

# healthy

## PERSPECTIVES

THAT'S SOMETHING TO  
**BELIEVE IN**

**Marlboro Medical Complex  
Now Open in Bennettsville**

**Cardiac Services Have  
Gone Up a Beat**

**State-of-the-Art  
Cancer Care**



**CHECK OUT OUR  
ANNUAL REPORT!**

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## Issue Contents

- 3 New Health Care Options Available in Bennettsville
- 4 Calendar of Events
- 5 When People Care
- 6 Cardiac Services Have Gone Up a Beat
- 7 State-of-the-Art Cancer Care in Scotland County
- 8 Get Treated Faster with Scotland's New Emergency Center Service

### 2015 COMMUNITY BENEFIT REPORT

- 9 The Spiritual Side of Hospice
- 10 New Medical Providers Increase Access to Care
- 11 Patient Care Units Switch Floors
- 12 Highland Society Recognition Dinner
- 13 UC Express
- 13 Introducing AccessOne®
- 14 Scotland Health Care System Recognizes Extraordinary Nurses
- 15 Harris Family Practice Experiences Growth Pains
- 16 FUNd Run-4-Life



A Joint Commission Top Performer

( From the President and CEO )

# Sustainability Demands Continual Patient-Centered Improvements

The adage, “today is the best day we will ever have in our industry,” is very true. Our team of leaders, staff, providers, and volunteers realize this. They know that our current and future success requires that we stay focused on how to provide our patients and their families the type of care, where, when, and how they want it.

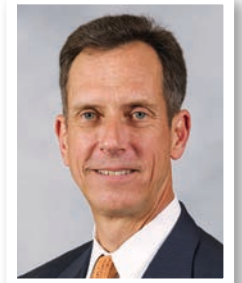
That is why I am so excited about our new services that allow our patients to receive their care at times and locations convenient to them. This spring issue of our newsletter is full of changes underway in our facilities to make it easier for our patients to access our services. Just as important, several new physicians, providers, and leaders are profiled within—dedicated health care professionals who understand and are committed to safe and compassionate care.

“Change is the only constant” is another very apt adage in health care. But that’s what keeps my job challenging and enjoyable. The communities we serve have entrusted us to ensure their health care system continues to transform itself both for long-lasting sustainability and to deliver care in the manner most convenient and safe.

And that’s just what we pledge to continue doing. With system changes underway and new talented professionals joining our team of dedicated staff, you can confidently trust that your health care system remains extremely strong and committed to serve you and your family.

Have a great spring!

Gregory C. Wood, CEO



Gregory C. Wood, CEO

## Welcome, New Leaders

In December, the Scotland Health Care System Board of Trustees welcomed new board members Dr. Bradford Faulkenberry and Dr. John Nobles.

Continuing in their positions are:

- Mike Vinson, Chair
- Jane Rogers, Vice Chair
- David Harling, Treasurer
- Dr. Stephen Lanuti, Chief of Staff

Scotland Health Care System is also pleased to announce Shannon Jones has joined Scotland Physicians Network as its new Network Executive. With an extensive background in practice start-ups and operations, Ms. Jones is extremely qualified to direct the operations of the nine medical practices in the Network.

# New Health Care Options Available in Bennettsville



**Vice Chair Jane Rogers and CEO Gregory C. Wood cut the ribbon at the Marlboro Medical Complex Open House Ceremony.**

The new year kicked off with exciting health care news in the Marlboro community. A new medical facility, new providers, and new services expand the care offered in Bennettsville.

To a standing-room-only crowd on January 9, local dignitaries and Scotland Health Care System officials cut the ribbon on the new Marlboro Medical Complex. Approximately 350 local community members were on hand for this momentous occasion.

This new state-of-the-art facility strengthens Scotland Health Care's commitment to the Marlboro community. Evidence of this commitment is reflected in the addition of long-time Bennettsville family medicine physician Dr. Haynes Cain to Marlboro Family Practice and Urgent Care, growing the staff to five experienced medical providers.

## EXPANDED HOURS

The newly named Marlboro Family Practice and Urgent Care now offers urgent care services on weekdays. The practice's expanded office hours are:

- Monday through Thursday, 7 a.m. to 6:30 p.m.
- Friday, 8 a.m. to 5 p.m.

The new hours allow community members to see a medical provider in the early morning and evening, as well as throughout the day. Walk-in urgent care patients are seen without an appointment.

However, appointments are recommended for those patients who require primary care services.

## COMPLEX PRACTICES

Scotland Health Care System's commitment extends to the addition of a surgical practice, an orthopedic practice, a laboratory service, and hospice at the Marlboro Medical Complex:

- General surgeon Dr. Chi-Dai Chen of Marlboro Surgical Services, another well-known Bennettsville medical provider, now has office hours in the Complex. To schedule an appointment with Dr. Chen, please call **843-535-0939**.
- OrthoCarolina Scotland also moved from its long-time facility on Ball Park Street to the Complex. Orthopedic physicians Dr. Paul Rush, Dr. Ralph Carter, and Dr. John Smid now have office hours at the Complex. To schedule an appointment with OrthoCarolina Scotland, please call **843-479-9033**.
- Carolinas Laboratories offers laboratory services not just for the practices located in the Complex, but for other referring physicians located in the area. Appointments are not necessary for laboratory work; however, a physician's order is necessary.
- Scotland Regional Hospice's office is now located in the Complex. Appointments with Hospice can be made by calling the Laurinburg number, **910-276-7186**.

The Marlboro Medical Complex's design has reduced wait times, improved quality of care, and increased overall patient satisfaction. It's a perfect example of Scotland Health Care System's commitment to the Marlboro community. For more information about the Complex and services provided, call **843-454-0245**.

## Mobile Mammography Rolls into Bennettsville

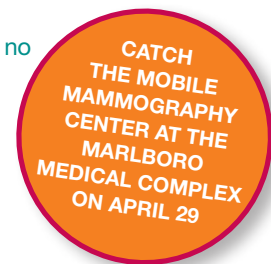
In continuing its efforts to expand medical care to the Marlboro community, Scotland Health Care System has partnered with Charlotte Radiology to provide mobile mammography services.

This beautiful, eye-catching pink mobile mammography center provides the same quality and compassionate care that women now receive at Scotland Imaging Center in Laurinburg. Patients find the same expertise and comfortable atmosphere in which to have a mammogram. Featuring digital mammography and a team of certified technologists, this center on wheels offers a convenient option for this very important breast cancer screening.

## GUIDELINES FOR MOBILE SCREENING MAMMOGRAMS

- Women must be 35 years and older.
- It must be one year since a previous mammogram.
- Women must not be pregnant or breastfeeding.
- Women must have no new breast lumps or concerns. The patient should promptly contact her physician for evaluation if she is experiencing breast problems.

In addition to scheduled dates at the Marlboro Medical Complex, mobile mammography is also provided at local industrial sites. For dates and locations of upcoming mobile visits, call **910-291-7244** or visit [scotlandhealth.org/mobilemammo](http://scotlandhealth.org/mobilemammo).



