

Amos Cottage Therapeutic Day Program Parent Information



WHAT IS THE THERAPEUTIC DAY PROGRAM?

The day program is a **unique** program...no other program in the area provides such an array of services for young children experiencing significant behavioral, social and or emotionally challenges. Children must meet the criteria for a mental-Behavioral health disorder to be eligible for entry into the program. The program guides the family and child through an individualized treatment process to help the child learn the needed skills to better function in a classroom setting while providing counseling support and behavior management training/education to the family.

WHAT AREA IS SERVED?

While the majority of the children we serve reside in the following counties: Forsyth, Davie and Stokes we do accept children from aligning counties; Medicaid eligibility may be impacted if you reside in an aligning county. 3rd party insurance is not impacted by county residence. Transportation is provided based on eligibility, the program In-Take Specialist can provide details.

WHAT ARE THE HOURS OF PROGRAM OPERATION?

Therapy starts at 9:00 a.m. and ends at 2:00 p.m.

HOW IS THE PROGRAM FUNDED?

The Therapeutic Day Program is supported by the United Way of Forsyth County. The program also receives grant support from various local organizations/foundations such as the Winston-Salem Foundation. Medicaid/NC HealthChoice and some private insurance companies cover day treatment services. A sliding scale fee is charged (comparable to child center fees) when insurance plans do not cover our services, a family is never denied services due to their inability to pay. The program also receives support through fund raising activities.

DO YOU TAKE CHILDREN WHO HAVE BEEN EXPELLED FROM ONE OR MORE DAY CARE OR SCHOOL SETTINGS FOR 'BAD' BEHAVIOR?

Yes, many of the children served have experienced repeated failure in regular classroom settings because of their challenging behavior (s).

HOW CAN THIS PROGRAM HELP MY CHILD?

Your child will be evaluated by a multi-disciplinary team to determine what his/her specific needs are. We provide a structured program to help him/her change his/her behavior and promote school readiness skill development. Parents/Caregivers are expected to attend sessions with the program social worker and or psychologist to learn effective behavior management interventions to use in the home setting.

WHAT KIND OF GROUP ACTIVITIES ARE CHILDREN INVOLVED IN?

One of the major strengths of the Therapeutic Day Program (TDP) is that it uses a multi-disciplinary team approach in treating children. The diversity of the team benefits the child in that each discipline offers its unique treatment intervention.

- Behavior Therapy: The team therapist involves children in therapeutic stories, games, art based activities and thematic group discussion to address self-esteem issues, target problem behaviors, and teach identification of core feelings and self-regulation and management of anger.
- Educational Treatment: The team therapist uses therapeutic stories, music, manipulatives, low-organized games and art-based activities to promote social and play skill development and ultimately prepare your child for a school setting.
- Music Therapy: The team therapist; uses musical instruments, guided movement, visual arts-including therapeutic stories and puppetry associated with music/art to promote concept development; self-esteem; teach self-regulation of behavior and development of social and play skills.
- Recreational Therapy: The Licensed Recreational Therapist uses Anger Management exercises guiding clients through a problem-solving process to explore more appropriate ways to express anger. Character Education is taught using role-play, therapeutic stories and puppetry. Motor development is incorporated into session activities.
- Community Outings: Your child will participate in community outings to practice pro-social skills in a more natural, less structured setting.
- The program contracts with the WS/FC School system. Small group and individualized academic instruction is provided each day.

WHAT KIND OF SUPPORT DO PARENTS RECEIVE WHILE THEIR CHILD IS IN TREATMENT?

The program social worker and or staff psychologist provide scheduled individual case-specific consultation, behavior management training, supportive counseling, and bi-weekly parent support group sessions.

HOW DO I APPLY?

Simply contact Amos Cottage at (336) 713-7497 or 7433 or 7443. The program in-take specialist will start the admission process; you will be asked to complete an application packet. The packet can be picked up at the facility, transmitted electronically, downloaded from our website (<https://www.wakehealth.edu/locations/clinics/t/therapeutic-day-program>) Faxed or mailed to your home.

CAN I VISIT TO SEE THE FACILITY AND MEET THE STAFF?

Yes, we welcome parents and professionals. Arrangements for a tour may be scheduled by the program social worker. When contacting the program simply request a program tour.

WHAT HAPPENS AFTER I SUBMIT THE APPLICATION PACKET?

The program Intake Specialist will review the application to determine if your child would be eligible for services and most importantly benefit from treatment services. When this decision is made you will be notified and the Intake Specialist will guide you through the admission process.

ONCE ADMITTED, HOW LONG CAN A CHILD STAY IN THE PROGRAM?

Time to remain in the program varies, depending on the child's needs and progress. Parents will meet with their therapist and team during treatment to discuss progress and eventual discharge placement. The program works closely with the school system to place the child in the class setting that best meets your child's needs. Parents of preschool children are provided with a list of possible day care sites that would best meet their child's needs at discharge. Some children have remained in the program only a month and others have remained in the program a school year. The average length of stay is about 6-9 months.

MY CHILD TAKES MEDICATION, HOW IS IT HANDLED?

Parents must sign a permission form and provide the program with an order from the prescribing provider stating that the program can administer the medication to your child during treatment. Medicine must be stored in a properly labeled prescription container. It is the parent's responsibility to purchase and bring the prescribed medication.

DOES AMOS COTTAGE PROVIDE TRANSPORTATION?

In the majority of cases parents provide transportation to and from the program. For Medicaid eligible children the department of social services may cover the transportation fee of a van service; this is determined on a case by case basis.

HOW MANY CHILDREN ARE INVOLVED IN THIS PROGRAM?

We are currently licensed to provide Day Treatment for 16 children.

WHAT ARE THE QUALIFICATIONS OF THE STAFF?

Team therapists providing counseling hold a Master's Degree in either Social Work or Psychology. Group therapists have at least a 4-year degree in their area and most are licensed/registered/certified with their respective national or state organization.

**Call Amos Cottage if you have any questions or concerns at:
(336) 713-7497 or 7433 or 7443**

**Address:
Amos Cottage Therapeutic Day Program
3325 Silas Creek Parkway
Winston-Salem, NC 27103**

FAX: (336) 702-9199

Children are admitted to the Therapeutic Day Program and provided services without distinction due to race, color, national origin, handicapping condition or age, except permitted by law.