



**Atrium Health**  
**Wake Forest Baptist**



**LEXINGTON MEDICAL CENTER**  
**COMMUNITY HEALTH NEEDS ASSESSMENT**  
**2022 – 2024**

## **Section I: Introduction**

Atrium Health Wake Forest Baptist Lexington Medical Center, a not-for-profit community hospital in Lexington, N.C., is part of Atrium Health Wake Forest Baptist. Atrium Health Wake Forest Baptist Lexington Medical Center has the resources of a nationally recognized academic medical center at its doorstep, enabling the facility to offer world class health care, close to home. Atrium Health Wake Forest Baptist Lexington Medical Center operates 94 acute-care beds and serves as a satellite provider of several Atrium Health Wake Forest Baptist specialty services. Additionally, Atrium Health Wake Forest Baptist Lexington Medical Center operates a number of hospital-owned physician practices. Atrium Health Wake Forest Baptist Lexington Medical Center is accredited by The Joint Commission and has been committed to providing for the health care needs of Davidson County since the 1920s.

### **Vision**

Atrium Health Wake Forest Baptist Lexington Medical Center's vision is to be the first and best choice for care.

### **Mission**

Atrium Health Wake Forest Baptist Lexington Medical Center's mission is to improve health, elevate hope and advance healing – for all.

### **Culture Commitments**

Atrium Health Wake Forest Baptist Lexington Medical Center's culture commitments include the following:

- We create a space where all belong
- We work as one to make great things happen
- We earn trust in all we do
- We innovate to better the now and create they future
- We drive for excellence always

### **Mission Alignment**

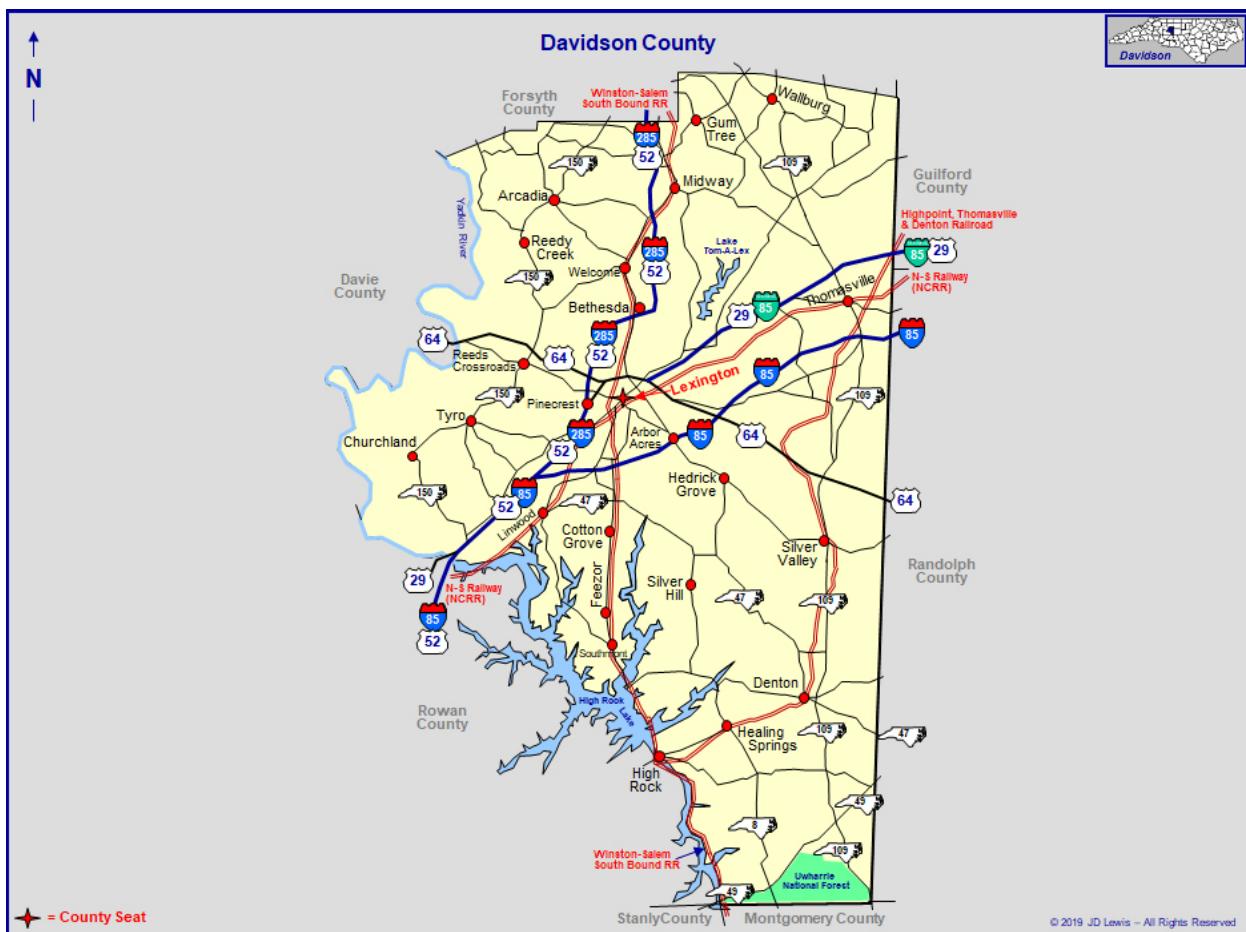
As Atrium Health Wake Forest Baptist Lexington Medical Center strives to be a leader in population health, we must look beyond the walls of our hospitals and medical offices to address those social, economic, and environmental conditions that contribute to poor health outcomes, shortened lives, and higher health care costs of the patients we serve. This needs assessment is based on a set of best practices for community health assessments with the purpose of identifying regional priority areas to focus on for calendar year 2022–2024. The process was designed to rely on existing public data, directly engage community stakeholders and collaborate with local public health, other health providers, and community partners (such

as faith networks and other nonprofit organizations) relevant to the social factors underlying patterns of access.