# Calendar of Events



☞ For dates, times, and locations, call the Marketing Department at **910-291-7550** or visit [scotlandhealth.org](http://scotlandhealth.org) and click on “Events.”

necessary. Call **910-291-6933** for more dates, locations, and times or visit us at [scotlandhealth.org](http://scotlandhealth.org).

## CANCER SURVIVORS DAY

*May 20, 5:30 p.m., LPC*  
Scotland Cancer Treatment Center’s annual Survivors Day celebration is open to all cancer survivors regardless of where cancer treatment was received. For registration and additional information, call **910-291-7630** or toll-free **877-762-2735**.

## CAMP SPINOZA—GRIEF CAMP FOR CHILDREN

*Friday, June 3, to Sunday, June 5*  
Scotland Regional Hospice’s Camp Spinoza is a grief camp for children ages 5 to 12 who have experienced a loss. For more information, call **910-276-7176**.

## MEN’S HEALTH EVENT

*June 2016*  
*6 to 8 p.m.*  
*Pembroke, North Carolina*  
This educational program is open to men of all ages. Registration is required; space is limited, so don’t delay. Call **910-291-6933** to register or visit the “Events” page at [scotlandhealth.org](http://scotlandhealth.org).

## LOOK GOOD ... FEEL BETTER

*May 19, July 31, and September 15, 9 to 11 a.m., SCTC*  
A FREE American Cancer Society program for women who are undergoing treatment for cancer. Learn skin care and how to use turbans, scarves, and hats. FREE makeup and wigs are available. Call **910-291-7630** to register.

## ART EXPRESSIONS

*Every Tuesday, 3 to 5 p.m., SCTC*  
Cancer survivors often feel

## FUND RUN-4-LIFE

*April 23*  
Scotland Memorial Foundation’s annual FUNd Run offers a half-marathon, 5K, and 1-mile walk/run. For registration information, call **910-291-7543** or visit the Foundation page at [scotlandhealth.org](http://scotlandhealth.org).

## SCOTLAND REGIONAL HOSPICE GOLF TOURNAMENT

*April 26 and 27, SMCC*  
The 30th annual golf tournament, sponsored by Eaton Corp. and Scotch Meadows Country Club, benefits Scotland Regional Hospice. Call **877-276-7176** to register.

## PREGNANCY HEALTH FAIR

*May 5, 5:30 p.m., WR Dulin Center*  
Mothers and fathers, especially new ones, have so many questions about the arrival of their little one. Your questions can be answered here.

Presenters will address prenatal care, labor options, caring for your baby, and much more. Registration is required for mothers and one guest. Call **910-291-6806** to register.

## FREE HEALTH SCREENINGS

*May 11*  
*8:30 to 10:30 a.m.*  
*NCWorks Career Center – Scotland*  
*303 N. Main Street, Laurinburg*

*May 14*  
*8 to 10 a.m.*  
*Laurel Fest, Laurel Hill, North Carolina*

*May 14*  
*10 a.m. to Noon*  
*Town of Maxton Health & Wellness Fair*  
*Maxton Resource and Community Center, 105 N. Florence Street, Maxon*  
FREE screenings will include cholesterol, blood pressure, and A1C. No appointments

Laurinburg Presbyterian Church = LPC  
Scotch Meadows Country Club = SMCC  
Scotland Cancer Treatment Center = SCTC  
Staff Development Center = SDC

overwhelmed and anxious as they undergo cancer treatment. Art Expressions is an opportunity for those undergoing cancer treatment to enjoy relaxation, socialization, fun, and support. The program supports the excellent medical care provided by the physicians and staff of Scotland Cancer Treatment Center. For additional information, contact Mary Callahan-Lopez, Social Worker, at the Cancer Center at **910-291-7638**.

### THE WOMEN'S CENTER OF SCOTLAND MEMORIAL

Call **910-291-7810** for more information or to register for the following FREE programs:

**Preview Night:** We roll out the red carpet for expectant mothers on the third Thursday of each month from 6 to 8 p.m. Hear talks by our anesthesiologists and pediatricians, and receive information about the delivery of your baby, what to bring to the hospital, breastfeeding, and child care agencies. You can also start your registration process. Tours of The Women's Center and refreshments will be provided.

**Breastfeeding Class:** A "how-to" breastfeeding class for moms planning to breastfeed or those not yet decided. The class is taught from 6 to 7 p.m. on the second Tuesday of each month, in the SDC, which is located just behind the hospital.

**Childbirth Choices:** This four-session educational program for mothers and their support person is held on Tuesday evenings. Preparing for childbirth will lead to a more satisfying birth experience. This class covers:

- Labor and the birth process
- Comfort measures
- Relaxation and breathing techniques
- Role of the support person
- Newborn care
- Breastfeeding

### SUPPORT GROUPS

- Alzheimer's
- Caregivers
- Circle of Hope Women's Cancer
- Diabetes
- Multiple Sclerosis
- Parkinson's
- Stroke

## PROVIDER UPDATE

### ON THE MOVE

Family Nurse Practitioner Leslie Oxendine, who formerly provided primary care at Harris Family Practice, has moved to Scotland Urgent Care Center in Laurinburg. The Center is open daily from 8 a.m. to 6:30 p.m.

### BOARD CERTIFICATION

Congratulations to Dr. William Harris, who has earned board

certification in interventional cardiology from the American Board of Internal Medicine.

### MEDICAL DIRECTOR

Congratulations to Dr. Valeriana Esteves-Jute, who has been named Medical Director at Scotland Regional Hospice. She also received her board certification in Hospice and Palliative Care.

## When People Care



*Willie Collins, who has had multiple cardiac catheterizations, had no concerns during a cardiac catheterization when he realized he would be the first patient to have the Percutaneous Coronary Intervention (PCI) procedure at Scotland Memorial Hospital.*

PCI, also called stenting, is a minimally invasive procedure to widen blocked blood vessels that feed the heart muscle. Mr. Collins has been a patient of Dr. William Harris, who performed the procedure, for several months and felt he was in the most capable hands.

Mr. Collins, a Robeson County native, says, "Scotland Memorial is my hospital of choice. I live closer to another hospital, but choose to come to Scotland for the excellent doctors, skilled nursing staff, and family atmosphere."

### DEDICATED TEAM

Mr. Collins had an amazing experience through the whole process. He was awake during the whole procedure. "I'm thankful for Dr. Harris and the staff of the cardiovascular center and the care they provided." Mr. Collins was so pleased about his experience, he asked to have a photo taken with Dr. Harris and the staff of the Scotland Cardiovascular Center.

### CLOSE TO HOME

Mr. Collins is grateful for a health care system that offers safe, compassionate, and quality care. He has no reason to go anywhere where else for any of the services that Scotland can provide.

**Read more about the PCI procedure on page 6.**

# Cardiac Services Have Gone Up a Beat

Superior heart care just got 45 minutes closer. To ensure that our community has access to a full range of quality cardiac care, Scotland Health Care maintains a valuable partnership with FirstHealth of the Carolinas through the Scotland Cardiovascular Center.

