. Screenings will be offered during SHCS planned events and/or community planned events sponsored by our partners.

Outcomes: Screenings can provide early identification and/or need for treatment. References: National Alliance on Mental Illness. 2019. Mental health screening. Available at: https://www.nami.org/Learn-More/Public-Policy/Mental-Health-Screening

Ensure 10% of population resulting in an abnormal screening complete a provider visit

Intervention: Enhance process to include follow up that results in scheduling a

provider visit for treatment management

Setting: Community events, primary care practices

Time Frame: During each screening

Evaluation Measures: New initiative; numerator- number of visits completed with a provider, denominator- total number of abnormal screenings identified

Process: Abnormal screenings resulting in immediate identification will trigger for a scheduled appointment to be made. Appointments can be scheduled with the participant's current primary care provider or a new primary care provider as needed and as warranted by the participant.

Outcomes: The expected outcome is that participants will be more likely to receive treatment if they have access to primary care.

References: Office of Disease Prevention and Health Promotion. 2019. Mental health. Available at: https://www.healthypeople.gov/2020/leading-health-indicators/2020-lhi-topics/Mental-Health

Office of Disease Prevention and Health Promotion. 2019. Tobacco use. Available at: https://www.healthypeople.gov/2020/topics-objectives/topic/tobacco-use
Office of Disease Prevention and Health Promotion. 2019. Reducing prescription

opioid misuse in North Carolina. Available at

https://www.healthypeople.gov/2020/healthy-people-in-action/story/reducingprescription-opioid-misuse-in-north-carolina

Ensure 10% of identified participants enroll in a mental health program

Intervention: Enhance process to include follow up that results in scheduling a referral for a prevention program that fosters healthy behaviors

Setting: Community events, community learning centers, SHCS Associate Health

Time Frame: During each screening, upon review of lab results

Evaluation Measures: New initiative; numerator- number of prevention program participants, denominator- total number of abnormal screenings identified

Process: Abnormal screenings resulting in immediate identification will trigger for a prevention program referral to be made. Prevention program enrollment will be made as warranted by the participant.

Outcomes: Based on research, better outcomes are prevalent when symptoms are targeted early. Participants participating in a mental health program will have a healthier emotional state and less dependence on substances such as tobacco, alcohol, and prescription drugs.

References: National Alliance on Mental Illness. 2019. Mental health screening. Available at: https://www.nami.org/Learn-More/Public-Policy/Mental-Health-Screening

PRIORITY 3: POSITIVE YOUTH ACTIVITIES

Situational Analysis

Although one's youth is typically the most dynamic and healthy stage, it is also one of the most critical stages of human development. Adolescents are more vulnerable in certain situations and are at risk of making unsafe or unhealthy choices. These unhealthy behaviors may lead to long-term risk factors for health conditions as adults. Therefore, it is important to promote physical, emotional, and intellectual wellbeing. It is also necessary to engage youth in situations that engage them in positive social roles and relationships.

Based on Scotland County data, there is a significantly higher number of premature deaths, higher rates of child and infant mortality, and higher teen birth rates compared to the state and nation. Additionally, low birthweight is 13%, uninsured children is 4%, high school graduation is 87%, children in poverty is 39%, children in single parent households is 52%, and disconnected youth is 14%.

To promote positive youth activities, several programs will be initiated. These programs will offer parent development, professional development for daycare workers, teachers, youth coordinators etc., and provide education on topics including: physical and dental health, bullying, seatbelt safety, substance use/misuse, mental health, safe sex, and literacy.

Partners

- The Scotland Memorial Foundation
- Local Chambers
- Faith-based organizations
- Parks & Recreation Department
- Scotland County Health Department
- Scotland Community Health Clinic
- University of North Carolina at Pembroke

- SHCS: Business & Industry
- Laurinburg Housing Authority
- Robeson Health Care Corporation
- The Lumbee Tribe of North Carolina
- Scotland Family Counseling Center
- · City of Laurinburg
- Partners in Ministry

Community Objectives

Baseline/Indicator Source

 Facilitate three events that focus on positive health behaviors targeted towards adolescents 0/ New initiative

Facilitate three events that focus on positive health behaviors targeted towards adolescents

Intervention: Sponsor events targeting adolescents, focusing on healthy behaviors

Setting: Community based centers, community events

Time Frame: September 2019- August 2022

Evaluation Measures: New initiative; number of events facilitated

Process: Education based events and tools will be shared with adolescents, caregivers, and those working with the targeted population to reinforce the importance of healthy behaviors related to physical, mental, and emotional health.

Outcomes: The expected outcome is that adolescents and their caregivers will adopt healthy behaviors to prevent early disease or mental distress.

References: National Institute of Medicine: U.S. National Library of Medicine. 2019. Obesity in children. Available at: https://medlineplus.gov/obesityinchildren.html Center for Disease Control and Prevention. 2017. Differences in health care, family, and community factors associated with mental, behavioral, and developmental disorders among children aged 2–8 years in rural and urban areas — United States, 2011–2012. Available at: https://www.cdc.gov/mmwr/volumes/66/ss/ss6608a1.htm National Institute of Mental Health. 2019. Child and adolescent mental health. Available at: https://www.nimh.nih.gov/health/topics/child-and-adolescent-mental-health/index.shtml

Distribution

Scotland Health Care System's Community Health Improvement Plan will be available on the SHCS and Scotland County Health Department websites. Findings will be shared in public forums, community events, and key committees. Instructions on retrieving the document will be shared within the community via the newspaper, radio, social media, etc.

Appendices

- A- Key Stakeholders
- B- Community Health Needs Assessment Survey (Versions A and B)
- C- Community Health Needs Assessment Children
- D- Data Sources
- E- Local Resource Directory

APPENDIX A KEY STAKEHOLDERS

4-H Youth Development Scotland County Center Berea Baptist Church, Pembroke Bright Hopewell Baptist Church Campbell Soup Carlie C's

Carne C S

Church and Community Services

City of Bennettsville

City of Laurinburg

Community Members

First Presbyterian Church, Bennettsville

First United Methodist Church, Laurinburg

First United Methodist Church of Pembroke and Sandy Plains United Methodist Church