## Section II: Definition of Community Served

Atrium Health Wake Forest Baptist Lexington Medical Center is located in Lexington, North Carolina in Davidson County. Lexington is the county seat of Davidson County. As a community hospital, Atrium Health Wake Forest Baptist Lexington Medical Center serves a geographic area that includes the cities of Lexington, Thomasville, and the surrounding area. Its neighboring counties include Davie, Forsyth, Guilford, Montgomery, Randolph, and Rowan. Davidson County is primarily comprised of four zip codes: 27292 (Lexington), 27295 (Lexington), 27239 (Denton), and 27360 (Thomasville).

Davidson County covers approximately 553 square miles and has a population of approximately 305 residents per square mile. The County is mostly rural and located within the Piedmont region of central North Carolina. The geography consists of gentle rolling terrain broken by hills and streams. The most common industries in Davidson County are manufacturing, healthcare, social assistance, and retail.



## **Community Demographics**

According to the 2020 census, Davidson County has approximately 168,930 residents. The population of the county is 79.4% non-Hispanic white, 10.1% non-Hispanic African American, 7.4% Hispanic or Latino, 1.6% Asian, and 1.5% Other. The population of the county is 51.1% female and 48.9% male. Persons 65 years and over represent 18.5% of the population. Persons under the age of 18 represent 27.2% of the population. The median income of the county is \$49,546 with the percentage of persons in poverty at 15.2%. Persons without health insurance, under the age of 65 is 14.6%.<sup>1</sup> According to the State of the County Health Report for Davidson County in 2019, life expectancy was 78.7 years for females and 73.9 for males.<sup>2</sup>

According to North Carolina State Center for Health Statistics, the leading causes of death in Davidson County for 2019 were cancer and heart disease. Davidson County, like many counties across North Carolina, is seeing the impact of the opioid epidemic. In 2018, there were 142 ED visits and 35 deaths in Davidson County due to unintentional opioid poisoning.<sup>3</sup>

Neighborhood resources, ethnic diversity and fragmentation of services within Davidson County pose formidable organizational challenges in community benefit programming. Atrium Health Wake Forest Baptist Lexington Medical Center's approach to community benefit adopts a comprehensive notion of health determinants that are spread across domains of behavioral risk, social and economic circumstances, environmental exposures, and medical care. The balance and effects of many of these determinants, e.g., availability of healthy foods, parks and other safe places to play and exercise, exposure to environmental irritants, and safe housing, are specific to Davidson County and are built into the CHNA Implementation Strategy.