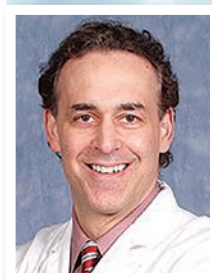
This partnership of top-notch doctors, diagnostics, treatments, and world-class care now offers a higher level of care to cardiac patients—close to home—with the addition of a new procedure called percutaneous coronary intervention (PCI). Also called stenting, PCI is a minimally invasive procedure to widen blocked blood vessels that feed the heart muscle. Previously, in order to receive this care, heart patients had to travel at least 45 minutes to the FirstHealth facility in Pinehurst.

Now the highly skilled team of board-certified interventional cardiologists Dr. Peter Duffy and Dr. William Harris provide this world-class heart care at Scotland Cardiovascular Center. They are assisted by the cardiovascular team members from Scotland Memorial Hospital and FirstHealth of the Carolinas.

Dr. Harris of FirstHealth Cardiology also offers office hours in the Laurinburg office, along with Dr. Olujide Lawal. Dr. Harris is delighted to be offering this new procedure locally, saying, “I don’t think patients should have to drive extraordinary distances for health care that can be provided here at Scotland Memorial Hospital. It’s right that we should expand our cardiac services as much as we can and provide patients with quality care right in their backyard.”

## WHAT IS PCI?

PCI was formerly called angioplasty with stent. It is a non-surgical procedure that uses a catheter to place a stent to open up blood vessels in the heart narrowed by plaque buildup. PCI improves blood flow and decreases heart-related chest pain.



Dr. Matthew Block



Dr. Peter Duffy



Dr. William Harris



Dr. Olujide Lawal

Brandy Baysek, RN, Clinical Coordinator of Scotland Cardiovascular Center, says, “We typically insert the catheter into the blood vessel through the wrist, threading it through the blood vessels into the heart where the coronary artery is narrowed. When the tip is in place, a balloon tip covered with a stent is inflated, compressing the plaque, and expanding the stent. Then the balloon is deflated and withdrawn.”

## MEET THE CARDIOLOGY TEAM

Dr. Harris joined the Scotland Health Care System medical staff and FirstHealth Cardiology in 2014. In 2015, he earned board certification in interventional cardiology. He says, “By earning certification from the American Board of Internal Medicine, a cardiologist shows he or she is committed to providing excellent care. It also clearly denotes that provider has a good comprehension of and excels in cardiology.”

Dr. Duffy of FirstHealth Cardiology brings 36 years of experience to the

Scotland Cardiovascular Center. He treats cardiac arrhythmia and ischemic heart disease, and in addition to PCI procedures, he also performs cardiac stress tests.

Dr. Harris adds that Dr. Duffy has been a wonderful mentor to him. “I have great respect for Dr. Duffy and am very excited to be working with him. He has many years of experience and is a leader in the cardiology field.”

General cardiologists Dr. Lawal and Dr. Matthew Block continue to provide high-quality heart care in the Cardiovascular Center by performing cardiac catheterizations.

## CLOSE TO HOME

The Scotland Cardiovascular Center allows local residents to stay close to home for excellent care with health care professionals they know and trust.

If you would like more information about the Cardiovascular Center at Scotland Memorial, please contact Brandy Baysek at **910-291-7070**.

# State-of-the-Art Cancer Care in Scotland County

After receiving a cancer diagnosis, you want the very best in care. Through its partnership with Duke Health, Scotland Cancer Treatment Center brings nationally ranked cancer care backed by the resources of a leading research and education center to patients and families in our community.

“Many people feel like they need to travel to larger centers to get up-to-date treatment,” explains Dr. Linda Sutton, Medical Oncologist at Scotland Cancer Treatment Center. “But as a result of our affiliation with Duke, they actually can get the same treatment that they would get at Duke here at our Center in Laurinburg.”

## A TRUE PARTNERSHIP

Scotland Cancer Treatment Center is one of four cancer facilities in North Carolina that is affiliated with the Duke Cancer Network. That means access to many of the resources available at Duke—including the latest research, education and treatment options—are available in Laurinburg. Duke’s medical and radiation oncology providers bring years of valuable experience in cancer detection and treatment to our community.

Scotland Cancer Treatment Center provides outpatient chemotherapy and radiotherapy in a convenient, comfortable setting. The Cancer Center staff works with a multidisciplinary team of Duke-affiliated oncologists to create each patient’s care plan.

“On the radiation oncology side, Duke oncologists go over every plan before we start treatment. On the medical oncology side, we do the same care plan protocols that are done at Duke. So patients don’t just have the expertise of our doctors here—they have the expertise of all of



the doctors at Duke,” says Dr. Sutton.

In addition, “If a patient is seen here and needs a treatment we can’t provide here, we know who to put the patient in contact with at Duke to get that treatment.”

## CLINICAL TRIALS, CLOSER TO HOME

The Center’s affiliation with Duke Health also increases opportunities for participation in clinical trials for eligible patients. Some trials are conducted right at Scotland Cancer Treatment Center, eliminating the need for time-consuming and costly travel to a more urban medical center. Others are conducted only at Duke, but the Center’s affiliation with Duke Health means the physicians at Scotland are aware of these trials and can

facilitate entry into them for patients who qualify.

## TELEMEDICINE GENETIC COUNSELING

Another service that Scotland Cancer Treatment Center is able to provide as a result of the Center’s affiliation with Duke is enhanced access to genetic counseling via telemedicine (video conferencing). Genetic testing may be appropriate when other family members have been diagnosed with a certain type of cancer, or when certain patterns of cancer are seen in the family. Meeting with a genetic counselor can help patients assess their risk and the usefulness of genetic testing.

“We actually have a teleconference set up for telemedicine, where we connect the patient with a genetic counselor at Duke who reviews the patient’s information to see whether the patient should travel to Duke for further genetic testing. It’s a service that we provide that not a lot of people know about,” says Dr. Sutton. “It can really save patients a lot of time.”

## HERE TO HELP

For additional information about services provided at Scotland Cancer Treatment Center, please call Dotti Matthews, Director of the Scotland Cancer Treatment Center at **910-291-7630** or visit us at [scotlandhealth.org/cancer](http://scotlandhealth.org/cancer).

### BOARD CERTIFIED MEDICAL ONCOLOGISTS

**Ivy Altomare, MD**  
**Linda Sutton, MD**  
**Padma Kamineni, MD**  
**Donette Vicente, MD**  
**April Stouder, PA-C**  
**Lee Daly, PA-C**  
**Lynn Scallion, AOCNP**

### BOARD CERTIFIED RADIATION ONCOLOGISTS

**Andrew Brown, MD**  
**Beth Lindsay, MD**

# Scotland's New Emergency Center Service Increases Efficiency

An expansion project to add "Ready Care" at Scotland's Emergency Center has been completed, and patients using the new service are finding it to be very efficient.

Located in the Emergency Center, the Ready Care unit is a separate area from the main Emergency Center. Patients must enter and register at the main Emergency Center registration desk. Upon triage, staff members will determine whether the patient needs to see a provider in the Ready Care unit or in the Emergency Center.

Ready Care has designated staff that includes one provider, one nurse, and one patient care technician. Hours of operation

for Ready Care are 10 a.m. to 10 p.m. daily. The main Emergency Center continues to be open 24 hours daily.

