

PREOPERATIVE ASSESSMENT CLINIC

PREOPERATIVE ASSESSMENT

Surgeon's Name: _____
 Procedure/Surgery: _____
 Screening Nurse/LPN: _____ / _____

Patient: Please Complete (Name, Date of Birth)	
Name: _____	DOB: _____
Office Use: (Place Sticker Here)	

FOR PATIENT COMPLETION PRIOR TO PAC APPOINTMENT

CURRENT MEDICATIONS: (Bring a list of all medications, vitamins, supplements, drops you are currently taking; including herbal supplements):

ALLERGIES: (medications, latex, nuts, eggs, shellfish/type of reaction): Latex Allergy

Prior Surgeries / Hospitalizations / Serious Injuries (bring separate list if space inadequate, include dates)

QUESTIONNAIRE: (Please answer whether you have had any of the following :)

Prior difficulty with anesthesia or surgery? No / Yes Had nausea/vomiting after surgery? No / Yes
 Do you have any history with Malignant Hyperthermia? No / Yes Difficult Intubation? No / Yes
 Could you be pregnant? No / Yes Date of last menstrual period: ____ / ____ / ____
 Risk factors for HIV/ Hepatitis? (I.V. drug use, sexual exposure)? No / Yes Recent blood transfusion? No / Yes
 Have you ever smoked cigarettes? No / Yes Do you currently smoke cigarettes? No / Yes
 If yes, how many packs of cigarettes per day do you smoke? _____ How many years? ____ yrs
 Have you ever tried to quit? No / Yes Date? ____ / ____ / ____ How many yrs did you smoke before quitting? ____
 Have you smoked cigarettes within the past year? No / Yes
 Do you currently use smokeless tobacco? No / Yes Use Cigars? No / Yes
 Do you use alcohol? No / Yes If yes, please circle type: Wine, beer, liquor Avg. # drinks per week? _____
 Do you use street drugs? No / Yes If yes, circle type (Marijuana, cocaine, other) Date of recent/last use? _____

Please fill in the box which best describes your normal level of activity:

- Do you exercise regularly? No / Yes How many days per week? __
- I am able to run, swim, play tennis, play basketball, ski (**≥10 METS**);
 - I am able to perform yard work (ex.: raking leaves, mowing the grass with a push mower), climb stairs, walk up a hill (**5-8 METS**);
 - I am able to perform light house work (ex: dusting, sweeping, some vacuuming), grocery shopping, walking (**≤4 METS**);
 - I am able to perform limited activities (ex: dressing, bathing, preparing meals, self feeding) or (**≤ 1 MET**).
 - I need assistance with bathing, toileting, dressing, feeding, and/or I am bedbound. (Please circle)

Please fill in each that applies to your medical history (i.e. "I have or have had the following"):