## **Section III: Process and Methods Used to Conduct the CHNA**

### **Primary Data Sources**

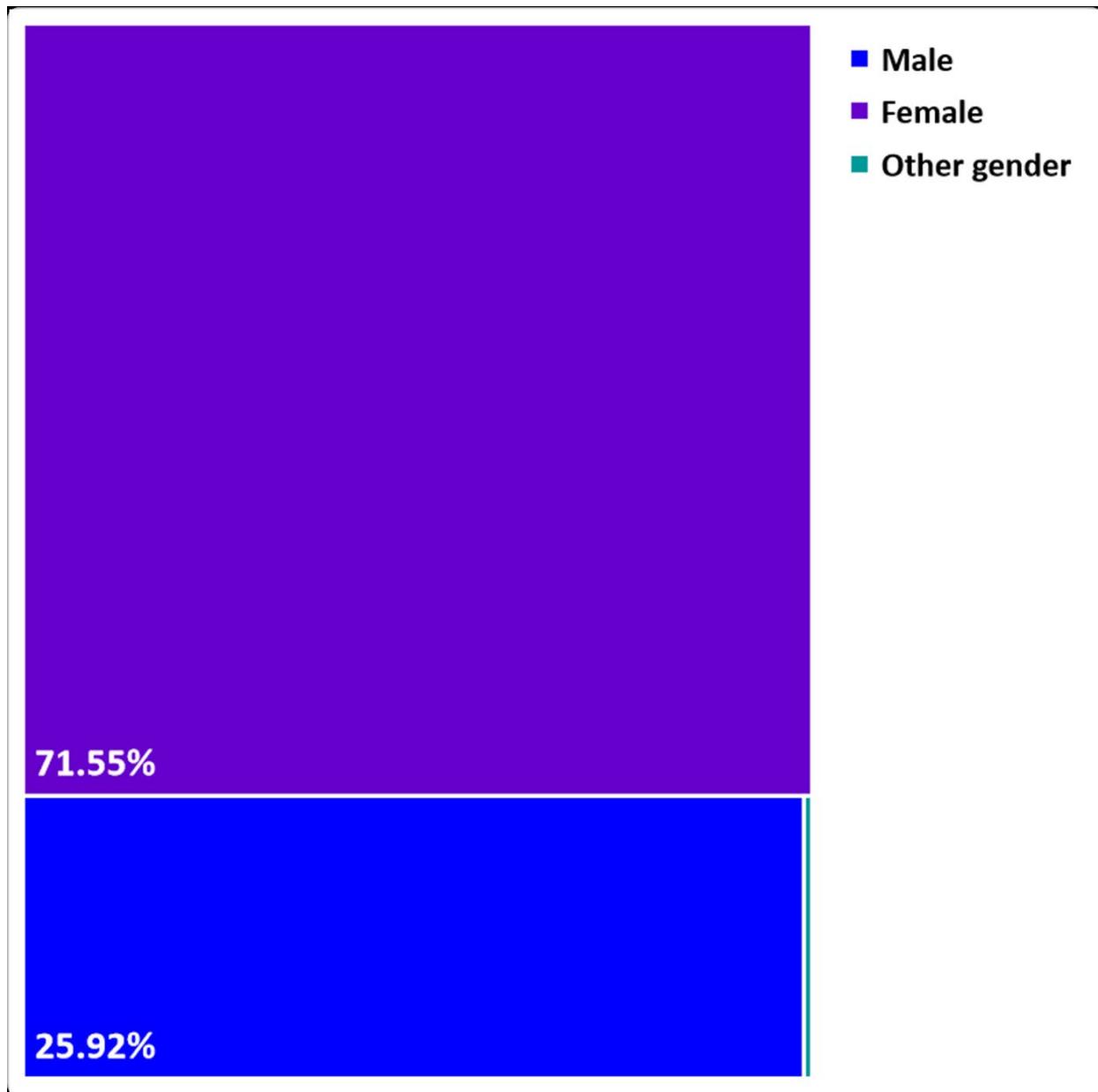
#### **Community Survey**

The 2021 Davidson County Community Health Needs Assessment was a collaborative effort between the Davidson County Health Department, Atrium Health Wake Forest Baptist Lexington Medical Center and Novant Health Thomasville Medical Center. The survey began on September 10, 2021 and concluded on October 3, 2021. The survey solicited respondents' concerns about community health problems, unhealthy behaviors, and community social issues. Respondents were also queried as to their medical care access, personal health, and personal health behaviors. The survey instrument advised the participants that their responses would be confidential and not linked. The survey had approximately 800 respondents.

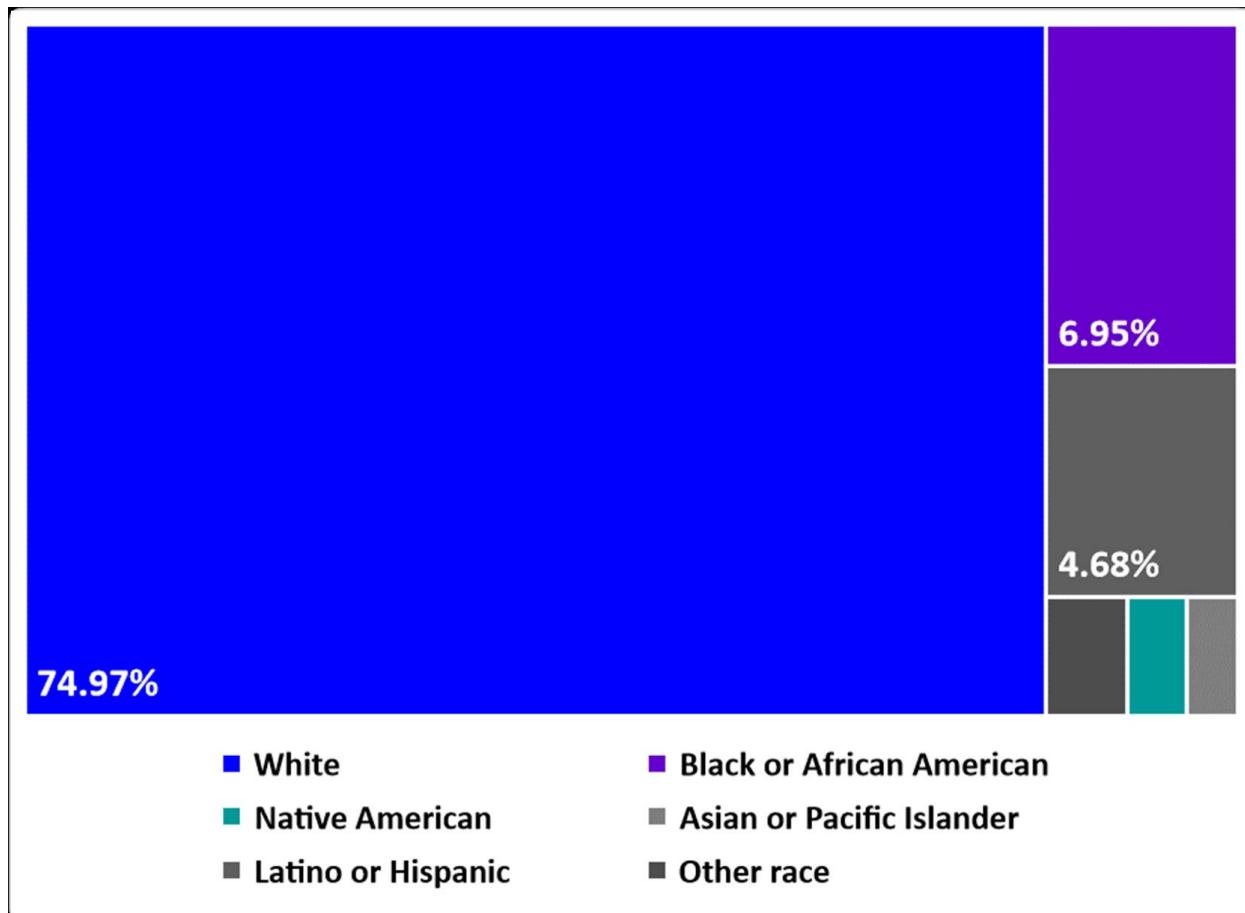
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<sup>1</sup> <https://www.census.gov/quickfacts/davidsoncountync>