Ready Care is designed to ensure the Emergency Center is well-organized and to increase efficiency. In the Ready Care unit, the Emergency Center staff treats those patients with minor conditions, such as cough symptoms, sore throat, rashes, and sprains.

Ready Care allows staff to treat these patients more quickly and efficiently in order to improve the overall flow of patients through the Emergency Center. Adding Ready Care frees up the Emergency Center main staff so they may focus on the most urgent cases first and also improves patient access and overall patient satisfaction.

Dr. Doug Nederostek, Emergency Center Medical Director, says, "The Ready Care area is small but ergonomically designed. With staff members dedicated to this new area, the work flow has improved for the staff and throughput time for those patients presenting with minor illnesses and emergencies is greatly improved. The area is not for patients with complex problems, such as lacerations, incisions, drainages, or any kind of medical workup."

## **READY FOR READY CARE**

For more information about Scotland Memorial's Emergency Center and the new Ready Care service, please contact Karen Carlisle, RN, Emergency Center Director, at **910-291-7705**.







2015

# Community Benefit Report

Realizing that health care delivery would be much different in the future, the Scotland Health Care System Board of Trustees agreed that we must significantly change. In order to best serve our region and to sustain ourselves, the Board adopted a new, bold, and critical Mission, Vision, and Values statement.

This new mission is to work with our health care partners to create and operate a patient-centered, integrated system to provide:

#### **SAFE, HIGH QUALITY, COMPASSIONATE, AND SUSTAINABLE**

Health Care to the people we serve. Key new components to carry out this mission include:

- Increase *Integration and Coordination of Patients and Information* throughout our System and with our partners.
- Becoming much more *Patient and Ambulatory Centered*.
- In addition to *Compassionate and Safe Care*, we will provide our patients more *Convenience and Access*.
- Not compromising our *Core Values* as the community's Safety Net provider or our *Commitment to Transparency and Respect* for all.

## A FOUR-STAR HOSPITAL

# High Quality Health Care

For the second consecutive year, Scotland Memorial Hospital earned a Four Star designation by the Centers for Medicare and Medicaid Services (CMS), placing Scotland Memorial Hospital in the top 25th percentile in the nation for the quality care delivered to our community. CMS rated the hospital on the following seven key areas:

- **Mortality**—Patient lifespans for certain disease types after discharge
- **Safety**—Care delivered without hospital-acquired infections
- **Readmissions**—Unnecessary return to the hospital after discharge
- **Patient Experience**—Survey ratings from patients treated at Scotland
- **Timeliness of care**—Treatment times in the Scotland Emergency Center
- **Effectiveness of care**—Medical care delivered compared to national guidelines
- **Imaging**—Use of contrast material in imaging procedures like CT scans

“Our doctors, nurses, and staff focus on creating a patient-centered health care experience for those we serve,” said Dr. Cheryl Davis, Scotland’s Chief Medical Officer. “We consistently strive to provide Safe, High Quality, Compassionate health care, and the scores prove we are a high quality hospital close to home that delivers health care well above the national average.”

### ACCREDITATIONS

Scotland Health Care System underwent a rigorous, unannounced on-site survey in February and once again earned The Joint

Commission’s Gold Seal of Approval® for Hospital Accreditation. Through on-site observations and interviews, a team of expert surveyors evaluated compliance with hospital standards related to several areas, including emergency management, environment of care, infection prevention and control, leadership, and medication management. The Gold Seal of Approval is a symbol of quality that reflects an organization’s commitment to providing safe and effective patient care.

Mike Vinson, Chairman of the Scotland Health Care System Board of Trustees, says, “I was very proud to hear the abundance of compliments from the survey team regarding their findings during their four-day stay with us, and it fully reinforced my opinion that Scotland Health Care System is truly blessed to have a compassionate staff, working with supremely talented physicians and administrative leadership to ensure that our community has the finest available medical care.”

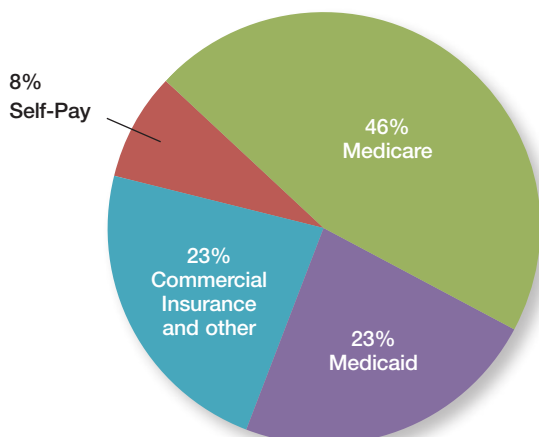
Scotland Memorial Hospital also earned re-accreditation in mammography as a result of a review by the American College of Radiology (ACR). Image quality, personnel qualifications, adequacy of facility equipment, quality control procedures, and quality assurance programs were all assessed during the review. The ACR gold seal of accreditation represents the highest level of image quality and patient safety. Scotland Memorial’s mammography service has been accredited by the ACR since 1993.

### NEW TECHNOLOGY

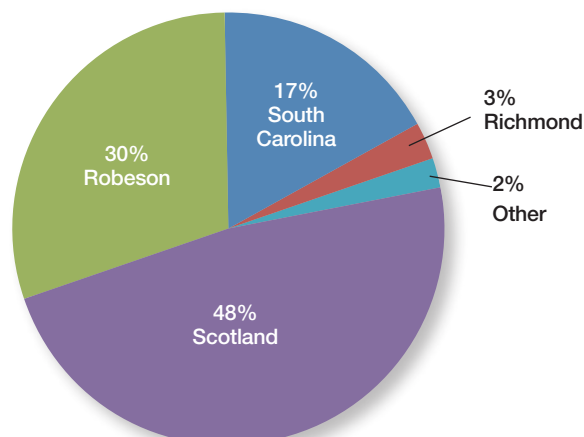
In order to be the community’s provider of choice, Scotland must continue to invest in technology to ensure the delivery of high-quality care. An excellent example of this commitment is the addition of the MAKO Robotic Arm Interactive Orthopedic System.

### KEY FINANCIAL STATISTICS FY 2015

Payer Mix Based on Percent of Charges



Discharges by Patient’s County of Residence



Scotland Memorial became one of the first hospitals in the region to offer MAKOpasty Partial Knee Resurfacing and MAKO Total Hip Replacement procedures.

“Accuracy is key in planning and performing both partial knee and total hip procedures,” says orthopedic surgeon Dr. Paul Rush of OrthoCarolina Scotland. “This robotic system enables orthopedic surgeons to personalize partial knee and total hip arthroplasties to achieve optimal results at a level of accuracy and reproducibility previously unattainable with conventional instrumentation.”

### EMERGENCY CARE

The Emergency Center, in partnership with Bioscape Digital & ER Express, launched a tablet solution to enable patients to give real-time feedback to the hospital, to better understand their health conditions and discharge instructions, to request information regarding a primary care provider, to sign up for the patient portal, and to enjoy games and other content while waiting.

Dr. Jennifer Isenhour, an Emergency Center physician at Scotland Memorial says, “This innovative tablet-based platform allows us to increase the amount of information available to patients, be responsive to changing patient needs, and provide the best possible patient experience.”

