

Volunteer With Brenner FIT[®]

Brenner FIT[®] is looking for volunteers who exhibit flexibility, positive attitudes, and friendly faces to help out in a wide variety of fun cooking and activity classes.

What is Brenner FIT?

Brenner FIT is the pediatric weight management program at Brenner Children's Hospital, Atrium Health Wake Forest Baptist. We focus on providing exceptional patient care, community outreach, professional education, and research.

Proof of COVID-19 vaccine required.

Volunteer Opportunities

Cooking classes

Brenner FIT Kitchen at
William G. White Jr. Family YMCA
775 West End Blvd.
Winston-Salem 27101

Activity classes

Brenner FIT Clinic at
Amos Cottage
3325 Silas Creek Pwky.
Winston-Salem, 27103



Volunteer Roles

- Welcoming and signing in participants
- Assisting with set-up and clean-up in cooking and activity classes
- Participating in activity classes

Volunteers will receive a **free** Brenner FIT t-shirt!



To become a volunteer visit
[BrennerChildrens.org/BrennerFIT](https://www.BrennerChildrens.org/BrennerFIT)