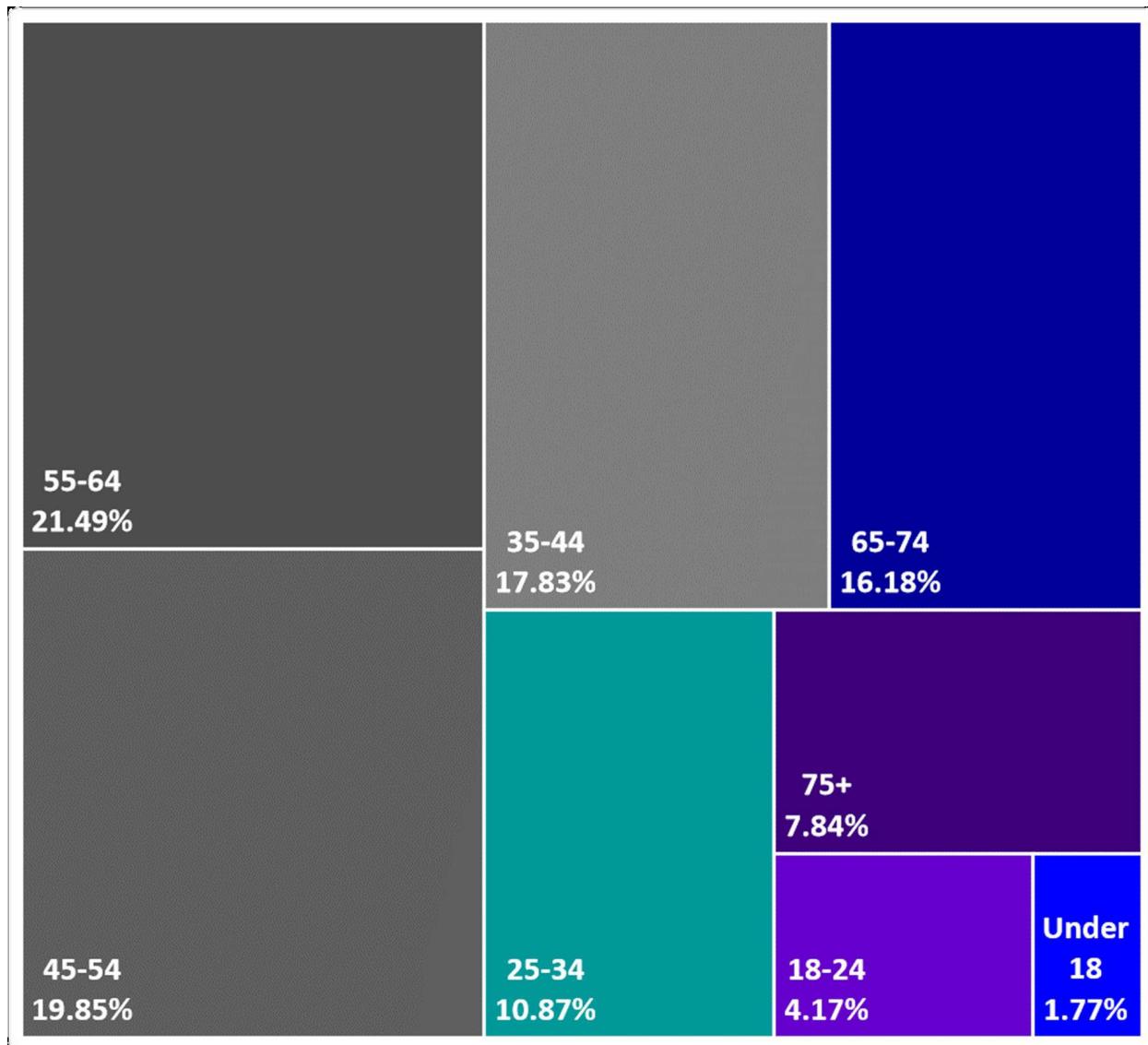
<sup>2</sup> <https://www.co.davidson.nc.us/DocumentCenter/View/3746/2019-State-of-the-County-Health-Report>



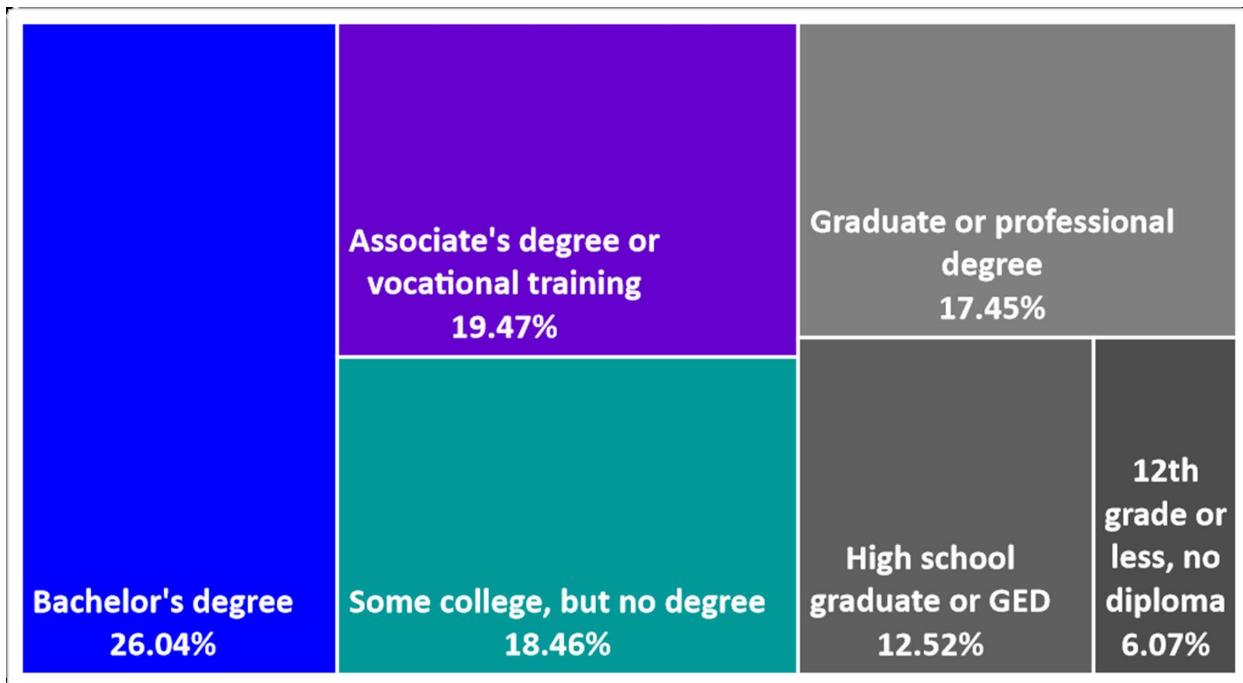
The survey sample overrepresented the female population.