Habitat for Humanity

Laurinburg Housing Authority

Laurinburg Presbyterian Church

Local Community Chambers

Local Libraries

Local Rotary Clubs

Lumbee Tribe of North Carolina

Man 2 Man: Bennettsville

Partners in Ministry

Pilkington

Robeson Health Care Corporation

Scotia Village

Scotland Cancer Treatment Center

Scotland Community Health Clinic

Scotland County Health Department

Scotland County School System

Scotland Family Counseling

Scotland Health Care System Associates

Scotland Memorial Foundation

Scotland Memorial Hospital

Scotland Physicians Network

Scotland Place

SHCS Associate Health

SHCS Business and Industry

SHCS Human Resources: Benefits

SHCS Imaging Services

SHCS Marketing

SHCS Occupational Health

SHCS Resource Management

Smart Start Program

Spring Branch Baptist Church

Town of Pembroke

Trinity Rail

True Value - Pembroke

United Way of Scotland County

University of North Carolina at Pembroke Vocational Rehabilitation Services

APPENDIX B 2019 SCOTLAND COUNTY COMMUNITY HEALTH NEEDS SURVEY - A

By Scotland Health Care System & Scotland County Health Department

SCOTLAND COUNTY RESIDENTS ONLY

SECTION I: THESE QUESTIONS APPLY TO YOU AS AN INDIVIDUAL

	How do you rate or feel about your health? (Check one) Excellen Very Good Good Fair Door Don't Know /Not Sure
2.	In the past 3 months, how often have you participated in any physical activities/exercises such as running, sports, gardening, or walking for exercise? (Check one) None 1-2 days/week 3-5 days/week 6-7 days/week Other (Please specify)
3.	In the past year, have you seen a medical provider for any of the following? (Check all that apply) Routine Check-up Health screening Sick Visit Emergency Not seen
4.	When seeking medical care, where do you go first? (Check one) Urgent Care at Scotland Memorial ER at Scotland Memorial Primary Provider/Family Physician Scotland County Health Department Scotland Community Health (Free Clinic) Moore Regional Hospital First Health Richmond Southeastern Regional Medical Center Cape Fear Valley Medical Center Sandhills Medical Center (Hamlet) Other Urgent Care Centers (please specify)
5.	Have you been told by a doctor, nurse, or health professional that you have any of the following? (Check all that apply) Asthma/Lung Disease Diabetes Heart Disease Depression Osteoporosis High Blood Pressure Overweight/Obesity High Cholesterol Cancer None Other (please specify)
6.	In the past year have you attended any free community health screenings in Scotland County for any of the following? (Blood pressure, Cholesterol, Diabetes, Mammogram, PSA, or other) Yes No
7.	Do you use any kind of tobacco, smokeless products or e-cigarettes (vaping)? (Check all that apply) Smoke Chew/Dip Electronic Cigarettes None
8.	Do you support tobacco/smoke free public Places/Buildings/Grounds/Parks in Scotland County? ☐ Yes ☐ No
9.	What would be your main way of getting information from authorities in a disaster or emergency (tornado, flood, hurricane, etc.)? (Check one) Television Neighbors Radio Text Message (Emergency Alert System) Print Media (ex. Newspaper) Social Media (Facebook, twitter, Instagram, etc.) Don't Know / Not Sure Other:
10.	Would you be likely to evacuate due to a disaster or emergency? Yes No If no, why? (Check one) Concern about personal/family safety Inability to get out of home or area No transportation Lack of trust in information Health problems (need assistance) Not wanting to leave home or property
11.	What are your biggest health issues/ worries? (Check all that apply) Asthma/Lung Disease Obesity/Overweight Cancer Stroke High blood pressure Heart Disease Diabetes (sugar) Mental Health Teen Pregnancy Dental Health Mold Substance Misuse (Drugs/Alcohol) STDs Smoking/Use of tobacco products or e-cigarettes Heat Related Illness Other
12.	Do you have access to healthy foods/items (i.e. fruits, vegetables, whole grains, etc.)? Yes No

SECTION II: THESE QUESTIONS APPLY TO YOUR FAMILY/HOUSEHOLD

13.	What are the biggest behaviors/risk factors that impact your family? (Check all that apply) Substance Use (Drugs/ Alcohol) Unprotected sex Poor Nutrition Child/Spouse/Parent Abuse Seatbelt use Lack of Physical Activity Crime/Violence Child Safety Seat Use Lack of Dental Health Use of Tobacco or Vaping Products Bullying Suicide Cancer Other:
14.	What is the main reason that keeps you or your family from getting medical care? (Check one) Cultural or Religious Beliefs No Insurance Unable to pay for visit to doctor Fear/Trust Services too far away I don't think I need it Transportation Have to wait too long at doctor office No appointments available at doctor when needed Medical care not important No child care None. I go to doctor when I need medical care Other:
15.	Where do you and your family get most of your health information? (Check all that apply) Doctor/Health Professional Hospital Health Department Community Education Events Friends or Family Newspaper/ Magazines Internet Library Television Radio Church Social Media
	Does your family have a basic emergency supply kit? (Kits include water, canned food, any needed medicines, first-aid kit, flashlights and batteries, non-electric can opener, blanket, etc. Yes No Don't Know / Not Sure
	SECTION III: THESE QUESTIONS APPLY TO THE COMMUNITY IN WHICH YOU LIVE In your opinion, what is the biggest health issue/ concern in your community? (Check one) □ Diabetes (Sugar) □ High Blood Pressure □ Heart Disease/Stroke □ Asthma/Lung Disease □ Tobacco Use/E-cigarettes (Vaping) □ Substance Use (Drugs/ Alcohol □ Teen Pregnancy) □ Gangs/ Violence □ Mental Health □ Adult/ Child Abuse □ Obesity/Overweight □ Dental Health □ Suicide □ Motor Vehicle Deaths □ HIV/AIDS □ Other: □ Other: □ Dental Health □ Suicide □ Motor Vehicle Deaths
18.	Which do you feel affects the quality of health care that you or people in your community receive? (Check all that apply) Ability to read & write Language Barrier Age Race Economic (Low Income, No Insurance, etc.) Sex/Gender Not Affected Other
19.	What do you feel are the top three issues in your community due to lack of money? (Check three) Food Medicine Health Insurance Transportation Home/Shelter Utilities (i.e. Electricity, Fuel, Water Unemployment Substance Use Crime/Violence/Gangs
20.	What services/screenings/education does your community need to help improve the health of your family and neighbors? (Check all that apply) Mental Health Services(including depression/anxiety) Safe place to walk/play/exercise After-School Programs Recreation Center Rehab Services (Drugs/Alcohol) Healthy Food Choices/Nutrition Transportation Job opportunities Positive youth activities Wellness Services Specialty Physicians Quit Smoking Cancer Literacy Pregnancy Prevention Reckless Driving/Seatbelts/Child Car Seats Cholesterol/ Blood Pressure Diabetes Emergency Preparedness HIV/Sexually Transmitted Diseases Dental Screening Eating disorders Vaccinations/ Immunizations Disease Outbreaks

SECTION IV: DEMOGRAPHICS

For Statistical Purposes Only, Please complete the following:

I am: Male Female Transgender LGBTQ+
My Age is Under 25 25-34. 35-44. 45-54. 55-64. 65-74 75+
Do you have health insurance? Yes No If yes, what type? Medicare Medicaid Dobama Care Private
What is your zip code: and/or city where you live?
My race is: White/Caucasian Black/African American Native American Alaskan Native Asian Pacific Islander Other
What is your ethnicity? Hispanic Non- Hispanic Unknown
I am: Employed Unemployed Retired Disabled Other:
What is your marital status? Never married Married Separated Divorced Widowed Other
My Highest level of education completed: Less than 12 th grade High School Graduate Some College 2yr degree Bachelor Degree Graduate Degree Post Graduate Degree
My household income last year was:
My job field is best described as: Agriculture Business/Industry Retail Homemaker Government Health care Student Education Food Service Migrant Worker Other:

Thank you for your participation

2019 SCOTLAND COUNTY COMMUNITY HEALTH NEEDS SURVEY - B

By Scotland Health Care System & Scotland County Health Department

SCOTLAND COUNTY RESIDENTS ONLY

SECTION I: THESE QUESTIONS APPLY TO YOU AS AN INDIVIDUAL

2.	How do you rate or feel about your health? (Check_one) Excellen Very Good Good Fair Poor Don't Know /Not Sure
2.	In the past 3 months, how often have you participated in any physical activities/exercises such as running, sports, gardening, or walking for exercise? (Check one) None 1-2 days/week 3-5 days/week 6-7 days/week Other (Please specify)
3.	In the past year, have you seen a medical provider for any of the following? (Check all that apply) Routine Check-up Health screening Sick Visit Emergency Not seen
4.	When seeking medical care, where do you go first? (Check one) Urgent Care at Scotland Memorial ER at Scotland Memorial Primary Provider/Family Physician Scotland County Health Department Scotland Community Health (Free Clinic) Moore Regional Hospital First Health Richmond Southeastern Regional Medical Center Cape Fear Valley Medical Center Sandhills Medical Center (Hamlet) Other Urgent Care Centers (please specify)
5.	Have you been told by a doctor, nurse, or health professional that you have any of the following? (Check all that apply) Asthma/Lung Disease Diabetes Heart Disease Depression Osteoporosis High Blood Pressure Overweight/Obesity High Cholesterol Cancer None Other (please specify)
6.	In the past year have you attended any free community health screenings in Scotland County for any of the following? (Blood pressure, Cholesterol, Diabetes, Mammogram, PSA, or other) Yes No
7.	Do you use any kind of tobacco, smokeless products or e-cigarettes (vaping)? (Check all that apply) Smoke Chew/Dip Electronic Cigarettes None
8.	Do you support tobacco/smoke free public Places/Buildings/Grounds/Parks in Scotland County? Yes No
9.	What would be your main way of getting information from authorities in a disaster or emergency (tornado, flood, hurricane, etc.)? (Check one) Television Neighbors Radio Text Message (Emergency Alert System) Print Media (ex. Newspaper) Social Media (Facebook, twitter, Instagram, etc.) Don't Know / Not Sure Other:
10.	Would you be likely to evacuate due to a disaster or emergency? Yes No If no, why? (Check one) Concern about personal/family safety Inability to get out of home or area No transportation Lack of trust in information Health problems (need assistance) Not wanting to leave home or property
11.	What are your biggest health issues/ worries? (Check all that apply) Asthma/Lung Disease Obesity/Overweight Cancer Stroke High blood pressure Heart Disease Diabetes (sugar) Mental Health Teen Pregnancy Dental Health Mold Substance Misuse (Drugs/Alcohol) STDs Smoking/Use of tobacco products or e-cigarettes Heat Related Illness Other
12.	Do you have access to healthy foods/items (i.e. fruits, vegetables, whole grains, etc.)?