### COMPASSIONATE HEALTH CARE

Understanding the need to provide quality medical care in the Marlboro County area, Scotland Health Care System’s plan to build a medical complex came to fruition with the opening of the Marlboro Medical Complex in December 2015.

Housed in the 9,000-square-foot facility is Marlboro Family Practice and Urgent Care (formerly Scotland Health Care Center). This family practice grew last year to include three physicians and two advanced clinical practitioners. However, it’s the increased office hours and urgent care services that benefit the patients the most. Also found at the Complex are Marlboro Surgical Associates, OrthoCarolina Scotland, Scotland Regional Hospice, and Carolinas Laboratories.

Scotland has implemented numerous strategies for improving the Patient Experience through hospitality and empathy. Entering Scotland Memorial through the Outpatient entrance, you will most likely be warmly approached and welcomed and even escorted to your treatment area by Rhonda McDonald, Scotland’s Patient Experience Hospitality Navigator or by April Grice, RN, Surgical Services Navigator. Ms. McDonald is a liaison between patients and the hospital through which patients/families may provide feedback, ask questions, and express concerns. Ms. Grice serves as the point of contact between the surgeons and surgical staff and the family members of surgical patients. Each of these navigators strives to decrease any uncertainty or anxiety patients and their families may have about care at Scotland Memorial Hospital.

### SUSTAINABLE HEALTH CARE

Scotland Health Care System must work with our health care partners to create and operate a patient-centered, integrated system. We were delighted to partner this past year with Pinehurst Surgical and the urology surgeons to open Laurinburg Urology.

Local residents who are already established with one of the Pinehurst urologists now have the convenience of seeing their doctor in the Laurinburg practice. Seeing an urologist in Laurinburg also offers patients the convenience of having lithotripsy for kidney stones or any necessary imaging tests or laboratory work at Scotland Memorial Hospital.

ApolloMD, the medical group that staffs Scotland’s Emergency Center, assumed the responsibility to manage Scotland Urgent Care Center. This management has led to an improved triage system. Patients requiring urgent medical care take priority over those who are able to wait for a provider. This experience is similar to the tried-and-true system utilized in the Emergency Center.

## Financial Results

	FY 2015	FY 2014
<b>Discharges</b>		
Adult & Pediatric	4,973	4,818
Special Care Nursery	92	70
Inpatient Rehab	102	105
<b>Total</b>	<b>5,167</b>	<b>4,993</b>
<b>Patient Days</b>		
Adult & Pediatric	17,597	17,449
Special Care Nursery	731	491
Inpatient Rehab	1,112	1,307
<b>Total</b>	<b>19,440</b>	<b>19,247</b>
Observation Patients	2,388	2,573
Number of Deliveries	653	683
Cardiac Catheterizations	476	410
Lithotripsy	66	88
Wound Center New Patients	397	351
Scotland Endoscopy Center Patients	371	395
<b>Surgeries</b>		
Inpatient	1,501	1,414
Outpatient	3,280	3,758
<b>Total</b>	<b>4,781</b>	<b>5,172</b>
<b>Emergency Center Visits</b>		
Inpatient	3,580	3,392
Outpatient	50,519	43,922
<b>Total Emergency Center</b>	<b>54,099</b>	<b>47,314</b>
Urgent Care/Occupational Health Visits	13,110	13,082
Rehabilitation Services	68,711	69,166
Cardiac Rehabilitation	9,886	9,418
<b>Cancer Center New Patients</b>		
Chemotherapy–Patients	390	327
Radiation Therapy–Patients	278	546
<b>Volunteer Hours</b>		
Adult	18,630	19,479
Juniors	4,382	4,131

## High Quality Health Care, *continued*

Sustaining the excellent health care Scotland provides is also made possible by the grants the System receives, such as the Golden Leaf grant. The \$841,800 grant funds the Access to Care Expansion project, which includes the Emergency Center renovation to include four behavioral health rooms and a Ready Care area, a renovation project to Harris Family Practice in order to add additional medical providers, and an expansion to Scotland Surgical and GI in 2016. All of these projects will allow for increased patient capacity.

### OUR CHALLENGES

Clearly, our Board of Trustees, physicians, and staff are extremely concerned about the continued Medicaid and Medicare payment reductions and increased regulatory requirements. These negative changes threaten our ability to keep our community's health care system strong.

Fortunately, however, in 2015, we began making the internal transformational changes necessary to sustain ourselves

in the new environment. Innovative changes in how we communicate our patient's condition to the next shift, physician leadership in supply standardization, and daily safety calls with all management are just a few examples of how we have used our new LEAN philosophy to improve our patient care.

## Safe Health Care

### SCOTLAND PHYSICIANS NETWORK

Continuity of care leads to safe health care, which leads to satisfied patients. Utilizing one of the medical practices in Scotland Physicians Network means your medical provider has access to your care provided by any provider within the Network.

In 2015, Carolinas Womens Center, a well-established OB/GYN practice owned by Dr. Linda Mitchell-Frye, joined Scotland Physicians Network and became Women's Health Center of the Carolinas. Also joining the Network was general surgeon Dr. Chi-Dai Chen. His Bennettsville practice became Marlboro Surgical Associates and moved into the Marlboro Medical Complex.

### DAILY SAFETY CALLS

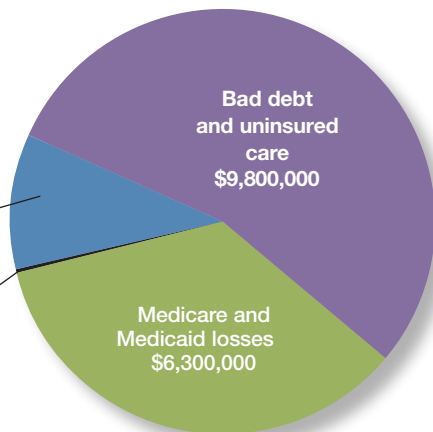
What matters most to patients at Scotland Memorial is the quality and safety of the care. To that end, daily safety calls were instituted. Each morning key hospital personnel attend the "safety call" to report on any safety issue which has been encountered.