The survey sample underrepresented the African American and Hispanic population.



The survey sample overrepresented the middle age population.



The survey sample overrepresented the degree holding population.

Survey highlights include the following:

- Substance misuse was the most commonly identified health problem in Davidson County, selected by more than 55% of respondents.
- Obesity was the next most commonly selected health problem by more than 52% of the respondents.
- Mental health was the third most identified health problem in Davidson County, selected by 49% of the respondents.
- High blood pressure, high cholesterol, depression/anxiety and obesity were the most commonly selected health problems by respondents.
- Homelessness was selected by more than 49% of respondents as the most important community issue in Davidson County.
- Crime was the second most important community issue, chosen by 44.5% of respondents.
- Drug use was the most commonly identified health behavior that the community needs more information about (52.47%) followed by preventative health care (47.28%).

#### **Community Leader: Key Informant's Background and Interview**

To address the underrepresentation of minority and underserved populations, and the overrepresentation of middle age and degree holding populations in the survey results, key informant interview were conducted with community leaders who represent and serve the interests of key populations who were not represented in the survey. One of those community

leaders is Ms. June Britt. She is a well-known, lifelong resident of Davidson County and her perspectives represent the broad interests of the community served. As an African-American woman living in a medically underserved, low income, and minority neighborhood in Lexington, North Carolina, she is also seen by many Davidson county residents across all racial, ethnic, and socioeconomic backgrounds as a community leader, advocate, faith connector, and community health worker in the Lexington and Davidson County communities. As a faith connector and community health worker, she provides care, support, and social connection for many vulnerable community members of all ages. She provides spiritual and emotional support to community members and family members who are suffering from tragedies and many of life's challenges. In addition, she provides tangible support in the form of food, transportation, and navigation to both medical and social resources in the community. Furthermore, she uses her voice to advocate for policy and systems change pertaining to the interests of the county's most vulnerable children and older adults.

Throughout her life, she also maintains close relationships with other community leaders. For example, she has very close relationships with many, if not all, pastors and clergy who serve both white and African-American congregations across the county. Additionally, she has very intimate relationships with many African-American residents, community based organizations, government agencies (including Public Health and Social Services), and the children, teachers, principals, and parents affiliated with Lexington City Schools. She is a consistent and dedicated volunteer in the school system. Finally, she is a committed and decorated member of the Lexington Alumnae chapter of Delta Sigma Theta Sorority, Inc. The chapter celebrates over 30 years of scholarship, service, and sisterhood. It continues to promote programs focusing on physical and mental health, and continues to encourage communities to be cognizant of changes that might impact their rights to justice and equality. Ms. Britt and her sorority sisters are dedicated to serving, leading, and empowering in order to make Davidson County communities stronger and viable. And, they are dedicated to improving the lives of local citizens.

Ms. Britt's voice and input are invaluable to this process because she can speak to the needs of the medically underserved, low income, and minority populations who are historically and presently socially isolated and marginalized. Her input was utilized to prioritize health needs and build a strategy to overcome health disparities at a community level.

In a recent report on her community engagement activity, Ms. Britt recounted an event she recently attended where District Court Judge Rosalind Baker spoke about her experience on the bench. Judge Baker identified substance misuse and mental health as top health concerns for Davidson County. She expressed these two areas encompass the other courts proceedings directly and/or indirectly, especially in children's court.<sup>4</sup>

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<sup>4</sup> Ladies Only Reception for Judge Rosalind Baker, Lexington, NC, October 12, 2021.

Ms. Britt shared, “According to the second addition of *Foundations for Community Health Workers*, the ideal way to prevent any health problems is to transform the root cause of the place where the problems start. The root causes of many health issues lies in how systems (political, economic, health, educational) are structured to perpetuate power imbalance that results in health inequalities between populations.”

In the report, Ms. Britt, a lifelong Davidson County resident, adds, “Regardless of the community we live in or the people we serve, it is our responsibility to support and facilitate diverse leadership from the community. We must allow our community to have input into their own health problems and have them recommend what the community needs to do and the resources they need to tap into to resolve their health problems. This must be done with the help and guidance of the system leaders and professionals in the medical field.”

### **Comments from 2020 - 2022 CHNA**

All CHNA and Implementation reports along with county indicator tracking is available on the Atrium Health Wake Forest Baptist Lexington Medical Center website-  
<https://www.wakehealth.edu/About-Us/Serving-Our-Communities/Needs-Assessments-and-Implementation-Reports>. No comments from the public have been received to date. All future comments will be incorporated into future CHNA and implementation strategies and reports.