SECTION II: THESE QUESTIONS APPLY TO YOUR FAMILY/HOUSEHOLD

13.	What are the biggest behaviors/risk factors that impact your family? (Check all that apply) Substance Use (Drugs/ Alcohol) Unprotected sex Poor Nutrition Child/Spouse/Parent Abuse Seatbelt use Lack of Physical Activity Crime/Violence Child Safety Seat Use Lack of Dental Health Use of Tobacco or Vaping Products Bullying Suicide Cancer Other:
14.	What is the main reason that keeps you or your family from getting medical care? (Check one) Cultural or Religious Beliefs No Insurance Unable to pay for visit to doctor Fear/Trust Services too far away I don't think I need it Transportation Have to wait too long at doctor office No appointments available at doctor when needed Medical care not important No child care Sometiments No child care Other:
15.	Where do you and your family get most of your health information? (Check all that apply) Doctor/Health Professional Hospital Health Department Community Education Events Friends or Family Newspaper/ Magazines Internet Library Television Radio Church Social Media
16.	Does your family have a basic emergency supply kit? (Kits include water, canned food, any needed medicines, first-aid kit, flashlights and batteries, non-electric can opener, blanket, etc. Yes No Don't Know / Not Sure
	SECTION III: THESE QUESTIONS APPLY TO THE COMMUNITY IN WHICH YOU LIVE
	In your opinion, what is the biggest health issue/ concern in your community? (Check one) Diabetes (Sugar) High Blood Pressure Heart Disease/Stroke Asthma/Lung Disease Tobacco Use/E-cigarettes (Vaping) Substance Use (Drugs/ Alcohol Teen Pregnancy Gangs/ Violence Mental Health Adult/ Child Abuse Obesity/Overweight Dental Health Suicide Motor Vehicle Deaths HIV/AIDS Other:
18.	Which do you feel affects the quality of health care that you or people in your community receive? (Check all that apply) Ability to read & write Language Barrier Age Race Economic (Low Income, No Insurance, etc.) Sex/Gender Not Affected Other
19.	What do you feel are the top three issues in your community due to lack of money? (Check three) Food Medicine Health Insurance Transportation Home/Shelter Utilities (i.e. Electricity, Fuel, Water Unemployment Substance Use Crime/Violence/Gangs
20.	What services/screenings/education does your community need to help improve the health of your family and neighbors? (Check all that apply) Mental Health Services(including depression/anxiety) Safe place to walk/play/exercise After-School Programs Recreation Center Rehab Services (Drugs/Alcohol) Healthy Food Choices/Nutrition Transportation Job opportunities Positive youth activities Wellness Services Specialty Physicians Quit Smoking Cancer Literacy Pregnancy Prevention Reckless Driving/Seatbelts/Child Car Seats Cholesterol/ Blood Pressure Diabetes Emergency Preparedness HIV/Sexually Transmitted Diseases Dental Screening Eating disorders Vaccinations/ Immunizations Disease Outbreaks Heat Related Illness Other

SECTION IV: DEMOGRAPHICS

For Statistical Purposes Only, Please complete the following:

I am: Male Female Transgender LGBTQ+
My Age is: Under 25 25-34. 35-44. 45-54. 55-64. 55-64. 75+
Do you have health insurance? Yes No If yes, what type? Medicare Medicaid Dobama Care Private
What is your zip code: and/or city where you live?
My race is: White/Caucasian Black/African American Native American Alaskan Native Asian Pacific Islander Other
What is your ethnicity? Hispanic Non- Hispanic Unknown
I am: Employed Unemployed Retired Disabled Other:
What is your marital status? Never married Married Separated Divorced Widowed Other
My Highest level of education completed: Less than 12 th grade High School Graduate Some College 2yr degree Bachelor Degree Graduate Degree Post Graduate Degree
My household income last year was:
My job field is best described as: Agriculture Business/Industry Retail Homemaker Government Health care Student Education Food Service Migrant Worker Other:

Thank you for your participation

APPENDIX C 2019 SCOTLAND COUNTY COMMUNITY HEALTH SURVEY FOR CHILDREN

By Scotland Health Care System & Scotland County Health Department

All children

- 1. Do you spend more time inside or outside?
 - a. Inside
 - b. Outside
- 2. When do you go to the doctor? (Can choose more than one)
 - a. When sick
 - b. For a regular checkup or physical
 - c. I don't go
 - d. When there is an emergency
- 3. Have you been to the dentist since Christmas (Past 7 months)
 - a. Yes
 - b. No
- 4. Have you ever been to the dentist?
 - a Yes
 - b. Not
- 5. Do you eat more junk food or healthy food like fruits and vegetables?
 - a. Junk Food
 - b. Healthy Food
- 6. How often do you wear a seat belt?
 - a. Always
 - b. Sometimes
 - c. Never
- 7. What do you do to be healthy? (Can choose more than one)
 - a. Eating more healthy food than junk food
 - b. Exercise 3-5 times per week
 - c. Drink more water than sugary beverages

For children grades 5-8

- 8. Have you ever: (Can choose more than one)
 - a. Smoked
 - b. Vaped
 - c. Drank alcohol
 - d. Used drugs
 - e. Had sex
 - f. Participated in a gang activity
 - g. Been bullied
- 9. Have you ever: (Can choose more than one)
 - a. Been sexually or physically abused
 - b. Felt like hurting yourself
 - c. Felt sad for more than 3 days in a row

APPENDIX D DATA SOURCES

1. North Carolina Southeast County Profiles

http://www.ncse.org/maps/county-profiles/robeson-county/red-springs-industrial-park

2. City Data

http://www.city-data.com/city/Scotland-Neck-North-Carolina.html

3. North Carolina County Health Rankings and Roadmaps

https://www.countyhealthrankings.org/app/north-carolina/2019/overview

4. 2019 County Health Rankings Report

https://www.countyhealthrankings.org/sites/default/files/state/downloads/CHR2019_SC.pdf

5. North Carolina Statewide and County Trends in Key Health Indicators: Scotland County

https://schs.dph.ncdhhs.gov/data/keyindicators/reports/Scotland.pdf

6. North Carolina History Project

https://northcarolinahistory.org/encyclopedia/scotland-county-1899/

7. United States Census Bureau

https://www.census.gov/quickfacts/fact/map/scotlandcountynorthcarolina/INC110217

8. City Data – Scotland County

http://www.city-data.com/county/Scotland_County-NC.html

9. North Carolina Demographics Report

https://accessnc.nccommerce.com/DemoGraphicsReports/pdfs/countyProfile/NC/37165.pdf