### 2015 COMMUNITY BENEFIT

**Total community benefit**  
**\$18,031,000**

**Charity Care Costs**  
**\$1,900,000**

**Cash and in-kind donations**  
**\$31,000**

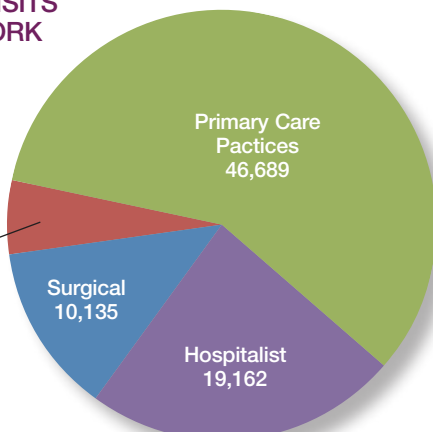


Community benefit as a percent of net operating revenue = 13%

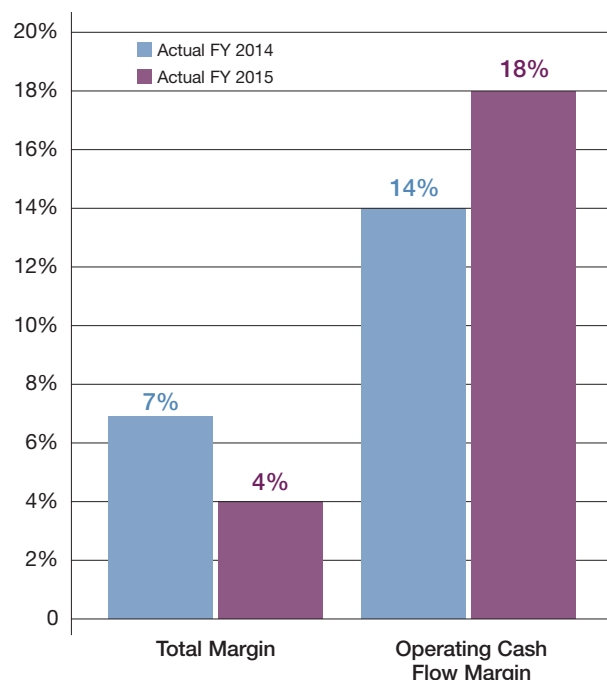
### NUMBER OF VISITS AT THE NETWORK PRACTICES

**Total Network Visits**  
**80,373**

**Obstetrics and Gynecology**  
**4,387**



### 2015 FINANCIAL RESULTS AS COMPARED TO 2014 RESULTS



# The Spiritual Care of Hospice



By Robbin Mundy, MRE, Chaplain, Scotland Regional Hospice

I walked into his room where he lay quietly resting. His son was nervous and anxious. He told me they were quasi-religious and really didn't need a chaplain. After a brief, polite, and nonjudgmental conversation, he explained that he needed to take care of some business as he had rushed to his father's side the day before. He said it would be nice if I could sit with his father for a little while, and he would be back as quickly as he could. Before leaving, he told his father "goodbye," and the patient whispered, "I'll be right here."

## **"SO, YOU'RE THE CHAPLAIN?"**

I let the patient know I was there and would talk or just sit—it was up to him. He nodded. Soon he looked over at me and in a very soft voice he asked, "So, you're the chaplain?" I said, "I am the chaplain. Thank you for allowing me to sit with you." He nodded and closed his eyes again. Shortly, he turned toward me again and said, "You're the chaplain." I said, "I am, and I would be

honored to sit with you, talk with you, or pray with you if you would like."

He pulled his hands up from under the sheet and folded them for prayer. I placed a hand gently on his and offered a prayer, matching his softness and demeanor, welcoming a God who hears, listens, and understands the desires of our hearts, who knows us as we are and meets us wherever we are on life's journey. Trusting God to be God, I asked God to speak to him and help him experience the peace that surpasses our own understanding.

With his eyes still closed, he said softly, "Thank you," and gently placed his hands down on the sheet. I sat quietly a little longer. And he gently, peacefully passed from this life to life eternal.

## **CHAPLAINS IN HOSPICE**

Chaplains are members of the hospice's interdisciplinary care team. After the initial meeting within the first five days of

admission, the chaplain and the patient or their caregiver determine the frequency of chaplain visits.

Reflective of a holistic approach to health care, spiritual care is critical to a person's overall sense of well-being and comfort. While all people are not religious, all people are spiritual beings. Chaplains offer an open, sensitive, and non-judgmental presence while accepting different beliefs, cultures, and values. Chaplains encourage the involvement of the patient's own spiritual support system (pastors, family members, friends, community groups) and will not persuade or challenge their beliefs or practices based on their own spiritual traditions.

Chaplains are spiritual counselors trained to avoid inflicting spiritual pain especially during a vulnerable season of life. They provide compassionate listening, the ministry of presence, and spiritual nurture in keeping with the patient's beliefs and spiritual traditions.

# New Medical Providers Increase Access to Care

We welcome four new medical professionals to the Scotland Health Care System medical staff.



**Dr. Haynes Cain**



**LaTonya Armstrong, CNM**



**Dr. Padma Kamineni**



**Tonya Eteo, FNP-BC**

**DR. HAYNES CAIN**  
**FAMILY MEDICINE**

Dr. Cain has joined Marlboro Family Practice and Urgent Care in Bennettsville.

Originally from Dillon, South Carolina, Dr. Cain began his medical career in private practice in Bennettsville in 1989. In 2000, Dr. Cain's wife, Nurse Practitioner Gail Cain, joined him in that practice. In 2003, the couple together joined CareSouth, a federally qualified community health plan, where they worked until Mrs. Cain joined Scotland Health Care Center last May.

Dr. Cain says he is excited to once again provide acute care medicine with his wife. "Marlboro Family Practice and Urgent Care is growing with increased hours of operation and additional services including urgent care."

Patients can call Marlboro Family Practice and Urgent Care at **843-454-0245**. The practice is located at 957 Cheraw Street, Bennettsville.

**LaTONYA ARMSTRONG**  
**CERTIFIED NURSE MIDWIFE**

Ms. Armstrong has joined the staff of the Women's Health Center of the Carolinas.

Ms. Armstrong earned a Bachelor of Science degree in Nursing from North Carolina Agricultural and Technical State University. She worked as a registered nurse for more than 10 years on a labor and delivery unit before returning to school in 2008 to earn her Certified Nurse Midwife credentials. In 2011, she graduated from East Carolina University after earning a

Master of Science degree in Nursing.

Appointments can be made by calling **910-277-3331**. The practice is located at 105 McAlpine Lane, Laurinburg.

**DR. PADMA KAMINENI**  
**MEDICAL ONCOLOGIST**

Dr. Kamineni, an experienced medical oncologist, of the Duke Cancer Network has joined Scotland Cancer Treatment Center and is currently providing medical oncology care in Laurinburg.

Most recently, Dr. Kamineni worked as an oncologist with Regional Cancer Care in Durham and Roxboro.

Exhibiting a deep commitment to her patients, Dr. Kamineni says she particularly enjoys working with breast cancer and colon cancer patients and hopes to pursue

GET YOUR **FREE**  
2016 PROVIDER  
DIRECTORY

The 2016 Provider Directory is now available. This resource has details of the services provided by Scotland Health Care System and the medical providers at each of the practices affiliated with our health system.

For your **FREE** copy, call **910-291-7550**.

research projects related to those clinical interests.

She completed her internal medicine residency and hematology/oncology fellowship at Howard University in Washington, D.C. Dr. Kamineni maintains American Board of Internal Medicine certifications in oncology, hematology, and internal medicine.

For more information about the care and providers at Scotland Cancer Treatment Center, please call **910-291-7630**.

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### **TONYA ETEO** **FAMILY NURSE** **PRACTITIONER**

Ms. Eteo has joined the staff of Harris Family Practice. This Rockingham native brings a broad range of experience in family medicine, emergency medicine, and hospice to the Laurinburg practice. She is passionate about providing top quality health care to her patients and their families.

After working as a registered nurse for more than 18 years, Ms. Eteo returned to school to further her education in order to become a Family Nurse Practitioner. In 2012, she graduated from Frontier University after earning a Master of Science degree in Nursing. Ms. Eteo brings three years of nurse practitioner experience to Harris Family Practice.