### **Secondary Data Sources**

#### **Literature Review**

- County Health Rankings and Roadmaps: <http://www.countyhealthrankings.org/>
- 2019 State of the County Health Report -  
<https://www.co.davidson.nc.us/DocumentCenter/View/3746/2019-State-of-the-County-Health-Report>
- Davidson County Health Department Strategic Plan for 2020 - 2023  
<https://www.co.davidson.nc.us/DocumentCenter/View/155/Strategic-Plan-2020-2023-PDF>
- US Census Bureau 2020 Census
- NC Center for Health Statistics
- Healthy People 2030
- Healthy North Carolina 2030
- Center for Medicare and Medicaid – Health Outcomes Survey <https://hosonline.org/>

Upon reviewing primary and secondary data collected from various sources, several key themes emerged relative to the most prevalent health needs that exist in our community. The next section will describe the process that Atrium Health Wake Forest Baptist Lexington Medical Center underwent to prioritize the health needs that it will focus on addressing over the next three years. In addition, the section will explain the reasons why some health needs were not

prioritized and how we hope to partner with other organizations and care providers in the community to serve those needs that we will not directly address within the scope of our hospital's priorities.

#### **Section IV: Identification and Prioritization of Community Health Need**

Survey results from the 2021 Davidson County Community Health Needs Assessment highlighted the following health needs and community issues:

- Substance misuse was the most commonly identified health problem, selected by more than 55% of respondents.
- Obesity was the second most commonly selected health problem by more than 52% of the respondents.
- Mental health was the third most identified health problem, selected by more than 49% of the respondents.
- High blood pressure and high cholesterol were two other commonly selected health problems.
- Homelessness was the most important community issue, selected by more than 49% of respondents.
- Crime was the second most commonly selected community issue, selected by more than 44.5% of respondents.
- Drug use, selected by 52.47% of respondents, and preventative health care, selected by 47.28% of respondents, were the two most commonly identified health behaviors that require community education efforts.

To address the community health needs identified in the Community Health Needs Assessment (CHNA), recommendations were prioritized on primary data gathered through the community survey and key information interview and secondary data findings. In addition, feedback from the health system's Community Health Benefit council committee members and senior and executive leadership were taken into consideration. The identified priority health needs and recommended initiatives were then grouped into the following three domains:

- Access to Care: with a focus on special populations particularly those who experience mental health challenges and substance use disorders
- Social Impact and Injustice: with a focus on addressing homelessness and influencing the root cause of health issues caused by power imbalances in political, economic, health, educational systems that result in health inequalities
- Chronic and Emerging Diseases: with a focus on supporting initiatives for early detection and ongoing treatment of chronic illness, obesity, and new diseases such as COVID-19. Concentrated focus will be placed on reducing the prevalence of chronic disease risk factors including high blood pressure and high cholesterol.

## **Process**

The Community Health Benefit Council and partners utilized a variety of evidence-based data collection methodologies to listen to and engage community members to better understand their primary health needs. The list and accompanying descriptions below further detail these approaches.

- *Community-Based Participatory Approach (CBPA)*. CBPA is an approach that emphasizes collaborative partnerships between community members, organizations, and academic researchers to help identify local knowledge, work through strategies to solve problems, and develop programs that have potential for sustaining within communities. Community conversations are effective ways to engage with communities when building relationships for program development. They are informal and serve to authentically engage members of communities, while generating local knowledge, promoting co-learning, and assisting with collaborative development of strategies. It is characterized by:
  - Problem identification- by providing input on key problems to be addressed, understanding of key issues;
  - Design and planning- by helping to shape program aims and objectives, providing input on the program goals, and insight on the provision of culturally appropriate care; and
  - Implementation- by participating in the design of the intervention and collaborating both formally and informally.

Importantly, the process to identify priority health needs and to locate primary and secondary data sources involved close collaboration with partners particularly the Davidson County Health Department and Novant Health Thomasville Medical Center. Tactics and strategies for collaboration were discussed that focused on efficient methods to obtain primary and secondary data to inform the Community Health Needs Assessment. Conversations with Davidson County Health Department and Novant Health Thomasville Medical Center led to two solutions:

1. The hospitals would utilize the most recent data published by the health department. In this case, Atrium Health Wake Forest Baptist Lexington Medical Center would review and include data published in the 2020 State of the County Health (SOTCH) Report.
2. Davidson County Health Department would disseminate a survey to community members to better understand the current needs of the community. The survey would be disseminated to clients of partner community based organizations and patients of clinics that serve individuals who are underserved and disadvantaged.

## **Criteria**

In determining our criteria, the highest weights were placed on the health disparities associated with the need, the burden of the health need, the feasibility of possible interventions, and the importance the community places on addressing the need.

Finally, we used the criteria listed in the following chart, along with corresponding weighted values, when determining the health priorities selected by Atrium Health Wake Forest Baptist Lexington Medical Center.

<b>Criteria</b>	<b>Weighted Value</b>
Identified as a county priority	2
Disparity exists within census tract/zip code/county/market	3
AHWFB steering/leadership perceive as a priority	2
Great potential to improve health status	3
Positive visibility for AHWFB/LMC	1
High # of patients/residents can/would be impacted	2
Feasibility/resources availability /existing relationships	2
Supports Strategic Plan objectives	2
Synergy with current supported initiatives- FaithHealthNC, United Way	2
Coordinates/complements with County Health Department assessment priorities	1
<b>Total points</b>	<b>20</b>

A strategic framework was also developed with the ultimate goal of community engagement for Atrium Health Wake Forest Baptist Lexington Medical Center, which includes guiding principles for addressing the priorities that influence the health of communities and contribute to better health of the population served.

