

Exhibit 3: Assessment Table

Program Name: Wake Forest University Health System Sports Division I Physical Therapy Fellowship

Assessment Year: 2019-2020

Program Mission: The mission of the Wake Forest University Health System Sports Division I Physical Therapy Fellowship is to mentor the professional development and to advance the clinical training of sports physical therapists. The program emphasizes the development of leadership, theoretical rational, clinical reasoning and ethical standards to enhance skill development as practitioners, educators, and clinical scholars

Program Outcomes	Relationship to DRP, DFP, or Approved Analysis of Practice (Learning Domain Expectations)	Residency Core Competencies	Didactic, Clinical, or Other Curricular Activities	Key Indicators (Method for Measuring Outcomes)	Passing Criteria	Benchmark	Results	Curriculum Improvements Based on Data Collected
Demonstrate advanced skills in clinical reasoning and evidence-based practice to efficiently and effectively manage Division 1 athlete's injury from acute onset to return to play.	Knowledge and Professional Responsibility per the Approved Analysis of practice	N/A	Didactic sessions, required readings, Journal club, presentations	written exam x 2	80%	95.50%	98.40%	
		N/A	Clinical practice in sports medicine clinic and Div. 1 Training room and sports venue coverage, mentoring sessions, self-reflection, observation	mentor feedback forms, live patient exams	satisfactory, 80% on LPE	Satisfactory and 93%	Satisfactory and 98.4%	
			Research Activity:	Presented research in didactic session	satisfactory	Satisfactory	Satisfactory	

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Demonstrate understanding of special considerations in physiologic changes, medical conditions and psychosocial situations that occur with Division 1 athletes.	Knowledge and Professional Responsibility per the Approved Analysis of practice	N/A	Didactic Sessions, Journal Club, Primary Care Sports Medicine conference, Medbridge curriculum, National meetings (CMS, TCC), Mentor sessions	written exam x 2, mentor feedback forms, Medbridge certificates	80% on exams; Satisfactory on Mentor Feedback; Completion of course	95.5%; Satisfactory; Completion of 3 Courses	98.4%; Satisfactory; Completion of 3 Courses	
			Clinical practice in sports medicine clinic and Div. 1 Training room and sports venue coverage, self-reflection, observation of MD clinic and surgery	Live patient exams	80%	93%	92%	

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Demonstrates leadership in the field of sports medicine through teaching physical therapists, physicians, athletic trainers, coaches, athletes and parents on the fundamentals of injury prevention, treatment and rehabilitation.	Knowledge and Professional Responsibility per the Approved Analysis of practice		Leading journal club sessions	completion of sessions	satisfactory	satisfactory	Satisfactory	
			Fellow will present to primary care and orthopedic fellowships (1x each) and 2 presentations to in fellowship didactic sessions.	completion of sessions	Completion of teaching sessions	Led 3 of 4 sessions (unable to lead orthopedic fellowship session, but made up for it by presenting to team orthopedic physicians)	Led 2 PC conferences and 1 orthopedic session. Presented 2 PT fellowship sessions and started the Residency/Fellowship online seminars for R/F's across the country to participate in.	
			mentor sessions, clinical reasoning, observation	Mentor feedback forms	satisfactory	satisfactory	Satisfactory	

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Demonstrates leadership in managing change and improving health care delivery for active individuals and Division 1 athletes.	Knowledge and Professional Responsibility per the Approved Analysis of practice		Attending local and national meeting during fellowship and after Graduation	Fellow Tracking log and Graduate Survey	N/A	Attended all meetings during fellowship year	Attended all meetings during fellowship year	Looking to add formal leadership training course for future fellows Consider adding presentation to hospital PT/OT Grand Rounds These were placed on hold as they would've started in the Spring of 2020 right when Covid-19 shut down various operations including grand rounds. Currently working on restarting this process with the hospital administration

Demonstrate written exam x 2
 knowledge of the legal
 limitations of scope of
 practice, restrictions of
 licensure, certification,
 and specialization of
 the sports physical
 therapist, as well as
 demonstrate
 understanding of
 health care economics
 in context of
 government policy and
 procedure regulation

80%

95.50%

98.40%

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Critically evaluates, applies, and shares research in Sports Physical Therapy.	Knowledge and Professional Responsibility per the Approved Analysis of practice		Designs and implements a research or case study related to sports physical therapy	Completion of research project (case study/ original research etc.)	Present research study to fellowship didactic faculty and staff	Submitted article to Journal of Athletic Training with original research: Superior completion	Completed Case study for fellowship. Presented at CSM. Grand rounds session was cancelled d/t Covid-19	Working with hospital admin as they work to get their grand rounds presentations going again.
			Research hours log; Research presentation	completion of minimum requirement for fellowship research hours	24 hours; Give research presentation/case study to sports medicine staff	25.5 hours	50 hours; Presented case study on Quadriceps Strengthening Non-responder	updated to include the requirement for delivery of the research presentation and included all sports medicine staff (no longer just fellowship faculty)
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