Appointments can be made with Ms. Eteo by calling Harris Family Practice at **910-276-6767**.

## Patient Care Units Switch Floors

To improve patient care, Scotland Memorial Hospital executives decided to “flip” patient care units on the second and third floors of the hospital.

Previously many of the patients staying on the second floor required telemetry care, a method of monitoring the electrical activity of the heart. Often when ICU patients move to a less intensive nursing unit, they may still need to have their hearts monitored; therefore, it made sense to have telemetry also on the third floor.

“We determined that this transition was in the best interests of our patients in order to provide continuity of care between departments,” says Pat Phillips, Senior Vice President of Operations. “Moving telemetry from the second floor to the third floor just down the hall from ICU makes better patient care and efficiency.”

This move required many hours of planning and work on the part of the nursing, engineering, and information systems staffs to provide a smooth transition for the patients and the staff, too. “We’ve had a few challenges along the way,” says Charles Godwin, RN, Director of the ICU and telemetry units. “And have found the change is a positive one for both patients and the nursing staff.”

Now located on the **third floor** are:

- The 36-bed telemetry unit
- The seven-bed ICU
- The seven-bed Center for Inpatient Rehabilitation, which also offers a small gym for use by orthopedic patients in the Center

Now located on the **second floor** are:

- The 34-bed medical/surgical unit
- Pediatrics unit
- The Women’s Center at Scotland Memorial, with seven labor and delivery rooms, 14 obstetrics rooms, and a Level II nursery

Lisa Bender, RN, Director of the medical/surgical/pediatrics unit says, “One of the benefits of the move is that all of the babies and pediatric patients are now on the same floor, allowing for greater security for these patients.”

- A dedicated dialysis room

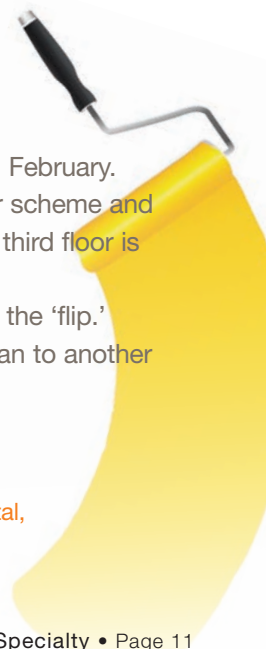
### **REMODELING PLANS**

Remodeling 11 surgical patient rooms on the second floor began in February. Along with beautiful new floor covering in the corridors, a new color scheme and new signage has been added. Remodeling of patient rooms on the third floor is scheduled for late this year.

Mr. Godwin concludes, “Staff and patients are very satisfied with the ‘flip.’ Patients leaving the ICU can be moved just down the hall, rather than to another floor in the hospital; it improves the flow in the facility.”

### **FIND OUT MORE**

For more information about the care provided at Scotland Memorial Hospital, please contact the Marketing Department at **910-291-7550**.



# Highland Society Recognition Dinner

The Highland Society was created to thank and recognize those people, businesses, and organizations that made significant contributions of \$1,000 or more in the last calendar year. Highland Society contributions touch hundreds of people each year. These gifts fund health projects and programs that offer hope,

encouragement, and a healthier way of life, as well as improving and enhancing health care for the communities we serve. On February 18, 2016, 21 new members were welcomed into Highland Society, bringing the total membership to 148.

*\* Denotes new member*

Financial support at the Highland Society level sets these donors apart as sustainers of our organization. It is with sincere gratitude that the Board of Trustees thanks and acknowledges these faithful and generous donors.

## STERLING

Dr. Matthew and Mrs. Jennifer Block  
C.W. and Dorothy G. Love Foundation  
The Duke Endowment  
The Cooley Family  
Jersey Mike's Subs  
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# UC Express

Urgent care is all about receiving immediate care when you need it. Many times an Urgent Care visit is critical when your physician's office is not available.

With that in mind, Scotland Urgent Care Center will institute UC Express beginning in May.

## HOLD YOUR PLACE IN LINE

UC Express allows patients with urgent illnesses or injuries to visit [scotlandhealth.org/uc-express](http://scotlandhealth.org/uc-express) to select an available time at Scotland Urgent Care Center. This allows patients to remain in the comfort of their home while waiting to be seen, rather than waiting in a room full of sick people, especially during busy hours.

Initially, appointments are only available during the off-peak hours. However, as patients avail themselves of the opportunity to schedule Urgent Care appointments, additional time slots will be added.

UC Express is especially helpful for those who need to arrange for childcare while the parents are at Urgent Care, when bringing

an elderly relative who takes a bit more time to get ready to go to Urgent Care, or when a patient lives a distance away and wants to hold their place in line while driving to Urgent Care.

## HOW UC EXPRESS WORKS

The website has a location on the home page under Patient Registration with a UC Express clickable button. The next available times to be treated at Scotland Urgent Care Center are shown. Select the time that is best for you and complete a short form. You'll receive a confirmation e-mail, and the UC staff is alerted that a patient will be arriving at Scotland Urgent Care Center.

So for those times when a visit to Scotland Urgent Care is necessary but not critical, visit [scotlandhealth.org/uc-express](http://scotlandhealth.org/uc-express) and schedule your appointment time using UC Express.

For additional information, please contact Crystal Locklear, Office Manager at Scotland Urgent Care Center, at **910-291-6818**.

## Introducing AccessOne®



### AccessOne®

With deductibles and out-of-pocket medical expenses on the rise, Scotland Health Care System has partnered with AccessOne® MedCard, Inc.

This partnership allows

Scotland Health Care System to extend credit to our entire patient population. AccessOne® has been offering patients extended and affordable payment options since 2002. Founded by a third-generation physician, AccessOne® is located just outside of Charlotte, North Carolina. The patient-friendly program offers all patients an interest-free option and a low-interest option based on the size of the account balance.

The AccessOne® MedCard allows patients to choose the option that fits their individual budget. Having payment options provides patient consumers the flexibility to continue and make affordable payments over the life of their account. Everyone qualifies for this program and the entire family receives one bill. AccessOne® does not credit report; therefore, no financial harm will ever arise from participation in this program. The sole purpose of AccessOne® is to help families eliminate the financial burden placed on them due to medical expenses.

For more information on AccessOne® MedCard, please call Patient Financial Services at **910-291-7917**.

## Symptoms that can be evaluated and treated at Scotland Urgent Care are:

- Minor illness and injury
- Sprains, strains, or simple broken bones
- Flu-like symptoms, colds, and upper respiratory infections
- Abrasions and cuts needing stitches
- Rashes and minor allergic reactions
- Fevers and infections

### Go directly to the Emergency Center if you experience:

- Difficulty breathing
- Uncontrolled bleeding
- Stroke symptoms
- Chest pain or other heart attack symptoms
- Loss of consciousness

# Scotland Health Care System Recognizes Extraordinary Nurses

Scotland Health Care System is delighted to be a part of the DAISY Award program to honor the daily super human efforts of its nurses.

