Cancer Support Groups by County

Cancer Care Coalition
The Cancer Care Coalition has been formed to help cancer patients and family members maintain and enhance quality of life during and after diagnosis and treatment.

The Coalition includes:
- Cancer Services, Inc.
- Comprehensive Cancer Center of Wake Forest Baptist Medical Center
- Wake Forest School of Medicine, including Cancer Outreach Education, Cancer Patient Support Program
- Oncology Recreation Therapy
- Forsyth County Health Department
- Forsyth Regional Cancer Center/Forsyth Memorial Hospital/CMI
- Hospice of Winston-Salem/Forsyth County
- Human Service Alliance

The Cancer Care Coalition has compiled the following list of support groups and programs for individuals, families and/or caregivers going through a cancer experience. This list is a resources and does not imply endorsement of the programs. Please call the numbers listed for meeting times and places.

**CATAWBA COUNTY**

**Hearts of Hope**
Breast cancer support
Catawba Memorial Hospital
828-326-2176
*Contact:* Brenda Putnam

**Can Surmount**
Any cancer survivor, family & friends
American Cancer Society/Catawba Memorial Hospital
828-326-2176

**New Voice Club of the Unifour**
Laryngectomy Survivors/American Cancer Society
704-872-0660

**Phone Pals**
Phone support for the newly diagnosed
Catawba Memorial Hospital
828-326-2175

**Us Too!**
Prostate cancer survivors and family
828-466-0064
DAVIDSON COUNTY

**Friends for Life**
Breast Cancer Support Group
Davidson County Cancer Service
336-249-7265
*Contact:* Sarah Williamson

**Look Good Feel Better**
Appearance consultation for women
American Cancer Society
800-227-2345

**Reach to Recovery**
Breast cancer program
American Cancer Society
800-227-2345

**Share**
Sharing hope and recovery efforts
Davidson County Cancer Service
336-249-7265
*Contact:* Sarah Williamson

DAVIE COUNTY

**Look Good Feel Better**
Appearance consultation for women
American Cancer Society
800-227-2345

**Pink Broomstick® Visitation Program**
Breast cancer peer visitation program
Cancer Services, Inc.
336-760-9983 or 800-228-7421

**Reach to Recovery**
Breast cancer program
American Cancer Society
800-227-2345
FORSYTH COUNTY

Atrium Health Wake Forest Baptist
https://www.wakehealth.edu/locations/facilities/comprehensive-cancer-center/cancer-patient-support-program
336-713-6954

- **Individual Counseling Sessions**
- **Virtual Wellness/Support Groups**
  - Surviving Cancer: Men’s & Women’s Wellness Groups
  - Finding Life after Loss: Partner Support Group
  - Caregiver Support Group
  - Survivorship Book Club Luncheon
  - Metastatic Breast Cancer Group
- **Healing Arts Therapy Clinic**

**Caregivers Support Group Hospice/BestHealth**
336-768-3972

**Caregiver Support Group for All Illnesses The Shepherd’s Center**
336-748-0217

**Clemmons Support Group Clemmons Methodist Church**
336-766-6512

**CLIMB Program for Families**
A monthly group for families with a parent or primary caregiver with cancer
Cancer Services, Inc.
336-760-9983 or 800-228-7421

**Family Support Group**
For adults with leukemia, multiple myeloma, Hodgkin’s Disease and lymphoma
Forsyth Regional Cancer Center
336-718-8577 or 866-611-FRCC (3722)

**Gynecologic Support Group Cancer Services, Inc.**
336-760-9983 or 800-228-7421

**Healing Hands Programs**
Massage, Healing Touch, Reiki, Reflexology and Spa Day
Cancer Services, Inc.
336-760-9983 or 800-228-7421

**I Can Cope**
Series of 2-hour classes about cancer, treatment, research and emotions
American Cancer Society
www.cancer.org/icancope
**Living with Cancer**
General Cancer support group
St. Paul’s Episcopal Church
336-723-4391

**Living Well Beyond Cancer**
A group to educate and support survivors in a healthy lifestyle after cancer
Cancer Services, Inc.
336-760-9983 or 800-228-7421

**Look Good Feel Better**
Appearance consultation for women
American Cancer Society
800-227-2345

**Lung Group Cancer Services, Inc.**
336-760-9983 or 800-228-7421

**Metastatic & Recurrent Cancer Wellness Group**
For survivors who are experiencing metastatic or recurrent cancer
Cancer Services, Inc.
336-760-9983 or 800-228-7421

**Multiple Myeloma Support Group of Winston-Salem NC**
Multiple Myeloma Support Group of Winston-Salem meets every 4th Wednesday starting at 11:30am. If you have questions, contact John & Carol Singletary at wsmyeloagroup@gmail.com.
Website: winstonsalem.support.myeloma.org

**My Life With Cancer**
A 6-week program designed to help manage the 1st year of the cancer journey
Cancer Services, Inc.
336-760-9983 or 800-228-7421

**Nutrition During Treatment**
A class to learn what you or your loved one should be eating during treatment; taught by a certified specialist in oncology nutrition and Registered Dietitian
Cancer Services, Inc.
336-760-9983 or 800-228-7421
Pink Broomstick® Breast Cancer Wellness Group
Breast cancer survivors group
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Pink Broomstick® Program
Breast cancer peer program
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Survive & Thrive After Treatment Course
To help all types of survivors answer the “What’s Next?” question they often face after finishing active treatment
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Us Too!
Prostate cancer survivors and family
Forsyth Regional Cancer Center
336-718-8577 or 866-611-FRCC (3722)

WellBeauty Class
Skin care and make-up tips from a licensed esthetician and scarf tying from a survivor
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Western Piedmont Speak Easy
For laryngectomy patients and family members
336-768-7626 for Nancy Reynolds
704-640-3210 for Bruce Sherrill

Visit us on Facebook.
Website: www.westernpiedmontspeakeasy.org

Writing for Wellness
For all types of survivors, come to stretch your writing muscles.
Cancer Services, Inc.
336-760-9983 or 800-228-7421
IREDELL COUNTY

Living With Cancer
Cancer survivors, their families and supports
Iredell Memorial Hospital
Contact: Tom Sherrod, Chaplain
704-873-5661 ext. 3414

Look Good Feel Better
Appearance consultation for women
Iredell Memorial Hospital
800-227-2345

Reach to Recovery
Breast cancer program
American Cancer Society
800-227-2345

SHARE—Sharing Hope and Recovery Efforts
Support for patients, families and friends
Davis Regional Medical Center
Contact: Delore Speilman, Chaplain
704-838-7299

STOKES COUNTY

Pink Broomstick® Program
Breast cancer peer program
Cancer Services, Inc.
336-760-9983 or 1-800-228-7421

SURRY COUNTY

Heart & Soul
All cancers
Hugh Chatham Memorial Hospital
336-874-4519
Contact: David McCann

Look Good Feel Better
Appearance consultation for women
American Cancer Society
800-227-2345
WILKES COUNTY

Cancer Support Group
All cancers
Wilkes County Health Department
336-651-7450
Contact: Dianne Combs

Keeping in Touch
Contact: Ann Walker, 336-696-5400
Contact: Marjorie Caudill, 336-696-2013

YADKIN COUNTY

Look Good Feel Better
Appearance consultation for women
American Cancer Society
800-227-2345

Pink Broomstick® Program
Breast cancer peer program
Cancer Services, Inc.
336-760-9983 or 800-228-7421

Survive & Thrive Socials
Meets periodically, for people with any cancer
Cancer Services, Inc.
336-760-9983 or 800-228-7421