APPENDIX E SCOTLAND HEALTH CARE SYSTEM RESOURCE GUIDE

SCOTLAND COUNTY	#
ACADEMY ANIMAL HOSPITAL OF LAURINBURG	910-276-6068
Access for at&t	888-256-5378
ACTION PATHWAYS INC CONSUMER CREDIT COUNSELING SERVICE OF FAYETTEVILLE	910-323-3192
ADVENTURES IN LEARNING DAY CARE HOME	910-364-3795
ADVOCACY-END VETERAN HOMELESSNESS	1-855-917-2743
AGAPE ASSOCIATES	
AGAPE BUCHANAN FEATHERSTONE MEMORIAL TABERNACLE	301-982-0945
AL-ANON	
ALCOHOL/DRUG COUNCIL OF NORTH CAROLINA	
ALZHEIMER'S SUPPORT GROUP	
AMERICAN COUNCIL ON THE BLIND.	
AMERICAN RED CROSS	910-276-0600
AOE BACKPACK BLESSINGS	
AVA/OLSTEN STAFFING	
BAY RIDGE APARTMENTS	
BEHAVIORAL HEALTH SERVICES	
BRAVEHEART MEDICAL TRANSPORT	
Bridge builders- galilee United Methodist church	
BLAIR ASSISTED LIVING AND FAMILY CARE	
BLUES FARM ESTATE	
CANCER SURVIVORSHIP EDUCATION	
CANCER TRANSITIONS	
CAPITAL BANK	
CAREPATROL	
CAROLINA HEARTS HOME CARE LLC	
CAROLINA THERAPY SERVICES	
CEDAR TRACE LANDING	
CHILD CARE DIRECTIONS	
CHILD HELP- NATIONAL CHILD ABUSE HOTLINE	
CHIROPRACTIC URGENT CARE	
CHRIST THE CORNERSTONE PRESCHOOL	
CHURCH COMMUNITY SERVICES	
CIRCLE OF HOPE WOMEN'S CANCER SUPPORT GROUP	
CITY OF LAURINBURG.	
CITY OF LAURINBURG ANIMAL CONTROL	
COMMUNITY ALTERNATIVES PROGRAM FOR CHILDREN	
CONSOLIDATED CREDIT SOLUTIONS	
CREDIT COUNSELING SERVICES	
CREDIT COUNSELING SERVICES	
CRITICAL FINANCIAL ASSISTANCE	
CUDDLY CARE FAMILY CHILD CARE HOME	
DEBBIE'S STAFFING.	
DEBT COUNSELING	
DEBT MANAGEMENT AND CREDIT COUNSELING	
DEPLOYED SUPPORT- ANGEL BAKERS TEAM	
DEVELOPMENTAL THERAPY	
DIABETES SUPPORT GROUP.	
DISASTER RELIEF GRANT	
DOMESTIC VIOLENCE & RAPE CRISIS CENTER	
DOMESTIC VIOLENCE & RAI E CRISIS CENTER DOMESTIC VIOLENCE SUPPORT SERVICES	
DOMESTIC FIGURITY OF THE PROPERTY OF THE PROPE	077 023 4720

EASTPOINTE SUBSTANCE ABUSE PREVENTION	800 013 6100
EDUCATIONAL PROGRAMS-NATIONAL ASSOCIATION OF COLORED WOMEN	
EDWARD JONES.	
ELISABETH'S SMALL DAY CARE HOME	
EMERGENCY ASSISTANCE PROGRAM- MULTIPLE SCLEROSIS FOUNDATION	
EMERGENCY MEDICAL ASSISTANCE	916-708-4549
EMERGENCY SERVICES	
EYECARE AMERICA	800-222-3937
FAMILY CARE HOME	704-652-8359
FAYETTEVILLE VA MEDICAL CENTER HEALTH CARE FOR HOMELESS VETERANS910-488	3-2120 EXT 7225
FAYETTEVILLE VET CENTER	
FINANCIAL ASSISTANCE- SOLDIERS AND AIRMEN ASSISTANCE FUND	919-851-3390
FIRST IN FAMILIES	
FOOD AND NUTRITION SERVICE (SNAP)	
FOR CAREGIVERS	
FORECLOSURE PREVENTION	
FOUR COUNTY COMMUNITY SERVICES INC	
FOX RUN APARTMENTS	
FREEDOM PROGRAM	
GALILEE UNITED METHODIST CHURCH	
GENERATION HEALTH SERVICES, LLC	
GI BILL BENEFITS	
GOD'S LIL' ANGELS #2	
GOD'S LITTLE ANGELS.	
GRANTS PROGRAM FOR CANCER SURVIVORS	
GREENCARE & SNOWCARE FOR TROOPS	
GRIEF SUPPORT GROUP.	
GUARDIAN AD LITEM PROGRAM	
GULF WAR & AGENT ORANGE	
HABITAT FOR HUMANITY OF SCOTLAND COUNTY	
HEALTH INOVATIONS	
HEALTHKEEPERZ	
HELP FOR HOMELESS VETERANS	
HELPING HANDS	.910-276-3090
HEROES UNITED	800-347-9731
HIGHLAND APARTMENTS	
HOLIDAY MEALS FOR MILITARY	
HOME CARE SERVICES – CAP - DA	919-686-0165
HOME DELIVERED MEALS	
HOME LOANS – VETERAN AFFAIRS	
HOME SAVE	
HOMEBUYER ASSISTANCE	
HOMELESS PEOPLE PROGRAM	
HOPE HOTLINE	
HOSPICE OF SCOTLAND COUNTY	
HOUSING AND FINANCIAL PROGRAM	
HOUSING AUTHORITY OF LAURINBURG.	
HUD PUBLIC HOUSING PROGRAM	
I ELLIS JOHNSON DEVELOPMENTAL DAY	
IMPACT HOME CARE SERVICES.	
INDEPENDENT LIVING FOR PEOPLE WITH DIABILITIES	
INDEPENDENT LIVING PROGRAM	
INDIVIDUAL GRANT PROGRAM	877-822-4287
INTELLECTUAL AND DEVELOPMENTAL DISABILITIES SERVICES	
INTERMEDIATE CARE RESIDENTIAL HOMES	
JERUSALEM UNITED METHODIST CHURCH	
JOB CORPS	
KIDDIE KARE LEARNING CENTER	
KIDS CAMPUS	.910-2/6-/165

