

Brenner FIT at Amos Cottage

3325 Silas Creek Parkway, Winston-Salem, NC 27103

*Navigation apps do not always take you directly to Amos Cottage. Please follow these directions.

From Business I-40 East and Westbound

1. Exit on Silas Creek Parkway South.
2. Turn left at 4th stoplight (Hanes Mall Blvd).
3. Turn right at 1st road.
4. Turn right at purple sign for Amos Cottage
5. Amos Cottage is on the right.

From Highway 52 / Highway 311/ I-40 from Greensboro

1. Take 1-40 West.
2. Exit on Hanes Mall Blvd. Turn right onto Hanes Mall Blvd. Go straight through 3rd stoplight across Silas Creek Parkway.
3. Turn right at 1st road.
4. Turn right at purple sign for Amos Cottage
5. Amos Cottage is on the right.



If you have any questions, call (336) 713-2348.