- | | | | |
|--|---|--|--|
| <input type="radio"/> High blood pressure | <input type="radio"/> Shortness of breath | <input type="radio"/> Kidney Failure | <input type="radio"/> Blood thinner use |
| <input type="radio"/> Heart Attack | <input type="radio"/> When lying flat | <input type="radio"/> Use dialysis (HD or PD) | <input type="radio"/> Bleeding disease |
| <input type="radio"/> Angina/Chest pain | <input type="radio"/> Recent cough/cold | <input type="radio"/> Stroke/TIA | <input type="radio"/> Hemophilia |
| <input type="radio"/> Irregular heartbeat | <input type="radio"/> Asthma | <input type="radio"/> Seizure | <input type="radio"/> Sickle cell disease/trait |
| <input type="radio"/> Heart valve disease | <input type="radio"/> Emphysema/COPD | <input type="radio"/> Syncopal/Fainting spells | <input type="radio"/> Cancer |
| <input type="radio"/> Heart murmur | <input type="radio"/> Home oxygen use | <input type="radio"/> Other neurologic disease | <input type="radio"/> Cancer with lymph node involvement |
| <input type="radio"/> Treadmill/Stress Test | <input type="radio"/> Pneumonia | <input type="radio"/> Paralysis | <input type="radio"/> Metastases to other organs |
| <input type="radio"/> Positive (date) _____ | <input type="radio"/> Tuberculosis | <input type="radio"/> Dementia | <input type="radio"/> Chemotherapy (Treatment date: ____ / ____ / ____) |
| <input type="radio"/> Heart cath/angioplasty | <input type="radio"/> Obstructive sleep apnea | <input type="radio"/> Alzheimer's disease | <input type="radio"/> Radiation therapy (Treatment date: ____ / ____ / ____) |
| <input type="radio"/> Heart stent (bring card) | <input type="radio"/> Loud snoring | <input type="radio"/> Parkinson's disease | <input type="radio"/> MRSA/VRE |
| <input type="radio"/> Heart surgery | <input type="radio"/> Bronchitis | <input type="radio"/> Diabetes | <input type="radio"/> Multiple Sclerosis |
| (Date) _____ | <input type="radio"/> Tracheostomy | <input type="radio"/> Insulin use | <input type="radio"/> Muscle disease |
| <input type="radio"/> Pacemaker/Defibrillator | <input type="radio"/> Hepatitis/jaundice | <input type="radio"/> Thyroid disease | <input type="radio"/> Back problems |
| <input type="radio"/> Blood vessel disease | <input type="radio"/> Other liver disease | <input type="radio"/> Rheumatoid Arthritis | <input type="radio"/> Anemia |
| <input type="radio"/> Leg/extremity swelling | <input type="radio"/> Steroid/prednisone use | <input type="radio"/> Lupus (SLE) | <input type="radio"/> Reflux/GERD/frequent indigestion |
| <input type="radio"/> Congenital Heart disease | <input type="radio"/> Kidney disease | <input type="radio"/> Down 's syndrome | <input type="radio"/> Other _____ |



TO BE COMPLETED BY PATIENT:

Please check symptoms you have experienced within the past 30 days (Please fill in answers that apply):

General:

	<u>NO</u>	<u>YES</u>
Good general health lately	<input type="radio"/>	<input type="radio"/>
Recent weight change	<input type="radio"/>	<input type="radio"/>
Weight loss in last 6 months	<input type="radio"/>	<input type="radio"/>
How much weight loss? _____ (lbs)		
Were you trying to loose weight?	<input type="radio"/>	<input type="radio"/>
Loss of appetite?	<input type="radio"/>	<input type="radio"/>
Alcohol Use? (Beer, Wine, Liquor?)	<input type="radio"/>	<input type="radio"/>
Do you consume > 2 drinks/ day?	<input type="radio"/>	<input type="radio"/>
How many drinks/day in the past week? _____		

Eyes:

Vision difficulty/Use Glasses	<input type="radio"/>	<input type="radio"/>
Blindness	<input type="radio"/>	<input type="radio"/>
Reading difficulty	<input type="radio"/>	<input type="radio"/>

Ears/Nose/Throat:

Hearing difficulty	<input type="radio"/>	<input type="radio"/>
Sinus problems	<input type="radio"/>	<input type="radio"/>
Nose or throat concerns	<input type="radio"/>	<input type="radio"/>

Respiratory:

Frequent cough	<input type="radio"/>	<input type="radio"/>
Coughing up blood	<input type="radio"/>	<input type="radio"/>
Shortness of breath	<input type="radio"/>	<input type="radio"/>
Climbing one flight of stairs?	<input type="radio"/>	<input type="radio"/>
Recent Inhaler use	<input type="radio"/>	<input type="radio"/>
Wheezing	<input type="radio"/>	<input type="radio"/>

Gastrointestinal:

Abdominal pain or heartburn	<input type="radio"/>	<input type="radio"/>
Change in bowel patterns	<input type="radio"/>	<input type="radio"/>
Blood in stool	<input type="radio"/>	<input type="radio"/>
Black tarry stool	<input type="radio"/>	<input type="radio"/>
Nausea or vomiting	<input type="radio"/>	<input type="radio"/>
Frequent diarrhea	<input type="radio"/>	<input type="radio"/>
Constipation	<input type="radio"/>	<input type="radio"/>
Trouble swallowing	<input type="radio"/>	<input type="radio"/>