	010 462 0204
LAUREL HILL CHRISTIAN DAY CARE	
LAURINBURG CHIROPRACTIC CLINIC	
LAURINBURG HEAD START	
LEGAL AID OF NC	
LIBERTY HOME CARE & HOSPICE.	
LIFELINE PHONE PROGRAM	
LIFELINE PROGRAM FOR LOW-INCOME CONSUMERS	
LIVE OAKS APARTMENTS	
LUMBEE HERITAGE ELDERS ASSISTED LIVING	
LUMBEE TRIBE OF NC	
MARINER FINANCE	
MEALS ON WHEELS-HOME DELIVERED MEALS	
MEDICAL VILLAGE	
MEGA FORCE STAFFING	
MILITARY HOUSING ASSISTANCE FUND	
MILITARY PERSONNEL CREDIT COUNSELING	
MOBILE FOOD PANTRY	
MONARCH	
MORGAN ENTERPRISES OF SCOTLAND COUNTY, INC	910-277-0323
MORNING STAR FAMILY CARE HOME	910-276-9078
MORTGAGE AND FORECLOSURE ASSISTANCE	919-899-9911
MRS. LAURA'S TEENIE TINY TOY DAY CARE HOME	910-276-0490
MULTIPLE SCLEROSIS SUPPORT GROUP.	910-291-7327
MURRAY FORK CLINIC OF LAURINBURG	917-939-2749
NATIONAL CENTER FOR MISSING AND EXPLOITED CHILDREN	
NATIONAL CHILD SAFETY COUNCIL.	
NATIONAL DEAF BLIND EQUIPMENT DISTRIBUTION PROGRAM	
NATIONAL RUN-AWAY SWITCHBOARD.	
NAVAL HOSPITAL, CAMP LEJEUNE	
NAVY WOUNDED WARRIOR	
NC EMPLOYMENT SECURITY COMMISSION	
NCWORKS CAREER CENTER- SCOTLAND COUNTY.	
NEW COVENANT CHRISTIAN CENTER	
NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES-SERVICES FOR BLIND	
NORTH CAROLINA LIBRARY FOR BLIND	
	000 200 7/16/1
NORTH HARVEST OUTREACH MINISTRY	910-276-4260
NORTH HARVEST OUTREACH MINISTRY	910-276-4260 910-277-4336
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY OBAN WOODS APARTMENTS	910-276-4260 910-277-4336 910-276-8450
NORTH HARVEST OUTREACH MINISTRY	910-276-4260 910-277-4336 910-276-8450 910-266-0000
NORTH HARVEST OUTREACH MINISTRY	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS PARK PLACE APARTMENTS PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-2191
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-2191 910-276-1103
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS PLAZA TERRACE APARTMENTS PRECIOUS CARE EDUCATIONAL CENTER.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 .910-277-2805 910-276-4260 910-276-2191 910-276-1103 910-277-8450
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 .910-277-2805 910-276-4260 910-276-2191 910-276-1103 910-277-8450
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NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL. PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER. PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE. PURDIE'S LEARN-N- PLAY CHILD CARE HOME.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-1103 910-277-8450 910-276-0831 910-276-5950 910-369-4100
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS PARK PLACE APARTMENTS PARTNERS IN MINISTRY PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS PLAZA TERRACE APARTMENTS PRECIOUS CARE EDUCATIONAL CENTER PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE PURDIE'S LEARN-N- PLAY CHILD CARE HOME REALTY WORLD.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-1103 910-276-1103 910-276-0831 910-276-5950 910-369-4100 910-276-1021
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS PARK PLACE APARTMENTS PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL. PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER. PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE. PURDIE'S LEARN-N- PLAY CHILD CARE HOME. REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-2191 910-276-1103 910-276-0831 910-276-5950 910-369-4100 910-276-1021 910-686-0165
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS PARK PLACE APARTMENTS PARTNERS IN MINISTRY PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS PLAZA TERRACE APARTMENTS PRECIOUS CARE EDUCATIONAL CENTER PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE PURDIE'S LEARN-N- PLAY CHILD CARE HOME REALTY WORLD.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-2191 910-276-1103 910-276-0831 910-276-5950 910-369-4100 910-276-1021 910-686-0165
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NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS PARK PLACE APARTMENTS PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL. PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER. PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE. PURDIE'S LEARN-N- PLAY CHILD CARE HOME. REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE RESTORING HOPE CENTER. RHA HEALTH SERVICES, INC.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-2191 910-276-1103 910-276-1103 910-276-0831 910-276-5950 910-276-5950 910-276-1021 910-686-0165 910-276-4460 910-277-3212 13-204 EXT 104
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE. PURDIE'S LEARN-N- PLAY CHILD CARE HOME. REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE RESTORING HOPE CENTER. RHA HEALTH SERVICES, INC. RONALD MCDONALD FAMILY ROOMS. 919-9	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-2191 910-276-1103 910-276-1103 910-276-5950 910-276-5950 910-369-4100 910-276-1021 910-276-4460 910-277-3212 13-204 EXT 104 919-913-2040
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE. PURDIE'S LEARN-N- PLAY CHILD CARE HOME. REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE RESTORING HOPE CENTER. RHA HEALTH SERVICES, INC. RONALD MCDONALD HOUSE. 919-9 RONALD MCDONALD HOUSE	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-2191 910-276-1103 910-276-1103 910-276-0831 910-276-5950 910-369-4100 910-276-1021 910-686-0165 910-277-3212 13-204 EXT 104 919-913-2040 910-417-3735
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER. PINES OF CAROLINA GIRL SCOUTS COUNCIL. PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER. PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE PURDIE'S LEARN-N-PLAY CHILD CARE HOME. REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE RESTORING HOPE CENTER. RHA HEALTH SERVICES, INC. RONALD MCDONALD FAMILY ROOMS. 919-9 RONALD MCDONALD HOUSE. SAFE KIDS MID-CAROLINAS-FIRST HEALTH	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-2191 910-276-1103 910-276-103 910-276-0831 910-276-5950 910-369-4100 910-276-1021 910-686-0165 910-277-3212 13-204 EXT 104 919-913-2040 910-417-3735 910-280-2424
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE PURDIE'S LEARN-N- PLAY CHILD CARE HOME REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE RESTORING HOPE CENTER. RHA HEALTH SERVICES, INC. RONALD MCDONALD FAMILY ROOMS. 919-9 RONALD MCDONALD HOUSE SAFE KIDS MID-CAROLINAS-FIRST HEALTH. SAINT JOHN METHODIST CHURCH.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-2191 910-276-1103 910-276-103 910-276-0831 910-276-5950 910-369-4100 910-276-1021 910-686-0165 910-276-4460 910-277-3212 13-204 EXT 104 919-913-2040 910-417-3735 910-280-2424 910-276-6821
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE. PURDIE'S LEARN-N-PLAY CHILD CARE HOME. REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE. RESTORING HOPE CENTER. RHA HEALTH SERVICES, INC. RONALD MCDONALD FAMILY ROOMS. SAFE KIDS MID-CAROLINAS-FIRST HEALTH. SAINT JOHN METHODIST CHURCH. SAINT LUKE UNITED METHODIST CHURCH. SANDHILLS CHILDREN'S DEVELOPMENTAL SERVICES AGENCY (CDSA).	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-2191 910-276-1103 910-276-6831 910-276-5950 910-369-4100 910-276-1021 910-686-0165 910-276-4460 910-277-3212 13-204 EXT 104 919-913-2040 910-417-3735 910-280-2424 910-276-6821 1-866-368-7199
NORTH HARVEST OUTREACH MINISTRY NORTH LAURINBURG DEVELOPMENT DAY. OBAN WOODS APARTMENTS. PARK PLACE APARTMENTS. PARTNERS IN MINISTRY. PEGUES CHILD CARE CENTER PINES OF CAROLINA GIRL SCOUTS COUNCIL PINEWOOD PARK APARTMENTS. PLAZA TERRACE APARTMENTS. PRECIOUS CARE EDUCATIONAL CENTER PRESBYTERIAN CHILD CARE I. PRESTWICK VILLAGE PURDIE'S LEARN-N- PLAY CHILD CARE HOME REALTY WORLD. RESIDENTIAL SUPPORT — RAINBOW 66 STOREHOUSE RESTORING HOPE CENTER. RHA HEALTH SERVICES, INC. RONALD MCDONALD FAMILY ROOMS. 919-9 RONALD MCDONALD HOUSE SAFE KIDS MID-CAROLINAS-FIRST HEALTH. SAINT JOHN METHODIST CHURCH.	910-276-4260 910-277-4336 910-276-8450 910-266-0000 910-268-4688 910-277-2805 910-276-4260 910-276-2191 910-276-1103 910-276-6831 910-276-5950 910-369-4100 910-276-1021 910-686-0165 910-276-4460 910-277-3212 13-204 EXT 104 919-913-2040 910-417-3735 910-280-2424 910-276-6821 1-866-368-7199 800-448-0024

SCOTLAND ARTS COUNCIL, INC	910-276-6246
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SCOTLAND CHRISTIAN ACADEMY.	
SCOTLAND CENTER FOR ADULT EDUCATION	
SCOTLAND COMMUNITY HEALTH CLINIC.	
SCOTLAND COUNTY ADULT DAY HEALTH CARE.	
SCOTLAND COUNTY ANIMAL CONTROL	
SCOTLAND COUNTY AREA TRANSPORT SERVICES (SCATS)	
SCOTLAND COUNTY AREA TRANSFORT SERVICES (SCA15). SCOTLAND COUNTY CONCERNED CITIZENS FOR THE HOMELESS	
SCOTLAND COUNTY COOPERATIVE EXTENSION OFFICE.	
SCOTLAND COUNTY COURTHOUSE.	
SCOTLAND COUNTY DEPARTMENT OF SOCIAL SERVICES.	
SCOTLAND COUNTY GOVERNMENT.	
SCOTLAND COUNTY HEAD START	
SCOTLAND COUNTY HEALTH DEPARTMENT.	
SCOTLAND COUNTY PARKS AND RECREATION	
SCOTLAND COUNTY PARTNERSHIP FOR CHILDREN AND FAMILIES- SMART START	
SCOTLAND COUNTY SENIOR GAMES	
SCOTLAND COUNTY SHERIFF'S OFFICE.	
SCOTLAND COUNTY TAX OFFICE.	
SCOTLAND COUNTY VETERANS SERVICES	
SCOTLAND FAMILY COUNSELING CENTER.	
SCOTLAND FARM BUREAU	
SCOTLAND HEALTH CARE SYSTEM	
SCOTLAND MANOR APARTMENTS.	
SCOTLAND MEMORIAL LIBRARY	
SCOTLAND MEMORIAL DISCART SCOTLAND MEMORIAL OCCUPATIONAL HEALTH	
SCOTLAND PLACE SENIOR CENTER.	
SCOTLAND REGIONAL HOSPICE.	
SCOTLAND SURGICAL AND GI.	
SCOTLAND YOUTH CENTER.	
SCOTS FOR YOUTH VOLUNTEER PROGRAM.	
SCOTTISH PINE REHAB AND NURSING HOME.	
SCOTLAND VETERINARY HOSPITAL	
SCOTTISH WOODS APARTMENTS	
SECTION 8 HOUSING CHOICE VOUCHERS	
SECTION 8 HOUSING CHOICE VOUCHERS	
SERVICE MEMBER AND FAMILY SUPPORT PROGRAM	
SHIRLEY MCLEAN'S DAY CARE HOME	
SMALL BUSINESS CENTER- RCC.	
SOUTHEASTERN BEHAVIORAL HEALTH	
SOUTHEASTERN SELF RECOVERY	
SOUTHERN COMMUNITY AND FAMILY SERVICES, INC.	
SPECIAL HOUSING ADAPTION GRANT	
SPECIALLY ADAPTED CUSTOM HOME	
SPECTRUM INTERNET ASSIST	
SPEECH SOLUTIONS INC.	
STAR OF BETHLEHEM BAPTIST CHURCH	
STARKEY HEARING FOUNDATION	
STATELINE CHILDREN'S WORLD #1 & #2.	
STEP UP SEMI INDEPENDENT LIVING	
STEP'S 2 LEARNING DAY CARE HOME	
STROKE SUPPORT GROUP.	
STUDENT – TENANT BASED RENTAL ASSISTANCE	
SUMMER FEEDING PROGRAM – RESTORING HOPE CENTER	
SUMMER FOOD SERVICE PROGRAM- JERUSALEM SUMMER OUTREACH	
SUMMER FOOD SERVICE PROGRAM- KIDZ ZONE FOOD FRIENDS AND FUN	
SUMMER FOOD SERVICE PROGRAM- MCDUFFIE VILLAGE	
SUMMER FOOD SERVICE PROGRAM- MCINTOSH APARTMENTS	
SUMMER FOOD SERVICE PROGRAM- RENEW LIFE GROUP	
SUMMER FOOD SERVICE PROGRAM- SCOTLAND HIGH SCHOOL	
SUMMER FOOD SERVICE PROGRAM- SCOTTISH GLENN APARTMENTS	