## **Guiding Principles**

- Focus on the place where need is concentrated. Health in targeted neighborhoods served focusing on obesity, high blood pressure, high cholesterol, and COVID-19. Given the high level of charity care, percent below poverty, and number of co-morbidities as noted in the health system's Chronic Disease Registry data for obesity, diabetes, and

hypertension, the following zip codes were prioritized for place based/community impact: 27292 and 27295.

- Tighten Social Service/Other Agency partnerships. Support, sustain, and enhance community resource agencies that care for the social and behavioral health needs of our patients and residents. These partners include Davidson Medical Ministries Clinic, Davidson County Health Department, Senior Services, United Way of Davidson County, and others.
- Strengthen patients and partners through a focus on health education and literacy. Programs and initiatives provided the opportunity to build the capacity of patients and community members to blend the very best of health science with their own intelligence and wisdom to make the choices that advance health of themselves and those they love.

### **Community Health Needs that were not Prioritized**

There were many community health needs identified in Davidson County through review of primary and secondary data. While we acknowledge the importance of these needs among the population, we did not feel that the hospital's resources and assets were best aligned to meet these needs in an effective manner. The other community health needs that were identified and were not prioritized are the following:

- Lung Disease
- Dental Health
- Crime

Although the above community health needs were not prioritized by the hospital, hospital leaders will continue to partner with public health and other governmental agencies, community based organizations, and the broader community to help address these issues, including but not limited to community organizations identified in the next session.

### **Section V: Community Resources to Address Need**

Many government agencies and community organizations maintain on-line resource directories to help the citizens of Davidson County locate the organizations and services they need. Among them are:

- *Davidson County Department of Senior Services* maintains an on-line community resource directory of interest, but not limited, to senior citizens. It can be located via the following URL:  
<https://www.co.davidson.nc.us/DocumentCenter/View/5605/Community-Resource-Directory-2021?bId=1>

- *Davidson County Health Department* maintains an online resource list. It can be located via the following URL:  
<https://www.co.davidson.nc.us/DocumentCenter/View/5418/Community-Assistance-Brochure---2021>
- *The United Way of Davidson County* maintains a list of partner agencies, most of which provide advocacy or direct assistance to the public. The list is accessed via:  
<https://www.uwdavidson.org/partner-agencies>
- *NC211* - With the help of the United Way, many communities in NC, including Davidson County, help maintain a local “2-1-1” phone information system to help citizens locate health and human services and resources as varied as employment assistance, food pantries, or homeless shelters. A call to NC 2-1-1 is free, confidential, and available all day, every day, and in any language.
- *North Carolina Division of Workforce Solutions* maintains an on-line community resource assistance guide that includes agencies providing childcare, clothing, education/training, employment, food, home health, housing, legal aid, libraries, medical care, government agencies and other resources. The guide can be found at:  
[https://www.ncworks.gov/admin/gsipub/htmlarea/uploads/CRAG/Davidson\\_County.pdf](https://www.ncworks.gov/admin/gsipub/htmlarea/uploads/CRAG/Davidson_County.pdf)

## MISCELLANEOUS

- Alpha Pregnancy Support 336-242-1218
- The Arc of Davidson County 336-248-2842
- Center for Prevention Services 704-375-3784
- City of Lexington Parks and Recreation 336-248-3960
- City of Thomasville Parks and Recreation 336-475-4280
- Davidson County Library 336-242-2040
- Davidson County Parks and Recreation (Special Olympics) 336-242-2285
- Davidson Info. Assistance Line 336-242-2005
- Denton Parks and Recreation 336-859-4231
- Department of Juvenile Justice 336-249-2197
- Faith Health NC 336-238-4560
- Get Real Program 336-242-2217
- J. Smith Young YMCA 336-249-2177
- Kid Talk, Inc. 336-688-1648
- Legal Aid 336-249-7736
- Piedmont Triad Regional Council Area Agency on Aging 336-904-0300
- Senior Services Information and Options Counseling (age 60+) 336-242-2290
- Services for the Blind 336-242-2544
- Services for Deaf & Hard of Hearing 336-224-0116 TTY: 336-224-5048
- Smart Start 336-249-6688
- Social Security Admin. 800-772-1213
- Thomasville YMCA - 1010 Mendenhall Street, Thomasville 336-475-6125

- Volunteer Income Tax Assistance 336-224-4569
- Workshop of Davidson 336-248-2816
- Youth Villages 336-931-1800

#### **MEDICATION DROP BOX**

- Davidson Medical Ministries Clinic  
420 N. Salisbury Street, Lexington  
611 Randolph Street, Thomasville

#### **MEDICAL CARE, MEDICAL SUPPLIES, MEDICATION**

- Advanced Home Care 336-896-3100
- Atrium Health Wake Forest Baptist Lexington Medical Center 336-248-5161
- Cancer Services of Davidson County 336-249-7265
- Cooperative Community Ministries 336-476-1842
- Davidson County Health Department 336-242-2300
- Davidson County Prescription Card 1-877-321-2562
- Davidson Medical Ministries  
Lexington 336-243-7475  
Thomasville 336-474-4585
- ECU Dental School 336-236-0165
- Hospice of Davidson County 336-475-5444
- Lion's Club (eye exam, Rx glasses or eye surgery) 336-242-2544
- Novant Health Thomasville Medical Center 336-472-2000
- Positive Wellness Alliance (HIV/AIDS) 336-248-4646
- Senior Services (Info only) Lexington 336-242-2290
- Social Services 336-242-2500- Medicaid-NC Health Choice

#### **TRANSPORTATION**

- Davidson County Transportation 336-242-2250
- Carolina Custom Transportation 336-754-2155
- Piedmont Area Regional Transportation System (PART) 336- 662-0002
- Piedmont Triad Ambulance and Rescue (PTAR) 336-249-0570
- Providence Transportation 336-472-7433
- Senior Services 336-242-2290