Genitourinary:

Frequent urination	<input type="radio"/>	<input type="radio"/>
Burning or painful urination	<input type="radio"/>	<input type="radio"/>
Blood in urine	<input type="radio"/>	<input type="radio"/>
Incontinence or dribbling	<input type="radio"/>	<input type="radio"/>
Trouble initiating stream	<input type="radio"/>	<input type="radio"/>
Weak urine stream	<input type="radio"/>	<input type="radio"/>

Gynecologic:

Nml menstrual cycle	<input type="radio"/>	<input type="radio"/>
Female-hot flashes	<input type="radio"/>	<input type="radio"/>
Female-breast pain or discharge	<input type="radio"/>	<input type="radio"/>

General:

	<u>NO</u>	<u>YES</u>
Fever/chills/night sweats	<input type="radio"/>	<input type="radio"/>
Sleep problems	<input type="radio"/>	<input type="radio"/>
MRSA/VRE Exposure	<input type="radio"/>	<input type="radio"/>
Fatigue	<input type="radio"/>	<input type="radio"/>
Need mobility assistance	<input type="radio"/>	<input type="radio"/>

Circle one: cane, wheelchair, walker, artificial limb

Musculoskeletal:

Joint pain	<input type="radio"/>	<input type="radio"/>
Joint stiffness or swelling	<input type="radio"/>	<input type="radio"/>
Muscle pain	<input type="radio"/>	<input type="radio"/>
Back pain	<input type="radio"/>	<input type="radio"/>

Skin:

Rash	<input type="radio"/>	<input type="radio"/>
Itching	<input type="radio"/>	<input type="radio"/>
suspicious lesions or spots	<input type="radio"/>	<input type="radio"/>
Hair loss	<input type="radio"/>	<input type="radio"/>

Neurologic:

Frequent headaches	<input type="radio"/>	<input type="radio"/>
Localized muscle weakness	<input type="radio"/>	<input type="radio"/>
Numbness/Tingling (Hands/Legs)	<input type="radio"/>	<input type="radio"/>
Lightheaded or dizzy	<input type="radio"/>	<input type="radio"/>
Forgetful	<input type="radio"/>	<input type="radio"/>

Psychiatric:

Depression	<input type="radio"/>	<input type="radio"/>
Frequently sad or blue	<input type="radio"/>	<input type="radio"/>
Loss of interest in activities	<input type="radio"/>	<input type="radio"/>
Anxiety/nervousness	<input type="radio"/>	<input type="radio"/>

Endocrine:

Excessive thirst or urination	<input type="radio"/>	<input type="radio"/>
Heat or cold intolerance	<input type="radio"/>	<input type="radio"/>
Occasional high blood pressure	<input type="radio"/>	<input type="radio"/>

Hematologic/Lymphatic:

Easy bruising or bleeding	<input type="radio"/>	<input type="radio"/>
Enlarged glands or lumps	<input type="radio"/>	<input type="radio"/>
Recent blood transfusion	<input type="radio"/>	<input type="radio"/>

Allergic/Immunologic:

Hay fever	<input type="radio"/>	<input type="radio"/>
Hives	<input type="radio"/>	<input type="radio"/>
Food allergies	<input type="radio"/>	<input type="radio"/>
Immunodeficiency	<input type="radio"/>	<input type="radio"/>

Please answer the following: Marital Status: _____ Other? _____
 # of children /grandchildren: _____ Occupation: _____ Retired? _____

Note Level of Education completed: _____ (# years)

Primary Physician's Name (City, State): _____ **Date of last visit:** _____/_____/_____

Doctor's Telephone/Fax Numbers: _____/_____ Did your doctor obtain blood tests at your last visit? **YES/NO**

No / **Yes** Have you had a surgical history and physical by your surgeon's office?

No / **Yes** Have you signed consent/permission for your surgery/procedure?