Brenner FIT®

Mealtime Conversation Starters

Get the conversation started at dinner by taking turns answering these questions and statements.

What do you want to be when you grow up?	If you could be an animal, what animal would you be and why?	What is your favorite place in the whole world and why?
What super power would you like to have?	If you had to leave the earth on a space ship, what 3 things would you take with you?	If you could eat dinner with someone famous, who would you pick?
Share something nice that someone did for you today!	If you could be any type of food, what would you be and why?	What has been your favorite part about today? Why?
If you were to write a book about yourself, what would the title be?	Describe something you would like your family to do together in the future.	If I won a million dollars I would
Describe your perfect day, from the time you wake up until you fall asleep!	If you could ride any animal, which would you choose?	What is your ultimate vacation?
Spring, Summer, Fall, or Winter? Which is your favorite and why?	Name 3 things you can't live without.	If you were a cereal, what kind would you be and why?