SUMMER FOOD SERVICE PROGRAM- TARA VILLAGE	
SUMMER FOOD SERVICE PROGRAM- TRINITY PRESBYTERIAN SCHOOLS SUMMER CAMP	
TARA VILLAGE APARTMENTS	
TERRIFIC KIDS CHILD CARE	
THE ARC OF NC HOUSING	
THE BLUE CARD	
THE BUILDING PROGRAM	
THE LAST MISSION PROJECT	
THE NC FORECLOSURE PREVENTION FUND	
THE OLEY FOUNDATION	
THE PINK FUND	
THE SIGGI B WILZIG FIGHTING CANCER TOGETHER PROGRAM	
THE STAFFING ALLIANCE.	
THERAPEUTIC FOSTER CARE	
TOWN OF EAST LAURINBURG	
TOWN OF GIBSON.	
TOWN OF MAXTON	
TOWN OF WAGRAM	
TRINITY CHILD CARE CENTER	
TROPHY FINANCIAL	910-276-5121
TT&T SERVICES	
TWO HAWK EMPLOYMENT SERVICES	910-738-3014
VA BENEFITS	1-800-827-1000
VA HEALTH BENEFITS	910-488-2120
VA LIFE INSURANCE	1-800-669-8477
VA SUPPORTIVE HOUSING	877-222-8387
VETERAN AND MILITARY FAMILIES SUPPORT SERVICES	800-722-6098
VETERALVILLE WIETTAKT TAWIELES SOTT OKT SERVICES	
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM	877-222-8387
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM	1-800-697-6947
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS	1-800-697-6947
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM	1-800-697-6947 407-803-5398 800-899-0089
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES	1-800-697-6947 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE VETERANS TRANSITION AND CARE MANAGEMENT VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA VOCATIONAL REHABILITATION SERVICES WALGREENS PHARMACY.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-9097
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA VOCATIONAL REHABILITATION SERVICES.	1-800-697-6947 407-803-5398 800-899-0089 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-9097 910-277-7770
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY.	1-800-697-6947 407-803-5398 800-899-0089 800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-9097 910-277-7770
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM. VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM. VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALMART PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-9097 910-277-7770 252-830-3426
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM. VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM. VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALMART PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER. WEATHERIZATION ASSISTANCE. WEEKEND FOOD.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-9097 910-277-7770 252-830-3426 910-485-6131
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM. VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM. VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALMART PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER. WEATHERIZATION ASSISTANCE.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-770 252-830-3426 910-485-6131 910-610-5422 910-276-1021
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA VOCATIONAL REHABILITATION SERVICES WALGREENS PHARMACY WALMART PHARMACY WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER WEATHERIZATION ASSISTANCE WEEKEND FOOD	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-7770 252-830-3426 910-485-6131 910-610-5422 910-276-1021 910-276-9211
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA VOCATIONAL REHABILITATION SERVICES WALGREENS PHARMACY WALMART PHARMACY WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER WEATHERIZATION ASSISTANCE WEEKEND FOOD WEST BLVD APARTMENTS WILLOW PLACE ASSISTED LIVING AND MEMORY CARE WILLOW WOOD APARTMENTS	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-770 252-830-3426 910-485-6131 910-610-5422 910-276-1021 910-276-9211 910-276-9211
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA VOCATIONAL REHABILITATION SERVICES WALGREENS PHARMACY WALMART PHARMACY WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER WEATHERIZATION ASSISTANCE WEEKEND FOOD WEST BLVD APARTMENTS WILLOW PLACE ASSISTED LIVING AND MEMORY CARE	1-800-697-6947 407-803-5398 800-899-0089 800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-770 252-830-3426 910-485-6131 910-610-5422 910-276-1021 910-276-9211 910-276-4731 910-432-1486
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM. VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM. VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM. VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALMART PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER. WEATHERIZATION ASSISTANCE. WEEKEND FOOD. WEST BLVD APARTMENTS. WILLOW PLACE ASSISTED LIVING AND MEMORY CARE. WILLOW WOOD APARTMENTS. WOMACK ARMY MEDICAL CENTER. WOMEN'S MEDICAL SERVICES.	1-800-697-6947 407-803-5398 800-899-0089 800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-7770 252-830-3426 910-485-6131 910-610-5422 910-276-9211 910-276-9211 910-276-4731 910-432-1486 910-692-7928
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER. WEATHERIZATION ASSISTANCE. WEEKEND FOOD. WEST BLVD APARTMENTS. WILLOW PLACE ASSISTED LIVING AND MEMORY CARE. WILLOW WOOD APARTMENTS. WOMACK ARMY MEDICAL CENTER. WOMEN'S MEDICAL SERVICES. WOODFOREST NATIONAL BANK.	1-800-697-6947 407-803-5398 800-899-0089 800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-7770 252-830-3426 910-485-6131 910-610-5422 910-276-1021 910-276-4731 910-432-1486 910-692-7928 910-276-1191
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM. VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM. VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM. VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALMART PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER. WEATHERIZATION ASSISTANCE. WEEKEND FOOD. WEST BLVD APARTMENTS. WILLOW PLACE ASSISTED LIVING AND MEMORY CARE. WILLOW WOOD APARTMENTS. WOMACK ARMY MEDICAL CENTER. WOMEN'S MEDICAL SERVICES.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-9097 910-277-7770 252-830-3426 910-610-5422 910-276-1021 910-276-9211 910-276-4731 910-432-1486 910-692-7928 910-276-1191 910-276-1191
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM. VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM. VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM. VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALMART PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER. WEATHERIZATION ASSISTANCE. WEEKEND FOOD. WEST BLVD APARTMENTS. WILLOW PLACE ASSISTED LIVING AND MEMORY CARE. WILLOW WOOD APARTMENTS. WOMACK ARMY MEDICAL CENTER. WOMACK ARMY MEDICAL SERVICES. WOODFOREST NATIONAL BANK. WORKFORCE UNLIMITED, LLC. WOUNDED HERO HOME PROGRAM.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 704-838-4044 877-885-3172 800-827-1000 910-276-4669 910-277-9097 910-277-7770 252-830-3426 910-485-6131 910-610-5422 910-276-1021 910-276-9211 910-276-4731 910-432-1486 910-692-7928 910-276-1191 910-276-7903 888-786-9531
VETERANS ALCOHOL AND DRUG DEPENDENCE REHABILITATION PROGRAM. VETERANS HEADSTONES & MARKERS. VETERANS HOME AWARD PROGRAM. VETERANS PROGRAM- VOLUNTEERS OF AMERICA. VETERANS SUICIDE PREVENTION HOTLINE. VETERANS TRANSITION AND CARE MANAGEMENT. VHOP- VETERAN HOMEOWNDERSHIP PROGRAM. VIDEO RELAY SERVICES. VOCATIONAL REHABILITATION AND EMPLOYMENT- INDEPENDENT LIVING VA. VOCATIONAL REHABILITATION SERVICES. WALGREENS PHARMACY. WALMART PHARMACY. WALTER B. JONES ALCOHOL & DRUG TREATMENT CENTER. WEATHERIZATION ASSISTANCE. WEEKEND FOOD. WEST BLVD APARTMENTS. WILLOW PLACE ASSISTED LIVING AND MEMORY CARE. WILLOW WOOD APARTMENTS. WOMACK ARMY MEDICAL CENTER. WOMACK ARMY MEDICAL CENTER. WOMEN'S MEDICAL SERVICES. WOODFOREST NATIONAL BANK. WORKFORCE UNLIMITED, LLC.	1-800-697-6947 407-803-5398 800-899-0089 1-800-273-8255 910-475-6254 877-885-3172 800-827-1000 910-276-4669 910-277-9097 910-277-770 252-830-3426 910-610-5422 910-276-1021 910-276-9211 910-276-4731 910-432-1486 910-692-7928 910-276-1191 910-276-1191 910-276-7903 888-786-9531 910-276-5300

