

Exhibit 3: Assessment Table

Program Name: Wake Forest University Health System Sports Division I Physical Therapy Fellowship
Assessment Year: 2020-2021

Program Mission: The mission of the Wake Forest University Health System Sports Division I Physical Therapy Fellowship is to mentor the professional development and to advance the clinical training of sports physical therapists. The program emphasizes the development of leadership, theoretical rational, clinical reasoning and ethical standards to enhance skill development as practitioners, educators, and clinical scholars

Program Outcomes	Relationship to DRP, DFP, or Approved Analysis of Practice (Learning Domain Expectations)	Residency Core Competencies	Didactic, Clinical, or Other Curricular Activities	Key Indicators (Method for Measuring Outcomes)	Passing Criteria	Benchmark	Results	Curriculum Improvements Based on Data Collected
Demonstrate advanced skills in clinical reasoning and evidence-based practice to efficiently and effectively manage Division I athlete's injury from acute onset to return to play.	Knowledge and Professional Responsibility per the Approved Analysis of practice	N/A	Didactic sessions, required readings, Journal club, presentations	Written exam x 2	80%	95.50%	92.00%	
		N/A	Clinical practice in sports medicine clinic and Div. 1 Training room and sports venue coverage, mentoring sessions, self-reflection, observation	Mentor feedback forms, live patient exams	satisfactory, 80% on LPE	Satisfactory and 93%	Satisfactory and 95%	
			Research Activity:	Presented research in didactic session	satisfactory	Satisfactory	Satisfactory	

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Demonstrate understanding of special considerations in physiologic changes, medical conditions and psychosocial situations that occur with Division 1 athletes.	Knowledge and Professional Responsibility per the Approved Analysis of practice	N/A	Didactic Sessions, Journal Club, Primary Care Sports Medicine conference, Medbridge curriculum, National meetings (CMS, TCC), Mentor sessions	written exam x 2, mentor feedback forms, Medbridge certificates	80% on exams; Satisfactory on Mentor Feedback; Completion of course	95.5%; Satisfactory; Completion of 3 Courses	92% Exam Score ; Satisfactory; Completion of 3+ Courses ; Allowed Completion of Evidence In Motion SCS Prep Course	Addition of 1-2 lab based didactic sessions for next cohort
			Clinical practice in sports medicine clinic and Div. 1 Training room and sports venue coverage, self-reflection, observation of MD clinic and surgery	Live patient exams	80%	93%	95%	

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Demonstrates leadership in the field of sports medicine through teaching physical therapists, physicians, athletic trainers, coaches, athletes and parents on the fundamentals of injury prevention, treatment and rehabilitation.	Knowledge and Professional Responsibility per the Approved Analysis of practice		Leading journal club sessions	completion of sessions	satisfactory	satisfactory	Satisfactory	

Fellow will present to completion of sessions primary care and orthopedic fellowships (1x each) and 2 presentations to in fellowship didactic sessions.

Completion of teaching sessions

Led 3 of 4 sessions (unable to lead orthopedic fellowship session, but made up for it by presenting to team orthopedic physicians)

Led 1 PC and 1 Ortho conference presentation ; Presented 2 fellowship didactic sessions ; Presented 1 case study to the fellowship staff ; Completed one in-service for Outpatient Clinic PTs

mentor sessions, clinical reasoning, observation

Mentor feedback forms

satisfactory

satisfactory

Satisfactory

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Demonstrates leadership in managing change and improving health care delivery for active individuals and Division 1 athletes.	Knowledge and Professional Responsibility per the Approved Analysis of practice		Attending local and national meeting during fellowship and after Graduation	Fellow Tracking log and Graduate Survey	Attendance in minimal required meetings/ conferences based on fellowship curriculum	Attended all meetings during fellowship year	Attended all meetings during fellowship year based on curriculum ; Additional attendance at ASES Video Conference Series ; Attended CSM virtually secondary to COVID	
			Demonstrate knowledge of the legal limitations of scope of practice, restrictions of licensure, certification, and specialization of the sports physical therapist, as well as demonstrate understanding of health care economics in context of government policy and procedure regulation	written exam x 2	80%	95.50%	92% Score	

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Critically evaluates, applies, and shares research in Sports Physical Therapy.	Knowledge and Professional Responsibility per the Approved Analysis of practice		Designs and implements a research or case study related to sports physical therapy	Completion of research project (case study/ original research etc.)	Present research study to fellowship didactic faculty and staff	Submitted article to Journal of Athletic Training with original research: Superior completion	Completed Case study for fellowship. Published ACLR Current Concepts article accepted in 11/11/21	
			Research hours log; Research presentation	Completion of minimum requirement for fellowship research hours	24 hours; Give research presentation/case study to sports medicine staff	25.5 hours	25 hours; Presented case study RTS Rehab following TFCC Repair in a D1 Collegiate Baseball athlete	