Award nominations can be made by the nurses' peers, physicians, patients, and visitors. Each quarter, one Scotland Registered Nurse will be selected to receive the DAISY Award. At an award ceremony attended by colleagues, physicians, patients, and visitors, the DAISY winner will be presented a "Healer's Touch" trophy and a certificate commending her or him for being an "Extraordinary Nurse." The certificate reads: "In deep appreciation of all you do, who you are, and the incredibly meaningful difference you make in the

lives of so many people." Photos of the award winners will be added to the display case on the hospital's first floor.

## THE BIRTH OF THE DAISY AWARD

Sometimes good things come from tragic circumstances. Certainly this was the case when the Barnes family in Glen Ellen, California, lost their 33-year-old son J. Patrick Barnes in 1999 from complications of idiopathic thrombocytopenic purpura (ITP), a little known but not uncommon auto-immune disease.

Following Patrick's death, his family founded the not-for-profit DAISY Foundation. The care Patrick and his family received from nurses while he was ill inspired his family to create the DAISY

Award, a unique means of thanking nurses for making a profound difference in the lives of their patients and patients' families. More than 2,000 health care facilities in all 50 states and 15 other countries are committed to honoring nurses with the DAISY Award.

Bonnie Barnes, President and Co-Founder of the DAISY Foundation, says, "When Patrick was critically ill, our family experienced firsthand the remarkable skill and care nurses provide patients every day and night. Yet these unsung heroes are seldom recognized for the super human work they do. The kind of work the nurses at Scotland Health Care System are called on to do every day epitomizes the purpose of the DAISY Award."

## THE FRAGRANCE OF CINNABONS®

A lover of Cinnabon® cinnamon rolls, while hospitalized Patrick asked his family to bring him a Cinnabon®, plus enough for all the nurses in his unit. With the help of the Cinnabon® parent company, FOCUS Brands, the DAISY Foundation carries on this tradition by serving Cinnabons® to all the nurses in the award recipient's unit in thanks for everything they do for their patients and families. If you are visiting Scotland Memorial Hospital and smell cinnamon rolls, you'll know an extraordinary nurse has just been presented with the DAISY Award.

Assistant Vice President of Nursing and Chief Nursing Officer Sherrie Moore, RN, BSN, CNML, says, "We are proud to be among the nation's hospitals participating in the DAISY Award program. Nurses are heroes every day. It's important that our nurses know their work is highly valued, and the DAISY Foundation provides a way for us to do that."

For more information about the DAISY Foundation program at Scotland Health Care System, or to nominate a Registered Nurse, please contact Sherrie Moore at **910-291-7531**.



# Harris Family Practice Experiences Growth Pains

Members of Harris Family Practice include (from left) Dr. Glenn R. Harris; Physician Assistant Mike Cox; Dr. Jennifer Locklear; Dr. Mary Catherine Moree; and Physician Assistant Jaclyn Bates.



Since joining the Scotland Physicians Network seven years ago, Harris Family Practice has seen tremendous growth. The demands of this expanding medical practice have necessitated a three-phase renovation project to create efficiencies that will help enhance and improve the patient experience.

The practice now includes Dr. Glenn Harris, Dr. Jennifer Locklear, Dr. Mary Catherine Moree, physician assistants Jaclyn Bates and Mike Cox, and the newest member, family nurse practitioner Tonya Eteo (see related article on page 11). “The practice has grown a great deal,” says Dr. Harris. “We’re now renovating to become more efficient, to add rooms, and to expand our hours of operation.”

## DESIGN TO STREAMLINE

The renovation mainly affects the clinical areas, such as the laboratory and the triage room, as well as the providers’ offices. Based on the lean principles which produced the successful Marlboro Medical Complex design, Harris Family

Practice will be redesigned with a more open concept and with two “touchdown” areas created for the medical providers and nursing staff to work side by side. These areas allow the professionals to remain in a single work area for dictation and to access patient files. The professionals find these “touchdown” stations to be quite effective in streamlining their time.

Dr. Moree agrees that more space is needed. “Our practice has really grown. This renovation will allow us to increase our access for patients, especially new patients. I had the privilege of working on the design for the Marlboro practice and am excited we’re going to have a similar design. Having the touchdown stations with the nurses, flow managers, and medical providers all in one area will greatly improve our efficiency.”

## IMPROVING WAIT TIMES

While the reception area is not affected by the construction, patients may experience a small delay in their care, but this inconvenience will be short term. A

secondary goal of the project is to relocate some staff members away from the front registration area, providing them with greater privacy for referrals and patient phone calls. When complete, the revised space will enhance access by offering the providers the ability to treat a greater number of patients and to offer expanded office hours in order to help alleviate wait times.

Dr. Locklear adds, “The patient flow is going to be greatly improved. With the position of the touchdown stations close to our exam rooms, we’ll be walking less and improving our efficiency.”

“This renovation is all about the patient experience,” says Dr. Harris. “We will improve wait times and the hands-on time with the medical providers, as well as the quality of care received.”

## MAKE AN APPOINTMENT

Harris Family Practice is located at 700-A Progress Place. Appointments can be made by calling 910-276-6767.

Welcome to the New  
**SCOTLANDHEALTH.ORG**

Scotland Health Care System's NEW website is easier to read and provides easier interaction access to important features. Scotlandhealth.org is loaded with helpful features and useful information. Not only does the new website sport a totally fresh and innovative look, you can easily access it from your computer, smart phone, or tablet. Check us out at [scotlandhealth.org](http://scotlandhealth.org).



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## Support Scotland with Fitness and Fun at the 12th Annual FUNd Run-4-Life

Get out your running or walking shoes and come enjoy the 12th annual FUNd Run-4-Life on April 23, 2016. Join us for a fun-filled day of healthy exercise, play, and great food on the campus of Scotland Memorial Hospital!

### **RUNNERS, TAKE YOUR MARK**

The morning begins with the half marathon. The 13.1-mile journey takes runners from the hospital's Community Health and Rehabilitation Center around the campus of St. Andrews University through picturesque Scotia Village.

Though many of the runners have completed half marathons before, this race is a great opportunity to accomplish this incredible milestone for the first time. Lively musical entertainment will keep you

motivated along the half marathon route.

The FUNd Run also includes the 5K run/walk and 1-mile ribbon walk as part of the day's fitness-filled activities. A myriad of items will be available for purchase to drench the 1-mile course in color, supporting diabetes and cancer awareness!

For runners interested in improving race times or preparing for other race events, the half marathon and 5K courses are USATF Certified by a professional race timing company. Jones Racing Company will be on site managing the start and finish for the half marathon and 5K.

Awards will be presented to top finishers in all age categories, and finisher medals will be presented to those completing the half marathon.

### **SOMETHING FOR EVERYONE**

You don't have to run or walk to have a great time. Come cheer on the race participants and enjoy a morning in the fresh air. A Kids' Zone will be set up for your entire family to enjoy. From an Ask the Doc booth to local community agencies, there's something for everyone. Don't forget to bring your appetite for the on-site food vendors!



### **FOR MORE INFORMATION**

about the FUNd Run or registering for one of the races, visit [scotlandhealth.org/fundrun](http://scotlandhealth.org/fundrun) or contact the Foundation office at 910-291-7543.