ACTION PATHWAYS AGAPE CHILD DEVELOPMENT ALLENTON HEAD START. AMERICAN RED CROSS. BILLY LOCKLEAR MINISTRIES, WLPS 89.5. BLUE HEALTH GROUP BOYS AND GIRLS CLUB CARING TOUCH SERVICES	910-608-3133 910-618-0322 910-738-5057 910-521-1029 910-668-1072 910-522-9005 910-521-9175
ALLENTON HEAD START. AMERICAN RED CROSS. BILLY LOCKLEAR MINISTRIES, WLPS 89.5 BLUE HEALTH GROUP. BOYS AND GIRLS CLUB.	910-618-0322 910-738-5057 910-521-1029 910-668-1072 910-522-9005 910-521-9175
AMERICAN RED CROSS BILLY LOCKLEAR MINISTRIES, WLPS 89.5 BLUE HEALTH GROUP BOYS AND GIRLS CLUB	910-738-5057 910-521-1029 910-668-1072 910-522-9005 910-521-9175
BILLY LOCKLEAR MINISTRIES, WLPS 89.5 BLUE HEALTH GROUP BOYS AND GIRLS CLUB	910-521-1029 910-668-1072 910-522-9005 910-521-9175
BLUE HEALTH GROUPBOYS AND GIRLS CLUB	910-668-1072 910-522-9005 910-521-9175
BOYS AND GIRLS CLUB	910-522-9005
	910-521-9175
CARING TOUCH SERVICES	
CENTER FOR COMMUNITY ACTION	910-671-5573
CHILDHOOD DEVELOPMENT CENTER	910-628-9240
CHILDREN'S HEALTH- PEMBROKE PEDIATRICS	910-521-0210
CHOSEN GENERATION GOMMUNITY CENTER	910-521-0114
CHRISTINE'S CHRISTIAN DAY CARE	910-738-8200
CITY OF LUMBERTON (HOUSING AUTHORITY)	910-671-8200
CLOTHIN & SUCH	910-628-5444
COLLINS & LOWRY, DDS PA	
COMMUNITY CORRECTIONS OFFICE.	
CONSUMER CREDIT COUNSELING SERVICE	910-618-9468
EAST ROBESON PRIMARY SCHOOL	
EASTPOINTE.	
FAIRGROVE HEAD START	
FAMILY ALTERANTIVES PROGRAM	
FIFTH STREET THRIFT AND BABY SHOP.	
FINDERS KEEPERS CONSIGNMENT SALES	
FIRST BANK.	
FIRST HEALTH OF THE CAROLINAS	
FOUR COUNTY COMMUNITY SERVICES INC	
FUN SHINE DAY CARE CENTER INC	
GIRL SCOUTS OF ROBESON COUNTY	
GRAHAM LAW FIRM PLLC	
GREEN GROVE EARLY HEAD START	
GUARDIAN AD LITEM PROGRAM	
HEAD START	
HEALTHKEEPERZ	
HEAVEN BOUND NEW VISION CHURCH	
HIS LITTLE ONES PSS	
HOSPICE OF SCOTLAND COUNTY	
INDIAN HEALTH CARE CLINIC	
ISLAND GROVE CHRISTIAN DAYCARE	
JAMESTOWN DAY CARE CENTER INC	
JERRY-ANN DAYCARE	
K & L VETERANS HOME AND SERVICES	
KIDDIE LAND DAY CARE	
KINGDOM CDC	
LEGAL AID OF NORTH CAROLINA	
LOCKLEAR, JACOBS, HUNT & BROOKS ATTORNEYS	
LUMBEE BANK	
LUMBEE REGIONAL DEVELOPMENT ASSOCIATION	
LUMBEE RIVER EMC	
LUMBEE TRIBE OF NORTH CAROLINA	
LUMBEE TRIBE OF NORTH CAROLINA- RED HILL APARTMENTS	
LUMBEE TRIBE OF NORTH CAROLINA- EMERGENCY HOUSING PROGRAM	
LUMBEE TRIBE OF NORTH CAROLINA- HERITAGE HAVEN APARTMENTS	
LUMBEE TRIBE OF NORTH CAROLINA- NEW HOMEOWNERSHIP HOUSING PROGRAM	
LUMBEE TRIBE OF NORTH CAROLINA TOBACCO CESSATION	910-522-2223
LUMBEE TRIBE OF NORTH CAROLINA- VETERANS SERVICES	
LUMBER RIVER AREA AGENCY ON AGING	
LUMBERTON CHRISTIAN CARE CENTER	910-739-1204
LYNN GREY CREATIONS	910-521-0099

MAXTON YOUTH CENTER	910-844-5262
MINORITY DIABETES PREVENTION PROGRAM	
MY REFUGE	
NATIVE AMERICAN INTERFAITH MINISTRIES (HEALING LODGE)	
NATIVE AMERICAN INTERFAITH MINISTRIES (HEALING LODGE) NATIVE AMERICAN INTERFAITH MINISTRIES, INC	
NCWORK CAREER CENTER- ROBESON COUNTY	
NORTH CAROLINA EMPLOYMENT SECURITY COMMISSION	
NORTH CAROLINA EMPLOYMENT SECURITY COMMISSION	
N-TOUCH RETAIL CONSIGNMENT LLCODUM HOME	
OLD MAIN PHARMACY	
OLD PROSPECT UNITED METHODIST CHURCH	
PALMER DRUG ABUSE PROGRAM	
PEMBROKE CENTER FOR WELLNESS	
PEMBROKE FAMILY PRACTICE	
PEMBROKE OPTOMETRIC CLINIC, PA	
PEMBROKE VETERINARY HOSPITAL.	
PINE STREET SENIOR CENTER	
PUBLIC SCHOOLS OF ROBESON COUNTY	
RAPE CRISIS CENTER OF ROBESON COUNTY	
RED SPRINGS FAMILY MEDICINE CLINIC	
RENNERT HEAD START	
REPEAT PERFORMANCE THRIFT SHOP	
RHA	
RIVERQUEST MEDICAL CARE	
ROBESON COMMUNITY COLLEGE	
ROBESON COUNTY	
ROBESON COUNTY CBOC	
ROBESON COUNTY CHURCH AND COMMUNITY CENTER	
ROBESON COUNTY CHURCH AND COMMUNITY HOME STORE	
ROBESON COUNTY COOPERATIVE EXTENSION SERVICES	
ROBESON COUNTY DEPARTMENT OF SOCIAL SERVICES	
ROBESON COUNTY HEALTH DEPARTMENT	
ROBESON COUNTY MENTAL HEALTH CENTER	
ROBESON COUNTY OFFENDER RESOURCE DEPARTMENT	
ROBESON COUNTY PARTNERSHIP FOR CHILDREN	
ROBESON COUNTY PUBLIC LIBRARY	
ROBESON COUNTY RECREATION AND PARKS COMMISSION	
ROBESON COUNTY VETERAN'S SERVICES	
ROBESON HEALTH CARE CORPORATION	
ROBESON HEALTH CARE CORPORATION SUBSTANCE ABUSE SERVICES	
SACRED PATHWAYS	
SANDY GROVE CHILD CARE CENTER	
SECOND HARVEST FOOD BANK OF SOUTHEAST NORTH CAROLINA (SHFB)	
SHINING STARS PRE-SCHOOL AND BRYAN LEARNING CENTER	
SOUTH ROBESON HEAD START CENTER	
SOUTHEAST AREA TRANSIT SYSTEM (SEATS)	
SOUTHEASTERN COMMUNITY & FAMILY SERVICES	
SOUTHEASTERN FAMILY VIOLENCE CENTER	
SOUTHEASTERN HOME HEALTH	
SOUTHEASTERN URGENT CARE PEMBROKE	910-521-0564
SPEECH N PROGRESS	
SPEECHFUNDAMENTALS, PLLC	
TELAMON CORPORATION.	
THE ROBESONIAN	
THE STAFFING ALLIANCE	
TOWN OF PEMBROKE	
TWO HAWK EMPLOYMENT SERVICES	
TWO HAWK WORKFORCE SERVICES	
UNITED WAY OF ROBESON COUNTY	
UNIVERSITY OF NORTH CAROLINA- PEMBROKE	.910-521-6000