#### **MENTAL HEALTH and SUBSTANCE ABUSE**

- Nazareth Child and Family Connection 336-300-7614
- Daymark Recovery Services 336-242-2450
- Family Services of Davidson County 336-249-0237
- Thomasville Medical Center Geriatric Behavioral Health (inpatient) 336-476-2446
- Lexington Treatment Associates - 336-224-1919
- Thomasville Treatment Associates - 336-472-8230

- Mobile Crisis Engagement - 24/7 - 800-939-5911
- Monarch 336-224-6071
- Path of Hope, Inc. 336-248-8914
- CareNet Counseling 336-238-4763

#### **SUPPORT GROUPS**

- Alcoholics Anonymous 336-249-6636
- Alpha Pregnancy 336-242-1218
- Autism-Davidson County Chapter 336-817-9573
- Caregivers Solutions 336-238-4454
- Cancer Services of Davidson County 336-249-7265
- Epilepsy Foundation of Davidson C 336-300-4681
- Family Services of Davidson County 336-249-0237
- Friendship Club-Visually Impaired 336-248-3960
- Grief Share Group 336-764-4389
- Hospice of Davidson County 336-475-5444
- Life Center of Davidson County 336-249-2155
- Lorven Child and Family Development 336-236-7347
- Parents of Children of Sexual Abuse 336-249-0237
- Davidson County Mental Health Association 336-956-2952
- Positive Wellness Alliance-HIV/AIDS 336-248-4646
- Sexual Assault Response Program 336-249-0237

#### **HOME HEALTH/ RESPITE**

- Hospice of Davidson County 336-475-544

#### **RENT, UTILITIES & EMERGENCY ASSISTANCE**

- Cooperative Community Ministry 336-476-1842
- Crisis Ministries 336-248-6684
- Energy United Foundation 800-522-3793
- Fairgrove Family Resource Center 336-472-7217
- Salvation Army  
Lexington 336-249-0336  
Thomasville 336-472-7800
- Senior Services 336-242-2290
- Social Services 336-242-2500

## **Section VI: Progress to Date on 2020 - 2021 Priorities**

### **Access to care**

- Collaborated with various Davidson County agencies (Senior Services, Medical Ministries, County Health Department, etc.) to determine resources available for the community.
- Worked with public transportation leaders to ensure access to the hospital campus.
- Maintained partnership with Davidson County stakeholders in the continuing development of a recovery oriented system of care.
- Convenience Care Clinic extended their hours and welcomed a dedicated provider for urgent and walk-in care. The clinic is now open Monday – Thursday, 11 am to 8 pm, and on Saturdays, 9 am to 1 pm. The clinic currently averages 72 patients per week.
- FaithHealth Connectors of Atrium Health Wake Forest Baptist nurtured relationships with community leaders in social and faith networks who provide physical, mental, social or spiritual health resources and connected them to community members in need of such care resources.
- Sponsored a drive-thru flu vaccine event at Southwest Elementary School with 43 vaccines administered.
- Hosted vaccination clinics January – May 2021 with over 2,350 vaccines administered.
- Provided licensed athletic trainer to Lexington Senior High School.

### **Chronic Disease Management & Prevention**

- Primary Stroke Center educated communities, patients and families about prevention strategies and the challenges stroke can cause. Consultations and support were provided in the inpatient setting.
- Supported Davidson Health Department's mammogram services for uninsured/under insured residents in Davidson County.
- Collaborated with various Davidson County agencies (Cancer Services, Davidson County Health Department, Davidson Medical Ministries Clinic, J. Smith Young YMCA, etc.) to determine resources and programs that support Davidson County cancer patients and their families.
- Continued to offer monthly Caregiver Academy programs to reduce caregiver stress through education, information and support.

### **Behavioral Health and Substance Abuse**

- Caregiver Academy provided free classes that offered education and support to Davidson County caregivers. In addition to providing education, resources and tools on select caregiving topics, the classes provided a platform for questions, answers and information sharing.
- CareNet and FaithHealth Ministries provided support and education to community members navigating mental health concerns.
- Worked with mental health resources in Davidson County to identify key resources for referrals and programming for patients needing mental health services.

### **Maternal and Child Health**

- In July 2019, Atrium Health Wake Forest Baptist opened a comprehensive, tertiary level Labor and Delivery/Obstetrical Unit to support the needs of the entire region.
- Beginning in early 2020, Atrium Health Wake Forest Baptist Lexington Medical Center providers began redirecting their labor and delivery service patients to the new, comprehensive services that were available at Atrium Health Wake Forest Baptist as well as those at Atrium Health Wake Forest Baptist High Point Medical Center.
- Inpatient OB patient volume at Atrium Health Wake Forest Baptist Lexington Medical Center dropped off rapidly and the Labor and Delivery/Obstetrical Unit closed on April 30, 2020.

### **Section VII: Sharing the CHNA and communicating priorities to stakeholders**

It is vital that the broader community, including community-based organizations, the faith community, grassroots leaders, and members of resident-led initiatives, understand that the assessment can be a powerful tool when utilized effectively. Therefore, Atrium Health Wake Forest Baptist Lexington Medical Center team members will provide workshops to community members who are interested in learning how to access this report and other informational resources available on the new Community Impact Website. To further expand our reach, when appropriate, we will partner with the Davidson County Health Department to disseminate the full report. Internal stakeholders with significant community partnership will also be invited to participate in learning opportunities. Internal communications and the Intranet will also serve as a platform to educate internal team members about the availability of the report and key findings. Several team members are also affiliated with community organizations through involvement on boards, committees, and other service positions. As such, it is expected that these individuals will continue efforts to publicize the CHNA and serve as an educational resource as opportunities arise to do so.