VA MEDICAL CLINIC	910-272-3220
VETERAN SERVICES	910-671-3070
VOCATIONAL REHAB	910-618-5513
WALGREENS	910-521-3910
WEST PRIMARY CARE- PEMBROKE	910-521-8484
WEST PRIMARY CARE- LUMBERTON	910-618-0032
WEST PRIMARY CARE- FAIRMONT	
MARLBORO COUNTY	#
A NEW CREATION	
ADVISORY COUNCIL	
AGAPE HOSPICE	
ALCOHOL & DRUG ABUSE COMMISSION FOR MARLBORO COUNTY	
AMERICAN CANCER SOCIETY	
AMERICAN DIABETES ASSOCIATION	
AMERICAN HEART ASSOCIATION	
AMERICAN LUNG ASSOCIATION	
AMERICAN RED CROSS	
AMERICAN RED CROSS- PEEDEE CHAPTER	
AMIKIDS BENNETTSVILLE, INC	
ATLEE COUNSELING, LLC	
BABYNET	
BENNETTS VILLE EXTENSION OFFICE-SOUTH CAROLINA STATE UNIVERSITY	843-479-6991
BENNETTSVILLE WOMEN'S SERVICE	843-454-2294
BETHANY CHRISTIAN SERVICES	843-629-1177
BREAD OF LIFE FOOD PANTRY	843-862-2957
CALVARY CHAPEL FLORENCE THRIFT STORE	
CARESOUTH CAROLINA BENNETTS VILLE CENTER	843-479-2341
CARESOUTH CAROLINA BENNETTS VILLE PEDIATRICS	843-479-1200
CARESOUTH CAROLINA MCCOLL CENTER	843-523-5751
CARESOUTH CAROLINA SOCIETY HILL	843-378-4501
CARESOUTH- HARTSVILLE HEALTH CENTER	843-332-3422
CDC OF MARLBORO COUNTY	843-454-2188
CHERAW STATE PARK	843-537-9656
CHESTERFIELD FAMILY YMCA	843-623-9622
CHESTERFIELD MARLBORO ECONOMIC OPPORTUNITY COUNCIL HEAD START	843-479-2818
CHILDREN'S DEFENSE FUND OF SOUTH CAROLINA	843-479-5050
CHILDREN'S REHABILITATIVE SERVICES (CRS)	
CIRCLE PARK BEHAVIORAL HEALTH SERVICES	
CITY OF BENNETTSVILLE	
CLEMSON EXTENSION 4-H MARLBORO COUNTY	
COMMUNITY ACTION AGENCY	843-332-1135
DOUGLAS JENNINGS LAW FIRM LLC	
EASTERLING LAW FIRM PC	
EL-JIRETH PENTECOSTAL APOSTOLIC CHURCH.	
FAMILY CONNECTIONS.	
FEDERATION OF FAMILIES.	
FIRST STEPS.	
FIRST UNITED METHODIST DAY CENTER	
FLORENCE CRITTENTON- NORTH CAROLINA.	
FLORENCE CRITTENTON- NORTH CAROLINA	
FLORENCE HABITAT FOR HUMANITY	
FOWLER PHARMACY	
GOOD SAMARITAN COLONY	
GOODWILLGOODWILL	
HARVEST HOPE FOOD BANK	
HERALD-ADVOCATE	
HOSPICE CARE OF SOUTH CAROLINA	
HOUSE OF HOPE MISSION MART	843-007-9122

JESUS LOVES ME DAYCARE	
JP'S THIS AND THAT	
LA PETITE ACADEMY OF FLORENCE	
LEVEL GREEN UMC BC1 GRACE AND MERCY	
MANNA HOUSE	
MARIAN WRIGHT EDELMAN PUBLIC LIBRARY	843-479-5645
MARLBORO CHAMBER OF COMMERCE	843-535-8184
MARLBORO COUNTY ADULT EDUCATION	843-479-5310
MARLBORO COUNTY COUNCIL ON AGING	843-479-9951
MARLBORO COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES	843-479-4520
MARLBORO COUNTY DEPARTMENT OF SOCIAL SERVICES	843-479-7181
MARLBORO COUNTY DISABILITIES AND SPECIAL NEEDS	
MARLBORO COUNTY ECONOMIC DEVELOPMENT PARTNERSHIP	
MARLBORO COUNTY HOUSING AUTHORITY- BENNETTSVILLE	
MARLBORO COUNTY HOUSING AUTHORITY- FLORENCE	
MARLBORO COUNTY PARKS AND RECREATION	
MARLBORO COUNTY PUBLIC HEALTH DEPARTMENT.	
MARLBORO COUNTY SCHOOL DISTRICT	
MARLBORO ELECTRIC COOPERATIVE	
MARLBORO EYE CARE ASSOCIATES	
MARLBORO FAMILY PRACTICE & URGENT CARE	
MARLBORO PEDIATRICS	
MARLBORO PRIMARY CARE ASSOCIATES	
MCDONALD LAW OFFICE	
MCLEOD HEALTH CHERAW	
MEDICAID TRANSPORTATION.	
NANNY'S DAY CARE	
NON-MEDICAID TRANSPORTATION.	
PALMETTO FAMILY MEDICINE & NEPHROLOGY	
PEE DEE FOOD SERVICE	
PEE DEE HEALTHY STARTPEE DEE REGIONAL COUNCIL OF GOVERNMENTS	
PEE DEE COALITION AGAINST DOMESTIC AND SEXUAL ASSULT	
PEE DEE SPEECH AND HEARING	
PEE DEE THRIFT	
SANDY GROVE BAPTIST CHURCH	
SOCIAL SECURITY ADMINISTRATION	
SOUTH CAROLINA CENTERS FOR EQUAL JUSTICE	
SOUTH CAROLINA VOCAITONAL REHABILITATION	
SOUTH CAROLINA STATE GOVERNMENT	
SPIRIT AND TRUTH	
STATE EMPLOYMENT SERVICES	
SUNSHINE LEARNING ACADEMY	
SWORD OF TRUTH MINISTRIES, INC	
THE BENEFIT BANK AT THE SC OFFICE OF RURAL HEALTH	
THOMAS MEMORIAL DAY CARE CENTER	
TOWN OF MCCOLL	
TOWN OF TATUM	
TRI COUNTY MENTAL HEALTH CENTER	
TRINITY BEHAVIORAL CARE	
UNITED WAY OF MARLBORO COUNTY	843-479-4802
VICTORY WALK MINISTRIES	
WALLACE FAMILY LIFE CENTER	84 3-479-7 991
WOMEN, INFANTS, AND CHILDREN (WIC)	843-479-6801
WORD OF LIFE CHRISTIAN CENTER MINISTRIES.	843-479-7621